RNA-Seq in Cancer Research

Short-read sequencing

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Hello, My name is Alexey Larionov, and this is my lecture about RNA-sequencing in the EBI Cancer Genomics course.

An RNA-Seq course may include many topics ...

- Overview of RNA-seq: sequencing types (Illumina, ONT, PacBio), analyses types (expression, fusions, variant calling ...)
- Basic principles and techniques
 - _o <u>Study design</u> and power calculation
 - RNA quality assessment (agarose gel, 260/280, Agilent Bioanalyser: RIN, percent above 200 bases)
 - Library preparation (lots of flavours ...)
 - Quality Assessment (FastQC, MultiQC, NanoR, ...)
 - <u>Trimming & Preprocessing</u>: adapters & base qualities (Cutadapt, Trimmomatic, ...)
 - Alignment, transcripts assembly and count (to ref. genome, to transcriptome, reads count ...)
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 - Variant calling in RNA-seq (GATK, DeepVariant ...)

Quantification of genes expression

- General strategies: after alignment or "alignment-free"
- 。 <u>Statistics & normalisation</u> for genes expression ...
 - <u>Differential gene expression</u> or transcripts, or exons ...

Other applications

- 。 <u>Allele-specific</u> expression
- <u>Transcripts isoforms</u> expression
- eQTL analysis
- 。 Single cell RNA sequencing
- o Circular / small RNAs analysis
- RNA-editing

Software, file formats, resources

- Historic: Tuxedo pipeline (Tophat, Bowtie, Cufflinks)
- 。 Current: tidyomics, minimap2, STAR, GMAP, Trinity, R ...
- Resources: reference genomes (fasta), genome annotations (gtf/gff), b37/38 CTAT resources lib form Broad, fusion transcripts databases, ...

To be honest, we could spend the whole week on this course talking about RNA-sequencing only: there are so many interesting directions, tools, and resources in RNA-sequencing, that it was very hard to prioritize things for a one-day introduction.

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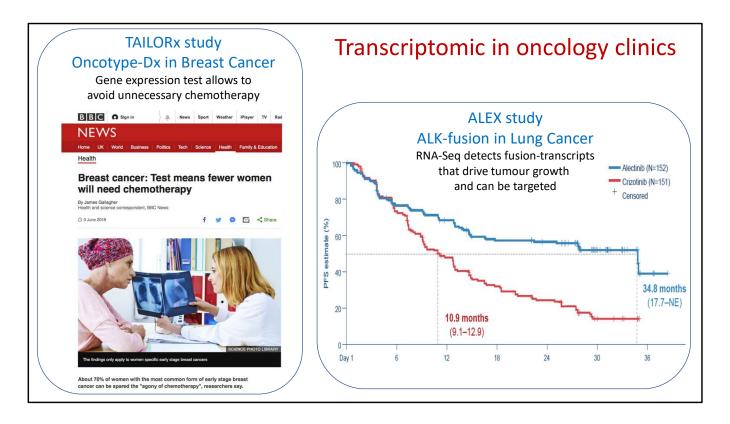
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So, I decided to focus on what is the most relevant to oncology.

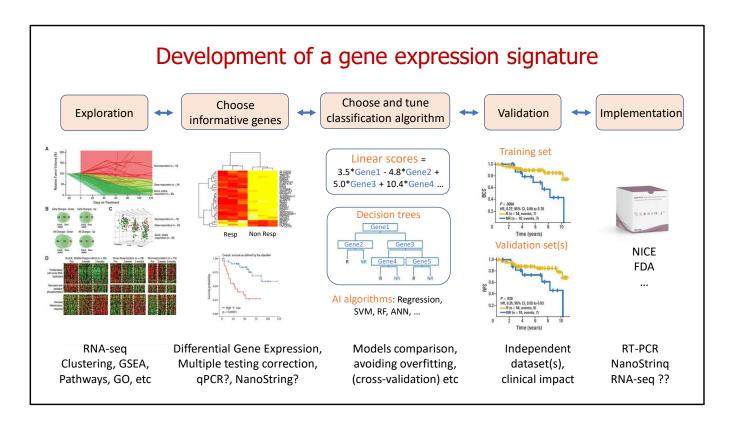


From this perspective, two fields clearly are coming forward:

- 1) the gene expression signatures and
- 2) the fusions detection

because they have direct clinical implications in oncology.

For instance, Oncotype-DX, which you can see on the left side of the slide, is a gene expression signature that may help in selecting breast cancer therapy. Another example here is a fusion gene in lung cancer, which can now be targeted by specific drugs.

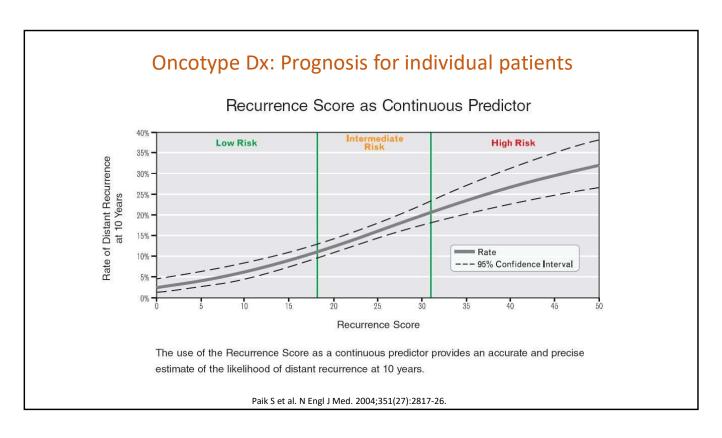


Development of a gene expression signature is a long process, and we will only touch the beginning of it.

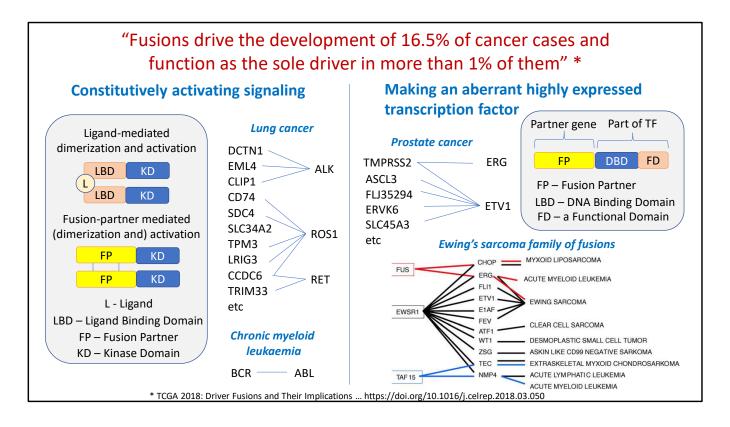
It starts with some exploration to find a list of differentially expressed genes, for instance: between responders and non-responders to some treatment.

Then the most informative genes are used in a classification algorithm, which should be validated on independent datasets and clinical trials before it can be used in clinic.

At the end, it might be more practical to measure the selected genes by RT-PCR or by NanoString. However, the initial stages of the story usually include gene expression measurement by RNA-seq.



And, if you are lucky and persistent enough, you may end up with something like this: a gene expression score that predicts clinical outcomes in individual patients.

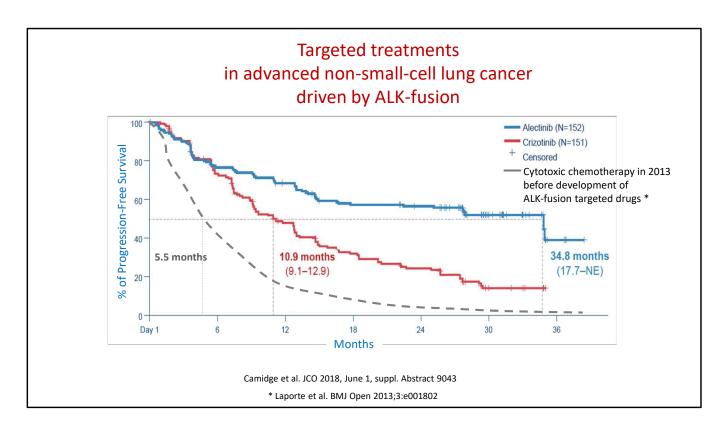


Fusion genes may contribute to grows of about 15% of cancers.

Most often they either

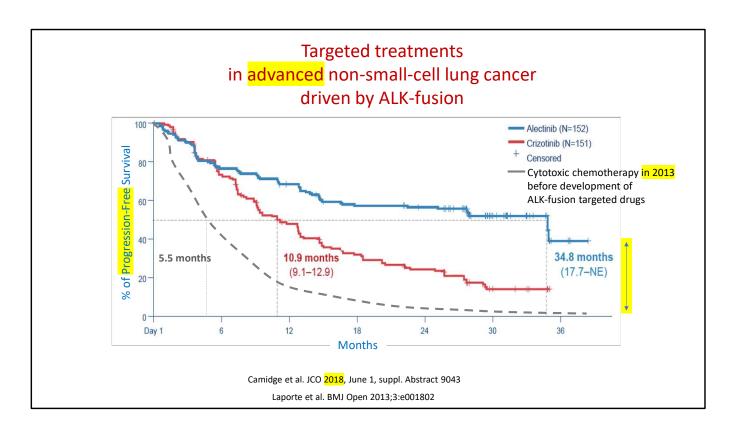
- 1) permanently activate some oncogenic signaling, or
- 2) change the transcription patterns, leading to cell proliferation.

An important point here is that these fusion proteins are completely absent in normal cells. So, inhibiting such fusion protein we may stop the tumor growth, without affecting any normal cells.



And this actually happens.

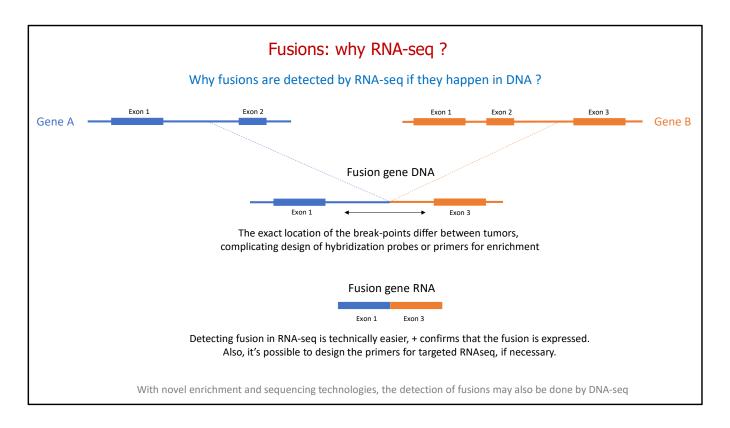
Here you can see Kaplan Meyer curves that show proportion of the survived patients after certain time.



These plots show a remarkable effect of targeting a fusion gene in lung cancer.

Just about 10 years ago, before development of the targeted treatments, in half of the patients the tumor progressed within less than half a year.

Now, if the fusion is detected and the appropriate targeted treatment is used, nearly half of the patients live for almost 3 years without progression. And this is an advanced, already metastatic cancer.



Here you may ask: "OK, targeting fusions is great, but why are we talking about this in RNA-seq lecture, if these fusions happen in DNA?"

The answer is purely practical: because currently RNA-seq is much more convenient to detect such oncogenic fusions.

With new enrichment or sequencing technologies the detection of fusions may change from RNA- to DNA-seq. But for-now fusions are mainly detected by RNA-seq.

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So, I hope that I have explained why we will focus on the differential gene expression and the fusions detection.

