

Gradient method

Acknowledgement: this slides is based on Prof. Lieven Vandenberghes lecture notes

- gradient method, first-order methods
- quadratic bounds on convex functions
- analysis of gradient method

Algorithms will be covered in this course

first-order methods

- gradient method, line search
- subgradient, proximal gradient methods
- accelerated (proximal) gradient methods

decomposition and splitting

- first-order methods and dual reformulations
- alternating minimization methods

interior-point methods

- conic optimization
- primal-dual methods for symmetric cones

Gradient method

To minimize a convex function differentiable function f : choose $x^{(0)}$ and repeat

$$x^{(k)} = x^{(k-1)} - t_k \nabla f(x^{(k-1)}), \quad k = 1, 2, \dots$$

Step size rules

- Fixed: t_k constant
- Backtracking line search
- Exact line search: minimize $f(x - t \nabla f(x))$ over t

Advantages of gradient method

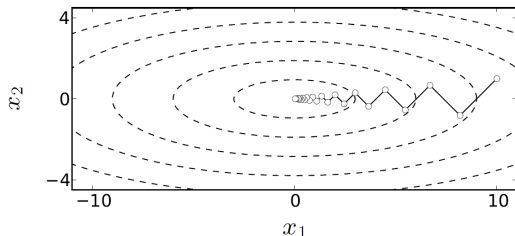
- Every iteration is inexpensive
- Does not require second derivatives

Quadratic example

$$f(x) = \frac{1}{2}(x_1^2 + \gamma x_2^2) \quad (\gamma > 1)$$

with exact line search, $x^{(0)} = (\gamma, 1)$

$$\frac{\|x^{(k)} - x^*\|_2}{\|x^{(0)} - x^*\|_2} = \left(\frac{\gamma - 1}{\gamma + 1}\right)^k$$



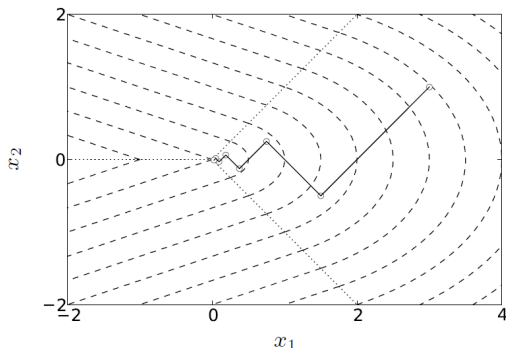
Disadvantages of gradient method

- Gradient method is often slow
- Very dependent on scaling

Nondifferentiable example

$$f(x) = \sqrt{x_1^2 + \gamma x_2^2} (|x_2| \leq x_1), \quad f(x) = \frac{x_1 + \gamma |x_2|}{\sqrt{1 + \gamma}} (|x_2| > x_1)$$

with exact line search, $x^{(0)} = (\gamma, 1)$, converges to non-optimal point



gradient method does not handle nondifferentiable problems

First-order methods

address one or both disadvantages of the gradient method

methods with improved convergence

- quasi-Newton methods
- conjugate gradient method
- accelerated gradient method

methods for nondifferentiable or constrained problems

- subgradient methods
- proximal gradient method
- smoothing methods
- cutting-plane methods

- gradient method, first-order methods
- **quadratic bounds on convex functions**
- analysis of gradient method

Convex function

f is convex if **dom** f is a convex set and Jensen's inequality holds:

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y) \quad \forall x, y \in \mathbf{dom} f$$

First-order condition

for (continuously) differentiable f , Jensen's inequality can be replaced with

$$f(y) \geq f(x) + \nabla f(x)^\top (y - x) \quad \forall x, y \in \mathbf{dom} f$$

Second-order condition

for twice differentiable f , Jensen's inequality can be replaced with

$$\nabla^2 f(x) \succeq 0 \quad \forall x \in \mathbf{dom} f$$

Strictly convex function

f is strictly convex if **dom** f is convex set and

$$f(\theta x + (1 - \theta)y) < \theta f(x) + (1 - \theta)f(y) \quad \forall x, y \in \mathbf{dom} f, x \neq y, \theta \in (0, 1)$$

hence, if a minimizer of f exists, it is unique

First-order condition

for differentiable f , Jensen's inequality can be replaced with

$$f(y) > f(x) + \nabla f(x)^\top (y - x) \quad \forall x, y \in \mathbf{dom} f, x \neq y$$

Second-order condition

note that $\nabla^2 f(x) \succ 0$ is not necessary for strict convexity (cf., $f(x) = x^4$)

