



## Full Itinerary & Trip Details

# Nepal Adventure

- ✓ Kathmandu's markets
- ✓ An intriguing blend of well-paced excursions
- ✓ Rugged foothills of the Annapurna Range
- ✓ Chitwan National Park



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# Trip Overview



## PRICE STARTING FROM

\$983

## DURATION

10 days

## IDEAL AGE

12 to 99 year olds

## STARTS IN → ENDS IN

Kathmandu → Kathmandu

## STYLE

Adventure

# Itinerary

## Introduction

From the colours and magic of Kathmandu's markets to the serenity of Himalayan trails, this 10day adventure offers an intriguing blend of well-paced excursions. The rugged foothills of the Annapurna Range will reward those willing to break a sweat with stunning views of mountain vistas. Experience Nepal from a different perspective as you explore Chitwan National Park on a 4x4 safari. With many included activities and options for more, like a soak in the restorative waters of a natural hot spring, you'll come away with a full and real appreciation of this fascinating land.

## Day 1: Kathmandu

**Start Point**



Kathmandu,  
Nepal

Arrive at any time. Accommodation: - Hotel Vajra (or similar). Included Activities: - Meet Your CEO and Group

## Day 2: Kathmandu (1L)

Take a tour of the world heritage site of Bhaktapur and visit Bodhnath Stupa, one of the largest Buddhist shrines in the world. Opt to visit Pashupatinath, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Swayambhunath is the most ancient and enigmatic of all the holy shrines in Kathmandu Valley. Its lofty white dome and glittering golden spire are visible for many miles. Accommodation: - Hotel Vajra (or similar). Meals Included: - Lunch Included Activities: - Bhaktapur Excursion - Sisterhood of Survivors Project - Bodhnath Stupa Visit

## Day 3: Kathmandu/Pokhara

A lively bus ride along stunning scenery brings us from Kathmandu to Pokhara. Pay a visit to the striking temple of Brindabasim which stands proudly over Pokhara. Later, opt to relax in a café or shop for Nepali and Tibetan souvenirs in the endless stalls and shops.

Accommodation: - Hotel Queens Park (or similar). Transport: - Private Vehicle 05:00 - 06:00  
Hr(s) Optional Extras to chose from: - Paragliding in Pokhara

### **Day 4: Pokhara/Ghandruk**

Drive to the start point of the trek, Naya Pul. Throughout the trek, come across isolated mountain communities, each observing different ancestral customs and traditions, resulting in not only a visually superb expedition but also a culturally rich one. Amid the rugged mountain scenery, meet warm and welcoming locals herding yaks and goats on the grassy pastures. Enjoy the opportunity to visit monasteries and temples. Along the way we see waterfalls of melted snow, cross icy rivers, broad plains, and high mountain passes. Opt to soak in natural hot springs (you've earned it). Accommodation: - Breeze Guest House (or similar). Transport: - Private Vehicle: Pokhara to Naya Pul 01:30 Hr(s) Included Activities: - Annapurna Foothills Trek Day 1

### **Day 5: Ghandruk/Landruk**

Trek through the foothills from Ghandruk to Jhinu Danda for a rest and an optional soak in the hot springs. Continue on to Landruk, enjoying the views along the way. Accommodation: - Maya Guesthouse (or similar). Included Activities: - Annapurna Foothills Trek Day 2

### **Day 6: Landruk/Pokhara**

For the final day of trekking, walk approx. 5 hr enjoying gorgeous scenery along the way. End the trek in Kande and board a vehicle bound for Pokhara where you will spend the night. Accommodation: - Hotel Queens Park (or similar). Transport: - Private Vehicle: Kande to Pokhara  
Included Activities: - Annapurna Foothills Trek Final Day

### **Day 7: Pokhara/Royal Chitwan National Park (1D)**

This morning, opt to take in the breathtaking views of the surrounding area by pre-booking the Paragliding in Pokhara extra when booking your tour. Continue on to the UNESCO World Heritagelisted Royal Chitwan National Park. Known as the Terai Tarai ("moist land"), the landscape you travel through today is a belt of marshy grassland, savannah, and forests at the base of the Himalayas. Accommodation: - Barauli Community Homestay (or similar). Meals Included: - Dinner  
Transport: - Private Vehicle: Pokhara to Royal Chitwan National Park 04:00 - 05:00 Hr(s)  
Included Activities: - Barauli Community Homestay

## Day 8: Royal Chitwan National Park (1B, 1L, 1D)

Explore the national park by 4x4 safari before a guided half-day walk inside the park. Enjoy free time to enjoy some bird watching. The Terai-Duar region is home to the endangered Indian rhinoceros, as well as elephants, Bengal tigers, bears, leopards, and other wild animals. The Royal Chitwan National Park and Royal Bardia National Park preserve significant sections of habitat for these animals, making them home to some of the greatest concentrations of rhinoceros and tigers left in South Asia. Accommodation: - Barauli Community Homestay (or similar). Meals Included: - Breakfast - Lunch - Dinner Included Activities: - Chitwan 4x4 Safari - Barauli Community Homestay - Cycling

## Day 9: Royal Chitwan National Park/Kathmandu

Return to Kathmandu and enjoy a free afternoon to continue exploring. Opt to visit the burning ghats at Pashupatinath and Swayambhunath or the monkey temple. Accommodation: - Hotel Vajra (or similar). Transport: - Private Vehicle: Royal Chitwan National Park to Kathmandu 06:00 Hr(s)

## Day 10: Kathmandu

**End Point**



Kathmandu,  
Nepal

There are no activities planned for today and you are free to depart at any time. If you are interested in a scenic flight to view Mt Everest, you can pre-book the flight when booking your tour. Alternatively, your CEO can assist you with booking the flight on tour. Optional Extras to chose from: - Everest Flight

# What's Included

## Accommodation

Hotels (7 nts), teahouse lodges (2 nts).

## Guide

Chief Experience Officer (CEO) throughout, local guides.

## Meals

1 breakfast, 2 lunches, 2 dinners


## Transport


Private bus, 4x4, trekking.


## Others


Your G for Good Moment: Sisterhood of Survivors Project, Kathmandu  
Your G for Good Moment: Barauli Community Homestay, Royal Chitwan National Park  
Your Welcome Moment: Meet Your CEO and Group. Kathmandu walking tour. Bhaktapur guided tour. Annapurna trekking (3 days). Chitwan National Park 4x4 safari. All transport between destinations and to/from included activities.


# Question & Answers

 **Are there any shoes and clothing that I can hire for the trek?** Hiring clothing and footwear is not possible for this tour.

 **Does the trek visit the Poon hill?** This tour does not visit Poon Hill.

 **Where can I find more detailed information about this tour?**  
A trip note - which contains essential information about your trip will be given to you. Information such as the daily itinerary, where to meet on the first day, what time the trip starts, how to get to the joining point hotel, included activities, visa information, etc will be mentioned in there. Please contact us for this.

 **Is this trip going to be safe?**  
G Adventures is one of our most valued tour operators and they always put the safety of their customers first. They would not be running this trip at this time of the year if there was any reason to believe it might be unsafe.

 **Can a 1 year old baby travel on this tour?**  
Unfortunately the minimum age requirement for all tours is 5 years old.

**What is the age range of travellers on this tour?**

This specific tour is created with trip itineraries designed for travellers 18-65 years old.



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