

SOQL (Salesforce Object Query Language)	SOSL (Salesforce Object Search Language)
Only one object can be searched at a time	Many objects can be searched at a time
Can query any type of field	Can query only on email, text or phone
Can be used in classes and triggers	Can be used in classes, but not triggers
DML Operation can be performed on query results	DML Operation cannot be performed on search results
Returns records	Returns fields