Monotonicity of gradient

differentiable f is convex if and only if **dom** f is convex and

$$(\nabla f(x) - \nabla f(y))^{\top} (x - y) \geq 0 \quad \forall x, y \in \mathbf{dom} f$$

i.e., $\nabla f : \mathbf{R}^n \rightarrow \mathbf{R}^n$ is a *monotone* mapping

differentiable f is strictly convex if and only if **dom** f is convex and

$$(\nabla f(x) - \nabla f(y))^{\top} (x - y) > 0 \quad \forall x, y \in \mathbf{dom} f, x \neq y$$

i.e., $\nabla f : \mathbf{R}^n \rightarrow \mathbf{R}^n$ is a *strictly monotone* mapping

Proof.

- if f is differentiable and convex, then

$$f(y) \geq f(x) + \nabla f(x)^\top (y - x), \quad f(x) \geq f(y) + \nabla f(y)^\top (x - y)$$

combining the inequalities gives $(\nabla f(x) - \nabla f(y))^\top (x - y) \geq 0$

- if ∇f is monotone, then $g'(t) \geq g'(0)$ for $t \geq 0$ and $t \in \mathbf{dom} \ g$, where

$$g(t) = f(x + t(y - x)), \quad g'(t) = \nabla f(x + t(y - x))^\top (y - x)$$

hence,

$$\begin{aligned} f(y) = g(1) &= g(0) + \int_0^1 g'(t) dt \geq g(0) + g'(0) \\ &= f(x) + \nabla f(x)^\top (y - x) \end{aligned}$$



Lipschitz continuous gradient

gradient of f is Lipschitz continuous with parameter $L > 0$ if

$$\|\nabla f(x) - \nabla f(y)\|_2 \leq L\|x - y\|_2 \quad \forall x, y \in \mathbf{dom} f$$

- Note that the definition does not assume convexity of f
- We will see that for convex f with $\mathbf{dom} f = \mathbf{R}^n$, this is equivalent to

$$\frac{L}{2}x^\top x - f(x) \quad \text{is} \quad \text{convex}$$

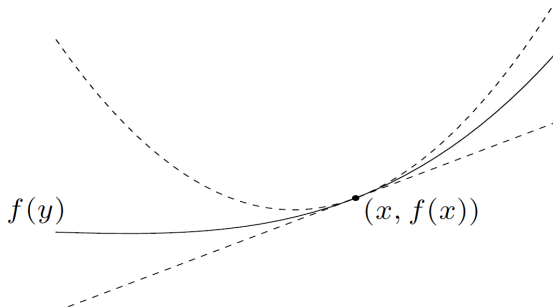
(i.e., if f is twice differentiable, $\nabla^2 f(x) \preceq LI$ for all x)

Quadratic upper bound

suppose ∇f is Lipschitz continuous with parameter L and $\mathbf{dom} f$ is convex

- Then $g(x) = (L/2)x^\top x - f(x)$, with $\mathbf{dom} g$, is convex
- convexity of g is equivalent to a quadratic upper bound on f :

$$f(y) \leq f(x) + \nabla f(x)^\top (y - x) + \frac{L}{2} \|y - x\|_2^2 \quad \forall x, y \in \mathbf{dom} f$$



Proof.

- Lipschitz continuity of ∇f and Cauchy-Schwarz inequality imply

$$(\nabla f(x) - \nabla f(y))^\top (x - y) \leq L \|x - y\|_2^2 \quad \forall x, y \in \mathbf{dom} f$$

this is monotonicity of the gradient $\nabla g(x) = Lx - \nabla f(x)$

- hence, g is a convex function if its domain $\mathbf{dom} g = \mathbf{dom} f$
- the quadratic upper bound is the first-order condition for the convexity of g

$$g(y) \geq g(x) + \nabla g(x)^\top (y - x) \quad \forall x, y \in \mathbf{dom} g$$



Consequence of quadratic upper bound

if $\text{dom } f = \mathbf{R}^n$ and f has a minimizer x^* , then

$$\frac{1}{2L} \|\nabla f(x)\|_2^2 \leq f(x) - f(x^*) \leq \frac{L}{2} \|x - x^*\|_2^2 \quad \forall x$$

