

**2018-2019  
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Chair, Rotary Foundation**Jen Ferguson**  
Chair, Club Membership**Davia Moss**  
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Chair, Youth Services**Don Harris**  
Club Advisor**Elvis Campos**  
Sergeant-at-Arms**Mike Vernon**  
Rotary Foundation  
Charitable Giving**Dustan Smith**  
Chair, House Committee**Jenny Russell**  
Chair, Club Programs**Bruce Skwarlo**  
Executive Secretary  
Chair, Taste of Lake Mary**Amber Clore**  
Chair, Winter Gala**Brian Bacon**  
Chair, Champions Ride for Charities**Gene McCulley**  
**Roger Sack**  
Bulletin**Rotary**  
Club of Lake Mary**This Week's Program**

Nathan Ogden, Chair the Love



Nathan Ogden knew his life to be near perfect with two young children, a wonderful wife of four years, and a successful career. Then at 26 years old, life presented a drastic challenge three days before Christmas in 2001. Searching for adventure on a snow-capped mountain would soon have Nathan trading in his skis for a wheelchair. Coming off a ski jump wrong he was instantly paralyzed and diagnosed as a quadriplegic, not able to swallow or even breathe on his own. There was too much to live for so he battled through setbacks and obstacles with intense therapy. Nathan returned to work full time, was able to drive again, and embraced his new life from a seated position with the motto of "We Believe". He was getting much stronger and knew he would walk again.

Just over a year after that fateful ski run, Nathan became ill and was admitted to a hospital unconscious. While receiving x-rays he fell off the gurney and suffered a second devastating neck break with greater neurological damage. The only phrase he spoke before entering surgery for the second time was, "Bring It On!" Weeks after the second break he noticed the muscle movement he worked so hard to regain the first time, was not coming back. This was a devastating blow to his recovery. Nathan wrote, *"After the second neck break I was not only physically paralyzed but mentally trapped as well. I desperately tried to be a good father and husband but I slipped into depression and denial. How will I ever achieve anything now? What good am I to my wife and kids anymore?"* Nathan has a perfect knowledge of the feelings and struggles that come from being physically and mentally paralyzed. He lost his job, friends, self-esteem, and almost his marriage. Being physically paralyzed is extremely difficult, but not moving mentally is painfully worse.

Using his years of challenging experiences he has found superior systems to move from paralysis to progress. If you are not progressing in business and life, you begin losing hope, starting to feel insignificant, unimportant, almost invisible. Our attitude and productivity drop and we lose focus on our goals. Nathan's critical strategies help us identify and conquer the excuses and lies we tell ourselves that paralyze us mentally. Allowing us to move beyond our current limitations and achieve true satisfaction and success. Surviving not only one, but two neck breaks, Nathan has an extraordinary message to share.

**Is it fun?**

## Sponsors & Volunteers Needed



**October 21, 2018**

Champions Ride is looking for sponsors. We are asking everyone in the club to please try and bring in at least one sponsor each! If we put effort into this collectively we could have an amazing outcome! Champions Ride For Charities is one of our club's premier events for fellowship as well as raising considerable funds for a number of local charities.

The organizers need your help with both sponsorships and volunteers.

Can your company or your circle of influence participate? Please contact Melissa, Jeff, or Mandy if you need any help approaching a corporation or small business. This is an excellent opportunity to be involved in a local event that positively impacts many.



Be the inspiration to others in your circle of influence! Join "Rotary Club of Lake Mary" on LinkedIn and Facebook.

Please keep those who cannot be with us due to illness or injury in your thoughts.

Do you have input for the newsletter?  
Send email to [mcculley@stackframe.com](mailto:mcculley@stackframe.com).



March 25, 2019



## Calendar

### Club Programs

- 9/6 Nathan Ogden, Chair the Love
- 9/13 Take Stock in Children

### Birthdays

- 9/8 Vern Feddersen
- 9/9 Eric Boughman
- 9/10 Sanjeev Malik

### Wedding Anniversaries

- 9/7 Davia & Lexie Moss

### Upcoming Events

- 10/24 World Polio Day

You should have recently received an invoice for dues and other outstanding balances. Please pay promptly.

Please review your information on DacDb and ClubRunner to make sure your address, phone number, and email address are all up to date for the new year.

**Donate at [www.endpolio.org](http://www.endpolio.org).**

World Polio Day is October 24, 2018