To: The Local Leaders and Stakeholders of Burnet and Llano Counties

Regarding: Recommendations to mitigate community spread of coronavirus

This week has seen an extraordinary uptick in the number of cases of coronavirus (COVID-19). More worrisome, we are now starting to see community spread in Texas. On Friday, March 13 the first documented case of community acquired COVID-19 was seen in Dallas. Since this time, increasing numbers of cases are being attributed to community acquired spread.

Because of this change in the pattern of spread of COVID-19 in Texas, I would recommend the following be instituted in Burnet County. These measures follow the guidance provided on cdc.gov/coronavirus and the President's guidelines which can be found at coronavirus.gov.

- I. Cancel gatherings of ten or more people.
- II. Avoid eating or drinking in bars, restaurants and food courts. Attempt to use drive through pick ups or delivery options, if possible.
- III. Avoid discretionary travel, shopping trips and social visits.
- IV. Avoid visiting nursing homes, retirement, or long-term care facilities, unless to provide critical assistance.
- V. Consider offering video/audio of events.
- VI. Determine ways to continue providing support services to individuals at increased risk of severe disease while limiting group settings and exposures. (Meals on Wheels, and other home services)

I would encourage you to review the above links as they are frequently updated. You can go to dshs.texas.gov to see the latest updates on what is occurring in Texas. I will be updating my recommendations frequently as this situation changes.

Juliette Madrigal, MD Burnet County Local Health Authority