FitnessTracker Powered by Python
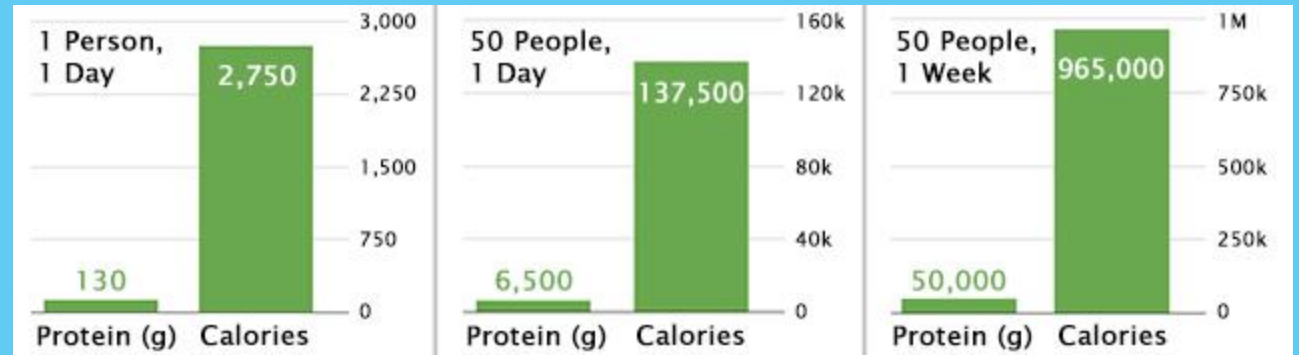
Stay on top of all calorie and protein intake

Track in a period of time of your choice

Able to save and remember previous items entered prior

Health is priority!

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```python
def main():
    manager = NutritionManager()

    while True:
        print("\nNutrition Manager")
        print("1. Add Nutrition")
        print("2. View Nutrition")
        print("3. Delete Nutrition")
        print("4. Exit")
        choice = input("Enter your choice: ")
```