



American International University-Bangladesh (AIUB)

Department of Computer Science

Faculty of Science & Technology (FST)

## NatureSync Health Tracker using AI

A Software Engineering Project

Submitted By

*Shahariazzaman Joy*

Semester: Spring_23_24		Section:	Group Number:	
SN	Student Name	Student ID	Contribution (CO1+CO2)	Individual Marks
1.	SHAHARIAZZAMAN JOY	22-46955-1	20%	
2.	SADMAN SAMIR RAFITH	22-46018-1	20%	
3.	TASNIM BINTA KAMRAN NAFISA	21-45045-2	20%	
4.	LABONI SOMODDAR	22-47301-1	20%	
5.	MUKSHIT SAFI OWASI	22-47251-1	20%	

The project will be Evaluated for the following Course Outcomes

CO1: <i>Analyze</i> the impact of software engineering models over various context of software development to assess societal, health, safety, legal and cultural issues.	Total Marks	
Project Background Analysis and feasibility (needs, goal, benefits, etc.)	[5 Marks]	
Analysis the impact of societal, health, safety, legal and cultural issues	[5Marks]	
Review of existing Studies and Relevant Example	[5Marks]	
CO2: <i>Explain</i> appropriate software engineering model, project management roles and their skills in the context of professional engineering practice and solutions to complex engineering problems in a software development environment.	Total Marks	
Appropriate Process Model Selection and Argumentation with Evidence	[5Marks]	
Evidence of Argumentation regarding process model selection	[5Marks]	
Submission, Defense, Completeness, Spelling, grammar and Organization of the Project report	[5Marks]	

## Description of Student's Contribution in the Project work

Student Name: SHAHARIAZZAMAN JOY

Student ID: 22-46955-1

Contribution in Percentage (%): 20%

Contribution in the Project:

- Background and Solution to the Problem
- Functional Requirements
- Activity Diagram
- Sequence Diagram
- test case
- WBS

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Signature of the Student

Student Name: SADMAN SAMIR RAFITH

Student ID: 22-46018-1

Contribution in Percentage (%): 20%

Contribution in the Project:

- Functional Requirements
- Use Case Diagram
- Sequence Diagram
- Process Model Selection: Selected Process Model

- test case

- prototype

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Signature of the Student

Student Name: TASNIM BINTA KAMRAN NAFISA

Student ID: 21-45045-2

Contribution in Percentage (%): 20%

Contribution in the Project:

- Functional Requirements
- Class Diagram
- Use case Diagram
- Process Model Selection: Project Role Identification & Responsibilities

- test case

- Risk management table

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Signature of the Student

Student Name: LABONI SOMODDAR

Student ID: 22-47301-1

Contribution in Percentage (%): 20%

Contribution in the Project:

Functional Requirements

- Use Case Diagram

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<ul style="list-style-type: none"> <li>▪ Class Diagram</li> <li>▪ Test case</li> <li>▪ Time line chart</li> </ul>
<p>_____Laboni_____</p> <p>Signature of the Student</p> <p>Student Name: MUKSHIT SAFI OWASI</p> <p>Student ID: 22-47251-1</p> <p>Contribution in Percentage (%): 20%</p> <p><u>Contribution in the Project:</u></p> <ul style="list-style-type: none"> <li>▪ Functional Requirements</li> <li>▪ Use Case Diagram</li> <li>▪ Class Diagram</li> <li>▪ Process Model Selection: Project Role Identification &amp; Responsibilities</li> </ul>

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Signature of the Student

## 1. PROJECT PROPOSAL

### 1.1 Background to the Problem

In the contemporary healthcare landscape, there's a growing awareness of the intricate interplay between an individual's health and the surrounding environment. Factors like weather conditions, air quality, and overall environmental context have a profound impact on our well-being. Recognizing this, the NatureSync Health Tracker project emerges to address the complexities of this relationship and provide a holistic solution to personalized health management.

Modern living exposes individuals to a myriad of environmental influences that can significantly affect health outcomes. Climate variations, air pollution, and other environmental elements contribute to the challenges people face in maintaining optimal health. NatureSync positions itself at the forefront of the convergence between environmental factors and individual health, aiming to create a comprehensive system that caters to the unique needs of each user. The overarching goal of NatureSync is to empower individuals with a profound understanding of their health within the context of their environment. It acknowledges that health is not a one-size-fits-all concept and seeks to provide tailored recommendations based on the symbiotic relationship between personal health data and the surrounding world.

At the heart of NatureSync lies advanced technology, specifically artificial intelligence (AI) and machine learning (ML). These technologies form the backbone of the system, enabling it to process vast amounts of data, recognize patterns, and generate meaningful insights. The integration of AI and ML not only enhances the accuracy of health predictions but also allows



the system to adapt and improve over time. NatureSync utilizes an array of sensors strategically placed to capture real-time health metrics. These sensors measure crucial indicators such as pulse, heart rate, and thermal conditions while individuals engage in their daily activities. Simultaneously, the system taps into external data sources, including weather forecasts, air quality indices, and other environmental parameters. What sets NatureSync apart is its ability to translate collected data into actionable recommendations. Whether it's advising individuals on appropriate clothing for upcoming weather changes or cautioning against outdoor activities during periods of poor air quality, the system tailors its suggestions to each user's unique health profile.

Ultimately, NatureSync aspires to be more than a monitoring tool; it aims to be a proactive companion in users' health journeys. By fostering an understanding of how environmental factors impact health, the system empowers individuals to make informed decisions, leading to healthier and more fulfilling lives.

In essence, NatureSync Health Tracker represents a paradigm shift in health management, where the fusion of advanced technology and environmental awareness creates a platform that goes beyond traditional health tracking. It opens new avenues for personalized well-being, putting users in control of their health in the context of the world around them.

## 1.2 Root Causes

- i. **Limited Integration:** Traditional health monitoring systems often overlook the dynamic influence of environmental factors on individual health.
- ii. **Gap in Understanding:** The absence of a cohesive approach to integrating external elements, such as weather conditions and air quality, results in a gap in understanding potential health risks.
- iii. **Adaptation Challenges:** Individuals face difficulties in adapting their routines to changing environmental conditions, contributing to a disconnect between health management and the surrounding context.

### Importance of the Problem:

- i. **Enhanced Relevance of Recommendations:** Addressing this gap is crucial for providing health recommendations that are more accurate and relevant to the individual's unique context.
- ii. **Proactive Health Management:** By considering environmental influences, NatureSync enables a proactive approach to health management, allowing users to anticipate and mitigate potential health risks.

- iii. **Comprehensive Healthcare Solution:** The integration of environmental data contributes to a more comprehensive healthcare solution, aligning with the holistic understanding of health that encompasses both personal and environmental factors.

**Informed Decision-Making:** Recognizing the importance of external factors empowers individuals to make informed decisions about their health, fostering a more active and engaged approach to well-being.

### 1.3 Solution to the Problem

- Describe what is your project/thesis objective? What solutions are you going to provide to solve the above-mentioned problems?

**Solution:** The NatureSync Health Tracker project aims to revolutionize health monitoring by addressing the limited integration of environmental factors in traditional systems. The objective is to provide a holistic and personalized solution that considers both individual health metrics and the dynamic influence of the environment. The key solutions include comprehensive data integration, contextual health insights, personalized recommendations, and proactive health management. By seamlessly integrating personal and environmental data, the project strives to empower users, enhance their well-being, and contribute to community health and research opportunities.

- What are the solutions you are going to propose to deal with the problem? Why is this solution being particularly appropriate to solve the problem? Is the solution feasible to meet the business objective?

**Solution:**

**Comprehensive Data Integration:**

- Develop advanced algorithms and sensors for seamless integration of personal health and real-time environmental data.

**Appropriateness:**

- Ensures a holistic understanding, combining individual health metrics with external factors for more accurate recommendations.

**Personalized Health Recommendations:**

- Utilize machine learning for tailored recommendations that consider real-time environmental dynamics.

**Proactive Health Management:**

- Implement features for real-time alerts, predictions, and interventions based on environmental data.

**Community Health and Research Opportunities:**

- Aggregate and anonymize data for community health analysis, unlocking research opportunities.

### **Feasibility:**

- Solutions leverage advancements in sensor technologies, machine learning, and real-time data sources, ensuring feasibility.
- Commitment to technology advancements ensures accuracy and enhances user experience.

### **Business Objectives:**

- ✓ Solutions align with NatureSync Health Tracker's objective of providing a user-centric system integrating personal and environmental data for effective health management.
- Describe the basic functionalities of your proposed solution that makes the best use of state-of-art technology and produces a significant result that is likely to have a major impact on societal, health, safety, legal and cultural issues. Provide a deep insight that demonstrates and presents a creative solution to the real-life problem.

#### **Solution:**

##### **1. Advanced Data Integration:**

- **Functionality:** Integrates real-time personal health and environmental data using cutting-edge sensors.
- **Significance:** Provides a comprehensive health profile, bridging the gap between individual health and the environment.

##### **2. Contextual Health Insights:**

- **Functionality:** Utilizes machine learning to identify correlations between personal health and diverse environmental factors.
- **Significance:** Enhances understanding of how external factors influence health, offering precise and contextual insights.

##### **3. Personalized AI Recommendations:**

- **Functionality:** Applies machine learning for tailored health recommendations and interventions based on real-time data.
- **Significance:** Empowers users with adaptable recommendations for proactive health management.

##### **4. Proactive Health Alerts and Predictions:**

- **Functionality:** Uses predictive analytics to issue real-time alerts and predictions for users to anticipate and mitigate potential health risks.
- **Significance:** Fosters proactive health management and prevention of health issues.

##### **5. Community Health Analytics:**



- **Functionality:** Aggregates and anonymizes user data for community health analysis, contributing to broader public health initiatives.
- **Significance:** Addresses community-level health concerns, creating positive societal impact.

### **Impact:**

1. **Societal Impact:** Fosters well-being awareness and engagement for a healthier society.
  2. **Health Impact:** Promotes healthier lifestyles and prevents potential health risks.
  3. **Safety Impact:** Enhances user safety with timely health information.
  4. **Legal Impact:** Ensures legal compliance and user data privacy.
  5. **Cultural Impact:** Aligns with cultural shifts towards proactive health management.
- Describe the target group of users of your solution? And how they will benefit by your proposed solution to the problem?  
**Solution:** NatureSync Health Tracker is designed for individuals of all ages and backgrounds.