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RNA-seq relevance in oncology

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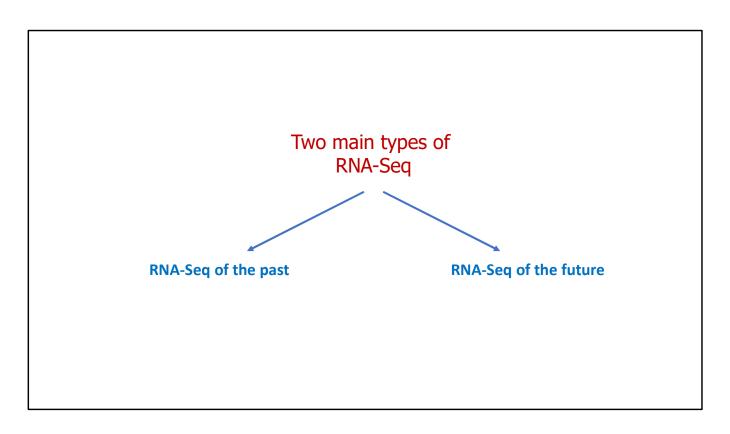
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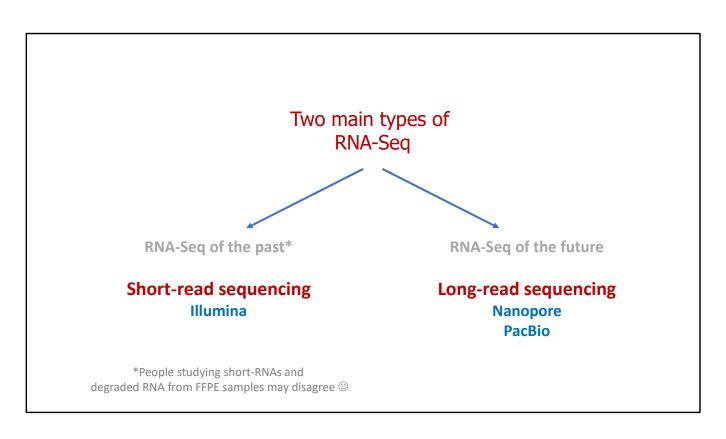
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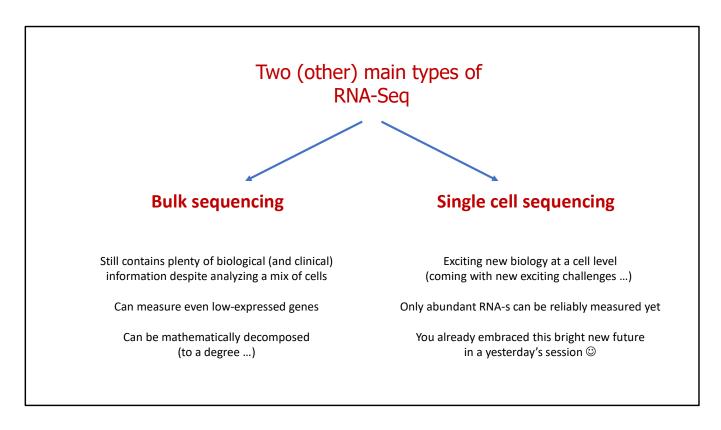
Well, don't worry, we will also discuss other fields, covering the technologies and methods related to the gene expression measurement and fusions detection.



Let's start with the broad overview of RNA-sequencing technologies.



There are two main types of RNA-sequencing: the short-read and the long-read sequencing.



Another dimension in RNA-seq analysis is that it could be done in bulk samples, consisting of many cells (or even many cell types), and at a single-cell level. For now, only abundant RNA-s can be reliably detected at a single cell level. However, it seems that even the abundant RNA-s are enough to detect a cell type and to study interesting biology.

Measuring RNA in single cells may sounds like scientific fiction. However, people do it, and you have a separate session about the single-cell analysis during this course.

Importantly, despite all the promises of the single-cell analysis, it's still too early to disregard the bulk sequencing. First of all, it can be easily applied to clinical samples, like solid tumor biopsies, and it still contains plenty of biological and clinical information despite (or because) it it represents a mix of different cells. Also, the bulk sequencing allows to study even the low-expressed genes.

The rest of this lecture:

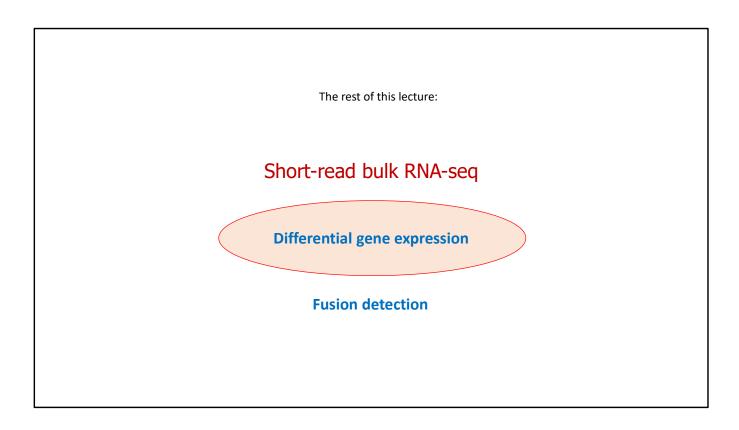
Short-read bulk RNA-seq

Differential gene expression

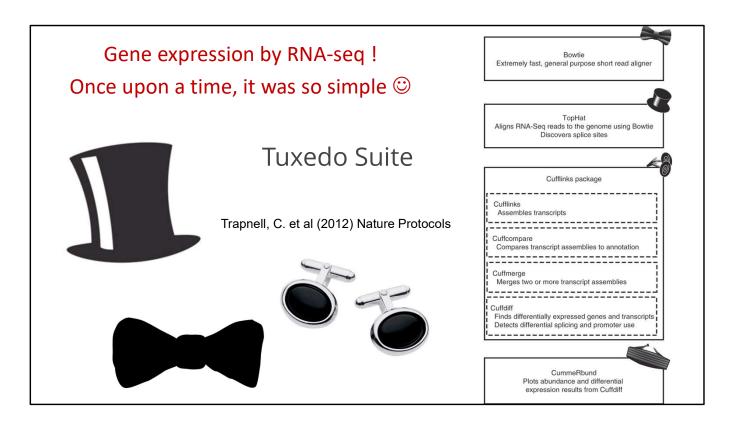
Fusion detection

So, the single cells and the long reads are great, but they are still new, experimental, not yet settled, and will be discussed in the other parts of the course. The bulk short-reads RNA-seq has well-developed methods and a solid track record, at least at the gene level.

Many concepts currently used in the long reads or single cell analysis were first developed for the bulk short-reads data. And whatever methods we will use in the future, there are already many good papers and resources made using short-reads bulk RNA seq. So, its important to know how to analyze such data. This is why the rest of this session will be mostly about the short-reads bulk RNA-seq.

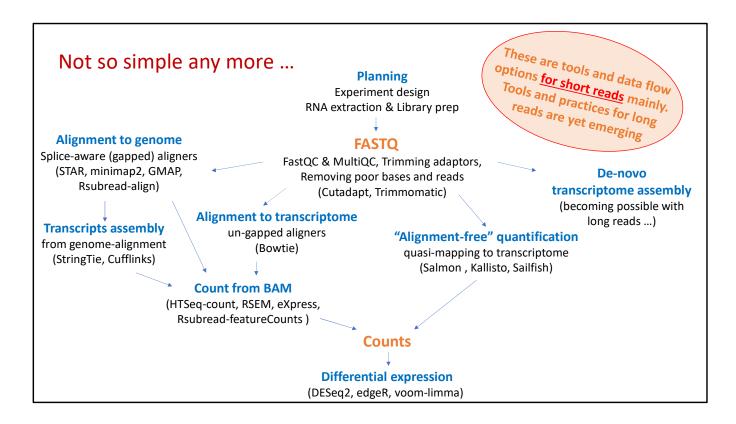


And, as I said earlier, I will focus on the differential gene expression and fusion detection.



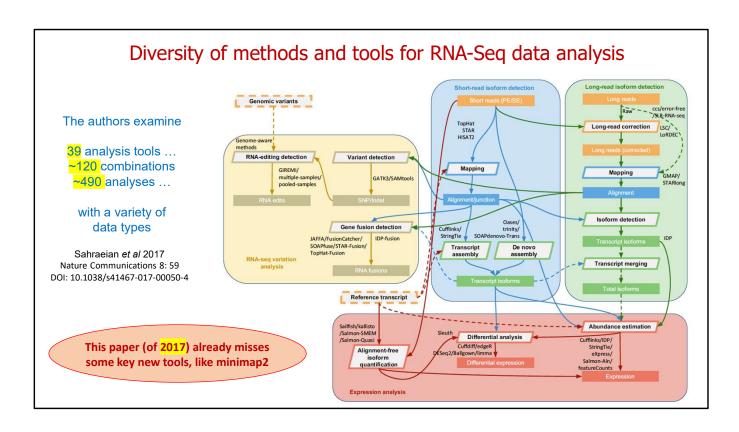
Gene expression! Just a dozen years ago it was so simple (I am joking :)

I mean that for quite a long time this brilliant pipeline dominated the RNA-seq world: providing an integrated solution from the alignment to the differential expression!

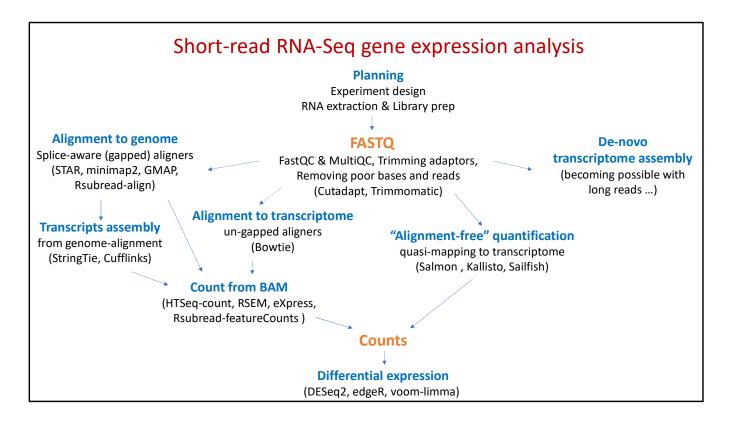


It has become much more complicated over the years: the place has become crowded with so many tools and algorithms!

And if you think that I am over-complicating the picture, then look at the next slide...

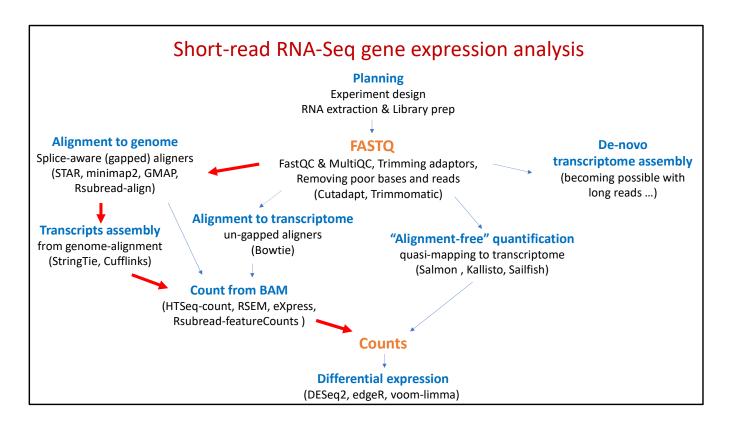


This is from a very nice paper that was written several years ago. It already misses many tools introduced since that. And it had already identified tens of reputable tools, and compared more than a hundred of different trajectories for RNA-seq data analysis.



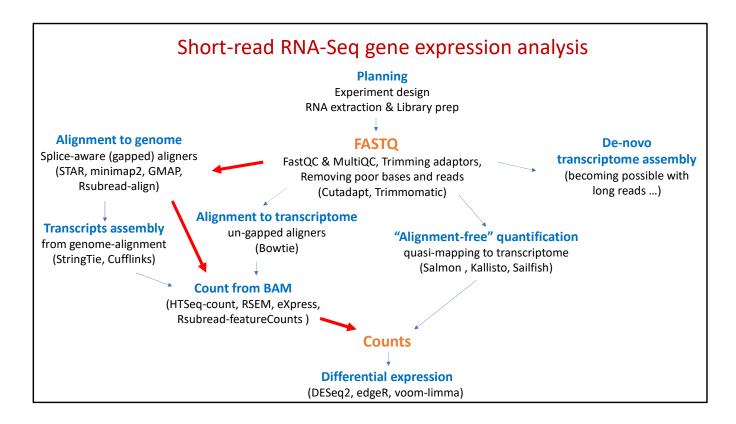
However, I prefer to simplify the picture to allow an easier navigation through all these choices.