- Right-hand inequality follows from quadratic upper bound at $x = x^*$
- Left-hand inequality follows by minimizing quadratic upper bound

$$\begin{aligned} f(x^*) &\leq \inf_{y \in \text{dom } f} \left(f(x) + \nabla f(x)^\top (y - x) + \frac{L}{2} \|y - x\|_2^2 \right) \\ &= f(x) - \frac{1}{2L} \|\nabla f(x)\|_2^2 \end{aligned}$$

minimizer of upper bound is $y = x - (1/L)\nabla f(x)$ because $\text{dom } f = \mathbf{R}^n$

Co-coercivity of gradient

if f is convex with $\text{dom } f = \mathbf{R}^n$ and $(L/2)x^\top x - f(x)$ is convex then

$$(\nabla f(x) - \nabla f(y))^\top (x - y) \geq \frac{1}{L} \|\nabla f(x) - \nabla f(y)\|_2^2 \quad \forall x, y$$

this property is known as *co-coercivity* of ∇f (with parameter $1/L$)

- Co-coercivity implies Lipschitz continuity of ∇f (by Cauchy-Schwarz)
- Hence, for differentiable convex f with $\text{dom } f = \mathbf{R}^n$

$$\begin{aligned} \text{Lipschitz continuity of } \nabla f &\Rightarrow \text{convexity of } (L/2)x^\top x - f(x) \\ &\Rightarrow \text{co-coercivity of } \nabla f \\ &\Rightarrow \text{Lipschitz continuity of } \nabla f \end{aligned}$$

therefore the three properties are equivalent.

proof of co-coercivity: define convex functions f_x, f_y with domain \mathbf{R}^n :

$$f_x(z) = f(z) - \nabla f(x)^\top z, \quad f_y(z) = f(z) - \nabla f(y)^\top z$$

the functions $(L/2)z^\top z - f_x(z)$ and $(L/2)z^\top z - f_y(z)$ are convex

- $z = x$ minimizes $f_x(z)$; from the left-hand inequality on page 15,

$$\begin{aligned} f(y) - f(x) - \nabla f(x)^\top (y - x) &= f_x(y) - f_x(x) \\ &\geq \frac{1}{2L} \|\nabla f_x(y)\|_2^2 \\ &= \frac{1}{2L} \|\nabla f(y) - \nabla f(x)\|_2^2 \end{aligned}$$

- similarly, $z = y$ minimizes $f_y(z)$; therefore

$$f(x) - f(y) - \nabla f(y)^\top (x - y) \geq \frac{1}{2L} \|\nabla f(y) - \nabla f(x)\|_2^2$$

combing the two inequalities shows co-coercivity

Strongly convex function

f is strongly convex with parameter $m > 0$ if

$$g(x) = f(x) - \frac{m}{2}x^\top x \quad \text{is convex}$$

Jensen's inequality: Jensen's inequality for g is

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y) - \frac{m}{2}\theta(1 - \theta)\|x - y\|_2^2$$

monotonicity: monotonicity of ∇g gives

$$(\nabla f(x) - \nabla f(y))^\top (x - y) \geq m\|x - y\|_2^2 \quad \forall x, y \in \mathbf{dom} f$$

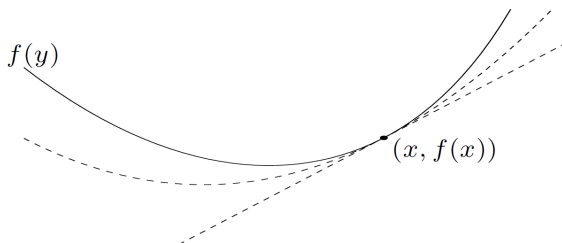
this is called *strong monotonicity*(*coercivity*) of ∇f

second-order condition: $\nabla^2 f(x) \succeq mI$ for all $x \in \mathbf{dom} f$

Quadratic lower bound

form 1st order condition of convexity of g :

$$f(y) \geq f(x) + \nabla f(x)^\top (y - x) + \frac{m}{2} \|y - x\|_2^2 \quad \forall x, y \in \mathbf{dom} f$$



- Implies sublevel sets of f are bounded
- If f is closed (has closed sublevel sets), it has a unique minimizer x^* and

$$\frac{m}{2} \|x - x^*\|_2^2 \leq f(x) - f(x^*) \leq \frac{1}{2m} \|\nabla f(x)\|_2^2 \quad x \in \mathbf{dom} f$$

Extension of co-coercivity

if f is strongly convex and ∇f is Lipschitz continuous, then

$$g(x) = f(x) - \frac{m}{2}\|x\|_2^2$$

is convex and ∇g is Lipschitz continuous with parameter $L - m$.

