Actions to Combat a Resurgence of COVID-19

UPDATED 1/18/2021

From the onset of the COVID-19 pandemic, Illinois has followed the science and listened to public health experts to keep people safe.

After bending the curve in the spring, Illinois achieved relatively low rates of community spread and hospitalizations in the summer. But amid a nationwide surge, every region of Illinois saw an increase in cases and hospitalizations in the fall, which triggered the regional tiered mitigations outlined in this plan.

As the surge became more severe here in Illinois and across the nation, Governor Pritzker and the Illinois Department of Public Health moved all 11 regions into Tier 3 mitigations, effective November 20, 2020. At the advice of public health experts, including Dr. Anthony Fauci, the mitigations remained in place over the holidays to prevent a "surge upon a surge." With some regions now beginning to make progress, Governor Pritzker announced that any region that has met the metrics for a reduction of mitigations will be able to move out of Tier 3 to less restrictive tiers beginning January 15, 2021.

By operating with consistent and meaningful mitigations throughout the holiday season, Illinois has saved lives, brought down community risk, and set ourselves up to safely reduce these mitigations. This approach has allowed the state to be in its strongest position to combat the virus since the pandemic began, as the administration prepares to proceed with Phase 1B of Illinois' vaccine distribution plan. Illinois also continues to build upon its nation-leading testing operation, surpassing more than 100,000 tests per day. This plan accounts for months of additional research as public health experts reach a greater scientific understanding of this virus. Ultimately, as conditions continue to improve, IDPH will re-classify regions to Tier 2, Tier 1, and back to Phase 4 as they meet the necessary metrics.



Resurgence Mitigations

Original Restore Illinois Plan

Mitigations will be applied or deliberately lifted on a regional basis based on the Emergency Medical Services (EMS) Regions that have traditionally guided IDPH in its statewide public health work, allowing for a more granular approach. These regions follow county lines to account for counties that are in more than one region of the EMS system. The 11 regions are as follows:

- 1. **NORTH:** Boone, Carroll, DeKalb, Jo Daviess, Lee, Ogle, Stephenson, Whiteside, Winnebago
- 2. **NORTH-CENTRAL:** Bureau, Fulton, Grundy, Henderson, Henry, Kendall, Knox, La Salle, Livingston, Marshall, McDonough, McLean, Mercer, Peoria, Putnam, Rock Island, Stark, Tazewell, Warren, Woodford
- 3. **WEST-CENTRAL:** Adams, Brown, Calhoun, Cass, Christian, Greene, Hancock, Jersey, Logan, Macoupin, Mason, Mason, Menard, Montgomery, Morgan, Pike, Sangamon, Schuyler, Scott
- 4. **METRO EAST:** Bond, Clinton, Madison, Monroe, Randolph, St. Clair, Washington
- SOUTHERN: Alexander, Edwards, Franklin, Gallatin, Hamilton, Hardin, Jackson, Jefferson, Johnson, Marion, Massac, Perry, Pope, Pulaski, Saline, Union, Wabash, Wayne, White, Williamson
- EAST-CENTRAL: Champaign, Clark, Clay, Coles, Crawford, Cumberland, De Witt, Douglas, Edgar, Effingham, Fayette, Ford, Iroquois, Jasper, Lawrence, Macon, Moultrie, Piatt, Richland, Shelby, Vermillion
- 7. **SOUTH SUBURBAN:** Kankakee, Will
- 8. **WEST SUBURBAN:** DuPage, Kane
- 9. **NORTH SUBURBAN:** Lake, McHenry
- 10. **SUBURBAN COOK:** Suburban Cook
- 11. CHICAGO: City of Chicago



All public health criteria included in this document are subject to change.

As research and data on this novel coronavirus continue to develop, this plan
can and will be updated to reflect the latest science and data.

