Issue #28, 2018-2019 January 31, 2019

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Brian Bacon

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Gene McCulley Roger Sack

Bulletin

Is it fun?





This Week's Program: **Hands-Only CPR and HeartSmarts Training**

Alisha Stokes and Kim Cleek of the Orlando Health Heart Institute will share vital knowledge for saving lives. This condensed HeartSmarts course will include a hands-only CPR training as well as a choking response demo.



CCCC Corporate Chest Pain Coordinator, Orlando Health

Orlando Health Heart Institute



Kimberly Cleek, BSN, RN, CEN Clinical Coordinator, **Emergency Department** Orlando Regional Medical Center/Orlando Health

Alisha Stokes began her nursing career as an emergency room nurse at Spartanburg Regional Hospital after completing her BSN at the University of North Alabama. Her compassion to patient safety and exceptional nursing care led Alisha to quickly develop her nursing skills. Her work as a clinical staff nurse eventually progressed to a nurse preceptor, charge nurse, and nurse manager. She currently holds the position of Corporate Chest Pain Coordinator for Orlando Health where she most recently successfully led the system-wide American College of Cardiology Accreditation project. Alisha is very passionate to promote heart healthy lifestyles and improve cardiovascular health outcomes. She is married with one child and enjoys working out and leading a healthy lifestyle

Kimberly (Kim) Cleek began her nursing career at Orlando Health in 1989. She has worked at Orlando Regional Medical Center since graduating from Valencia Community College, spending the last 25 years as a staff nurse in the Emergency Department. After obtaining her BSN from the University of Texas at Arlington, she was promoted to ED Clinical Coordinator. This position has allowed her to pursue her passion for patient/community health education and nursing excellence. She lives in Longwood and has two children in college.

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January is Vocational Service Month

Calendar

Club Programs

Heathrow Arts Festival Planning 2/28

Club Events

3/2 - 3/3 Heathrow Arts Festival

Member Dates 1/31 - 2/6

2/5

Wedding Anniversaries

Member Anniversaries

None





3/25 Taste of Lake Mary

District Events

2/9 District Grant Seminar for 2019-2020

2/20 -RYLA 2/24

3/30 Soapy Saturday

Birthdays

Sheri Moor 2/1 Jenny Russell

Charanjit Sodhi

2/6 Bryan Beyer

2/2 George & Cathy Lewman 45 years



Do you have input for the newsletter? Send email to mcculley@stackframe.com.



