



# EXPRESS SC NEWSLETTER

SEASON 19

## Inside this issue:

- Admin Desk
- News Update
- Upcoming Tournaments

## SEASON 19 KICK OFF!!!

Welcome Note

Express Soccer Academy is delighted to usher in yet another exciting season, the Season 19 Coaching Program, which will commence on the 14th of September 2019 and end on the 30th of November 2019 at our usual grounds, Hillcrest Preparatory School in Karen. We wish to warmly welcome all the Parents, Players and Coaches to this new season that we hope will be the best one yet.



## ADMIN DESK:

## TRAINING SCHEDULE

### SATURDAY

#### SIMBAS & NDOVUS

Time: 9AM-11 AM (U5-U9)  
9AM-12 PM(U11-U13)

#### STARS TRAINING

Time: 11.30AM -1.30PM(U7-U19)

### SUNDAY

#### STARS TRAINING

Time: 3 P.M -5PM(U9-U19)

**NOTE:** The U7 Stars team will be training from 11.30a.m to 1.30pm on Saturdays.

## FEE STRUCTURE

**Saturday Training Ksh. 8,500**

**Sunday Training Ksh. 8,500**

**Saturday and Sunday Ksh. 12,500**

**School Based & Saturday Training Ksh. 12,500**

**Application/ registration: Kshs. 1,500 for new parents**

#### Uniform:

- Kits- 2,500 per pair (Home & away)
- Tracksuit- Kshs. 3,000

## PAYMENT POLICY

- Atleast 50% of the Training Fees to be cleared upon Registration.
- The Balance to be cleared by Week 4.
- Failure to adhere to this, from Week 5 your child will not be allowed to take part in the Express Soccer Academy Programs.

## INTRODUCING: The Mid-Week Training Program

The Academy is in the process of finalizing the setting up of the Mid-Week Training Program that will be rolled out in the next few days. A comprehensive information pack will be shared with all parents on the same by the end of week one.

### NOTE

All payments to the Academy should made by cheques towards Express Soccer Academy Ltd, Account Number: 1003276232, NIC Bank , Galleria Branch(Remember to include the name of the child and category they play in) or by Lipa na Mpesa paybill number 324921 and under account indicate the CHILD'S name and category.

# NEWS UPDATE

## LIGI NDOGO E.A. CUP 2019

Express SC participated in this year's Ligi Ndogo Cup. Our teams performed very well. In particular, we wish to laud the performance of the Under 11 team that scooped the Plate Award and the Under 9 Team that was crowned the overall champions in their respective categories. Bravo Boys!! Also a big thank you to all the parents who showed up to cheer on the boys.



**Under 9 Team**



**Under 11 Team**

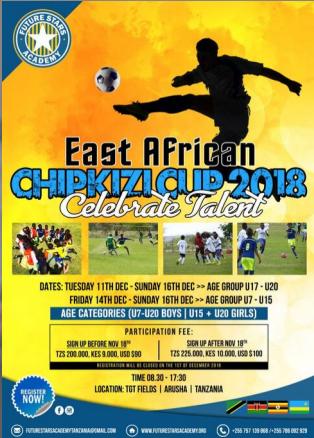


## SUMMER SOCCER CAMP 2019

Over the month of August, we had a 2 weeks pro-training camp led by Coach Eddie and Coach Arjen from Ajax FC Netherlands. The Camp was a great success. We wish to thank all those who participated in the camp and we hope they benefitted from the great wealth of football knowledge shared by the two very seasoned coaches.

A report by the coaches on the camp will be shared with the parents.

# UPCOMING TOURNAMENTS



## DECEMBER: CHIPKIZI CUP 2019, ARUSHA

We have received an invitation to the above tournament slated for December 2019 in Tanzania. We look forward to participating in the annual event and intend to register teams in U7 - U19 categories. A comprehensive information pack will be shared in the coming days.

We are looking forward to taking part in:



## APRIL: RAUSHA KIPAJI 2020, NAKURU



## JUNE: FC DEN HELDER U13 2020, NETHERLANDS

### NOTE:

The Tournament in the Netherlands for the U9, U11 and U15 teams that was scheduled for October this year was postponed to August 2020. More details will be shared.

## CONTACT US:



Our Office is located at the  
Apostle Of Jesus Technical Institute,  
on Seminary Road,  
Off Langata Rd, Karen.

Training Grounds are at Hillcrest Prep. School



Office Line:  
0740072901



[expresssports2012@gmail.com](mailto:expresssports2012@gmail.com)  
[info@expresssocceracademy.com](mailto:info@expresssocceracademy.com)



[www.expresssocceracademy.com](http://www.expresssocceracademy.com)



@ExpresssoccerKe



[expresssocceracademy](#)



Express Soccer Academy