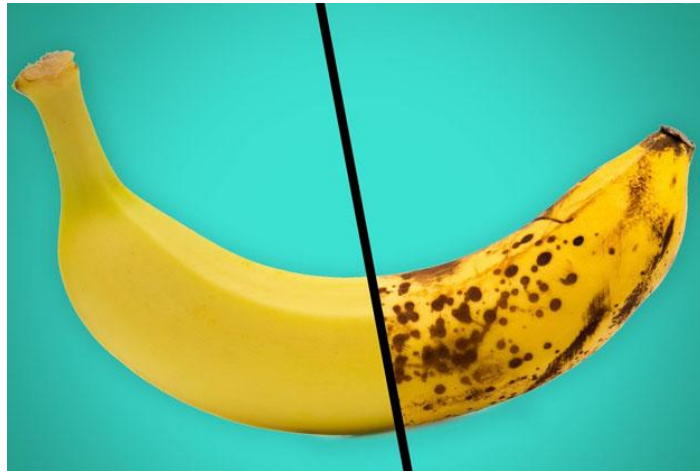


ORGANIC FOOD VS. NON-ORGANIC FOOD



The debate regarding organic vs. non-organic food has been below scrutiny for a jiffy currently and it still remains unresolved for the massive half. this text can assist you recognize a lot of regarding each varieties, so you'll decide that aspect you'd take, during this deliberation regarding organic and non-organic foods.

Most of the world's population consumes non-organic food. Such food uses standard farming strategies. Organic foods ar most popular by those who ar a lot of acutely aware regarding their health. they're created victimisation organic farming principles. Organic farming uses preventive measures instead of cures. Organic farming is predicated on principles of health, ecology, care, and fairness. Keep reading to understand a lot of regarding organic food and conventionally created non-organic food.

There ar several myths encompassing organic food, with regards to its nutrition worth, the way of production, atmosphere problems, cost, etc. Some folks say that the style differs between organic and non-organic food, however this is often debatable, as style could be a issue that varies, from individual to individual.