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The following resurgence mitigations are in addition to the guidance outlined in Phase 4 of the Restore Illinois Plan:

SETTING	TIER 1	TIER 2	TIER 3
Bars and restaurants	 Indoor service limited to lesser of 25% or 25 persons per room No tables exceeding 4 people indoors Suspend indoor service if not serving food Outdoor, delivery and takeout service continues under updated hours 	 Suspend indoor service Outdoor, delivery and takeout service continues under updated hours No tables exceeding 6 people 	 Suspend indoor service Outdoor, delivery and takeout service continues under updated hours No tables exceeding 6 people
Cultural institutions	Open under Phase 4 rules	Open under Phase 4 rules	Operations paused
Gaming and casinos	Open under Phase 4 rules from Illinois Gaming Board	Open under Phase 4 rules from Illinois Gaming Board	Operations paused
Hotels	Open under Phase 4 rules	 Limited to registered guests Fitness centers closed or operating on reservation model at 25% capacity 	 Limited to registered guests Fitness centers closed or operating on reservation model at 25% capacity
Household gatherings	 Allowed with public health guidelines 	Limiting to 10 people is encouraged	Limiting to household members is encouraged
Indoor fitness classes	Open under Phase 4 rules	 Groups limited to 10, including fitness classes 	Operations paused
Meetings, events and gatherings (excluding in- person school or sports)	Limit to lesser of 25 guests or 25% overall capacity indoors and outdoors	Limit to 10 guests indoors and outdoors	 No gatherings in meeting rooms, banquet halls, party rooms, private clubs, etc. Funerals limited to 10 family members of decedents
Offices	Open under Phase 4 rules	Open under Phase 4 rules	Remote work encouraged
Organized group recreational activities (fitness centers, sports, etc.)	 Recreation, fitness centers and outdoor activities follow Phase 4 guidance Sports follow measures in the All Sport Guidelines 	 Limit to lesser of 25 guests or 25% overall capacity indoors and outdoors Sports follow measures in the All Sport Guidelines 	 Indoor sports and recreation paused Outdoor sports and recreation, individual training allowed Groups limited to 10 people

IDPH will continue to track the health metrics in all 11 regions and announce tier changes when a region makes progress. Follow the latest regional metrics at dph.illinois.gov/regionmetrics. For more information on guidance for businesses, please visit the FAQ on DCEO's website.

RESTORE ILLINOIS

Health Metrics to Move Between Tiers

Increasing mitigations

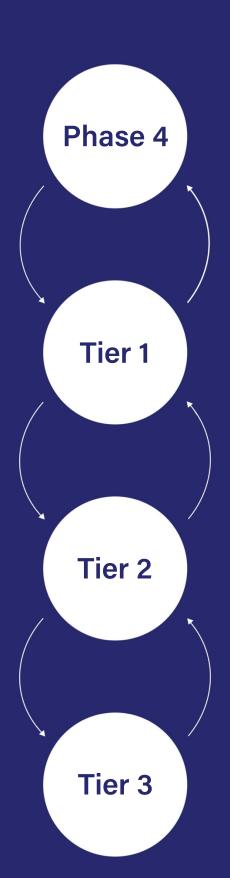
Test positivity rate ≥ 8% for three consecutive days (7-day average)

OR

Sustained increase in test positivity rate (7-day average for 7 of 10 days) and either (A) Sustained increase in COVID patients in hospital (7-day average for 7 of 10 days), or (B) Staffed ICU bed availability <20% for three consecutive days (7-day average)

Sustained test positivity rate between 8% and 13% after a 14-day monitoring period under Tier 1 mitigations (7-day average)

Sustained test positivity rate ≥ 13% for three consecutive days after a 14-day monitoring period under Tier 2 mitigations (7-day average)



Decreasing mitigations

Test positivity rate ≤ 6.5% for three consecutive days (7-day average)

AND

Staffed ICU bed availability ≥ 20% for three consecutive days (7-day average)

AND

No sustained increase in COVID patients in hospital (7-day average for 7 of 10 days)

Test positivity rate between 6.5% and 8% for three consecutive days (7-day average)

AND

Staffed ICU bed availability ≥ 20% for three consecutive days (7-day average)

AND

No sustained increase in COVID patients in hospital (7-day average for 7 of 10 days)

Test positivity rate ≥ 8% and below 12% for three consecutive days (7-day average)

AND

Staffed ICU bed availability ≥ 20% for three consecutive days (7-day average)

AND

No sustained increase in COVID patients in hospital (7-day average for 7 of 10 days)