

FitnessTracker Powered by Python



Stay on top of all
calorie and protein
intake



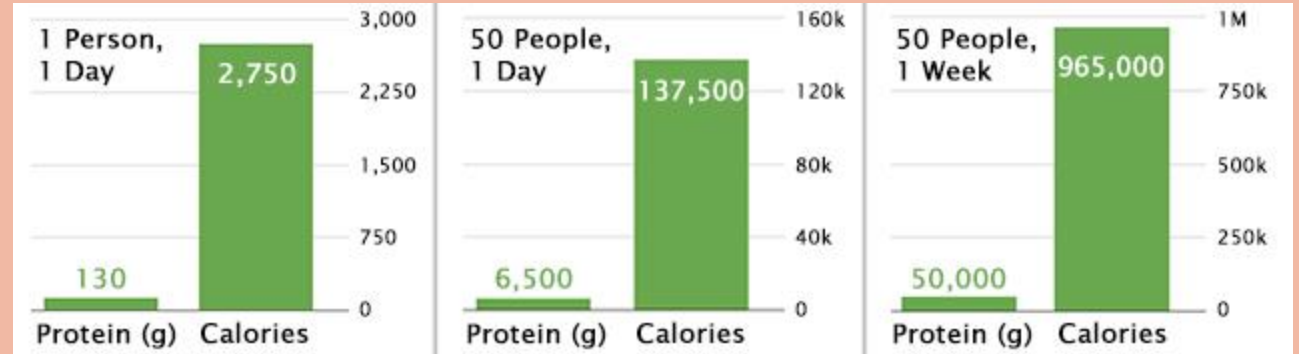
Track in a period of
time of your choice



Able to save and
remember previous
items entered prior



Health is priority!

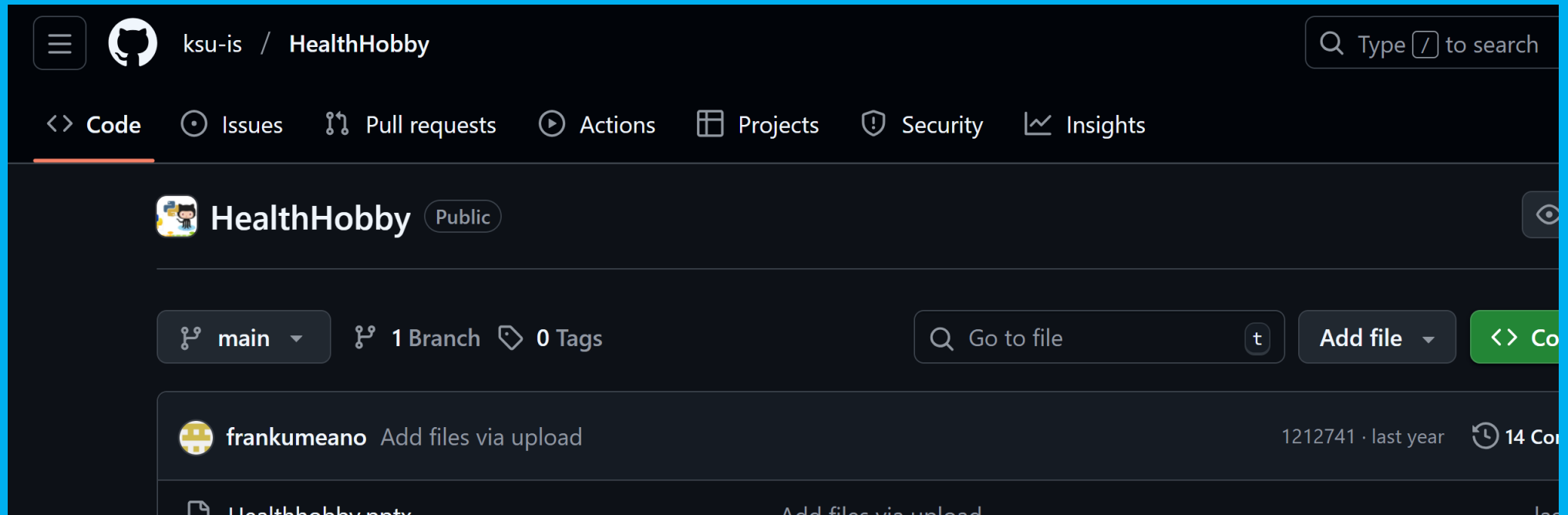


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```
def main():  
    manager = NutritionManager()  
  
