



Express Soccer Academy



Barcelona Tour 2017 Report

Sports camp and cultural experience

Held on: 23rd July to 31st July 2017

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Introduction

Express soccer academy is a private soccer development company / academy that promotes opportunities for children who have passion for playing football. Together with Neo Adventures and Agure sports we organized a soccer camp in Barcelona in July.

Accommodation and meals

Players / students, coaches and a few parents who accompanied them were hosted in a four-star hotel, full board inclusive of lunch. Safety, quality service and location influenced the selection of the hotel- Soul Costa Hotel.

Health and safety

The players, coaches and parents who travelled were open to receive treatment courtesy of the insurance cover. Players were to receive standby medical points at the training venue.

Trainings

The pro-club experience was conducted to challenge our players to progressively develop their skills, performance and confidence ahead of the season and their overall sporting career.

The trainings were done twice a day, morning and in the evening. The professional soccer coaching was delivered by Barcelona FC coaches who are UEFA A qualified. The trainings were mostly on psychology, physical preparation and tactical excellence.

The express team learnt important lessons on soccer skills, application, team work, professionalism, leadership and mental preparedness.

Stadium and other tours

Express team together with parents who accompanied the players visited camp nou the home base of Barcelona Football Club in Spain. The boys were elated to visit the home ground of Spanish soccer giant.

The team also had an excursion tour of port Aventura.

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Fun Activities

The tour provided an enriched collage of wonderful experiences extending from cultural port sAventura to active football matches in camp nou and the amazing tour of the Barcelona city.

During the soccer camp, express team played against the following teams

Under 12 / 13

1. Cambris 1 V express (5-5)
2. Cambris Salou FC V Express (5-5)

Under 10 / 11

1. Cambris 1 V Express (3-2)
2. Cambris Salou FC V Express (3-4)

Challenges

- Most parents never honor the deadlines set, some missed out on visa and bookings
- Some talented (stars) students missed out on visa and therefore did not travel to Spain.

Recommendation

- Contracts and deadlines should be adhered to.
- Introduce players cards / for local and international trainings.

Action points

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- Express to communicate with parents about the forth coming Dubai trip and East Africa camp in Arusha
- All the information about the camps should be put in the website as soon as possible.
- Geo Adventures and Mr Bosco A baja did a very recommendable job to manage the entire Express soccer trip.

Photo gallery

The photos will be available on the Express soccer academy website. Visit www.expressocceracademy.com



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