

# **Express Soccer Academy**

Cheza Boli



# **Welcome to Express Season 11**

Happy New Year 2017. Express Soccer Academy welcomes all the members, players and coaches for yet another sporty season 11 soccer coaching program. The season 11 officially starts on saturday 14th January 2017 and closes on 1st Apri 2017.

All School-Based training program will officially kick off next week in the respective schools as per their usual schedule. All school-based program parents are advised to kindly register at your schools and make the payment as per the policies.

All playerswill receive the training schedule for the parent'review & action.

#### TRAINING SCHEDULE

Saturday training schedule is as follows:-

9.00am - 9.15am: Dropping Time

9.15am - 9.30am: Life Skills/ Mentorship Program

9.30am - 10.00am: Warming up

10.00am - 11.00am: Training Skills and games

Express Stars Program 11.30am -1.30pm

All players are grouped according to their playing abilities and age.

# **Termly Training Fees**

- School Based Ksh.6,000
- Saturday Training Ksh.7,000
- Combined (School Based plus Saturday Training) Ksh.10,000
- Football Championship League Ksh.900

All Fees should be paid at the beggining of the term

### Modes of Payment

Cheque:Account Name: Express Soccer Academy

Mpesa Paybill: 324921

Note:use the name of your child as the account name

## **International Soccer Trip-SPAIN**



### Bacelona Summer Cup

In light with our mission to expose our players to competitive soccer around the world, we've taken a team to UK in 2015 and we are just from Denmark where we participated in the Dana Cup 2016. The trips builds on the players morale of the game and they get opportunity to visit some of their favorite English premier League, La liga and other renowned soccer power house in Europe like Manchester United's Old Traford, Arsenal's Emirates Stadium and many more. We are pleased and excited to announce that this year, We will be Travelling to Spain for the Bacelona Training Camp and participate in the Bacelona Summer Cup and we'll get an opportunity to tour Barselona's Camp Nou stadium among other excursion sites in Spain. Cost estimates are USD2,900 Full Package. For more details, Kindly visit our Website

## Social Media Fan page

Find us on social media. Like and follow us for latest updates and more as soon as it happens



**Express Soccer Academy** 

@ExpressSoccer2



**Express Soccer Academy** 

**Express Soccer Academy** 

### **EXPRESS\_SC USSD Name**

The Academy procured the **USSD** name

"EXPRESS\_SC"

through which all official communication in the form of text messages will be sent to parents

> Contact Us Office: 0706 789 461 Landline 020 250 0407 Director 0720094049

email: info@expresssocceracademy.com | Website: www.expresssocceracademy.com



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## **Tournaments & Friendlies**



### 🧱 Football Championship League

Football Championship League is a soccer League that will run concurrently with the soccer season and is organised by Express Soccer Academy to give our players a competitive ground to utilize and sharpen the skills gained from training as they play against each other and other invited teams as well.

The league will give all the players in the academy a chance to play and like the nomb in English Premier League the league will have two Divisions: Division 1 and Division 2. Players will be grouped based on their playing abilities, teams will be formed and classied into either of the two Divisions, Division 1 being that with higher playing ability.

All the same, at the begining of each new season, the last teams in the table rankings in Division 1 as perfomed in the previous season will be demoted to Division 2 Wheares the top teams in Division 2 will be promoted to Division 1. The Emphasis is on the football development of all players in the club.

The league matches will be held on Hillcrest Pre-school grounds. The first Leg of the tournament will be played on 8th March while the second Leg is scheduled for 25th March. All the necessary information will be sent in the subsequent news letters.



### **GEMS Cambridge Super Cup**

Date: 4th February 2017, 9.00am - 12.30pm Venue: GEMS Cambridge International School Age: Express Soccer Stars:- U9, U11 & U13



#### **East Africa Soccer Tourrnament**

Express Soccer Academy will host The East Africa Soccer Tournament in August 2017. More details will be shared in the following series of News Letters

# **Child Protection Policy**

Our Coaches and staff at Express Soccer Academy will undergo a child protection training where we'll be guided by the Child protection policy the Academy has adopted with the help of a consultant firm headed by one of our esteemed parent.

## **Arusha-Trip Report**

Express Soccer Academy had a successful trip to Arusha where we participated in the East African Chipukizi Cup.

We fielded two teams in the tournament i.e Under 10 and U12. Both teams showed good perfomance and did us poud. The U12 team proceeded to the Semis where they unfortunately lost 3-1 to GTI FC From Zanzibar.

We Thank and Congratulate all the players and parents who participated in the tournament and did us proud

# **Parents Social Day**

as it is our tradition, we take pride of having the opportunity of hosting a social interactive and fun soccer match between our esteemed dear parents and Express Coaches on 1st April 2017. The event will mark the end of Season 11 and will be played at Hillcrest Preschool grounds.

During the term, parents can train as well. Kindly organise yourselves and train from 10.30am to 11.30am, every Saturday. If you can't train, then please run around as you wait for your son or daughter!

## **December trip**

We are pleased to anounce that come December the academy is considering exposing our players to new regions in Africa like South frica and even Dubai.

The Academy will officially communicate about this once we've settled on one.