    while True:  
        print("\nNutrition Manager")  
        print("1. Add Nutrition")  
        print("2. View Nutrition")  
        print("3. Delete Nutrition")  
        print("4. Exit")  
        choice = input("Enter your choice: ")
```

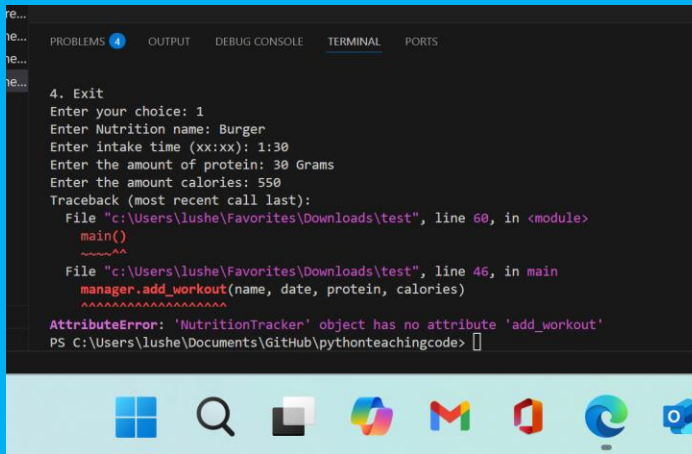
How It Came To Be:

- Reference Source: HealthHobby



How it Came To Be

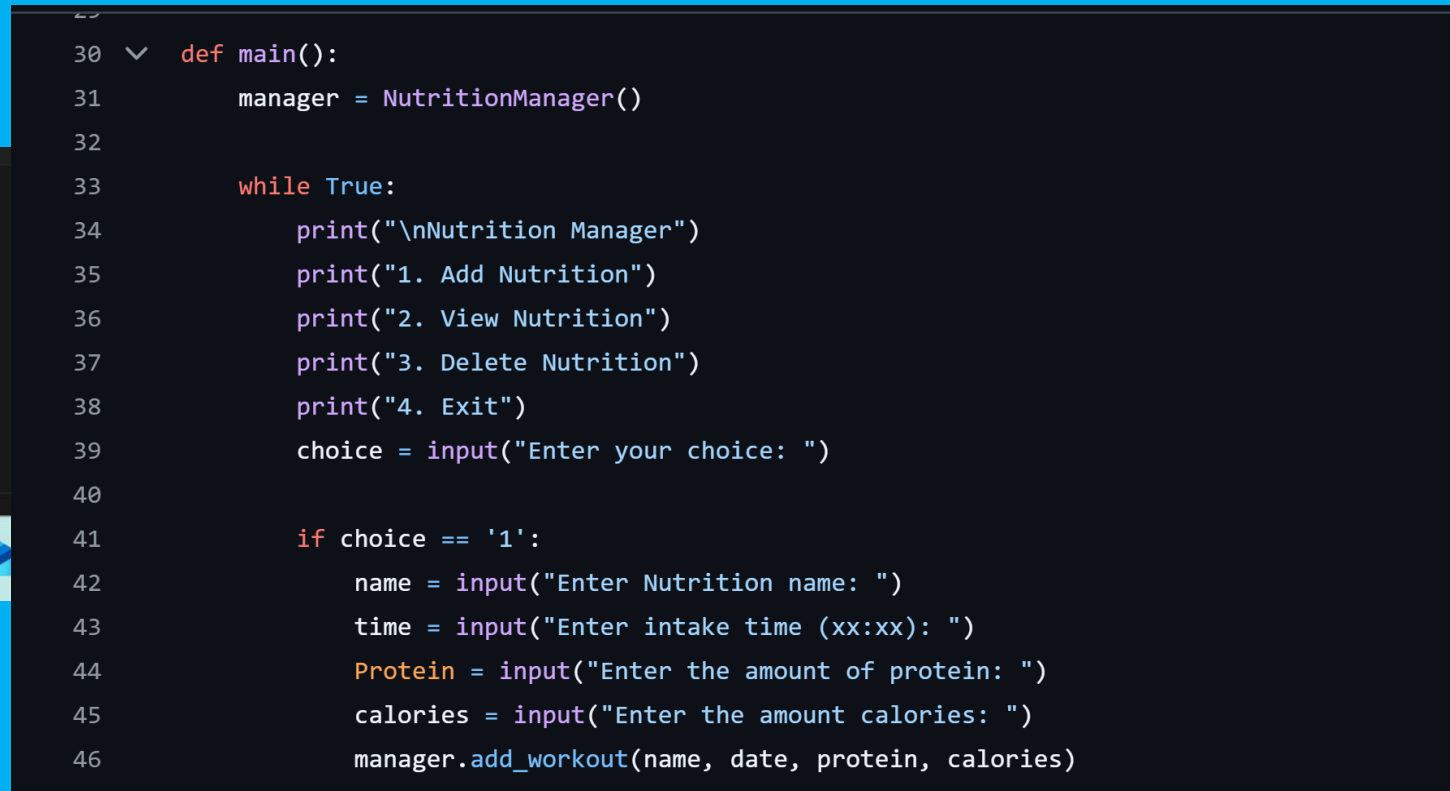
- Difficulty with producing the idea and code
- Errors within the code



The screenshot shows a Windows terminal window with the following text:

```
4. Exit
Enter your choice: 1
Enter Nutrition name: Burger
Enter intake time (xx:xx): 1:30
Enter the amount of protein: 30 Grams
Enter the amount calories: 550
Traceback (most recent call last):
  File "c:\Users\lushe\Favorites\Downloads\test", line 60, in <module>
    main()
  File "c:\Users\lushe\Favorites\Downloads\test", line 46, in main
    manager.add_workout(name, date, protein, calories)
AttributeError: 'NutritionTracker' object has no attribute 'add_workout'
PS C:\Users\lushe\Documents\GitHub\pythonteachingcode>
```

The terminal window has tabs for PROBLEMS, OUTPUT, DEBUG CONSOLE, TERMINAL, and PORTS. The Windows taskbar is visible at the bottom with icons for the Start menu, Search, Task View, and several applications including Edge, VS Code, and Teams.



```
30 def main():
31     manager = NutritionManager()
32
33     while True:
34         print("\nNutrition Manager")
35         print("1. Add Nutrition")
36         print("2. View Nutrition")
37         print("3. Delete Nutrition")
38         print("4. Exit")
39         choice = input("Enter your choice: ")
40
41         if choice == '1':
42             name = input("Enter Nutrition name: ")
43             time = input("Enter intake time (xx:xx): ")
44             Protein = input("Enter the amount of protein: ")
45             calories = input("Enter the amount calories: ")
46             manager.add_workout(name, date, protein, calories)
```

What I Would Do Next

- Create a website or application for it
- Insert all the calories and protein for each food item
- Add up and save all of the information in a database to look back on