### **Benefits:**

- a. Users benefit by receiving personalized health recommendations that consider both their individual health metrics and the dynamic influence of the environment.
  - b. Proactive alerts and insights empower users to make informed decisions, fostering a culture of active health management.
  - c. The system's holistic approach contributes to overall well-being, promoting healthier lifestyles and preventing potential health risks for all users.
- Describe the contribution of your project to the development of scientific results that is identified and well documented.

### **Solution:**

### **Correlation Discovery:**

- **Identification:** Nature Sync's research-driven approach uncovers and documents intricate correlations between personal health metrics and diverse environmental factors.
- **Contribution:** Advances scientific understanding by revealing how external elements influence individual well-being.

### **Predictive Modeling:**

- Identification: Development and documentation of predictive models based on real-time personal and environmental data.
- Contribution: Contributes to scientific research by enhancing predictive modeling techniques in the realm of health.
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#### **Community Health Analytics:**

- Identification: Aggregation and anonymization of user data for community health analysis.
- Contribution: Provides valuable insights for public health research, enriching the scientific understanding of community-level health trends.

#### **Behavioral Insights:**

- Identification: Exploration of behavioral insights through machine learning algorithms.
- Contribution: Advances scientific knowledge in behavioral science by uncovering patterns in individual responses to health recommendations based on environmental cues.

NatureSync Health Tracker's scientific contribution is marked by its ability to identify, document, and advance knowledge in correlation discovery, predictive modeling, community health analytics, behavioral insights, and effective data integration techniques in health informatics.

- Provide a literature review on what are the other studies that have discussed the same topic of yours in the literature and explain how your study has utilized and extended the problems of existing studies.

#### **Solution:**

#### **Literature Review:**

To date, there is a scarcity of comprehensive studies or discussions on the integration of real-time environmental data with personalized health monitoring systems. The intersection of personal health metrics and dynamic environmental factors has not been extensively explored in existing literature. This unique perspective forms the basis for the innovative approach taken by NatureSync Health Tracker.

While traditional health monitoring systems have been widely studied, their focus tends to be more on individual health metrics without a robust integration of real-time environmental data. Existing literature lacks in-depth insights into the potential correlations, predictive models, and behavioral aspects when both personal and environmental factors are considered concurrently.

#### **Contribution and Extension:**

NatureSync Health Tracker stands out as a pioneering initiative that extends beyond existing studies by bridging the gap between individual health and the dynamic environment. By seamlessly integrating personal health metrics with real-time environmental data, the project introduces a novel perspective on health monitoring.

The absence of comprehensive studies in this domain underscores the significance of NatureSync's contribution to scientific literature. The project not only identifies this research gap but also leverages state-of-the-art technology to offer solutions that can reshape how health is monitored and managed. In essence, NatureSync Health Tracker represents a unique and groundbreaking exploration of the intersection between personal health and the environment, providing a foundation for future research and advancements in this emerging field.

- Provide a description of all the existing studies presented in the problem area. What are the existing software solutions (for project) available to solve the problems?

**Solution:**

In the problem area of integrating real-time environmental data with personalized health monitoring, there is a notable absence of existing studies and dedicated software solutions. Traditional health monitoring systems tend to focus on individual health metrics without a comprehensive approach to environmental factors. The unique perspective offered by NatureSync Health Tracker, combining personal and environmental data, distinguishes it from existing projects. This gap in the literature and the absence of specific software solutions emphasize the innovative contribution of NatureSync in addressing this unexplored domain.

- What are the existing software solutions available to solve the problem? And how your proposed solution is going to extend them in providing more benefits to the users?

**Solution:**

As of the current understanding, there is a limited presence of existing software solutions specifically designed to address the integration of real-time environmental data with personalized health monitoring. Traditional health monitoring systems primarily focus on individual health metrics without a robust integration of dynamic environmental factors.

NatureSync Health Tracker is positioned to extend the capabilities of existing solutions by providing a comprehensive and innovative approach. While the specifics of existing solutions in this problem area are scarce, NatureSync aims to offer the following extensions and benefits:

## 1. Holistic Health Insights:

- **Existing Solutions:** Most current solutions concentrate on personal health metrics, neglecting the integration of real-time environmental data.
- **NatureSync Extension:** NatureSync goes beyond individual health metrics, offering a holistic perspective that considers both personal and environmental factors, providing users with more comprehensive health insights.

## 2. Proactive Health Management:

- **Existing Solutions:** Traditional systems often lack features for proactive health management based on real-time environmental conditions.
- **NatureSync Extension:** NatureSync introduces proactive alerts, predictions, and personalized recommendations, enabling users to anticipate and mitigate potential health risks, fostering a proactive approach to well-being.

## 3. Behavioral Adaptation:

- **Existing Solutions:** Behavioral insights may be limited in existing systems, overlooking the dynamic influence of environmental factors on individual behavior.
- **NatureSync Extension:** By leveraging machine learning algorithms, NatureSync explores behavioral adaptations in response to real-time environmental cues, providing users with tailored recommendations for effective health management.

## 4. Community Health and Research Opportunities:

- **Existing Solutions:** Limited integration of community health analytics and research opportunities in current systems.
- **NatureSync Extension:** NatureSync aggregates and anonymizes data, contributing to community health analysis and unlocking avenues for collaborative research in environmental health, fostering a collective approach to well-being.

While the specifics of existing solutions are not detailed, NatureSync's extensions aim to provide users with a more integrated, proactive, and personalized health monitoring experience, filling the gap in the current landscape of health monitoring software.

## 2. SOFTWARE DEVELOPMENT LIFE CYCLE

### 2.1 Process Model

#### Selected process model:

For our generative education system using AR, the initial requirements of the project are vague and may be subjected to changes as development progresses. Hence an agile process model will be appropriate in this scenario. Considering the fact that our project will deal with continuous changes due to customers changing requirements, we may need to release the system in steps. And so, the Scrum framework will be the best choice for the project.

#### Reasons for choosing this model:

Scrum is one of most widely used agile process models, due to its lightweight management practices, transparency among developers as well as frequent consumer feedback. Scrum uses an approach that is both iterative and incremental. There is also a benefit of regular inspection of the progress. Everyone can see every part of the project, from inside and outside the team which helps customers/stakeholders to observe if the features are working as desired.

In this model, the development process is divided into shorter intervals, called ‘sprints’. For each sprint the requirements are prioritized and developed accordingly. Additionally the product Backlog list is constantly updated with new and more detailed items. An iteration continues until the customer is satisfied with the features implemented. As our project relies on customer feedback, we will be able to review our progress before release.

Scrum emphasizes collaboration and frequent communication between team members and stakeholders. This is beneficial for developing learning modules, course contents, and progress tracking functionalities as it allows for continuous refinement based on feedback.

Scrum promotes regular communication through daily stand-up meetings, sprint reviews, and sprint planning sessions. This supports the development of collaborative communication features, n-way communication between teachers and students, and live interaction functionalities.

Overall, the Scrum process framework will nicely fit within the scope of our project as it provides the best approach for development with continuous progress tracking & feedback as well as deep customer engagement.

### **Why are other models insufficient?**

Since our project requirements initially are not well defined, the plan driven frameworks will fail in this regard. So, the agile process is best suited in terms of ambiguous & changing requirements.

Extreme Programming (XP) focuses heavily on technical practices such as pair programming and test-driven development which could be beneficial for ensuring high-quality code and timely delivery. But XP might not provide as much structure for managing the overall development process and stakeholder collaboration as Scrum does. Scrum provides clearer roles and artifacts to focus on specific goals than XP.

DSDM emphasizes the importance of frequent delivery and active user involvement. While this aligns well with the requirements for iterative development and stakeholder engagement, DSDM's focus on fixed time and cost constraints might not be as flexible for accommodating evolving requirements as Scrum. DSDM focuses on engineering activities and may include roles beyond the development team, meanwhile Scrum focuses on the operational team with more standardized terminologies.

FDD focuses on features and may require extensive planning beforehand. Moreover, in FDD the operational team consists of a large group which are then divided into smaller groups to work in parallel. Scrum focuses on smaller teams and is more oriented towards customer feedback to improve its results.

## 2.2 Project Role Identification and Responsibilities

In a development project, members of the team will be given specific roles, each with their own sets of obligations to ensure the development progress continues as planned. The number and scope of these roles will vary with the complexity & needs of the project. For our project the following roles are included:

- **Scrum Master:**
  - Make sure the development team abides by Scrum principles and track their progress through daily Scrum meetings & reviews.
  - Prevent team from over committing to elusive requirements during sprint planning as well as aid in estimation of task progress and sub-task creations.
  - Assist product owner in managing & prioritizing product backlogs to achieve clear requirements for the project.
  - Advise development team on organization of tasks & manage internal obstacles through workflow improvements.
- **Product Owner:**
  - Communicate with the development team to define the product goal for the Scrum team.
  - Create & manage product backlog as well as review & finalize tasks related to product backlog.
  - Prioritize & verify requirements defined in the backlog.
  - Represent the needs of shareholders and discuss with them to change or create additional requirements for the backlog.
- **Scrum Development Team**
  - Produce increments of working software based on product backlog requirements.
  - Ensure product quality through identifying the best approach for development. This can be achieved through consulting with the Scrum master, testing prototype builds and including quality assurance tasks.
  - Create an estimation of the time required for a sprint as well as commit to the necessary goals to achieve during that sprint.
  - Collaborate with Scrum Master and other members of the team to organize & delegate tasks to suit overall development progress.
- **Management Group**
  - Manage the overall project by interacting with both the developers and shareholders to ensure smooth delivery of the product.
  - Participate in review meetings to ensure backlog requirements are met as demanded from the shareholders.

- Take part in final decision makings and make sure all agreements between developers and shareholders are met accordingly. Also make sure all standards and necessary protocols are maintained throughout the project.

## 2.3 Project Sustainability in terms of Society and Environment

The software has positive social impacts by enhancing education through immersive learning experiences. It promotes engagement, empowerment of teachers, and collaboration among students and teachers. However, it's essential to ensure that the system remains accessible to all socio-economic groups and does not exacerbate existing educational inequalities.

The environmental impact of the hardware components has been assessed, particularly in terms of energy consumption and material use. Since the system utilizes AR technology, which often involves complex hardware components, efforts are made to ensure energy efficiency and the use of sustainable materials. Additionally, considering the potential for increased electronic waste, proper lifecycle management and disposal practices are also in our extended vision.

