

**2018-2019  
Officers**

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Chair, Community Service Projects

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Chair, Youth Services

**Don Harris**  
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Rotary Foundation  
Charitable Giving

**Dustan Smith**  
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**Megan Almasi**  
Chair, Club Programs

**Bruce Skwarlo**  
Executive Secretary  
Chair, Taste of Lake Mary

**Amber Clore**  
Chair, Winter Gala

**Brian Bacon**  
Chair, Champions Ride for Charities

**Gene McCulley**  
**Roger Sack**  
Bulletin



## This Week's Program: Hands-Only CPR and HeartSmarts Training

Alisha Stokes and Kim Cleek of the Orlando Health Heart Institute will share vital knowledge for saving lives. This condensed HeartSmarts course will include a hands-only CPR training as well as a choking response demo.



Alisha Stokes, RN, BSN, PCCN,

CCCC

Corporate Chest Pain  
Coordinator, Orlando Health  
Orlando Health Heart Institute



Kimberly Cleek, BSN, RN, CEN

Clinical Coordinator,  
Emergency Department  
Orlando Regional Medical  
Center/Orlando Health

**Alisha Stokes began her nursing career as an emergency room nurse at Spartanburg Regional Hospital after completing her BSN at the University of North Alabama. Her compassion to patient safety and exceptional nursing care led Alisha to quickly develop her nursing skills. Her work as a clinical staff nurse eventually progressed to a nurse preceptor, charge nurse, and nurse manager. She currently holds the position of Corporate Chest Pain Coordinator for Orlando Health where she most recently successfully led the system-wide American College of Cardiology Accreditation project. Alisha is very passionate to promote heart healthy lifestyles and improve cardiovascular health outcomes. She is married with one child and enjoys working out and leading a healthy lifestyle herself.**

**Kimberly (Kim) Cleek began her nursing career at Orlando Health in 1989. She has worked at Orlando Regional Medical Center since graduating from Valencia Community College, spending the last 25 years as a staff nurse in the Emergency Department. After obtaining her BSN from the University of Texas at Arlington, she was promoted to ED Clinical Coordinator. This position has allowed her to pursue her passion for patient/community health education and nursing excellence. She lives in Longwood and has two children in college.**

Is it fun?

# January is Vocational Service Month



Do you have input for the newsletter?  
Send email to [mcculley@stackframe.com](mailto:mcculley@stackframe.com).

## Calendar

### Club Programs

- 2/28 Heathrow Arts Festival Planning

### Club Events

- 3/2 - 3/3 Heathrow Arts Festival

- 3/25 Taste of Lake Mary

### District Events

- 2/9 District Grant Seminar for 2019-2020

- 2/20 -  
2/24 RYLA

- 3/30 Soapy Saturday

### Member Dates 1/31 - 2/6

### Birthdays

- 2/1 Sheri Moor  
Jenny Russell

- 2/5 Charanjit Sodhi

- 2/6 Bryan Beyer

### Wedding Anniversaries

- 2/2 George & Cathy Lewman 45 years

### Member Anniversaries

None



Taste of  
Lake Mary  
March 25, 2019

