a)
$$\frac{dn_s(t)}{dt} = -a6 n_s(t) (n_s(t) + 1) + 0.6 n_s(t-2) (n_s(t-2) + 1))$$
,
 $n_s(0) = 1$

$$\frac{dm(t)}{dt} = -0.2 \, n_s(t) m(t) \, , \, m(0) = 1$$

$$\frac{Sn_{s}(t)}{St} = -\alpha_{r} n_{s}(t) (n_{s}(t)+1) + \alpha_{p} n_{s}(t) m_{s}(t) + \alpha_{r} n_{s}(t-\frac{\gamma}{s}) (n_{s}(t-\frac{\gamma}{s})+1) + \alpha_{p} n_{s}(t-\frac{\gamma}{h}) m_{s}(t-\frac{\gamma}{h})$$

$$\frac{sm(t)}{st} = -\alpha_p \, h_s(t) \, m(t)$$

$$\frac{Sn_{ho}(t)}{St} = \propto_{p} n_{s}(t) m(t) - \propto_{p} n_{s}(t - \gamma_{ho}) m(t - \gamma_{ho})$$