



- | Legend | Element |
|---------------------|---------------------|
| --- Total | Total |
| --- H | H |
| --- 3He | 3He |
| --- 4He | 4He |
| --- ^{12}C | ^{12}C |
| --- ^{14}N | ^{14}N |
| --- ^{16}O | ^{16}O |
| --- ^{20}Ne | ^{20}Ne |
| --- ^{23}Na | ^{23}Na |
| --- ^{24}Mg | ^{24}Mg |
| --- ^{27}Al | ^{27}Al |
| --- ^{28}Si | ^{28}Si |
| --- ^{32}S | ^{32}S |
| --- ^{40}Ar | ^{40}Ar |
| --- ^{40}Ca | ^{40}Ca |
| --- ^{56}Fe | ^{56}Fe |
| --- ^{58}Ni | ^{58}Ni |
| CaptnOper H | CaptnOper H |
| CaptnOper 3He | CaptnOper 3He |
| CaptnOper 4He | CaptnOper 4He |
| CaptnOper ^{12}C | CaptnOper ^{12}C |
| CaptnOper ^{14}N | CaptnOper ^{14}N |
| CaptnOper ^{16}O | CaptnOper ^{16}O |
| CaptnOper ^{20}Ne | CaptnOper ^{20}Ne |
| CaptnOper ^{23}Na | CaptnOper ^{23}Na |
| CaptnOper ^{24}Mg | CaptnOper ^{24}Mg |
| CaptnOper ^{27}Al | CaptnOper ^{27}Al |
| CaptnOper ^{28}Si | CaptnOper ^{28}Si |
| CaptnOper ^{32}S | CaptnOper ^{32}S |
| CaptnOper ^{40}Ar | CaptnOper ^{40}Ar |
| CaptnOper ^{40}Ca | CaptnOper ^{40}Ca |
| CaptnOper ^{56}Fe | CaptnOper ^{56}Fe |
| CaptnOper ^{58}Ni | CaptnOper ^{58}Ni |
| CaptnOper Total | CaptnOper Total |