Salesforce Development Best Practices for Developers

Bulkify your code	Avoid SOQL Queries or DML statements inside FOR Loops	Bulkify your Helper Methods
Using Collections, Streamlining Queries, & Efficient for Loops	Streamlining Multiple Triggers on the Same Object	Large Data Sets Querying
Use of the Limits Apex Methods to Avoid Hitting Governor Limits	Apex Governor Limit Warning Emails	Use @future Appropriately
Writing Test Methods to verify large datasets	Avoid Hardcoring IDs	Write one Trigger Per Object to Prevent
Engage in Source-driven Development	Create Multiple Sandboxes	Expedite the testing Process with Automation