## Changing Mass idk Center of Mass

 $M_{\text{tot}}\vec{R} = \int \vec{r} dm$  $\Rightarrow \vec{R} = \frac{1}{M} \int r\rho(\vec{r}) dV$  where

$$M = \int \rho(\vec{r}) \mathrm{d}V$$

Rotation

Moment of Inertia 
$$I = \int \vec{r}_{\perp}^2 \mathrm{d}m$$

Momentum

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