The project has the potential for sustainability, given its alignment with market needs, technological advancements, and social benefits. However, further research, planning, and ongoing assessment will be necessary to ensure sustained success. Additionally, addressing environmental considerations and ensuring responsible business practices will be essential for long-term viability.

# 3. SOFTWARE REQUIREMENTS ANALYSIS

## Functional Requirements

### 1.Authentication System

- The User class includes methods such as login() and multiFactorAuthentication() to handle the authentication process.
- The login(username, password) method takes a username and password as parameters and verifies them against the stored credentials.
- The multiFactorAuthentication() method implements multi-factor authentication for enhanced security.
- The User class includes an attribute -location, which represents the user's location information.
- This location attribute can store the user's current location or any other relevant location information associated with the user.

This representation ensures that the functionality of the authentication system is encapsulated within the User class and maintains a clear relationship with user account management. The login() method handles user authentication with a valid username and password, while the

multiFactorAuthentication() method provides an additional layer of security through multi-factor authentication when needed.

Priority Level: Medium

Precondition: User has a registered account

## 2. User Registration

- The User class includes an attribute -registered, which indicates whether the user account has been registered and email verified.
- Methods such as register() and verifyEmail() are provided to handle the registration process.
- The register() method is responsible for creating a new account with a unique username, email, and password.
- The verifyEmail() method is responsible for verifying the user's email address for account activation.

This representation ensures that the functionality of user registration is encapsulated within the User class and maintains a clear relationship with user account management. The register() method handles the creation of new user accounts, while the verifyEmail() method manages the email verification process for account activation.

Priority Level: Medium

Precondition: User does not have an existing account/registered email address.

## 3. Password Recovery

- The PasswordRecovery class is introduced to handle password recovery functionality.
- The PasswordRecovery class includes attributes such as securityQuestions, verificationCode, and failedAttempts.

The User class has a one-to-one association with the PasswordRecovery class, indicating that each user has one associated password recovery instance.

Priority Level: Medium

Precondition: User has a registered email address.

## 4. Logout Functionality

- The User class includes attributes such as -loggedIn, representing whether the user is currently logged in, and -lastActiveTime, indicating the last time the user was active.
- Methods such as login(), logout(), and autoLogout() are provided to handle user authentication and session management.



- The login() method is responsible for logging in the user.
- The logout() method is responsible for logging out the user from the current device.
- The autoLogout() method checks for user inactivity and logs out the user automatically after a specified period of inactivity.

This representation ensures that the functionality of the logout process is encapsulated within the User class and maintains a clear relationship with the user's session management. The logout() method can handle the user's action of clicking on the "Logout" button, while the autoLogout() method ensures security by logging out users after a period of inactivity.

Priority Level: Medium    Precondition: User is logged in.

## 5. User Dashboard

- The UserDashboard class represents the functionality of the user's personalized dashboard.
- It includes attributes such as -userId, -healthMetrics, -environmentalConditions, -recommendations, and -alerts.
- -userId links the dashboard data to the specific user.
- -healthMetrics stores the health metrics displayed on the dashboard.
- -environmentalConditions stores the environmental conditions displayed on the dashboard.
- -recommendations stores personalized recommendations for the user.
- -alerts stores alerts for the user.

This representation ensures that the functionality of the user dashboard is encapsulated within its own class and maintains a clear relationship with the User class. The UserDashboard class can provide users with a personalized view of their health metrics, environmental conditions, recommendations, and alerts upon successful login, enhancing the user experience and facilitating informed decision-making regarding their well-being.

## 6. Profile Creation

- The User class includes attributes such as -profilePicture and -healthGoals to represent the user's profile-related information.
- Methods such as createProfile() and updateProfile() are provided to handle profile creation and updating processes.
- The createProfile() method allows users to create their profile with personal information, including uploading a profile picture and setting health goals and preferences.
- The updateProfile() method enables users to update their profile information, including the profile picture, health goals, and preferences.

This representation ensures that the functionality of profile creation and updating is encapsulated within the User class and maintains a clear relationship with user account management. The

createProfile() and updateProfile() methods provide users with the ability to manage their profile information conveniently within the application.

Priority Level: High

Precondition: User is logged in

## 7. Health Profile Setup

- The HealthProfile class is introduced to handle health profile setup functionality.
- The HealthProfile class includes attributes such as medicalHistory, allergies, and healthConditions.
- The User class has a one-to-one association with the HealthProfile class, indicating that each user has one associated health profile instance.

This representation ensures that the health profile setup functionality is encapsulated within its own class and maintains a clear relationship with the User class.

Priority Level: High    Precondition: User is logged in.

## 8. Real-time Health Monitoring

- The HealthMonitor class is introduced to handle real-time health monitoring functionality.
- The HealthMonitor class includes attributes such as pulseRate, heartRate, and thermalConditions.
- The HealthMonitor class has a one-to-one association with the User class, indicating that each user has one associated health monitoring instance.

This representation ensures that the real-time health monitoring functionality is encapsulated within its own class and maintains a clear relationship with the User class.

Priority Level: High

## 9. Environmental Data Integration

- The EnvironmentalDataIntegration class is introduced to handle the integration of environmental data.
- The EnvironmentalDataIntegration class includes attributes such as weatherCondition, airQualityIndex, pollenCount, and uvIndex.
- These attributes represent different environmental factors that can impact people's health.
- The EnvironmentalDataIntegration class has a one-to-one association with the User class, indicating that each user has one associated environmental data instance.

This representation ensures that the environmental data integration functionality is encapsulated within its own class and maintains a clear relationship with the User class. Additionally, it provides a more descriptive view of the attributes related to environmental factors.

Priority Level: High Precondition: User has selected a location or destination for health monitoring.

## 10. Personalized Health Recommendations

- These attributes provide a more comprehensive set of environmental measurements, including temperature, humidity, wind speed, air pressure, precipitation, visibility, pollution levels (such as ozone, carbon monoxide, nitrogen dioxide, sulfur dioxide), and particulate matter levels (PM10 and PM2.5).
- Including these attributes in the EnvironmentalDataIntegration class allows for a more detailed representation of environmental conditions, which can be valuable for correlating with health metrics and providing personalized recommendations to users.

Priority Level: High

Precondition: Weather forecast data for the selected time and location is available.

## 11. Health Alerts and Warnings

- The HealthRecommendations class represents the personalized health recommendations functionality.
- It includes attributes such as -userId, -selectedLocation, -weatherForecastData, and -healthInsights.
- -userId and -selectedLocation link the recommendations to the specific user and their chosen location for health monitoring, fulfilling the precondition.
- -weatherForecastData stores weather forecast data for the selected location and time, fulfilling the precondition.
- -healthInsights stores insights derived from real-time health and environmental data, which are used to generate tailored recommendations.
- The User class remains unchanged.

This representation ensures that the personalized health recommendations functionality is encapsulated within its own class and maintains a clear relationship with the User class. The HealthRecommendations class can utilize data from the EnvironmentalDataIntegration class and other sources to generate tailored recommendations for each user.

Priority Level: High

## 12. Adaptive Clothing and Activity Suggestions

- The HealthAlerts class represents the functionality of generating health alerts and warnings.

- It includes attributes such as -userId, -alertType, -alertMessage, and -precautionaryMeasures.
- -userId links the alert to the specific user experiencing the health risk.
- -alertType specifies the type of alert, such as "High UV Index", "Air Quality Warning", etc.
- -alertMessage provides details about the alert, including the nature of the health risk and any relevant information.
- -precautionaryMeasures offers guidance or precautionary measures to mitigate the health risk, such as staying indoors during poor air quality or applying sunscreen during high UV index days.

This representation ensures that the functionality of health alerts and warnings is encapsulated within its own class and maintains a clear relationship with the User class. The HealthAlerts class can utilize data from the EnvironmentalDataIntegration class and real-time health monitoring to generate alerts tailored to each user's health profile and environmental context.

Priority Level: Medium

### **13. Food Habit Tracking**

- The FoodTracking class represents the functionality of tracking food habits.
- It includes attributes such as -userId, -loggedFoods, -nutritionInsights, and -dietRecommendations.
- -userId links the food tracking data to the specific user who logged the foods.
- -loggedFoods is an array that stores the daily food intake logged by the user.
- -nutritionInsights provides insights on nutrition derived from the logged food intake.
- -dietRecommendations offers recommendations for a balanced diet based on the user's food habits and nutritional needs.

This representation ensures that the functionality of food habit tracking is encapsulated within its own class and maintains a clear relationship with the User class. The FoodTracking class can provide users with valuable insights into their dietary habits and offer recommendations to help them maintain a healthy and balanced diet.

Priority Level: Medium

### **14. Personalized Fitness Program**

- The ActivitySuggestions class represents the functionality of generating adaptive clothing and activity suggestions.
- It includes attributes such as -userId, -clothingRecommendation, and -activitySuggestion.

- -userId links the suggestions to the specific user for whom the recommendations are being provided.
- -clothingRecommendation provides suggestions for suitable clothing based on upcoming weather conditions.
- -activitySuggestion offers recommendations for activities aligned with individual health metrics and environmental factors.

This representation ensures that the functionality of adaptive clothing and activity suggestions is encapsulated within its own class and maintains a clear relationship with the User class. The ActivitySuggestions class can utilize data from the EnvironmentalDataIntegration class and real-time health monitoring to generate tailored recommendations that promote the user's well-being and comfort.

## 15. Behavioral Insights Exploration

- The BehavioralInsights class represents the functionality of exploring behavioral insights.
- It includes attributes such as -userId and -consentGiven.
- -userId links the behavioral insights data to the specific user for whom the analysis is conducted.
- -consentGiven indicates whether the user has provided consent for behavioral data analysis.

Other attributes related to behavioral data analysis, such as machine learning algorithms and insights, can be included as needed within the class.

This representation ensures that the functionality of exploring behavioral insights is encapsulated within its own class and maintains a clear relationship with the User class. The BehavioralInsights class can analyze user responses to health recommendations, identify behavior patterns, and provide adaptive suggestions to help users improve their health habits, provided they have given consent for such analysis.

Priority Level: High

Precondition: User has provided consent for behavioral data analysis.

