"Change your password tag"

on February 1, 2020

Also this year emphasizes the Bavarian State Commissioner for the

Privacy the importance of choosing secure passwords and gives

tips on this.

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Munich, January 31, 2020

For many years, "stolen" access data has been

published or sold for accounts. In many cases it will

facilitated by insufficiently secure passwords. Nevertheless leads -

as in the previous year - the number sequence "123456" the list of popular

ten German passwords, which are published by the Hasso Plattner Institute every year

is published.

Prof. Dr. Thomas Petri: "Just imagine what exactly

it would mean for you personally if your data was insecure,

easy-to-break passwords fall into the wrong hands. As a result,

sensitive data may also be affected, such as bank details

information or private chat content. Well-chosen passwords are a

Building block with which you can contribute to the protection of your data. I er-

so dare to use the "Change your password tag" to change your

to make access data more secure. Protecting your privacy is

worth investing a little time."

What you should pay particular attention to when choosing passwords:

Use passwords with at least eight characters. To use

Please also use upper and lower case letters, digits and special

sign.

Avoid passwords that are directly related to you, such as
the name of family members or a pet.
Your personal rights - our mission
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The Bavarian State Commissioner for Data Protection informed
Avoid passwords that consist of characters that are on the
keyboard next to each other (e.g. "123456" or
"QWERTZ").
Avoid (pass)words that are in the dictionary or in another
dictionary are listed.
Do not use the same password for different ones
Services.
Change default passwords.
Reduce the security of the password you choose
not with a simple answer to a security question that
Allows password reset. Do not use any in-
information that is easy to guess or otherwise research
are, such as names of family members.
Use the two-

factor authentication. This usually means that next to the

Password is another independent factor required to login.

This can be a further authentication via an SMS

transmitted PIN or possession of an object such as a security

trade health tokens.

If you have additional accounts for credential reset

use, protect them with strong passwords as well.

Delete accounts and all data on Internet services that you

no longer need.

Prof. Dr. Thomas Petri

The Bavarian State Commissioner for Data Protection controls the Bavarian public bodies compliance with data protection regulations. It's from Bavarian

Elected state parliament, independent and not bound by instructions from anyone.