

# Express Soccer Academy

# NOS 2 2 15TH MAY-20TH JULY 2021

# SEASON 22 TRAINING PROGRAM CALENDAR

MAY

# Week 1

#### Saturday

Date: 15/May/2021

Training & placement

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 16/May/2021

Training

# Week 2

#### <u>Sa</u>turday

Date: 22/ May/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 23/ May/2021

Training

# Week 3

#### Saturday

Date: 29/ May/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 30/ May/2021

Training

- All players will report in the morning for training &grouping in their 2021 teams.
- 2. Player's assessment and placement to be conducted within the 3 weeks.
- Players to be group according their own playing abilities.

JUNE

# Week 4

#### Saturday

Date: 5/Jun/2021

Friendly Games

#### Sunday

Date: 6/Jun/2021

Friendly Games

# Week 5

#### Saturday

Date: 12/Jun/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 13/Jun/2021

Training

# Week 6

#### Saturday

Date: 19/Jun/2021

Friendly Games

#### Sunday

Date: 20/Jun/2021

Friendly Games

# Week 7

#### Saturday

Date: 26/Jun/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 27/Jun/2021

Training

**JULY** 

# Week 8

#### Saturday

Date: 3/Jul/2021

Friendly Games

#### Sunday

Date: 4/Jul/2021

Friendly Games

### Week 9

# Saturday

Date: 10/Jul/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

#### Sunday

Date: 11/Jul/2021

Training

# Week 10

#### Saturday

Date: 17/Jul/2021

Social day and issuing of evaluation report

#### Sunday

Date: 18/Jul/2021

Training

# Week 11

#### Tuesday

Date: 20/Jul/2021

Training

9am -11am : U5, U7, U9, U11 & U13 (Hillcrest) 9am-12pm : U15 & Youth team (Marist)

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CALL +254 740 072 901 OR +254 720 094 049

Email: info@expresssocceracademy.com expresssports2012@gmail.com Website: www.expresssocceracademy.com **VENUE** 

U5, U7, U9, U11 & U13: (Hillcrest International Schools)
U15 & Youth team: (Marist international University college)





# Express Soccer Academy



# **JULY 2021 HOLIDAY PROGRAM**

DAYS EVENTS Date: 21/July/2021 Date: 22/July/2021 Date: 23/July/2021 VENUES

WEDNESDAY
-TRAINING FRIDAY
-TRAINING -TRAINING -TRAINING -HILLCREST

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