To: All Crew Member Onboard

From: D/C Morante, John Rey V.

Subject: Authorization for Crew Member Mental Health Support

Date: November 26, 2023

- 1. I am issuing this memorandum to inform all concerned parties that Juan Dela Cruz, a valued member of our ship's crew, has taken the initiative to seek assistance for mental health concerns. This memorandum serves as official authorization for the disclosure of pertinent information related to Juan Dela Cruz' mental health.
- 2. The authorization includes discussions about diagnosis, treatment plans, progress updates, and any other information deemed necessary for providing comprehensive mental health support.
- 3. The information is to be used solely for the purpose of assisting Juan Dela Cruz in their mental health journey while onboard.

Your cooperation in ensuring the well-being and privacy of our crew member is crucial.

Sincerely,

D/C Morante, John Rey V.