co-coercivity of g gives

$$\begin{aligned} & (\nabla f(x) - \nabla f(y))^\top (x - y) \\ & \geq \frac{mL}{m + L} \|x - y\|_2^2 + \frac{1}{m + L} \|\nabla f(x) - \nabla f(y)\|_2^2 \end{aligned}$$

for all $x, y \in \mathbf{dom} f$

- gradient method, first-order methods
- quadratic bounds on convex functions
- **analysis of gradient method**

Analysis of gradient method

$$x^{(k)} = x^{(k-1)} - t_k \nabla f(x^{(k-1)}), \quad k = 1, 2, \dots$$

with fixed step size or backtracking line search

assumptions

1. f is convex and differentiable with $\text{dom } f = \mathbf{R}^n$
2. $\nabla f(x)$ is Lipschitz continuous with parameter $L > 0$
3. Optimal value $f^* = \inf_x f(x)$ is finite and attained at x^*

Analysis for constant step size

from quadratic upper bound with $y = x - t\nabla f(x)$:

$$f(x - t\nabla f(x)) \leq f(x) - t(1 - \frac{Lt}{2})\|\nabla f(x)\|_2^2$$

therefore, if $x^+ = x - t\nabla f(x)$ and $0 < t < 1/L$,

$$\begin{aligned} f(x^+) &\leq f(x) - \frac{t}{2}\|\nabla f(x)\|_2^2 \\ &\leq f^* + \nabla f(x)^\top (x - x^*) - \frac{t}{2}\|\nabla f(x)\|_2^2 \\ &= f^* + \frac{1}{2t} (\|x - x^*\|_2^2 - \|x - x^* - t\nabla f(x)\|_2^2) \\ &= f^* + \frac{1}{2t} (\|x - x^*\|_2^2 - \|x^+ - x^*\|_2^2) \end{aligned}$$

take $x = x^{(i-1)}$, $x^+ = x^{(i)}$, $t_i = t$, and add the bounds for $i = 1, \dots, k$:

$$\begin{aligned}\sum_{i=1}^k (f(x^{(i)}) - f^*) &\leq \frac{1}{2t} \sum_{i=1}^k \left(\|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right) \\ &\quad \frac{1}{2t} \left(\|x^{(0)} - x^*\|_2^2 - \|x^{(k)} - x^*\|_2^2 \right) \\ &\leq \frac{1}{2t} \|x^{(0)} - x^*\|_2^2\end{aligned}$$

since $f(x^{(i)})$ is non-increasing,

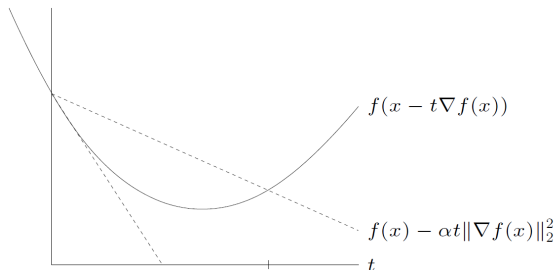
$$f(x^{(k)}) - f^* \leq \frac{1}{k} \sum_{i=1}^k (f(x^{(i)}) - f^*) \leq \frac{1}{2kt} \|x^{(0)} - x^*\|_2^2$$

conclusions: iterations to reach $f(x^{(k)}) - f^* \leq \epsilon$ is $O(1/\epsilon)$

Backtracking line search

initialize t_k at $\hat{t} > 0$ (for example, $\hat{t} = 1$); take $t_k := \beta t_k$ until

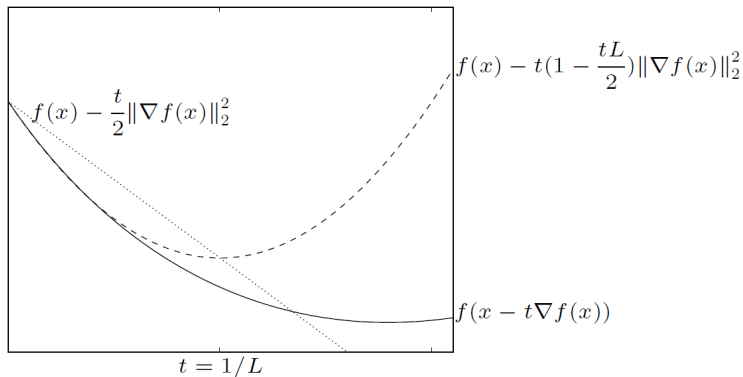
$$f(x - t_k \nabla f(x)) < f(x) - \alpha t_k \|\nabla f(x)\|_2^2$$