## 16. Integration of Mental and Physical Health

- The MentalPhysicalIntegration class represents the functionality of integrating mental and physical health.
- It includes attributes such as -userId and -mentalHealthMetricsLogged.
- -userId links the mental and physical health integration data to the specific user.

- -mentalHealthMetricsLogged indicates whether the user has actively logged mental health metrics, fulfilling the precondition for this feature.

This representation ensures that the functionality of integrating mental and physical health is encapsulated within its own class and maintains a clear relationship with the User class. The MentalPhysicalIntegration class can provide users with a holistic approach to well-being by addressing both mental and physical health needs, including stress management and strategies for mental health improvement.

Priority Level: High

Precondition: User has actively logged mental health metrics.

## 17. Integration of Telehealth Services

- The TelehealthIntegration class represents the functionality of integrating telehealth services.
- It includes attributes such as -userId, -scheduledConsultations, and -secureChannels.
- -userId links the telehealth integration data to the specific user.
- -scheduledConsultations stores information about scheduled virtual consultations with healthcare professionals.
- -secureChannels provides secure channels for confidential telehealth interactions.

This representation ensures that the functionality of integrating telehealth services is encapsulated within its own class and maintains a clear relationship with the User class. The TelehealthIntegration class can offer users the option to schedule virtual consultations with healthcare professionals and ensure secure and confidential interactions to address their health needs.

Priority Level: Medium

## 18. Emergency Health Support

- The EmergencySupport class represents the functionality of emergency health support.
- It includes attributes such as -userId, -emergencyContactInfo, and -locationTrackingEnabled.
- -userId links the emergency support data to the specific user.
- -emergencyContactInfo stores the emergency contact information provided by the user.
- -locationTrackingEnabled indicates whether location tracking is enabled for quick access to emergency services.

This representation ensures that the functionality of emergency health support is encapsulated within its own class and maintains a clear relationship with the User class. The EmergencySupport class can offer users quick access to emergency services, location tracking, and provide emergency response protocols to ensure immediate assistance during critical situations.

Priority Level: High

Precondition: User has provided emergency contact information.

## 19. Collaboration with Wearable Devices

- The WearableDeviceIntegration class represents the functionality of collaborating with wearable devices.
- It includes attributes such as -userId, -wearableDevices, and -realTimeSyncEnabled.
- -userId links the wearable device integration data to the specific user.
- -wearableDevices stores information about the wearable devices that are paired and connected to the app.
- -realTimeSyncEnabled indicates whether real-time syncing of health metrics is enabled for enhanced tracking accuracy.

This representation ensures that the functionality of collaboration with wearable devices is encapsulated within its own class and maintains a clear relationship with the User class. The WearableDeviceIntegration class can seamlessly integrate with wearable devices, sync real-time health metrics, and enhance tracking accuracy to provide users with comprehensive health insights.

Priority Level: High

Precondition: Wearable devices are paired and connected to the app.

## 20. Comprehensive Health History Record

- The HealthHistory class represents the functionality of managing the comprehensive health history record.
- It includes attributes such as -userId, -healthMetricsArchive, -environmentalArchive, and -recommendationsArchive.
- -userId links the health history data to the specific user.
- -healthMetricsArchive stores a detailed archive of past health metrics recorded by the user within the app.
- -environmentalArchive stores a detailed archive of past environmental conditions recorded by the app.
- -recommendationsArchive stores a detailed archive of past recommendations provided to the user.

This representation ensures that the functionality of maintaining a comprehensive health history record is encapsulated within its own class and maintains a clear relationship with the User class. The HealthHistory class can provide users with insights into their health trends over time, environmental conditions, and recommendations received, allowing for reflection and informed decision-making regarding their well-being.