This slide illustrates the main trajectories from the short-reads FASTQ file to the Transcript Counts.



The longest trajectory includes

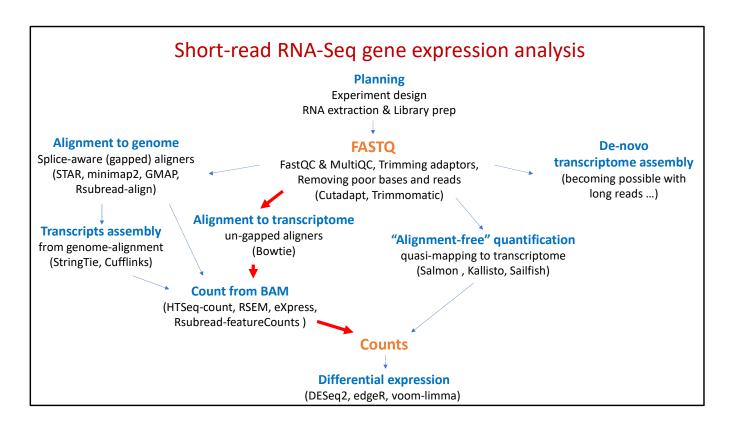
- (1) Alignment to Reference Genome,
- (2) Transcriptome Assembly, which might potentially discover new transcripts,
- (3) followed by the Transcript Count from BAM.



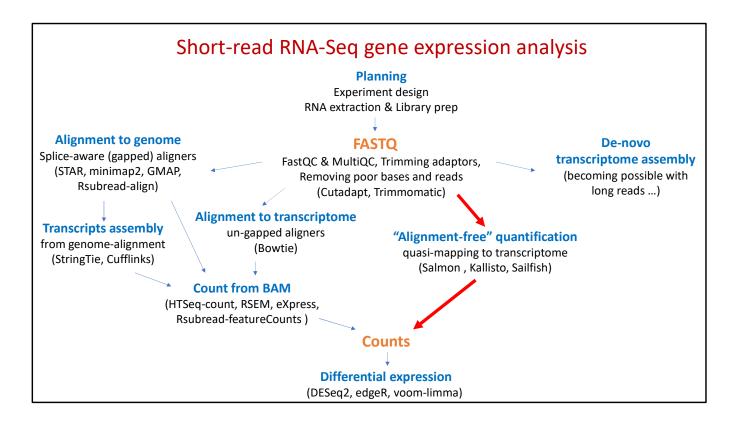
A shorter path skips the transcript assembly, assuming that we already have a good annotated transcriptome for the studied species.

So, this path goes directly from the Genome Alignment to the Counts, counting against known features already annotated in the genome.

The features could be known genes, transcripts, exons or something else.

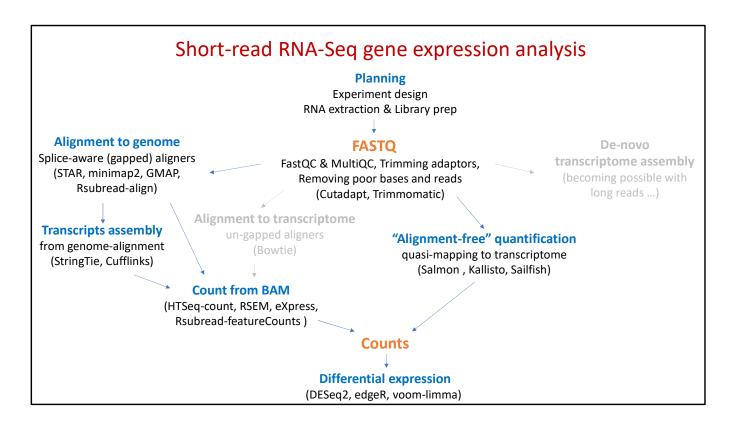


Another path goes through alignment to transcriptome. It does not require reference genome, and a gapped, splice-aware aligner.



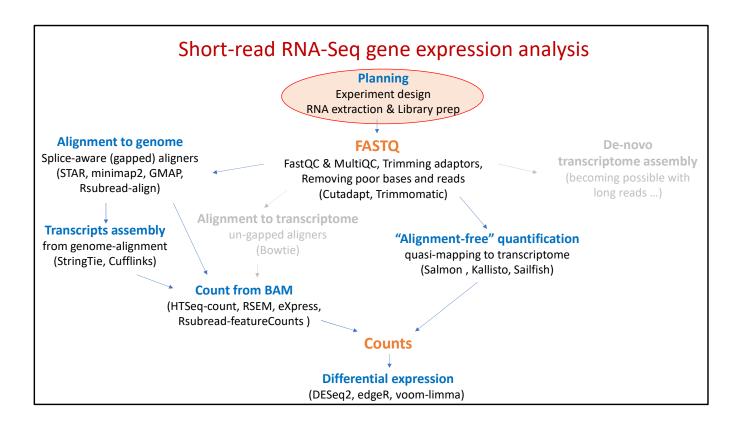
The shortest path, employing "alignment-free" tools, jumps directly from the FASTQ to the Counts.

The alignment-free tools do not make a proper alignment to BAM files. Instead, they use some simple and quick "quasi-mapping" to get the counts against known transcripts.



In this talk, I will not consider the De-novo transcriptome assembly, because, realistically, it should be done only with the long reads nowadays.

Also, I will not consider the alignment to transcriptome. It was successfully done in many studies before the development of the alignment-free methods. But now the alignment-free methods can count against the known transcriptome much easier and faster.



However, before discussing the clever splice-aware aligners or quasi-mapping, we shall briefly look at the experiment design, RNA assessment and Illumina library preparation for RNA-seq.

Sequencing settings for a typical RNA-Seq gene expression study

- Use Stranded library preparation for short-read RNA-Seq
- Use 100-150 Paired End libraries for a short-read study Shorter reads will lead to more multiple aligned reads
 300PE reads require bioinformatics tools designed for such length
- Depth of sequencing on RNA-Seq is usually expressed in "Millions of reads" per sample (not in "coverage per base", as in many other sequencing applications)
- Acceptable depth of sequencing for a short-read study may vary from 10 to 100 Millions of reads:
 10M may suffice for quantitation of abundant transcripts
 100M should be enough for rare transcripts quantitation
 Typically 30-50M is OK for a short-read DGE study
- The reads count required for a long-read study is many times less than for a short-read study 10-20M of long reads already looks v.good (in 2024) because each of the long reads gives much more data than a short read
 - Use at least 3 biological replicas where relevant

On my knowledge, only stranded library preparation is currently used for RNAseq (discussed shortly).

100-150 paired end libraries are well compatible with most of the short-read RNA-seq bioinformatics tools.

Please note, the depth of sequencing in RNAseq is expressed in "millions of reads" per sample, not in "coverage per base" as in DNA-sequencing.

Just some years ago, a typical depth of sequencing for a short-read RNA-seq gene expression experiment was about 30-50 M reads. Now, after the cost of Illumoina sequencing has significantly dropped, 100M+ reads is becoming quite common. The higher depth allows better quantification of low-abundant genes.

Of course, always plan for sufficient number of biological replicates for statistical analysis.

Statistical estimates for RNAseq sequencing settings

Statistical power to detect differential expression (short-read RNA-Seq)

	Replicates per group		
	3	5	10
Effect size (folc	I change, assuming ~30	OM reads)	
1.25	17 %	25 %	44 %
1.5	43 %	64 %	91 %
2	87 %	98 %	100 %
Depth (M read	s, assuming ~1.5-2 FC e	effect size)	
3	19 %	29 %	52 %
10	33 %	51 %	80 %
15	38 %	57 %	85 %

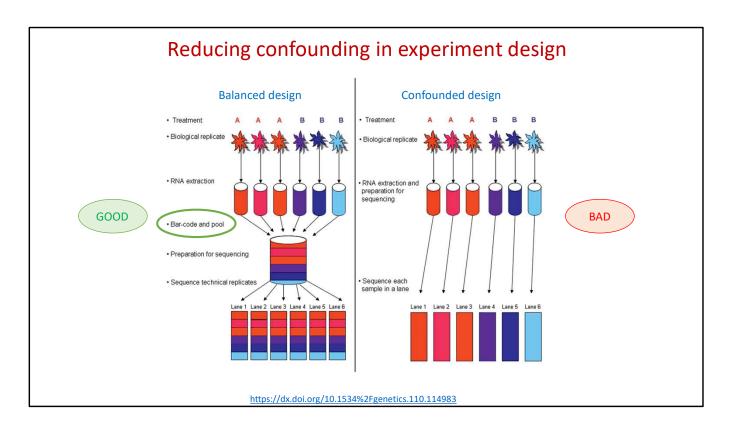
Conesa et al 2016 https://doi.org/10.1186/s13059-016-0881-8

When sequencing was not as affordable as now, there were studies with some statistical modelling to estimate the depth of sequencing or number of replicas to detect a specific fold change in differential expression.

However, all these models are based on some assumptions that ate not always correct, and the short-reads sequencing is now much less expensive.

An empirical starting point at the moment (2024):

- (1) At least 30-50 millions reads per sample (100M is often affordable)
- (2) As many BIOLOGICAL REPLICAS as affordable and accepted in your specific field



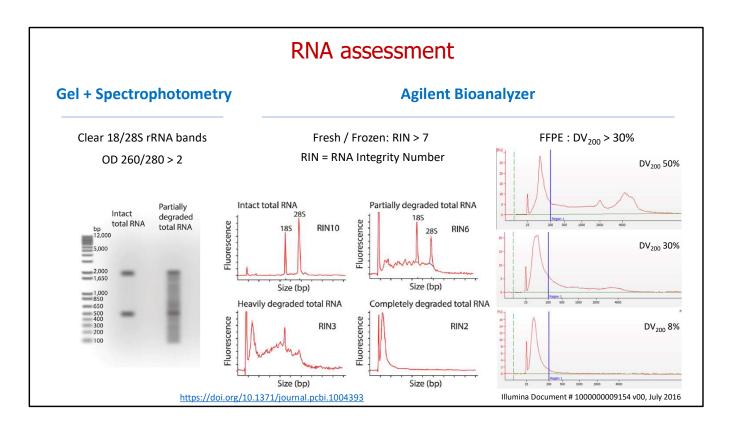
It is very important to consider multiplexing, placing the compared samples on the same lanes.

If it is not possible to multiplex all the samples on a single lane, it is important to place an equal proportion of cases and controls on each lane (batch).

For instance:

If you have a study with 240 samples, which include 25% of cases and 75% of controls, you may use 10 lanes of sequencing placing 24 samples per lane, with 6 cases and 18 controls per lane.

The total number of samples per lane depends on the required depth per sample.

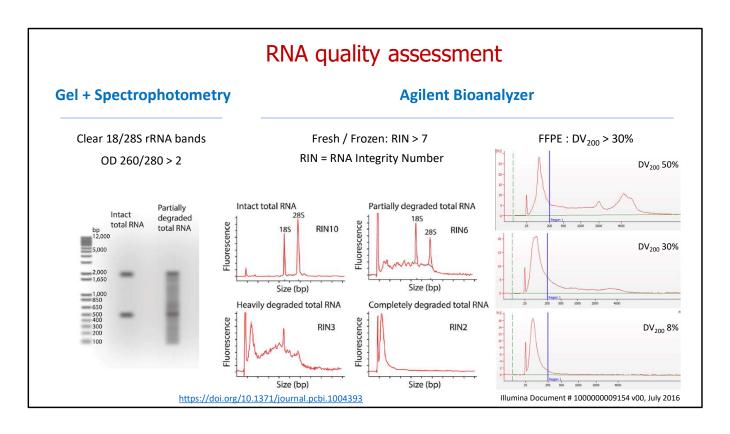


The assessment of RNA includes *quantity*, *purity* and *integrity*.

