

"Change Your Password Day" on February 1, 2021

The Bavarian State Commissioner for Data Protection,

Prof. Dr. Thomas Petri, recalls the importance of safer

passwords and tips

Press Release – Page 1/2

Munich, January 29, 2021

Since the beginning of the corona pandemic, many citizens have been buying

Citizens increasingly on the Internet. It is all the more important to have access to

Make online shops safe. This also applies to online banking,

E-mail inboxes and other internet services and platforms.

Prof. Dr. Petri: "You should use the change-your-password-tag as an occasion

at least change simple and insecure passwords. In addition

should users change their passwords in particular,

when you learn that passwords of a certain service have been stolen

or if you notice any suspicious activity."

You should pay particular attention to the following when choosing your passwords:

☐ Use an individual password for each service.

☐ Use passwords that are as complex as possible. Get creative and

form, for example, from the first letters and

punctuation marks of a sentence a password (e.g. "Every day I walk around

12 o'clock home!" = JTgiu12Uh!). Convert specific letters to

Numbers (e.g. always converting the first letter into a

Number in alphabetical order: Every day I leave at 12 o'clock

home! = 10Tgiu12Uh!, because the letter "J" is the tenth in the alphabet

position).

Your personal rights - our mission

The Bavarian State Commissioner for Data Protection informed

☐ The longer the better: Use at least eight characters.

☐ Whenever possible, use 2-factor authentication.

If you email accounts for resetting credentials

use, protect them with strong authentication.

Prof. Dr. Thomas Petri

The Bavarian State Commissioner for Data Protection controls the Bavarian

public bodies compliance with data protection regulations. It's from Bavarian

Elected to the state parliament, independent and not bound by instructions from anyone.