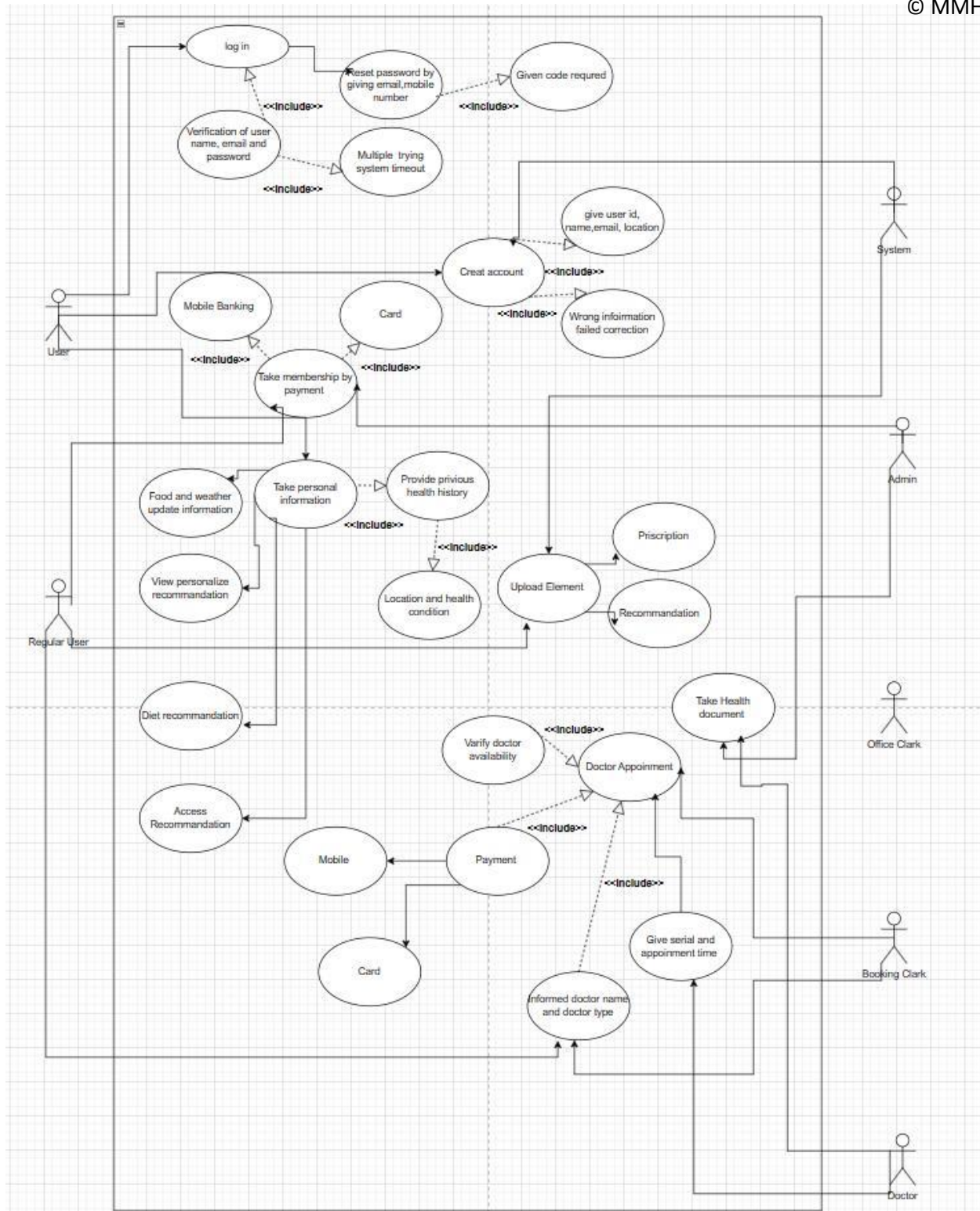
Priority Level: High

Precondition: User has a history of recorded health metrics within the app

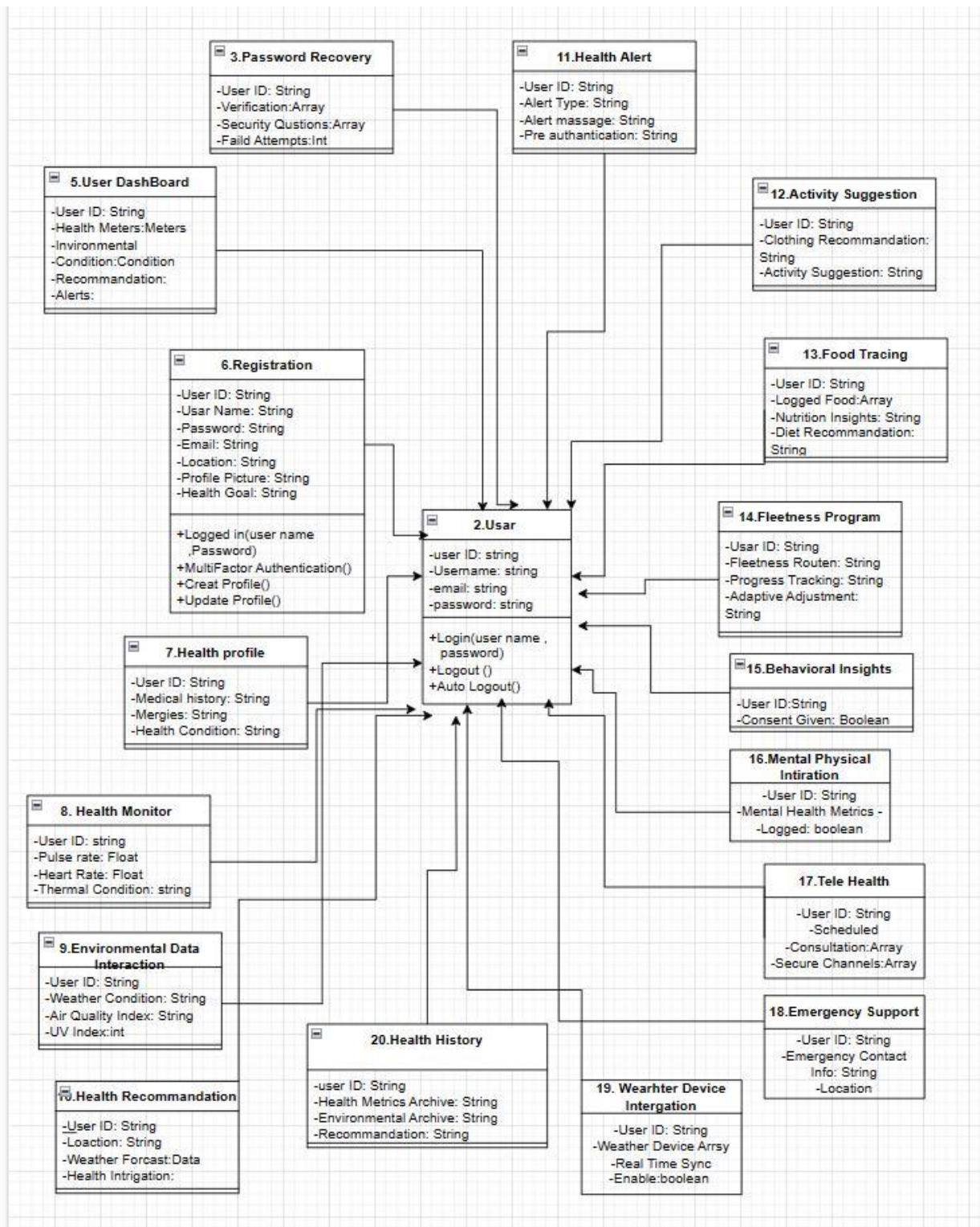
## **4. SYSTEM DESIGN SPECIFICATION**

### **1. Use Case Diagram**

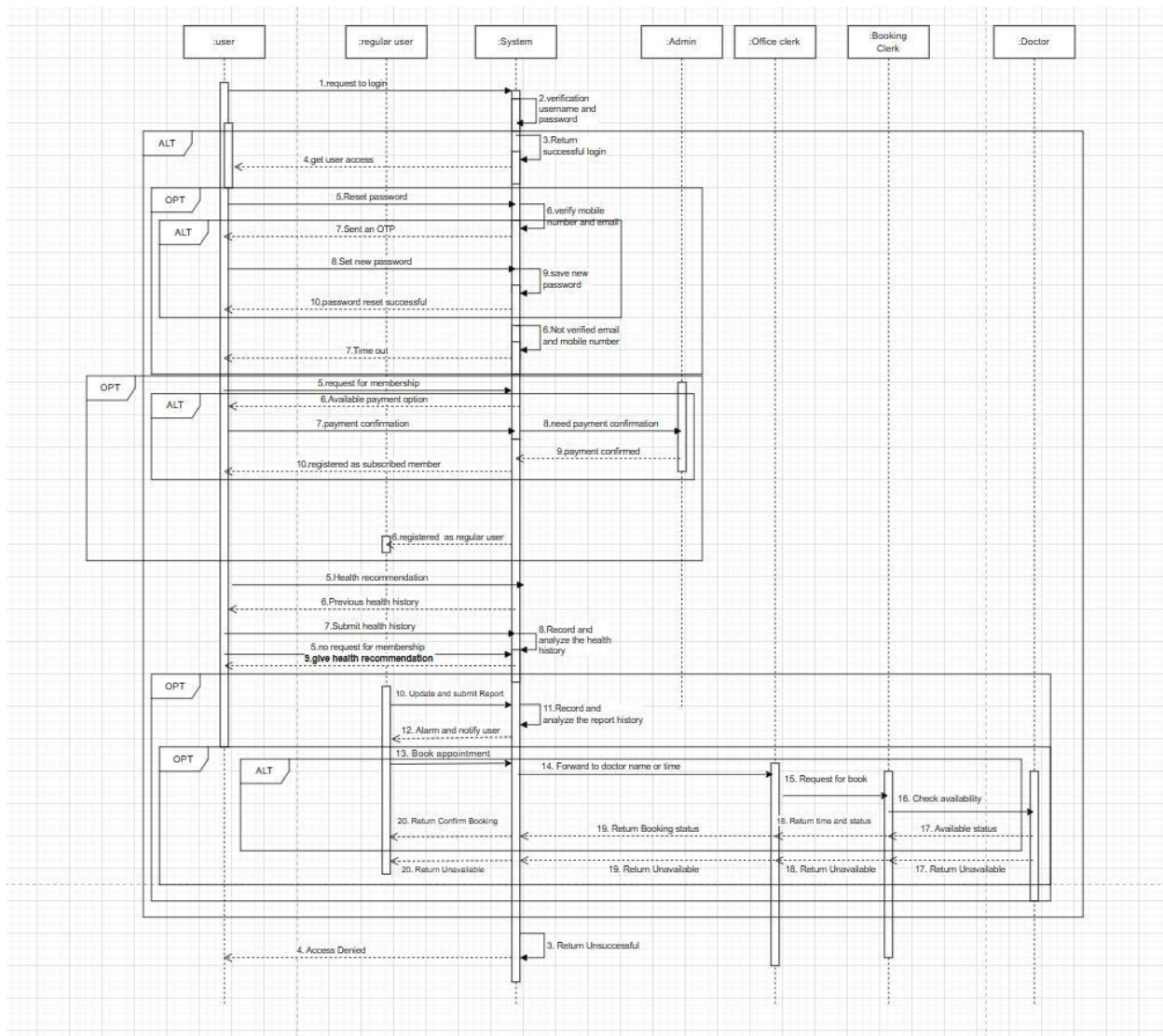




## 2. Class Diagram

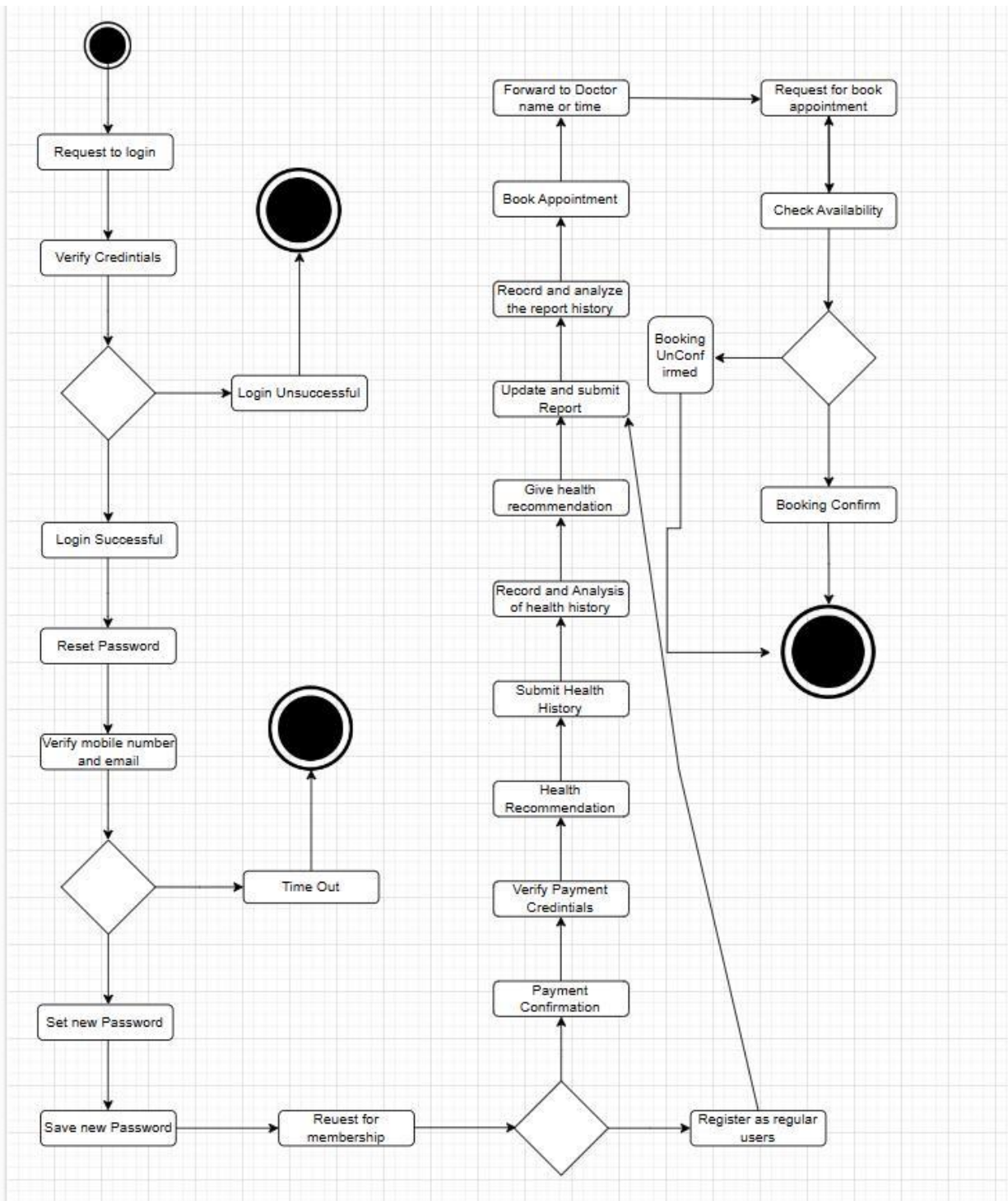


### 3. Sequence Diagram



### 4. Activity Diagram





### Rubric for Project Assessment (CO1)

Marking Criteria	Marks Distribution (Maximum 3X5=15)	Acquired Marks
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	<b>Inadequate (1-2)</b>	<b>Satisfactory (3)</b>	<b>Good (4)</b>	<b>Excellent (5)</b>	

<b>Criteria</b>	<b>Marks distribution (Max 3X5= 15)</b>				<b>Acquired</b>
<b>Background Analysis</b>	No background information regarding the project is given; project goals and benefits are missing.	Insufficient background information is given; project goals and benefits are poorly stated	Sufficient background information is given; the purpose and goals of the project are explained.	Thorough and relevant background information is given; project goals are clear and easy to identify.	
<b>Analysis the impact of societal, health, safety, legal and cultural issues</b>	Student vaguely discuss the impact of societal, health, safety, legal and cultural issues in their project	Student provided with partial relevance to the impact of societal, health, safety, legal and cultural issues in their project	Student fairly provided the analysis to the impact of societal, health, safety, legal and cultural issues in their project	Student comprehensively provided the analysis to the impact of societal, health, safety, legal and cultural issues in their project	
<b>Existing Studies and Relevant Example</b>	Ambiguous representative example.	Partially identify / indicate towards real-life example.	Real-life example is fairly connected towards the definition.	Comprehensively defend with real life example.	
				<b>Acquired Marks:</b>	
				<b>CO Pass / Fail:</b>	