The *quantity* is defined by the source material. Typically 0.1-1mg of total RNA is enough. Low abundant samples (e.g. small biopsies or FFPE samples) may require PCR-based library prep kits. Quantity can be assessed by spectrophotometer (e.g. Nanodrop) or spectrofluorometer (e.g. Orbit). The spectrofluorometer is more accurate.

The *purity* of RNA, in terms of absence of the protein contamination, can be evaluated with a spectrophotometer by measuring 260 / 280 ratio. The traces of phenol, which occasionally may be used in RNA extraction, could be detected by an additional absorption peak at about 230.

Integrity of RNA is usually assessed by the integrity of Ribosomal RNA, which constitutes up to 90% of the total RNA. There should be two clear visible peaks of 18 and 28S ribosomal RNAs in the non-degraded total human RNA. Nowadays, Agilent Bioanalyser capillary electrophoresis is preferred over the big gels. Using a machine-learning algorithm Agilent Bioanalyser calculates a score, RNA-integrity number (RIN). RIN 10 corresponds to the perfect RNA with fully preserved 18 and 28 peaks. The RNA integrity number number is going down when RNA is degraded. If you study cell lines or fresh-frozen tissue, you should aim at RNA integrity number above 7.



The short reads RNA-seq may also be used on degraded samples, such as formalin-fixed paraffin-embedded (FFPE) archival biopsies. For such samples Illumina suggested using DV200 threshold: the samples can be used if at least 30% of the RNAs are longer than 200 base pairs.

Although, it is possible to use partially degraded RNA in RNA-seq, the quality of RNA should be similar between different samples. In other words, the gene expressions in samples with high-quality RNA should not be directly compared to the gene expressions from samples with low RNA quality.

Ribosomal RNA

Total RNA consists of ~85-90% of ribosomal RNA, 10-15% of tRNA and 3-5% of mRNA

Many commercial kits allow to remove (deplete) ribosomal RNA (QIAseq FastSelect, Illumina's RiboZero, Kapa RiboErase, etc) https://doi.org/10.1186/s12864-018-4585-1
https://doi.org/10.1038/s41598-019-48692-2

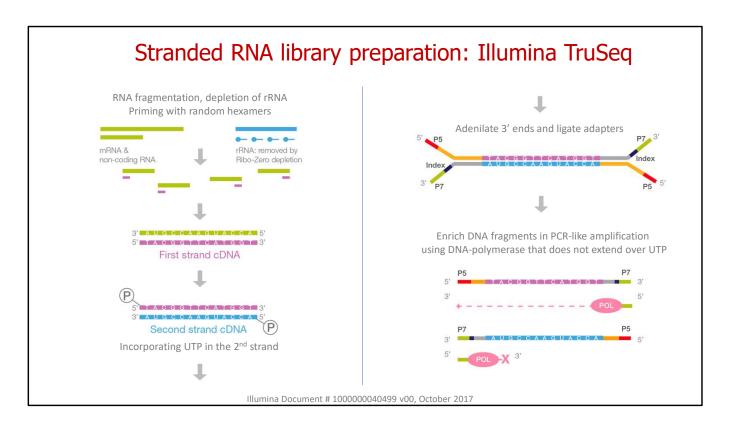
A commonly used alternative approach is to enrich by poly-A mRNA (using oligo-dT primers/probes)

Short RNA

Beware that many commercial column-based kits do not preserve short RNAs Chose appropriate RNA-extraction kits for miRNA or siRNA studies!

After extraction of total RNA, we usually are not interested in most of it. So, there are many kits that remove ribosomal RNA, or enrich mRNA before library preparation. Using poly-A based enrichment kits, be aware that some genes do not have poly-A tails on their mRNA (e.g. histones https://www.nature.com/articles/nrg2438)

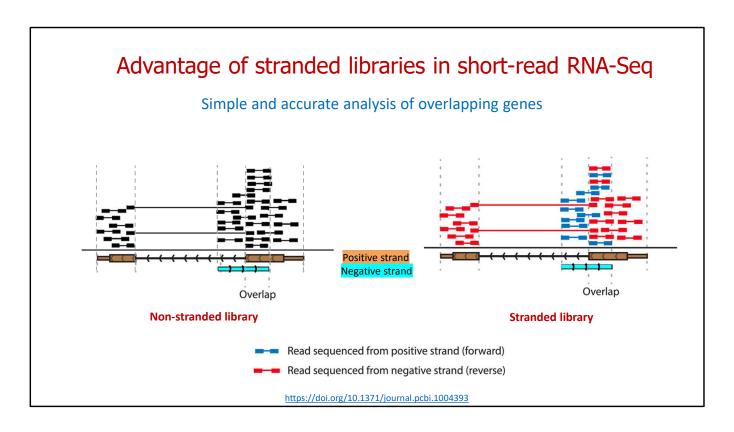
Another practical point to note is that many RNA extraction column-based kits do not preserve short RNAs. It's even good if you are only interested in protein-coding genes. But be careful if you study, for instance, micro-RNAs.



Finally, a couple of practical notes about library preparation: about using stranded kits and UMIs.

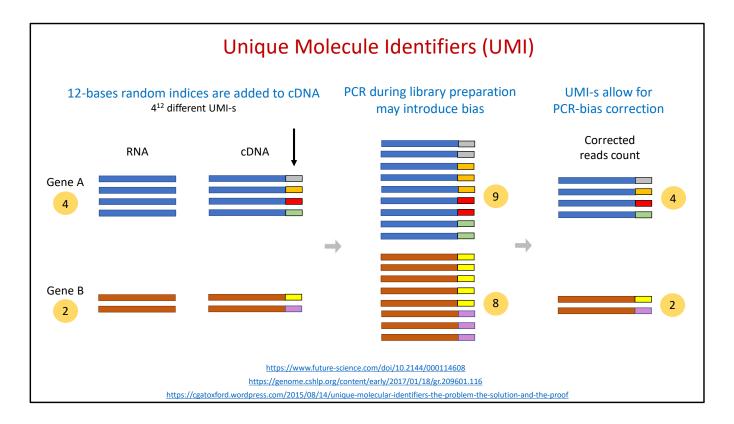
Currently, all main Illumina RNAseq library preparation kits are stranded. However, beware that some old RNAseq datasets might be generated with old non-stranded kits.

Stranded kits discard non-coding complementary strands, which could be generated during the library preparation. This slide illustrates an Illumina kit for stranded library preparation. It incorporates UTP during the second-strand synthesis of cDNA. Then it uses DNA-polymerase that does not extend through UTP – so only one strand is amplified and taken for sequencing.



Why the strand information is important?

Consider two overlapping genes located on the opposite strands. In the non-stranded library, you would not be able to distinguish reads belonging to such genes.

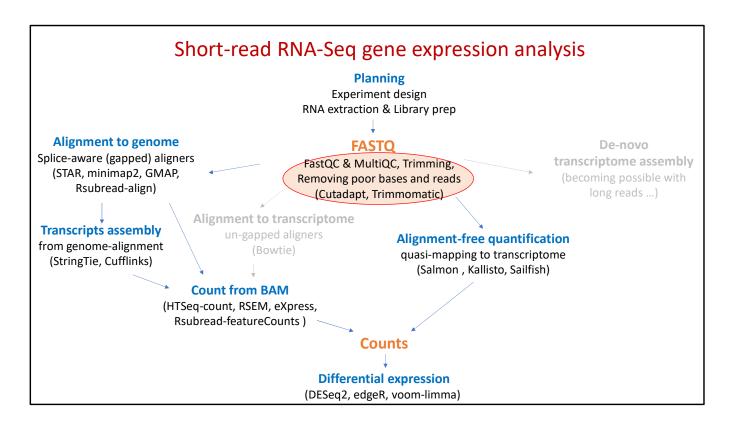


Always consider adding Unique Molecular Identifiers, if you use PCR during the library preparation.

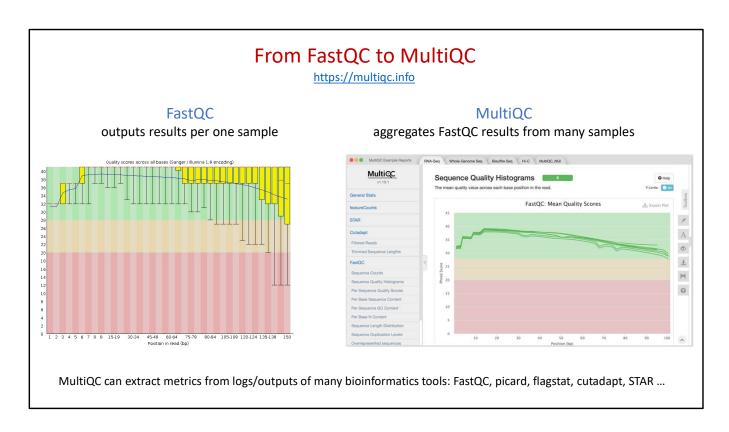
Unique molecular identifiers (UMI) are just short random barcodes added to each sequenced fragment at the very beginning of the library preparation.

Many library preparation kits include PCR steps. PCR may have different efficiency for different fragments, which may affect the downstream quantification. Presence of the UMI-s allows to correct for the bias potentially introduced by PCR during the library preparation.

In DNA sequencing, the PCR duplicates are usually removed during the deduplication step. For technical reasons, this step is not used in RNAseq data analysis (it may introduce more errors than it removes: https://www.nature.com/articles/srep25533). Typically, the PCR bias is not strong. However, using UMI is the only way to account for the bias in PCR-based RNAseq library prep.

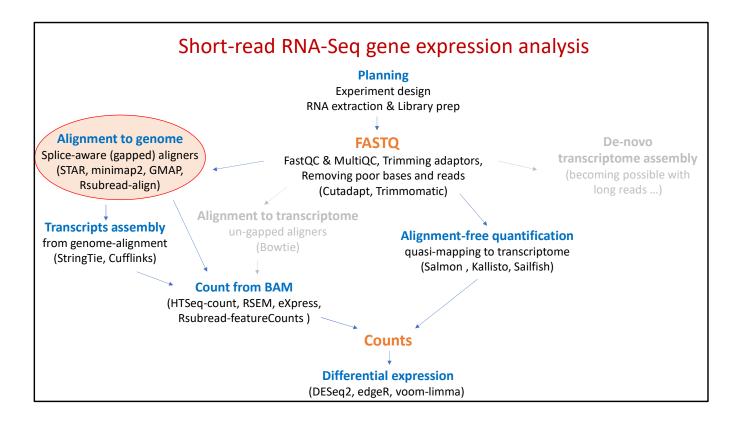


I am not going to discuss here how to use FastQC or how to trim the adaptors. I am sure you have already practiced it a lot during this course.



Just don't forget that after FastQC you may use MultiQC to compare QC metrics from multiple samples.

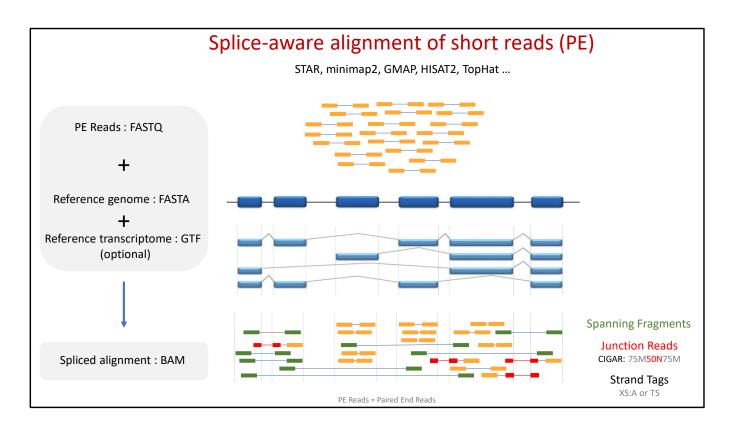
Of course, the long reads may require different tools for QC and pre-processing (we will discuss it today later).



