

Session 5 Discussion Post

Lanie Molinar

Colorado Christian University

Introduction to Systematic Theology (THE-200A)

Dr. Cari Nimeth

July 16, 2025

Session 5 Discussion Post

My Personal Concept of Death

To me, death is a natural part of life, a transition from the physical to the spiritual realm. It is not something to be feared but rather embraced as a necessary step in the cycle of existence. I believe that death allows for the continuation of life in a different form, and it is an opportunity for spiritual growth and transformation. As someone with multiple disabilities and chronic illnesses, I have had to confront the reality of death more than most. This has shaped my understanding of death as a release from physical suffering and a return to a state of peace and wholeness. In fact, as I write this, I am lying in bed, dealing with allergic reactions to a new medication that have left me feeling unwell. I may need to be hospitalized soon, which has prompted me to reflect deeply on my own mortality and the meaning of death in my life. I do not fear death, but rather look forward to the possibility of a new beginning, free from the limitations of my current physical state.

How I Am Preparing for Death

I am preparing for death by working to get closer to God and understanding my faith more deeply. I have been reading the Bible and engaging in prayer, seeking to strengthen my relationship with God. I also find comfort in the idea that death is not the end, but rather a transition to a new existence. I am trying to live my life in a way that reflects my beliefs and values, treating others with kindness and compassion, and striving to leave a positive impact on the world. My mother, who is my caregiver, and I have not discussed death in detail, but I know that she is supportive of my spiritual journey. I have not discussed practical matters such as funeral arrangements or end-of-life care, as my mother is not comfortable with these topics. I myself do not know what I want in terms of a funeral or memorial service, but I trust that my loved ones will honor my wishes when the time comes. I believe that it is important to have these conversations, but I also understand that they can be difficult and uncomfortable. I hope to continue to grow in my faith and understanding of death, so that when the time comes, I can face it with peace and acceptance. Ultimately, I am trusting in God's plan, living by belief and not by

sight as we are called to do in Tyndale House (1996, 2 Corinthians 5:7). In both my understanding of death and my preparation for it, I find peace in the promise of God's presence and eternal life.

References

References

Tyndale House. (1996). *Holy bible, new living translation*.