## Rubric for Project Assessment (CO2)


	<b>Inadequate (1-2)</b>	<b>Satisfactory (3)</b>	<b>Good (4)</b>	<b>Excellent (5)</b>	
<b>Argumentation of Model selection with Evidence of Argumentation</b>	Does not articulate a position or argument of choosing appropriate model. Does not present any evidence to support the arguments for the choice of the model	Articulates a position or argument for choosing models that is unfocused or ambiguous. Presents incomplete/vague evidence to support argument for model choice	Articulates a position or argument of choosing models that is limited in scope. Does not present enough evidence to support the argument for the choice of the model	Clearly articulates a position or argument for the choosing software engineering models. Presents sufficient amount of evidence to support argument for the model selection	
<b>Role identification and Responsibility Allocation</b>	The project has poor project management plans for identifying roles and assigning the responsibilities	Identify few roles in the project management where some of the roles are left alone with any project responsibilities	Identify most of the roles in the project management and assign their responsibilities	Well planned project with proper role identification and responsibility allocation in the project management activities	
<b>Submission, Completeness, Spelling, grammar and Organization of the Project report</b>	Project report is not complete and Several errors in spelling and grammar. Present a Confusing organization of concepts, supporting arguments, and real-life example. Sentences rambling, and details are repeated.	Some errors in spelling and grammar. Some problems of organizing the answer in a logical order of defining, elaborating, and providing real-life examples.	Few errors in spelling and grammar. Presents most of the details in a logical flow of organization in definition, details, and example.	Project report is complete and No errors in spelling and grammar. Consistently presents a logical and effective organization of definition, details, and real-life example of the topic.	
				<b>Acquired marks:</b>	
				<b>CO Pass / Fail:</b>	


## UI Design


### Log in

LOGIN

Welcome to AI Health Tracking System



 username

 Password

☐ show password [Forgot Password](#)

[Sign in](#) [Create an account](#)

### Sign up

## Sign up

Already have an account? [Login Here](#)

Name

Enter Your name

Email ID

Enter Your email ID here

Password

Enter your password

Location

Enter Your Location



By signing up you agree to receive updates and special offers

Submit

## Forgot Password



## **Forgot password**

Enter your verified email to sent a  
verification code to reset your password

**Email**

*Enter your verified email here*

verify

**OPT Verification**

# OTP Verification

please check your verified email for  
a 5-digit verification code

[resend code ?](#)

verify

117 × 40

Reset password

## Reset password

New password

*Enter new password*

Confirm password

*Re-Enter new password*

Update

### Test Case

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Sadman Samir Rafith		
Test Case ID: FR_1		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: User Authentication		Test Execution date:		
Test Title: Authentication System Functionality Test"				
Description: This test evaluates the effectiveness of the authentication system, encompassing username/password login and multi-factor authentication functionalities."				
Precondition (If any): Users must have a registered account to initiate the authentication process.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the website 2. Enter username 3. Enter password 4. Click Login	Username: Rafith  Password: Rafith67890!	Successful authentication with valid credentials grants access to the user account.	The authentication process successfully grants access to the user account with valid credentials.	Pass
Postcondition: The user gains access to their account after successful authentication, ensuring secure access to the platform's features and functionalities..				

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Sadman Samir Rafith		
Test Case ID: FR_2		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: User Registration		Test Execution date:		
Test Title: Account Activation Workflow: Registration and Email Verification				
Description: Registration and Email verification for Account Activation				
Precondition (If any): User does not have an existing account/ registered email address				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the website 2. Go to register 3. Enter username 4. Enter email 5. Enter password 6. Click register	Username: Rafith  Email: rafithsadman@gmail.com  Password: Rafith67890!	The user should observe the successful creation of a new account with a unique username, email, and password, followed by a confirmation email for verification leading to account activation.	The account is successfully created with a unique username, email, and password, and the confirmation email for verification is sent.	Pass

Post Condition: The user account is registered and email verified, enabling access to the platform's functionalities and the user has been added to the database.

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Sadman Samir Rafith		
Test Case ID: FR_3		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: Password Recovery		Test Execution date:		
Test Title: Password Recovery Functionality Test				
Description: The Password Recovery module facilitates password recovery for users with registered email addresses.				
Precondition (If any): Users must have a registered email address to initiate the password recovery process.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the website 2. Go to Forgot password 3. Enter verified Email 4. Enter verification code 5. Click Verify 6. Enter a new password 7. Confirm Password	Email: <a href="mailto:rafithsadman@gmail.com">rafithsadman@gmail.com</a>  Verification code:69874  New Password: Sadman67890!	Successful retrieval and verification code leading to password reset.	The security questions or verification code are successfully retrieved and verified, allowing for the reset of the user's password.	Pass
Post Condition: The user's password is successfully reset, ensuring access to the account with the updated credentials and the new password has been updated to the database.				

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Sadman Samir Rafith		
Test Case ID: FR_4		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: Logout Session		Test Execution date:		
Test Title: Logout Functionality Test				
Description: Test user logout functionality, including manual and automatic logout procedures.				
Precondition (If any):The user must be logged in to initiate the logout process.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the website 2. Enter username 3. Enter password 4. Click Login 5. Locate and click Logout 6. Confirm the Logout action	Username: Rafith  Password: Rafith67890!	Clicking the Logout button successfully terminates the user's session and redirects them to the login page.	The user's session is successfully terminated upon clicking the "Logout" button, and they are redirected to the login page as expected.	Pass
Post Condition: The user is logged out of their session, ensuring the security of their account and preventing unauthorized access.				

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Mukshit Safi Owasi		
Test Case ID: FR_2		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by: Mukshit Safi Owasi		
Module Name: Food Habit Tracking		Test Execution date:		
Test Title: Verify Food Habit Tracking Functionality				
Description: Test the functionality of tracking food habits in the NatureSync Health Tracker.				
Precondition (If any): The user must be logged in to the NatureSync Health Tracker.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass /Fail)
1. Navigate to the Food Tracking section of the NatureSync Health Tracker.	- User ID: 123456 Logged Foods: [List of food items consumed as per steps 3]	The user's ID is correctly displayed on the Food Tracking page.	The user's ID is correctly displayed. The system logs the daily food intake accurately.	Pass
2. Verify that the user's ID is displayed correctly on the Food Tracking page.	Nutrition Insights: [Expected insights on nutrition] Expected Diet  Recommendations: [Expected recommendations for a balanced diet]	- The system successfully logs the daily food intake provided by the user.  - Nutrition insights provided by the system are accurate and relevant based on the logged food intake.	Nutrition insights provided are relevant and helpful.  The system offers appropriate diet recommendations.	
3. Log daily food intake for the user by entering various food items consumed throughout the day.		- The system offers diet recommendations tailored to the user's food habits and nutritional needs.		

<p>4. Save the logged food intake.</p> <p>5. Retrieve the nutrition insights provided by the system based on the logged food intake.</p> <p>6. Check if the system offers diet recommendations for a balanced diet based on the user's food habits and nutritional needs.</p>				
<p>Post Condition: The user's food habits and nutrition insights are recorded and stored in the NatureSync Health Tracker system.</p>				

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Mukshit Safi Owasi		
Test Case ID: FR_3		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by: Mukshit Safi Owasi		
Module Name: Personalized Fitness Program		Test Execution date:		
Test Title: Verify Personalized Fitness Program Functionality				
Description: Test the functionality of generating adaptive clothing and activity suggestions in the NatureSync Health Tracker.				
Precondition (If any): The user must be logged in to the NatureSync Health Tracker.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass /Fail)
1.Navigate to the Personalized Fitness Program section of the NatureSync Health Tracker.  2. Verify that the user's ID is displayed correctly on the Personalized Fitness Program page.  3. Check if the system provides clothing recommendations based on upcoming weather	- User ID: 123456 Expected Clothing Recommendation: Wear breathable clothing and UV protective gear due to high UV index. Expected Activity Suggestions: Engage in indoor exercises or activities due to poor air quality.	The user's ID is correctly displayed on the Personalized Fitness Program page.  - The system successfully provides clothing recommendations based on upcoming weather conditions.  - Activity suggestions offered by the system are aligned with the user's health metrics and environmental factors.	The user's ID is correctly displayed.  The system provides accurate clothing recommendation s based on weather conditions.  Activity suggestions are	Pass

conditions.			suitable considering health metrics and environmental factors.	
4. Validate that the system offers activity suggestions aligned with individual health metrics and environmental factors for the user.				
Post Condition: The user's personalized fitness program recommendations are recorded and stored in the NatureSync Health Tracker system.				

Project Name: NatureSync Health Tracker Using AI		Test Designed by: Mukshit Safi Owasi		
Test Case ID: FR_4		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): High		Test Executed by: Mukshit Safi Owasi		
Module Name: Behavioral Insights Exploration		Test Execution date:		
Test Title: Verify Behavioral Insights Exploration Functionality				
Description: Test the functionality of exploring behavioral insights in the NatureSync Health Tracker.				
Precondition (If any): The user must have provided consent for behavioral data analysis.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Navigate to the Behavioral Insights Exploration section of the NatureSync Health Tracker.	- User ID: 123456 Expected Behavior Patterns: Increased water intake, consistent exercise routine, irregular sleep patterns Expected Adaptive	- The user's ID is correctly linked to the behavioral insights data. - The system successfully identifies behavior patterns based on user responses to health recommendations.	The user's ID is correctly linked to the behavioral insights data. The system accurately identifies behavior patterns based on user responses.	Pass
2. Verify that the user's ID is correctly linked to the behavioral insights data.	Suggestions: Drink at least 8 glasses of water per day, follow a structured exercise plan, maintain a consistent sleep schedule	- Adaptive suggestions offered by the system are helpful and relevant to improving user health habits.	Adaptive suggestions provided by the system are relevant and useful for improving user health habits.	
3. Check if the system correctly identifies behavior patterns based on user responses to health				



recommendations.				
4. Validate that the system provides adaptive suggestions to help users improve their health habits.				
Post Condition: The user's behavioral insights exploration data is recorded and stored in the NatureSync Health Tracker system.				