$0 < \beta < 1$; we will take $\alpha = 1/2$ (mostly to simplify proofs)

Analysis for backtracking line search

line search with $\alpha = 1/2$ if f has a Lipschitz continuous gradient



selected step size satisfies $t_k \geq t_{\min} = \min\{\hat{t}, \beta/L\}$

Convergence analysis

- from page 23:

$$\begin{aligned}f(x^{(i)}) &\leq f^* + \frac{1}{2t_i} \left(\|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right) \\&\leq f^* + \frac{1}{2t_{\min}} \left(\|x^{(i-1)} - x^*\|_2^2 - \|x^{(i)} - x^*\|_2^2 \right)\end{aligned}$$

- add the upper bounds to get

$$f(x^{(k)}) - f^* \leq \frac{1}{k} \sum_{i=1}^k (f(x^{(i)}) - f^*) \leq \frac{1}{2kt_{\min}} \|x^{(0)} - x^*\|_2^2$$

conclusion: same $1/k$ bound as with constant step size

Gradient method for strongly convex function

better results exist if we add strong convexity to the assumptions

analysis for constant step size

if $x^+ = x - t\nabla f(x)$ and $0 < t \leq 2/(m + L)$:

$$\begin{aligned}\|x^+ - x^*\|_2^2 &= \|x^+ - t\nabla f(x) - x^*\|_2^2 \\&= \|x^+ - x^*\|_2^2 - 2t\nabla f(x)^\top (x - x^*) + t^2\|\nabla f(x)\|_2^2 \\&\leq \left(1 - t\frac{2mL}{m+L}\right)\|x - x^*\|_2^2 + t\left(t - \frac{2}{m+L}\right)\|\nabla f(x)\|_2^2 \\&\leq \left(1 - t\frac{2mL}{m+L}\right)\|x - x^*\|_2^2\end{aligned}$$

(step 3 follows from result on page 20)

distance to optimum

$$\|x^{(k)} - x^*\|_2^2 \leq c^k \|x^{(0)} - x^*\|_2^2, \quad c = 1 - t \frac{2mL}{m+L}$$

- implies (linear) convergence
- for $t = \frac{2}{m+L}$, get $c = \frac{(\gamma-1)^2}{(\gamma+1)^2}$ with $\gamma = L/m$

bound on function value(from page 15),

$$f(x^{(k)}) - f^* \leq \frac{L}{2} \|x^{(k)} - x^*\|_2^2 \leq \frac{c^k L}{2} \|x^{(0)} - x^*\|_2^2$$

conclusion: iterations to reach $f(x^{(k)}) - f^* \leq \epsilon$ is $O(\log(1/\epsilon))$

Limits on convergence rate of first-order methods

first-order method: any iterative algorithm that selects $x^{(k)}$ in

$$x^{(0)} + \text{span}\{\nabla f(x^{(0)}), \nabla f(x^{(1)}), \dots, \nabla f(x^{(k-1)})\}$$

problem class: any function that satisfies the assumptions on p. 22

theorem(Nesterov): for every integer $k \leq (n - 1)/2$ and every $x^{(0)}$, there exist functions in the problem class such that for any first-order method

$$f(x^{(k)}) - f^* \geq \frac{3}{32} \frac{L \|x^{(0)} - x^*\|_2^2}{(k + 1)^2}$$

- suggests $1/k$ rate for gradient method is not optimal
- recent fast gradient methods have $1/k^2$ convergence(see later)

Barzilar-Borwein (BB) gradient method

Consider the problem

$$\min f(x)$$

- Steepest gradient descent method: $x^{k+1} := x^k - \alpha^k g^k$:

$$\alpha^k := \arg \min_{\alpha} f(x^k - \alpha g^k)$$

- Let $s^{k-1} := x^k - x^{k-1}$ and $y^{k-1} := g^k - g^{k-1}$.
- BB: choose α^k so that $D^k := \alpha^k I$ satisfies $D^k y^{k-1} = s^{k-1}$:

$$\alpha^k := \frac{(s^{k-1})^\top s^{k-1}}{(s^{k-1})^\top y^{k-1}} \text{ or } \alpha^k := \frac{(s^{k-1})^\top y^{k-1}}{(y^{k-1})^\top y^{k-1}}$$