At last, we are going to discuss the alignment!

Importantly, here we consider the alignment of RNA to reference *genome*. So, the aligner should be able to recognize gaps in RNA-seq reads, which are introduced by splicing.

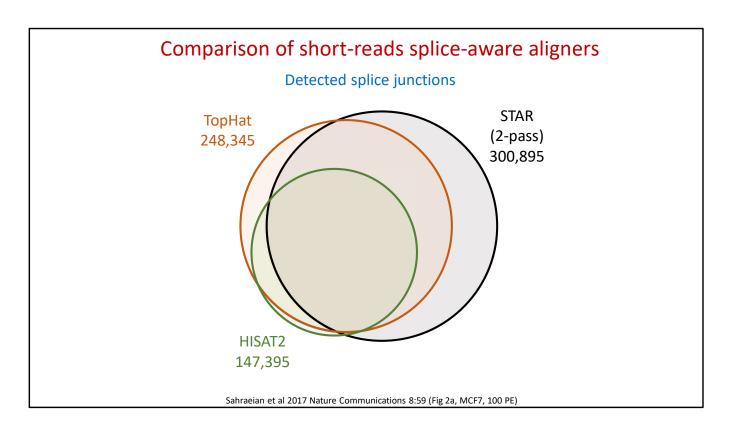
There are several well-established splice-aware aligners that can be used at this step. You will see a similar pattern at each step of RNA-seq analysis, when multiple tools are available for each task (and I mean multiple good reputable tools). I can not give you a "secret list" of what tools are better. All what I can do is to name some different tools and to explain my personal choices.



As the usual non-gapped aligners, the splice-aware aligners take the reads in FASTQ format and map them to the known sequence of the reference genome. Also, the splice-aware aligners may use an additional GTF file with coordinates of known transcripts to help in finding already known splice junctions in the analyzed sequencing data.

The RNA-seq alignment is written to a BAM file, which has some RNA-specific features (in addition to the standard features available in DNA-seq BAM files):

- 1) the "N" letters are added to the CIGAR string, in the places of introns, spliced out from RNA
- 2) additional tags may be added for the strand information



Having many tools at each step, of course, there are many studies that compare the tools.

This is a comparison between 3 gapped aligners, showing how many spice junctions they detected in some test dataset. It seems that TopHat and STAR detected more splice junctions than HISAT2 in this study.

Another study that compared gapped aligners Aligning short and long reads is different Fraction of mapped reads Multimapping Short vs Long TopHat2 Hisat2 STAR BBMap GMAP minimap2

Type of data	TopHat2	Hisat2	STAR STAR-long	ВВМар	GMAP	minimap2
Illumina short reads	85%	95%	96%	98%	98%	92-96% [§] *
PacBio CCS (accurate long reads)	0	0.4%	67%	83%	89%	96% **
ONT 2D (less accurate long reads)	0	0	17%	88%	98%	99.5% **

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Krizanovic et all 2018 Evaluation of tools for long read RNA-seq splice-aware alignment, Bioinformatics, 34,748

Minimap2 does not work well with short spliced reads (https://github.com/lh3/minimap2 2024)

ONT: GS_1010(EN)_V1_13Feb2019

This is another study that compared gapped aligners by the fraction of mapped reads.

In this comparison, most of aligners showed a reasonably similar performance on the short reads except for TopHat2, which was clearly inferior to other aligners.

Also, you can see on this slide that multimapping is a real problem in the short-reads alignment, and how the long-reads solve this problem.

^{*} Li 2018 Minimap2: pairwise alignment for nucleotide sequences. doi:10.1093/bioinformatics/bty191

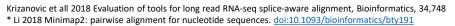
^{**} Krizanovic blog : http://bioinfo.zesoi.fer.hr/index.php/hr/blog-en/56-gmap-vs-minimap2

Another study that compared gapped aligners

Aligning short and long reads is different

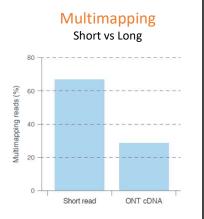
Fraction of mapped reads

Type of data	TopHat2	Hisat2	STAR STAR-long	ВВМар	GMAP	minimap2
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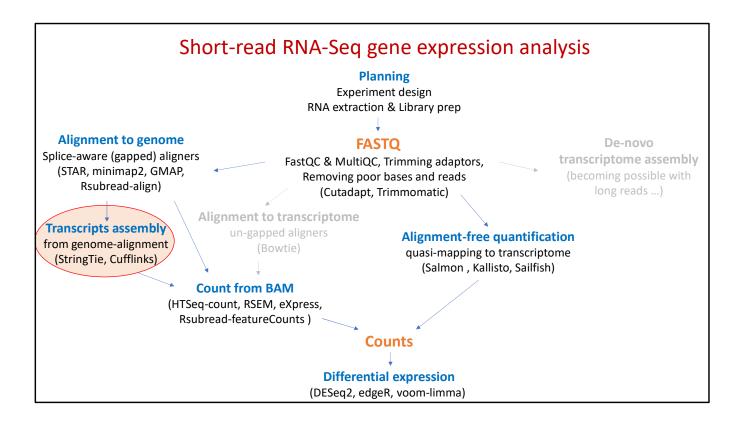
Minimap2 does not work well with short spliced reads (https://github.com/lh3/minimap2 2024)



ONT: GS_1010(EN)_V1_13Feb2019

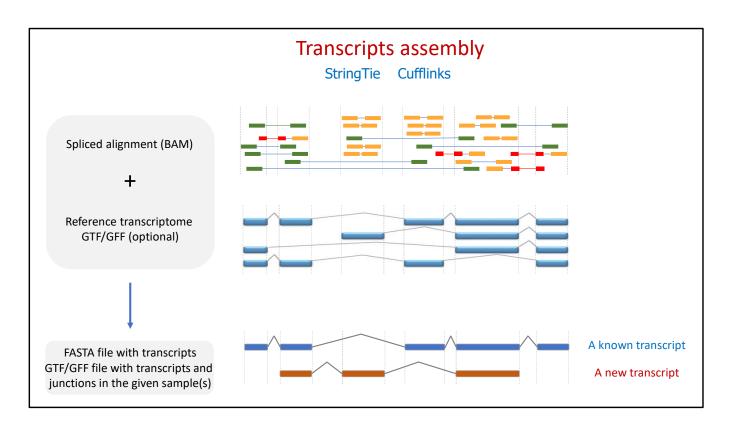
Considering that STAR is coming from a very reputable team, with active updates, with a good support, with a large community of users, at the moment, STAR is my personal preference for short reads RNAseq.

Of course, minimap2 is the current aligner of choice for the long-reads. However, despite some studies that reported use of minimap2 for Illumina RNAseq data, the own minimap2 GitHub page does not advise using it for short-reads gapped reads (in 2024).



Now let's consider the Transcripts Assembly.

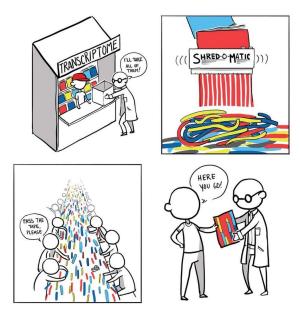
It aspires to infer transcripts from the short-read RNA-seq data aligned to the reference genome ...



The input files include the aligned BAM with an optional addition of GTF/GFF with coordinates of already known transcripts.

The outputs could be FASTA and/or GTF/GFF files with the transcripts detected in the sample(s), possibly including the new transcripts, not known previously in the reference transcriptome.

Good transcripts assembly is not possible from short-reds RNA-Seq

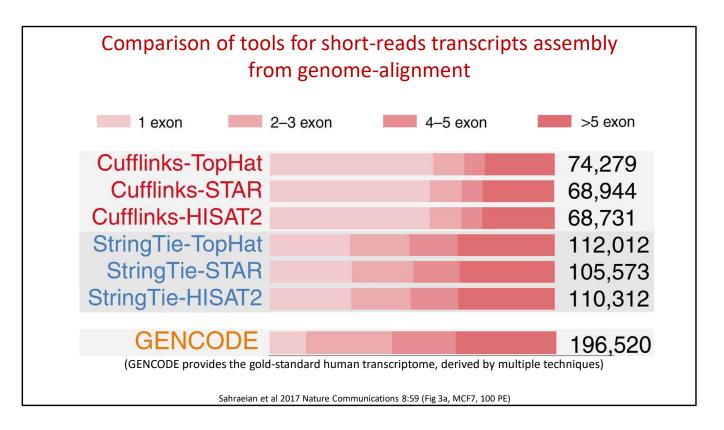


Korf **2013** Genomics: the state of the art in RNA-seq analysis. Nature Methods 10:1165

Again, there are several tools for the transcriptome assembly, and many comparisons between the different tools...

This slide shows a good summary all these comparisons.

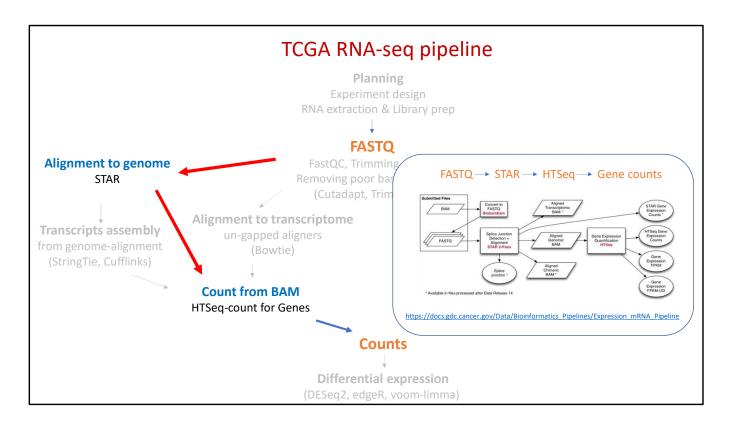
In short: it is not possible to make a good transcriptome assembly from the short-reads RNAseq data, whatever tool you use.



If you prefer a more specific comparison, then you can see that even the best transcript assembly tools are quite discordant.

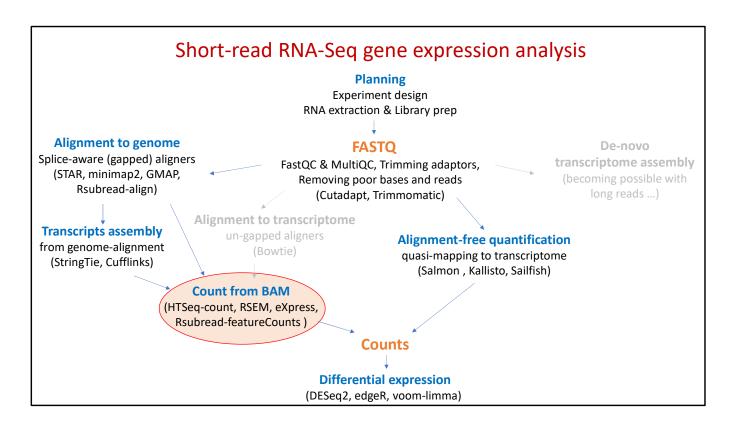
And, in this study, none of the tools produced a result similar to the expected transcriptome from GenCode.

GenCode is a consortium that synthesises multiple types of data (long and short RNAseq, optical mapping etc) to provide the best currently possible transcriptome assemblies for human and mise.