Project Name: NatureSync Health Tracker Using AI			Test Designed by: Mukshit Safi Owasi	
Test Case ID: FR_4			Test Designed date: 30/03/24	
Test Priority (Low, Medium, High): High			Test Executed by: Mukshit Safi Owasi	
Module Name: Integration of Mental and Physical Health			Test Execution date:	
Test Title: Verify Behavioral Insights Exploration Functionality				
Description: Test the functionality of integrating mental and physical health in the NatureSync Health Tracker.				
Precondition (If any): The user must have actively logged mental health metrics.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)

1.Navigate to the Integration of Mental and Physical Health section of the NatureSync Health Tracker.  2. Verify that the user's ID is correctly linked to the mental and physical health integration data.  3. Check if the system accurately indicates whether the user has actively logged mental health metrics.	- - User ID: [UserID]  - Mental Health Metrics Logged: [True/False]	- - The user's ID is correctly linked to the mental and physical health integration data.  - The system accurately indicates whether the user has actively logged mental health metrics.	The user's ID is successfully linked to the mental and physical health integration data.  The system accurately indicates that the user has actively logged mental health metrics.	Pass
Post Condition: The integration of mental and physical health data is successfully recorded and stored in the NatureSync Health Tracker system.				

Project Name: Nature Sync Health Tracker Using AI	Test Designed by: Tasnim Binta Kamran Nafisa
Test Case ID: FR_17	Test Designed date: 30/03/24
Test Priority (Low, Medium, High): Medium	Test Executed by:
Module Name: <b>Integration of Telehealth Services</b>	Test Execution date:
Test Title: Telehealth Integration Testing	
Description: The testing of telehealth integration focuses on ensuring the seamless functionality and compatibility of various components within the telehealth system.	

Precondition (If any): Users must have ensured all the requirements and authentication process.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
5. Go to the website and login. 6. Follow the contact procedure. 7. Search for the doctor. 8. Take doctors' advice	Patient Information: Name: Tasnim Age:22 etc.  Performance testing sensor: data information rate	Successfully contact with doctor without any interruption.	providing insights into the functionality, interoperability, security, and performance of the system	Pass
Postcondition: The user refers to the desired outcomes or state of the system after the testing process is completed.				

Project Name: Nature Sync Health Tracker Using AI		Test Designed by: Tasnim Binta Kamran Nafisa		
Test Case ID: FR_18		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: <b>Emergency Health Support</b>		Test Execution date:		
Test Title: Emergency Health Support System Testing: Ensuring Rapid Response and Critical Functionality				
Description: This focuses on ensuring its ability to provide rapid response and critical functionality during emergency situations.				
Precondition (If any): Standard operating procedures and emergency response protocols should be defined and documented, detailing the steps to be followed during emergency situations				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
7. Go to the website. 8. Successfully logged in 9. Follow the emergency protocols. 10. Patient info 11. Medical history	Simulated emergency Scenarios  Communication and medical data	It refers to the anticipated outcomes, responses, and actions that the system should produce or facilitate in response to simulated emergency scenarios	Chandelling all the error, medical data transition and others	Pass
Post Condition: it represent the desired outcomes or state of the system after the testing process is completed.				

Project Name: Nature Sync Health Tracker Using AI	Test Designed by:Tasnim Binta Kamran Nafisa
Test Case ID: FR_19	Test Designed date: 30/03/24
Test Priority (Low, Medium, High): Medium	Test Executed by:
Module Name: <b>Collaboration with Wearable Devices</b>	Test Execution date:
Test Title: Wearable Device Integration Testing: Ensuring Seamless Collaboration and Functionality	
Description: this focuses on ensuring seamless integration and functionality between the wearable devices and the associated systems or platforms	
Precondition (If any):	

Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
8. Connect to this website with digital watch. 9. Connected with another electric device	Select a device to connect.  Follow all the steps for connecting.	testing encompass various aspects of integration, functionality, usability, and security	It represents the observed outcomes, responses, and actions that occur during the testing process.	Pass
Post Condition: The user's password is successfully reset, ensuring access to the account with the updated credentials and the new password has been updated to the database.				

Project Name: Nature Sync Health Tracker Using AI		Test Designed by: Tasnim Binta Kamran Nafisa		
Test Case ID: FR_20		Test Designed date: 30/03/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name <b>Comprehensive Health History Record</b>		Test Execution date:		
Test Title: Comprehensive Health History Record System Testing: Ensuring Accuracy, Security, and Usability				
Description: it involves evaluating its accuracy, security, and usability in capturing, storing, and managing individuals' health information comprehensively				
Precondition (If any):				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
7. Entry of all valid data 8. Complete all privacy protocol. 9. Manage all the data	Basic patient info  Medical condition  Medical history	encompass various aspects of functionality, accuracy, security, usability, and performance.	represent the observed outcomes, responses, and actions that occur during the testing process.	Pass
Post Condition: it represent the desired outcomes or state of the system after the testing process is completed				

Project Name: NatureSync Health Tracker Using AI		Test Designed By:Laboni somoddar		
Test Case ID:FR_05		Test Desognd date:03/30/24		
Test Priority (Low,Medium,High):Medium		Test Executed By:		
Module Name: User Dashboard		Test Execution date:		
Test title : UserDashboard Class Functionality and Attribute Testing				
Description: Test user dashboard				
Precondition(if any):				
Test steps	Test data	Expected Result	Actual result	Status (Pass/Fail)
1.Go to the website 2.Enter Username 3Enter Password 4.Click submit	Username:Laboni Password:Hello123	User should login into homepage and dashboard should update to display the personalized content(Health metrics, environmental conditions, recommendations, and alerts) associated with the provided user ID.	Displayed data matched with data stroed for the corresponding user id and show health metrics,Environmental conditions and alerts.	Pass
Post Condition: The user account is registered and email verified, enabling access to the platform;s functionalities and the user has been added to the database.				

Project Name: NatureSync Health Tracker Using AI		Test Designed By:Laboni somoddar		
Test Case ID:FR_06		Test Desognd date:03/30/24		
Test Priority (Low,Medium,High):Medium		Test Executed By:		
Module Name: Profile creation		Test Execution date:		
Test title : Testing the User Class Profile Management Functionality with Profile Picture Upload				
Description: Test the User class's profile management functionality				
Precondition(if any): User must logged in				
Test steps	Test data	Expected Result	Actual result	Status (Pass/Fail)
1. Verify that the profile creation process completes 2.Check profile picture updated  3. Test the integrity of other profile information remains intact after updated  4. check maximum character limits for profile fields .	Username:Laboni Password:Hello123  Test data representing various file formats (e.g., JPEG, PNG) and sizes to assess compatibility and performance data sets retrieved after each operation to confirm data integrity. performance under heavy load conditions.	Successful creation of the user's profile. Uploaded profile picture replaces the previous one.  updated profile information remains consistent with the user's expectations.	User's personal details, including name, email, and date of birth, accurately captured and stored.  Displayed correctly profile picture, health goals, and preferences are reflected accurately.	Pass
Post Condition: The User class's profile management functions successfully update and store user profile data, ensuring accuracy and consistency across all attributes and operations.				

Project Name: NatureSync Health Tracker Using AI		Test Designed By:Laboni somoddar		
Test Case ID:FR_11		Test Desognd date:03/30/24		
Test Priority (Low,Medium,High):High		Test Executed By:		
Module Name: <b>Health Alerts and Warnings</b>		Test Execution date:		
Test title : Testing Health Alerts and Warnings with Personalized Recommendations				
Description: Evaluate the functionality of personalized health recommendations				
Precondition(if any): user’s id, profile information and environmental insights				
Test steps	Test data	Expected Result	Actual result	Status (Pass/Fail)
1.Initialize test environment 2. User specific data 3.check real-time health and environmental data to derive insights 4. Verify that the recommendations are relevant and personalized based on the provided data	Username:Laboni Password:Hello123  Set up the testing environment with necessary configurations  forecast data is accurately retrieved	class is properly linked to the specific user and their chosen location, with weather forecast data and health insights available for recommendation generation.	Displayed data matched with data stroed for the corresponding user id and show health metrics,Environmental conditions and alerts.  Verified ocation, with weather forecast data and health insights available for recommendation generation.	Pass
Post Condition: The class is properly linked to the specific user and their chosen location, with weather forecast data and health insights available for recommendation generation.				

Project Name: NatureSync Health Tracker Using AI		Test Designed By:Laboni somoddar		
Test Case ID:FR_12		Test Desognd date:03/30/24		
Test Priority (Low,Medium,High):Medium		Test Executed By:		
Module Name: <b>Adaptive Clothing and Activity Suggestions</b>		Test Execution date:		
Test title : Testing HealthAlerts Class Functionality for Adaptive Clothing and Activity Suggestions				
Description: Test user dashboard				
Precondition(if any):				
Test steps	Test data	Expected Result	Actual result	Status (Pass/Fail)
1. access to the HealthAlerts class and any required external module	Id’s representing different users in system.	user profiles representing different demographics, health conditions, and activity levels.	Data includes variations in UV index, air quality index, temperature, humidity, etc., for different locations and time periods.	Pass
2. Create an instance of the HealthAlerts class to	health alerts such as "High UV Index", "Air Quality Warning"	Data includes variations in UV index, air quality index, temperature, humidity, etc., for	Anticipated health alerts and warnings corresponding to the	
	nature of the health			

<p>represent the functionality of generating health alerts and warnings.</p> <p>3. Check userId attribute to link alerts to a specific user experiencing the health risk</p> <p>4. Check that precautionary measures are included in the alert messages</p>	<p>risk associated with each alert type.</p>	<p>different locations and time periods.</p> <p>Anticipated health alerts and warnings corresponding to the predefined triggers and user profiles.</p> <p>data sets required for integrating the HealthAlerts class</p>	<p>predefined triggers and user profiles.</p> <p>data sets required for integrating the HealthAlerts class</p>	
Post Condition: The user Health alerts and warnings are successfully generated, aligned with user profiles and environmental context.				

Project Name: NatureSync Health Tracker using AI			Test Designed by: Shahariazzaman Joy	
Test Case ID: FR_07			Test Designed date: 03/30/24	
Test Priority (Low, Medium, High): High			Test Executed by:	
Module Name: Profile Update Session			Test Execution date:	
Test Title: Verify Health Profile Setup with certain Data				
Description: Website User Dashboard Page				
Precondition (If any): User must in the state of login.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the user Dashboard. 2. Select medical History. 3. Enter recent health conditions. 4. Click Save	Medical History: Appendicitis Pain. Health condition: Fair	User should see a successful pop window for submitting and those data of the user should be saved into the database.	As expected,	
Post Condition: User has submitted his/her medical history/recent health condition in his/her profile. The Profile Update session details are logged in the database.				