Globalization strategy for BB method

Algorithm 1: Raydan's method

- 1 Given x^0 , set $\alpha > 0$, $M \geq 0$, $\sigma, \delta, \epsilon \in (0, 1)$, $k = 0$.
 - 2 **while** $\|g^k\| > \epsilon$ **do**
 - 3 **while** $f(x^k - \alpha g^k) \geq \max_{0 \leq j \leq \min(k, M)} f_{k-j} - \sigma \alpha \|g^k\|^2$ **do**
 - 4 **set** $\alpha = \delta \alpha$
 - 5 **Set** $x^{k+1} := x^k - \alpha g^k$.
 - 6 **Set** $\alpha := \max \left(\min \left(-\frac{\alpha (g^k)^\top g^k}{(g^k)^\top y^k}, \alpha_M \right), \alpha_m \right)$, $k := k + 1$.
-

Globalization strategy for BB method

Algorithm 2: Hongchao and Hagger's method

```
1 Given  $x^0$ , set  $\alpha > 0$ ,  $\sigma, \delta, \eta, \epsilon \in (0, 1)$ ,  $k = 0$ .
2 while  $\|g^k\| > \epsilon$  do
3   while  $f(x^k - \alpha g^k) \geq C^k - \sigma \alpha \|g^k\|^2$  do
4     set  $\alpha = \delta \alpha$ 
5   Set  $x^{k+1} := x^k - \alpha g^k$ ,  $Q^{k+1} = \eta Q^k + 1$  and
      $C^{k+1} = (\eta Q^k C^k + f(x^{k+1})) / Q^{k+1}$ .
6   Set  $\alpha := \max \left( \min \left( -\frac{\alpha (g^k)^\top g^k}{(g^k)^\top y^k}, \alpha_M \right), \alpha_m \right)$ ,  $k := k + 1$ .
```

Spectral projected method on convex sets

Consider the problem

$$\min f(x) \quad \text{s.t. } x \in \Omega$$

Algorithm 3: Birgin, Martinez and Raydan's method

```
1 Given  $x^0 \in \Omega$ , set  $\alpha > 0$ ,  $M \geq 0$ ,  $\sigma, \delta, \epsilon \in (0, 1)$ ,  $k = 0$ .
2 while  $\|\mathcal{P}(x^k - g^k) - x^k\| \geq \epsilon$  do
3   Set  $x^{k+1} := \mathcal{P}(x^k - \alpha g^k)$ .
4   while  $f(x^{k+1}) \geq \max_{0 \leq j \leq \min(k, M)} f_{k-j} + \sigma(x^{k+1} - x^k)^\top g^k$  do
5     set  $\alpha = \delta \alpha$  and  $x^{k+1} := \mathcal{P}(x^k - \alpha g^k)$ .
6   if  $(s^k)^\top y^k \leq 0$  then set  $\alpha = \alpha_M$ ;
7   else set  $\alpha := \max \left( \min \left( \frac{(s^k)^\top s^k}{(s^k)^\top y^k}, \alpha_M \right), \alpha_m \right)$ ;
8   Set  $k := k + 1$ .
```

Spectral projected method on convex sets

Consider the problem



$$\min f(x) \quad \text{s.t. } x \in \Omega$$

Algorithm 4: Birgin, Martinez and Raydan's method

```
1 Given  $x^0 \in \Omega$ , set  $\alpha > 0$ ,  $M \geq 0$ ,  $\sigma, \delta, \epsilon \in (0, 1)$ ,  $k = 0$ .
2 while  $\|\mathcal{P}(x^k - g^k) - x^k\| \geq \epsilon$  do
3   Compute  $d^k := \mathcal{P}(x^k - \alpha g^k) - x^k$ .
4   Set  $\alpha = 1$  and  $x^{k+1} = x^k + d^k$ .
5   while  $f(x^{k+1}) \geq \max_{0 \leq j \leq \min(k, M)} f_{k-j} + \sigma(d^k)^\top g^k$  do
6     set  $\alpha = \delta \alpha$  and  $x^{k+1} := x^k + \alpha d^k$ .
7   if  $(s^k)^\top y^k \leq 0$  then set  $\alpha = \alpha_M$ ;
8   else set  $\alpha := \max \left( \min \left( \frac{(s^k)^\top s^k}{(s^k)^\top y^k}, \alpha_M \right), \alpha_m \right)$ ;
9   Set  $k := k + 1$ .
```

Question: is x^k feasible?

References

-  Yu. Nesterov, Introductory Lectures on Convex Optimization. A Basic Course (2004), section 2.1.
-  B. T. Polyak, Introduction to Optimization (1987), section 1.4