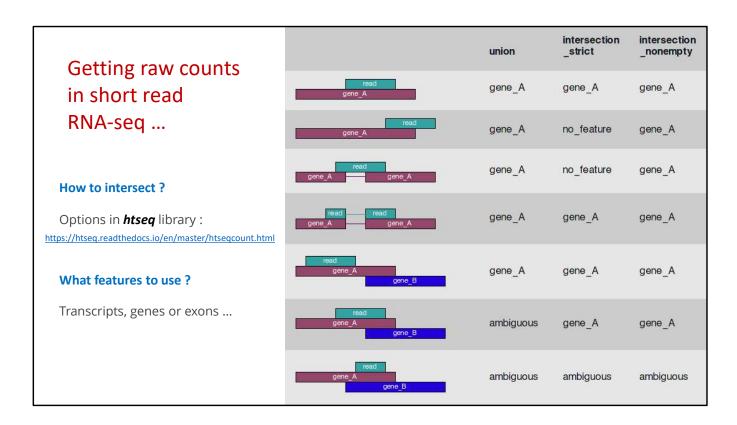


So, it is not a surprise, that TCGA, for instance, decided to count against known GenCode genes, rather than to experiment with the in-house transcript assembly.

Of course, this strategy is not applicable for RNAseq analysis in agri-food or ecology studies, where many species still don't have such good transcriptomes available.



You might think that counting reads overlapping the genes should be a pretty simple task ...

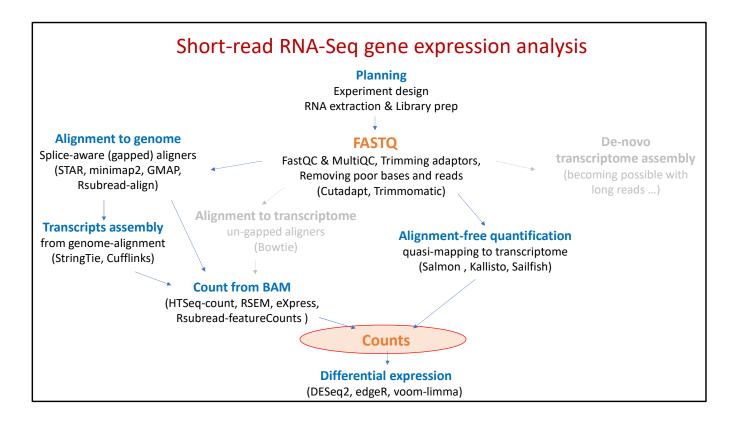


But we still have multiple tools and have to make many choices!

For instance:

- How to count the read if it overlaps the gene just partially?
- How to count reads that overlap two genes?

Another question is what features to choose: genes, transcripts or exons?

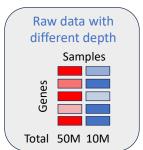


Finally, when we have the counts, they could be represented in different ways.

Normalization by sequencing depth and feature length RPKM, FPKM, TPM

Accounts for

- Different depth of sequencing per sample
- Different size of genes
 (when between-gene comparisons are made, e.g. heatmaps for hierarchical clustering)



Historic units: RPKM & FPKM

RPKM = Reads Per Kilobase of the feature (e.g. gene) per Million reads

FPKM = Fragments Per Kilobase of the feature (e.g. gene) per Million reads

 $R(F)PKM = \frac{\text{Number of reads (fragments) mapped for gene x } 10^3 \text{ x } 10^6}{\text{Gene length (bp) x Number of reads (fragments) mapped for sample}}$

The raw counts cannot be used for direct comparison between samples and genes.

To compare counts between samples and genes, the raw counts should be normalized by the library and gene sizes.

Two initial historic methods of normalizing and reporting the counts were called RPKM or FPKM, which stands for Reads (or Fragments) per Kilobase per Million. Meaning per kilobase of gene length and per million reads of the library depth.

Although prone to some biases, these units were used in a number of very reputable studies, which reported results well validated later by orthogonal methods.

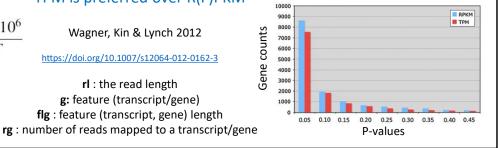
Normalization by sequencing depth and feature length RPKM, FPKM, TPM

TPM = Transcripts (Tx) per Million

TPM =
$$\frac{\text{N reads mapped for Tx x Avg read length / Tx length}}{\sum_{\text{all Tx}} [\text{N reads mapped for Tx x Avg read length / Tx length}]} \times 10^6$$

TPM is preferred over R(F)PKM

flg: feature (transcript, gene) length



One of the criticisms is that R(F)PKM may slightly inflate the significance when used for differential gene expression analysis. In essence, this bias is caused by a possible differential transcript use, leading to variation in the transcripts' length between samples.

So, the currently preferred unit to report normalized counts is TPM (Transcripts per Million). However, the above bias attributed to R(F)PKM is not very strong (definitely, is not as strong as the wording used by Wagner et all in their paper :)

Normalizing in popular DGE R-packages

There is no need to normalize by gene length in DGE analysis

Effect of extremely changed genes on DGE

Reads Per Million (rpm = cpm)

Assuming no extremely changed genes (No correction "for sample composition") limma

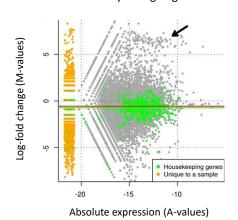
Trimmed Mean of M values (TMM)

(M-values = gene-wise log-fold-changes)
Trimming accounts for extremely changed genes
edgeR

Median of Genes Ratios

Statistical properties of Median for account effect of extremely changed genes **DEseq2**

DGE = Differential Gene Expression



Robinson and Oshlack 2010: A scaling normalization method for differential expression analysis of RNA-seq data http://genomebiology.com/2010/11/3/R25

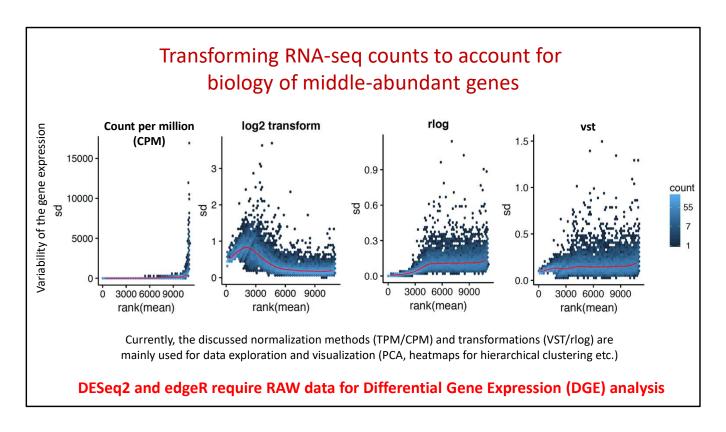
Importantly, the most popular R libraries for Differential Gene Expression analysis (limma, DESeq2 and edgeR) use their own customized normalizing procedures. So, they require the RAW data for the analysis.

Because differential expression analysis does not require comparison between genes, the DGE normalization methods don't normalize by the gene length.

Limma adapts the most simplistic approach just normalises per library depth, using Counts Per Million (CPM).

DESeq2 and edgeR developers noted that if a sample has a small number of very highly expressed genes (e.g. liver abundantly producing albumins) it may appear like a relative decrease in expression of all other genes. This may lead to a bias slightly inflating the number of differentially expressed genes.

To avoid this bias, DESeq2 and edgeR normalise not by the total count, but by a sort of median (median negates effect of gross outliers) or by some trimmed mean (mean after removal of extremely expressed genes). This "median ratio" and "trimmed mean" are also called "normalization factors" in these R libraries vocabulary.



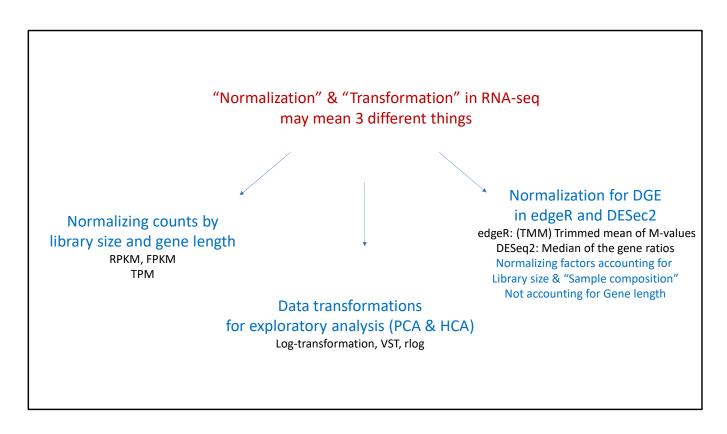
In addition to the counts' normalization, some additional transformations are often recommended for exploratory analysis, such as PCA or HCA.

PCA (Princoipal Component Analysis) or HCA (Hierarchical Clustering Analysis) are used to visualize groups of similar samples, if any. To detect how similar the samples are to each other, we calculate the distances between samples based on the differences in gene expressions.

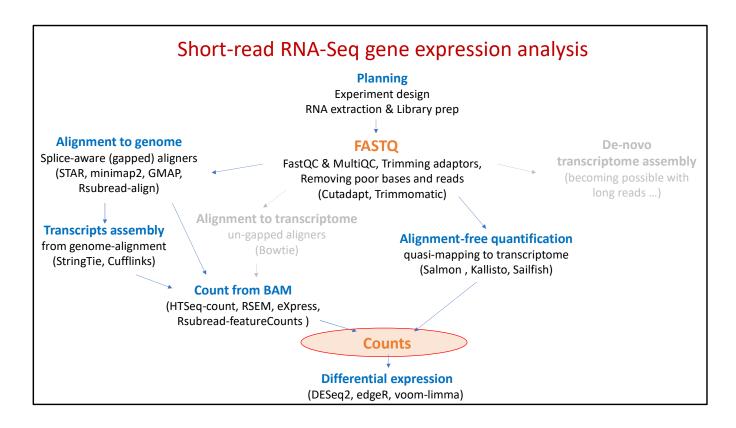
The left plot on this slide, shows the counts normalised by CPM. You can see that the largest absolute differences are observed in the most highly abundant genes. So, if we use such non-transformed data for PCA or HCA, the samples similarity would be mainly based on the expressions of these highly abundant genes.

To account for expressions of the less-abundant genes the normalised counts could be log-transformed (the second left plot on the slide). However, the simple log-transformation may put an undue weight to the least-abundant genes. To avoid this, rlog and VST (Variance-Stabilising Transformation) are used, as shown in the two right plots on the slide.

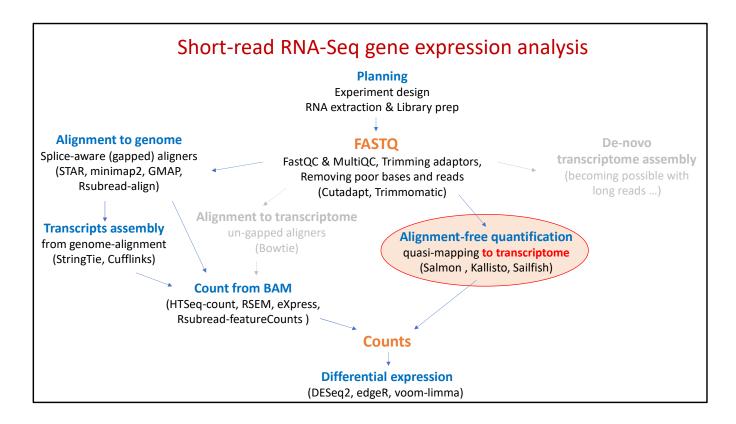
DESeq2 provides in-build functions for applying VST or rlog to the TPM normalised abundancies: you will try these functions during the practical session.



This is a summary for the normalization and transformation methods used in RNAseq data analysis.