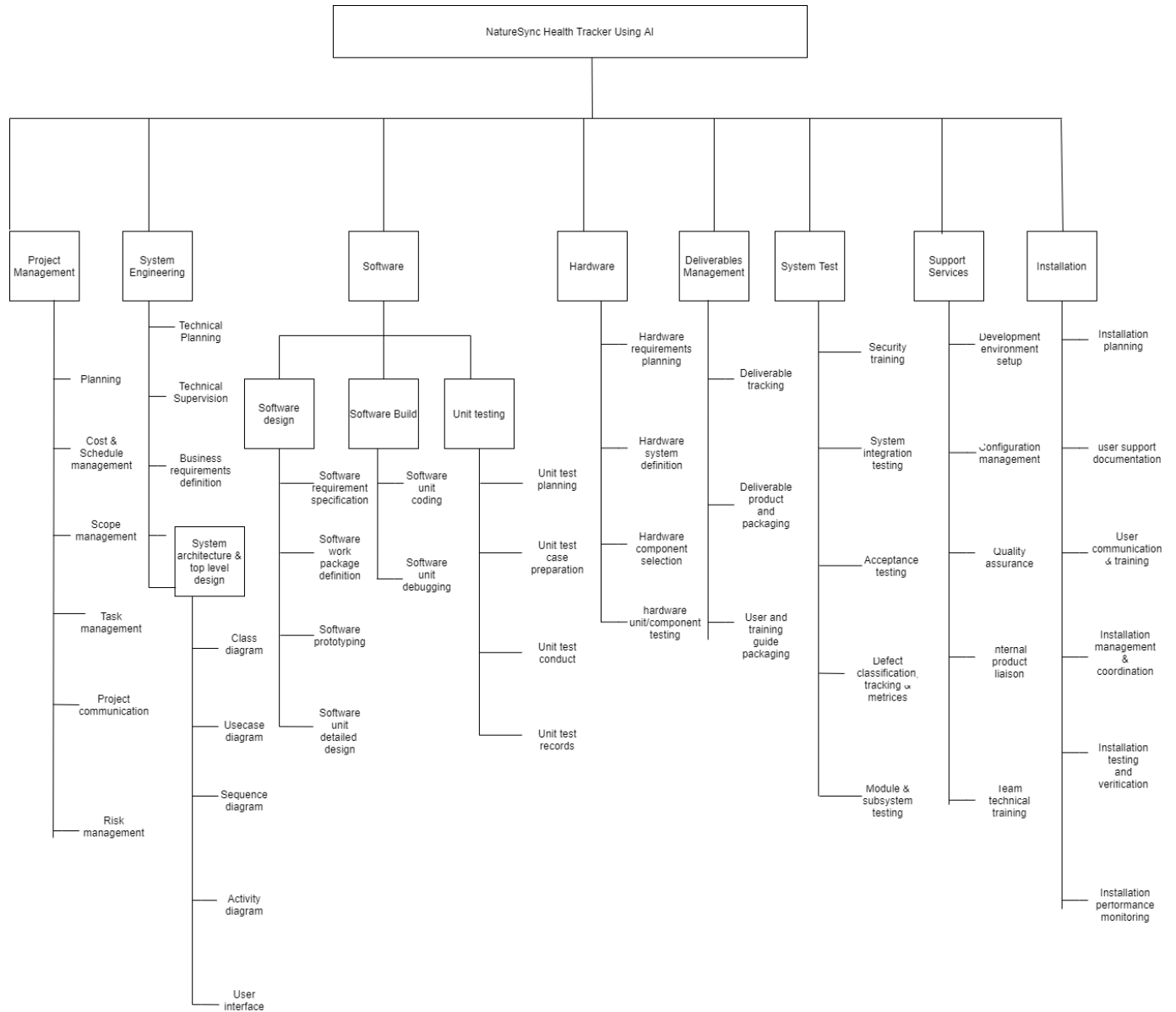
Project Name: NatureSync Health Tracker using AI		Test Designed by: Shahariazzaman Joy		
Test Case ID: FR_08		Test Designed date: 03/30/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: Real Time Health Monitor Session		Test Execution date:		
Test Title: V e r i f y   H e a l t h   M o n i t o r i n g   S y s t e m				
Description: Website User Dashboard Page				
Precondition (If any): User must complete health profile setup and in the state of login.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)
1. Go to the user Dashboard. 2. Select Real Time Health Monitoring. 3. Click on Graph and Data.	Pulse Rate representing individual pulse rate of the user. Also, there are heart Rate and thermal conditions as well.	User should see in details live health monitors data with a graph should which helps the user to visualize and understand the real time data more clearly.	As expected,	
Post Condition:				

Project Name: NatureSync Health Tracker using AI		Test Designed by: Shahariazzaman Joy		
Test Case ID: FR_10		Test Designed date: 03/30/24		
Test Priority (Low, Medium, High): Medium		Test Executed by:		
Module Name: Personalized Health Recommendations Session		Test Execution date:		
Test Title: V e r i f y   t h e   h e a l t h   r e c o m m e n d a t i o n   s e r v i c e s				
Description: Website User Dashboard Page				
Precondition (If any): User must complete health profile setup and in the state of login. Also, weather forecast data for the selected time and location should be available.				
Test Steps	Test Data	Expected Results	Actual Results	Status (Pass/Fail)



<ol style="list-style-type: none"> <li>1. Go to the user Dashboard.</li> <li>2. Turn on Personalized health recommendations.</li> <li>3. Click on Yes to confirm.</li> </ol>	Weather forecast data will be used to turn on this service.	User should see the confirmation message that personalized health recommendation is turned on and user should get daily health notification on his app/email.	As expected,	
Post Condition:				

## Work Breakdown Structure



### Constructive cost Model (COCOMO):

Let's assume Source Line of Code is 4000.

So, effort need to be,  $PM = 2.4 (4000/1000)^{1.05} = 10.289$

Development time,  $DM = 2.5 * (PM)^{0.38} = 6.0623 = 6$

Required number of people,  $ST = PM/DM = 1.697 = 2$

**That means we need to work for  $(4*6) = 24$  weeks.**

### Timeline Chart (Project Plan)-1

Weeks Person	Pregame Phase						Development												Postgame Phase					
	Planning			Architecture			Sprint1				Sprint2				Sprint3									
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16	Week 17	Week 18	Week 19	Week 20	Week 21	Week 22	Week 23	Week 24
A :S																								
B :N																								
C: S & N																								
D: S & N																								
E: S & N																								
F: S & N																								
G :S																								
H :N																								
I: S																								

Here, S means Satyajit & N means Noman (As staffing necessary is 2)

A: Project initiation, Scoping, requirements gathering and planning

B: Design, product backlog creation and sprint planning

C: Requirements for each sprint

D: Analysis for each sprint

E: Development for each sprint

F: Testing for each sprint

G: Integration testing

H: System testing

I: Release preparation and launch

**EVA Analysis:**

Task	Planned effort	Actual effort
1	10	11
2	8	10
3	7	5
4	9	7
5	7.5	6
6	4	7
7	14	11
8	6	7
9	9.5	10.5
10	8.5	10
11	6	---
12	10	---
13	5	---
14	8	---
15	6	---

Given Total Task=54

Effort Estimated=309

BAC=309

$SPI = BCWP / BCWS = 83.5 / 118.5 = 0.704641$

SV=BCWP-BCWS=83.5-118.5=-35 person-day

CPI=BCWP/ACWP=83.5/84.5=0.99

CV=BCWP-ACWP=83.5-84.5=-1 person-day

% schedule for completion=BCWS/BAC=(118.5/309)\*100%=38.34%

% complete=BCWP/BAC=(83.5/309)\*100%=27.02%.

## **Timeline Chart-2**

### **Pre-Game Phase:**

Work Task	Week 1				Week 2				Week 3				Week 4				Week 5				Week 6			
Project scope is defined	■	■	■																					
Requirements are gathered				■	■	■	■	■																
Project plan is created								■	■	■	■	■												
Project team is built													■	■	■	■								
User stories are developed																■	■	■	■	■				
Product backlog is created																				■	■	■	■	
Sprint planning is conducted																								■

### **Game Phase:**

Work Task	Sprint 1				Sprint 2				Sprint 3			
	Week 7 & 8		Week 9 & 10		Week 11 & 12		Week 13 & 14		Week 15 & 16		Week 17 & 18	
Login features is developed	■	■	■	■								
Data input feature is developed			■	■	■	■						
Data validation feature is developed					■	■	■	■				
Report generation feature is developed							■	■	■	■		
Data export feature is developed									■	■	■	■
Payment feature is developed											■	■

### **Post-Game Phase:**

Work Task	Week 19				Week 20				Week 21				Week 22				Week 23				Week24			
Sprint review is conducted																								
Sprint retrospective is conducted																								
User acceptance testing is conducted																								
Software is deployed																								
User training is provided																								
Post release review is conducted																								

### **Risk Management Table**

<b>Risks</b>	<b>Category</b>	<b>Probability</b>	<b>Impact</b>	<b>RMMM</b>
Inaccurate health predictions due to AI model limitations	TE	30%	3	
Data privacy breaches and unauthorized access to sensitive	TE	40%	3	
Lack of user acceptance or resistance to AI- driven health information	CU	20%	2	
Insufficient scalability for handling a larger-than-expected user base	TE	25%	3	
Delayed model updates leading to outdated health recommendations	TE	30%	2	
Regulatory changes impacting AI usage in healthcare	BU	25%	3	
Technical limitations preventing integration with existing health system	TE	20%	2	
Staff turnover affecting AI model maintenance and development	ST	15%	2	
In adequate AI training data leading to biased or skewed predictions	TE	35%	3	
Hardware failure affecting real time/health tracking capabilities	TE	10%	3	
Unforeseen technology limitations impacting AI performance	TE	20%	2	
Changes in user preferences or expectations affecting product adoption	CU	25%	2	
Dependency on third -party AI services with potential reliability issues	TE	15%	3	
Ethical consideration related to AI usage in health care example patient consent	CU	20%	2	
Software bugs affecting AI model performance	TE	30%	2	
Misalignment between AI predictions and actual health outcomes	TE	25%	3	
Integration challenges with diverse health data sources	TE	20%	2	
Unexpected costs associated with AI development and maintenance	BU	15%	3	

Legal liabilities related to AI driven health recommendation	BU	20%	3	
User perception of AI as a replacement for making medical professionals	CU	15%	2	

**Impact values:**

- 1- Catastrophic
- 2- Critical
- 3- Marginal
- 4- Negligible

