

PREP ARE!

YOU CAN BUT NEED NOT IGNORE

agenda: todo list in order to do
agenda: arrive & exit as agreed
agenda: when willing/able linger
agenda: dawdle - briefly - once



invest: dig in no matter current experience
invest: listen/watch others and contribute
invest: in doing more and consistent study
invest: in helping - espe when you can't do



pose: position body for productivity
:: arms free
:: hands empty
:: active coding
:: all hands typing
:: ↑ muscle memory



basic: understand elements building code
:: patience with self
:: patience with others
:: w/self pursuing patience w/self
:: w/... pursuing patience w/you

latoniamertica.dev

we all have
limits ...
research as
needed ...
welcome
growth that
results from
your effort