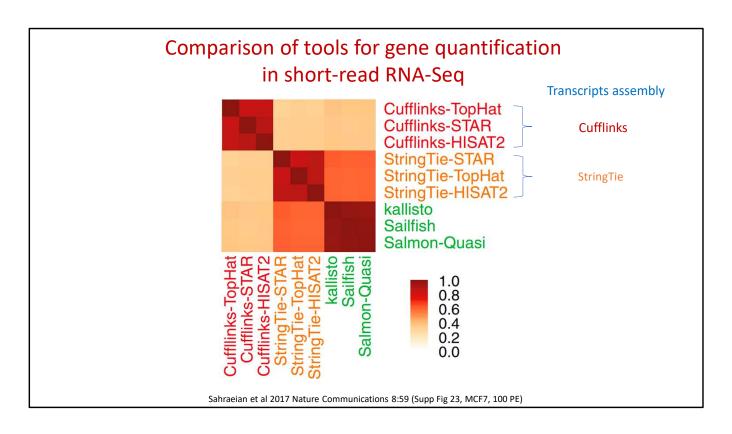
Now, lets come back to our high-level overview of the analysis.



After we considered the ways of getting the Counts from BAM-s, let's see how we can get the counts directly from FASTQ files.

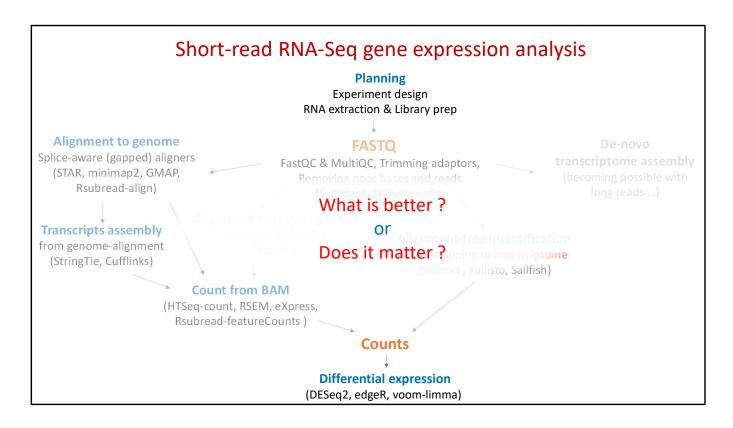
If you are only interested in expression of already known genes, which is most often the case in human cancer research, then there is no need in formal alignment to BAMs. It could be done much easier and faster using the "Alignment-free" quasi-mapping tools. Somehow, it happened that these tools are called in a marine (or sea-food?) theme: Salmon, Kallisto and Sailfish.

These tools do "quick and dirty" mapping of reads to known transcripts, without generating BAM files, using some common-sense heuristics if a read maps into two (or more) different genes. They do it extremely fast and output the counts per transcript (raw and TPM normalized).



Quite encouragingly, the results of the different alignment-tree tools are very concordant.

For comparison, this heatmap shows that introducing a Transcript Assembly step immediately leads to the very discordant results.

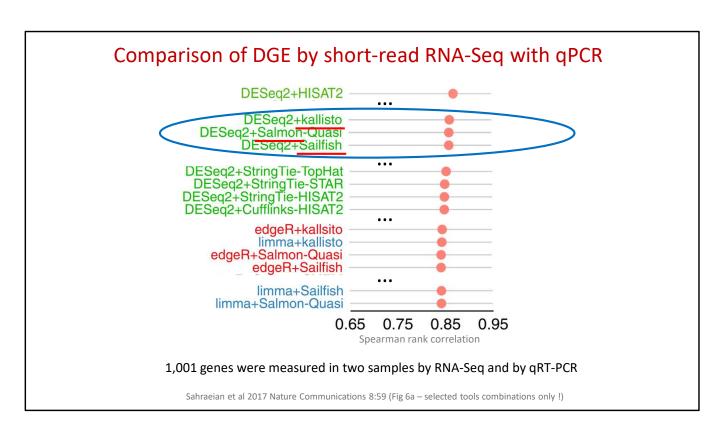


Now, after we considered multiple trajectories and tools for getting transcript counts from the short-read RNA-seq FASTQ files, the natural questions are:

1) What is better?

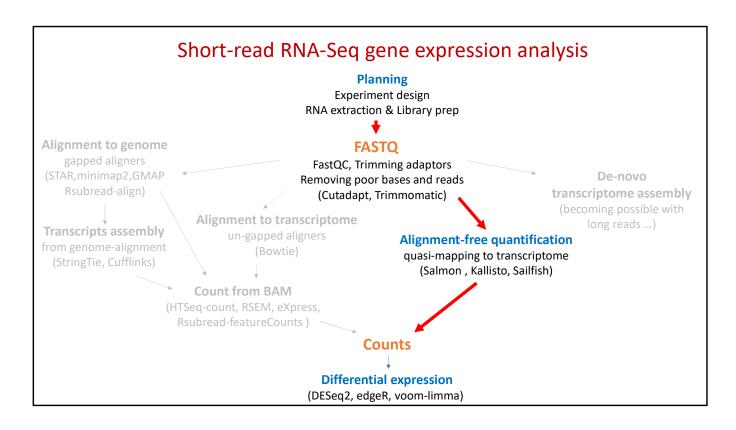
or

2) Does it make any difference?

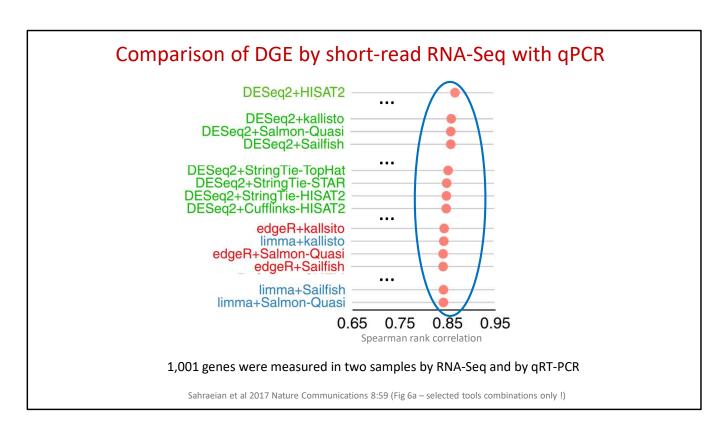


To answer this question, we would need to compare RNAseq with another experimental method of measuring gene expressions. Of course, this already has been done. This plot shows the experiment where a thousand genes were measured in two samples by RNA-seq and by RT-PCR. Then the results of RT-PCR were compared with results of different RNA-seq pipelines.

You can see that the Alignment-free quasi-mapping showed very good correlation to qPCR.



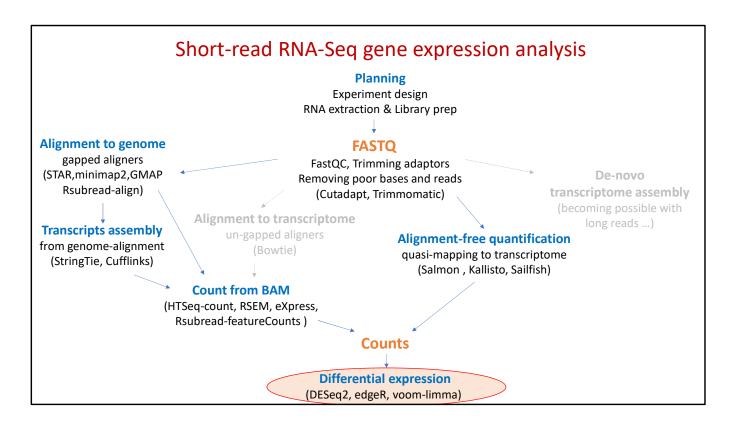
So, for a simple Differential Gene Expression (DGE) analysis in the known genes there is no need in Alignment, Transcripts Assembly and Counting from BAMs. Virtually the same results could be achieved quicker by the quasi-mapping tools.



On the other hand, the very same picture shows that even the uncertainty introduced by transcript assembly may have little effect on the order of differentially expressed genes, if the same pipeline was applied to the compared samples.

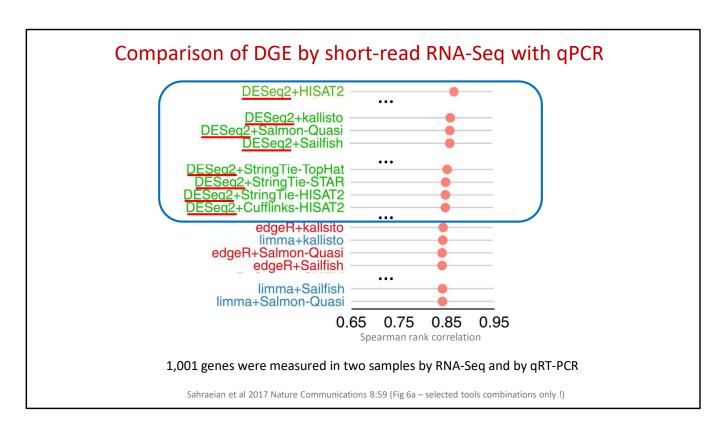
So, if it happened that historically your bioinformatics core prefers using STAR and HTSeq-count for DGE analysis: don't panic, they just follow the example of TCGA ©

Although I personally prefer the quasi-mapping tools: why to use a complicated multistep pipeline, including the long alignment step, if you can do the same (or better) in one step and quickly?

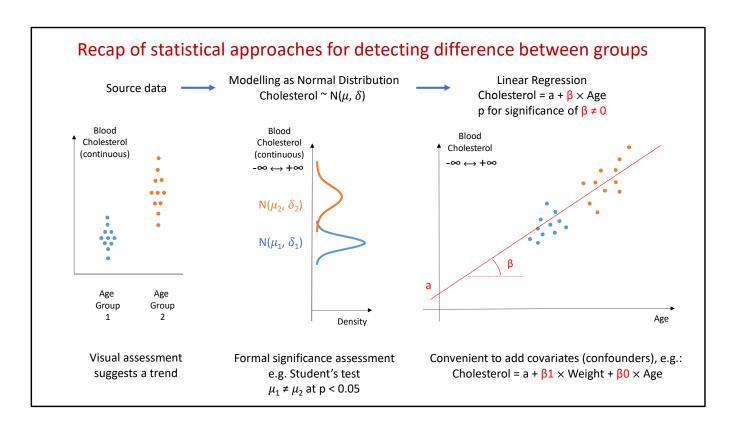


OK, this way or other way we have obtained the counts. Let's now use them for the differential gene expression analysis!

Again, there are several tools to choose from !



Luckily, the same study that I have already cited many times, suggests that using DESeq2 may be a reasonable choice.



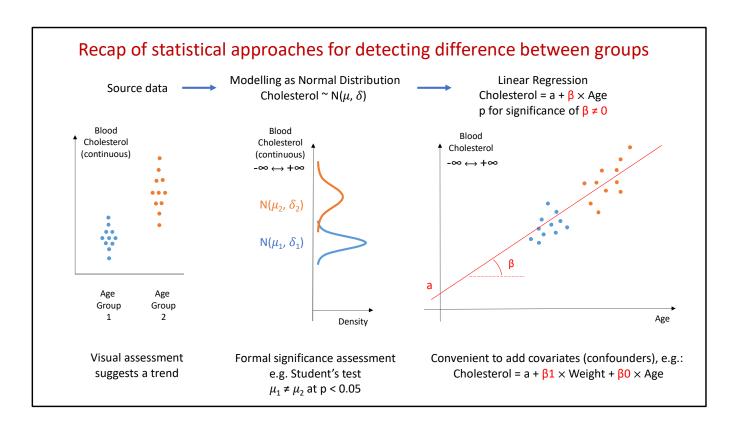
Don't worry, I will not go deep into statistical details. I will just try to explain the intuition behind what is done by DESeq2.

Let's start with an analogy: let's consider how we would compare, not the gene expressions, but the blood cholesterol level in, for instance, young and older people.

Usually, we start with some plot to visualize the data. Here you can see the dot-plot on the left.

Then we often assume that the observed values were sampled from normal distribution(s), in other words, we describe or "model" the data using normal distribution (as shown in the middle). At this point we already can apply some standard statistical tests, like the Student's t-test, which, in essence, compares mean values in the two groups.

The same mean values can also be compared using a regression framework, as shown at the right. There is nothing special in this example yet: its just a standard linear regression. If, on average, the blood cholesterol in young people is lower than in the old, then the regression line will have some slope. Mathematically, this means that the coefficient beta in the regression equation (shown above the plot) will be different from zero.



At this point you may ask: "Why to complicate things by regression modelling, if the model shown above the right plot does not give any advantage over the simple t-test?"

The answer is shown in the model BELOW the plot. In contrast to the t-test, the regression modelling allows accounting for confounders. For instance, if, on average, the compared age groups had slightly different weight, the regression modelling would allow to control for the weight difference by adding it into the equation.

Thus, in the model below the plot, beta-zero will show the association of cholesterol with age, after excluding the possible confounding effect of the weight differences.

Again, there is nothing special here so far: its just a recap of **standard** statistical methods, which are commonly used to detect differences between two groups.

Why can't we use "standard" methods for Differential Gene Expression Analysis?

Problems

- 1) Raw counts in each sample depend on library size (depth of sequencing)
- 2) Low counts do not obey the "Normal" bell-shape distribution because they can't go below zero
- 3) The counts are discrete, which is better modelled by a discrete distribution
- 4) Small number of samples does not allow accurate estimation of dispersion (variance)
- 5) Testing for many genes at a time

Solutions

- 1) Normalizing raw counts by the library size (Median of the Gene Ratios in DESeq2)
- 2) and 3) Choosing an appropriate discrete distribution
- 4) "Borrowing" data between genes for estimation of dispersion (if the number of samples small)
- 5) Multiple testing correction (typically FDR)

So, why can't we just apply these standard methods to the differential gene expression in RNA-seq counts?

Well, there are several problems here.

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Some problems are relatively simple:

For instance, it's obvious that to compare genes between samples we need to normalize for the total number of reads (= library size) in the samples.

It's also pretty clear that testing for many genes at a time we should apply some multiple testing correction.

That's about problems 1 and 5 on this slide.

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Problems 2 and 3 are about the distribution that would properly describe (="model") the counts. The normal distribution is not good for modeling the counts because it includes negative values, and it is continuous. In contrast, the counts are always positive, and they are discrete.

You may say that blood cholesterol also can't be negative. Yes, it's correct, but it never goes anywhere close zero either. So, within the range of real blood cholesterol values, the approximation by Normal is OK. This is not the case for RNA-seq counts, which often may be quite close to zero.

So, a different distribution is needed. And, of course, this should be a discrete distribution too.

Poisson distribution

Distribution of random independent events happening at a certain **mean** rate. Mathematically, the dispersion (variance) is equal to the mean.

$$P(X = k) = \frac{\lambda^k e^{-\lambda}}{k!}$$

By design describes the random sampling of molecules from a solution with given concentration.

Exactly matches the counts distribution in the technical replicas of RNA-seq:

e.g. sequencing of several aliquots from the same library.

Marioni et al 2008 RNA-seq: an assessment of technical reproducibility ... https://genome.cshlp.org/content/18/9/1509

And such distribution exists: it's the Poisson distribution.

It's by design perfectly describes the random sampling of molecules from a solution with given concentration.

It perfectly matches the distribution of empirically observed counts in TECHNICAL replicates in RNA-seq: when we sequence multiple aliquots from the same library.

Overdispersion

Technical variance

Total variance

i.e. between replicas within library, described by Poisson distribution

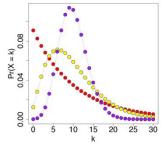
Additional variance

e.g. between dishes of the same cell line or different tumors of the same type

Negative Binomial Distribution

Number of independent attempts until a certain number of successes Mathematically, allows dispersion larger than mean

$$P(X = k) = {k+r-1 \choose k} \cdot (1-p)^r p^k$$



"Similar" to Poisson: discrete and non-negative. However, unlike to Poisson allows to model the overdispersion.

Successfully used to model real-life RNA-seq data (details about the dispersion assessment will be discussed later).

Robinson and Smyth 2007 Moderated statistical tests ... https://academic.oup.com/bioinformatics/article/23/21/2881/372869

Well, in real life we usually are more interested in differences between BIOLOGICAL replicates (rather than in comparing aliquots from the same sample :)

For instance, we may look for differences between several tumors vs several normal samples. Obviously, the dispersion of counts between different tumors should be higher than in several technical replicas of the same tumor.

It happened, that Poisson distribution is not good for fitting this additional dispersion, because mathematically the variance (=dispersion) in Poisson distribution is linked to it's mean.

This is why some clever statisticians decided to use Negative Binomial distribution instead of the Poisson: its very similar to Poisson in terms of being discrete and nonnegative; in addition, mathematically, its variance is not linked to the mean. So, it can describe the overdispersion observed in RNA-seq counts from real life biological samples.

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Finally, the problem 4 is, essentially, about the small number of replicas in studies.

Initially, RNA-sequencing was very expensive. It was not uncommon, when an RNA-seq experiment studying some treatment in cell lines, would include just 3 dishes with and 3 dishes without a treatment. This means that for each gene we would have just 6 counts: 3 in each group to compare.

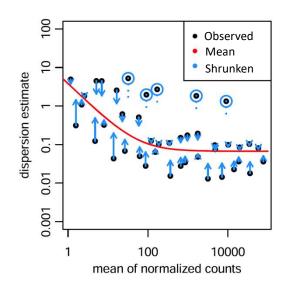
You may remember that with a small number of observations the error of mean is so high, that it may prevent getting any statistical significance when comparing the means (especially, after the multiple testing correction...)

Dispersion estimation and adjustment

If dispersion for each single gene can not be accurately estimated because of a small number of samples (e.g. less than 10 replicates) then the data from other genes will be "borrowed".

Simplified description of the procedure applied by DESeq2:

- Observed dispersions (●) are used to estimate
 Mean dispersions (●) for each level of expression.
- Depending on the accuracy of the **Observed** dispersions they may be "**Shrunken**" (•) toward the **Mean** estimates. The more accurate is the observed dispersion, the less "shrinkage" will be applied.
- 3. If the **Observed** dispersion extremely deviates from **Mean** (outliers encircled in blue) it does not shrunk.



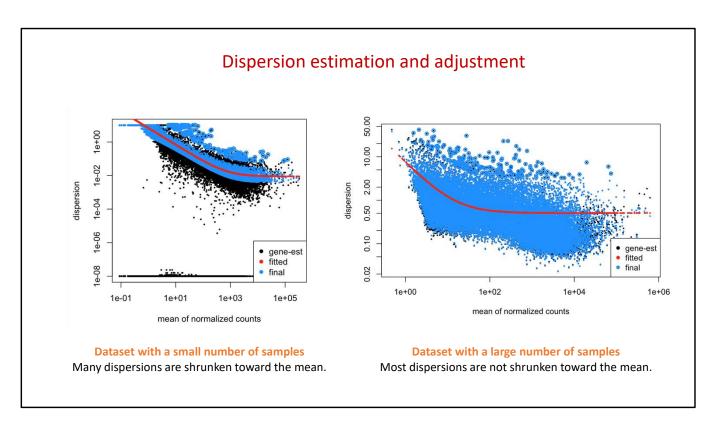
Love et al 2014: Moderated estimation of fold change and dispersion for RNA-seq data with DESeq2 https://genomebiology.biomedcentral.com/articles/10.1186/s13059-014-0550-8

To solve this problem, it was suggested that the dispersion could be similar in the genes with similar levels of expression. So, unless the gene is a clear outlier, its OBSERVED dispersion can be shifted towards the MEAN dispersion in all the genes with the similar level of expression.

This picture illustrates the dispersion adjustment implemented in DESeq2:

The black dots show actually OBSERVED dispersions, the red line shows the MEAN dispersion for different levels of gene expression, and the blue arrows show the dispersion estimates used in the analysis, which are are SHRUNKEN toward the mean.

For some genes, which have exceptionally high dispersion, the dispersion is not adjusted. This, effectively may prevent any significance detection in such genes, if the number of replicas is small. Such gross outliers are encircled in blue on this picture.

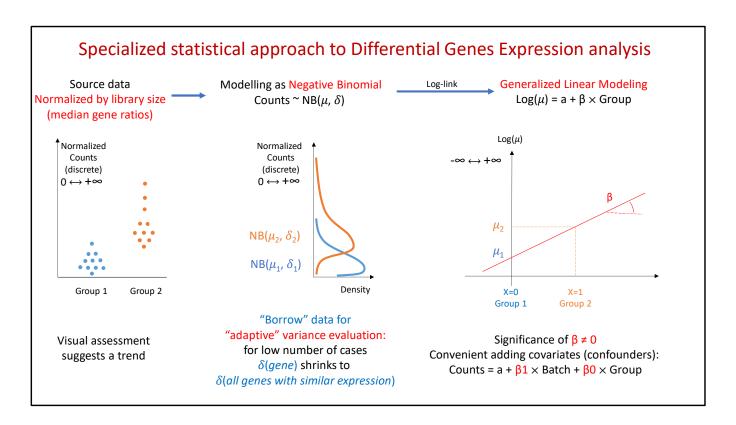


DESeq2 makes a nice plot to illustrate the dispersion adjustments during the data analysis.

The left panel shows such plot for an experiment with low number of replicas. You can see that most of the observed dispersions (black dots: "gene-est") have been changed to the estimates (shown in blue: "final") by shrinking toward the mean (shown by the red line: "fitted"). You can also see that some genes with exceptionally high dispersions were kept unchanged (encircled in blue), to avoid inflating the significance for such genes.

It is believed that the dispersion adjustment implemented in DESeq2 allows to compare gene expressions between the groups containing as little as 3 replicas each.

Of course, there is another way of solving this problem: just getting more replicas. The right panel shows the dispersion adjustment plot for an analysis using hundreds of samples from TCGA. If DEseq2 detects the large number of samples, it may decide that no dispersion adjustment is needed. You can see that in the right plot the final dispersion estimates used in the analysis (blue dots) are virtually overlapping the actually observed dispersions (the black dots).

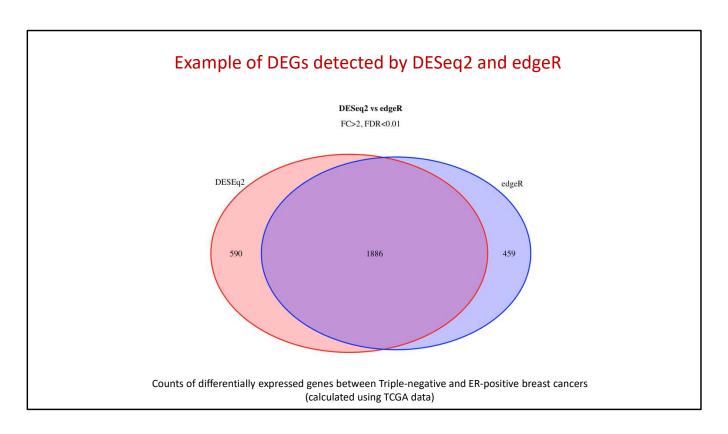


This is a summary of the statistical approaches implemented in DESeq2:

As we discussed,

- DESeq2 models the counts with Negative Binomial distribution, and
- It adjusts the variance in genes by shrinking it to the mean

Then, using a technique called "Generalized Linear Modelling" DESeq2 implements the significance testing in the regression framework to allow the correction for confounders. For instance, a batch correction can be done just by a simple inclusion of the batch variable into the model.



Finally, I should say that edgeR uses a virtually identical methods, with just some minor technical differences in the normalization and in the dispersion adjustment.

This plot illustrates the concordance between DESeq2 and edgeR. As you can see, there is quite a good overlap between the gene lists in this example.

At the same time, you can see that even with quite stringent settings (FC>2, FDR<0.01) about a quota of genes in each method does not overlap with the other.

A pinch of salt ...

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SHORT REPORT

Open Access

Exaggerated false positives by popular differential expression methods when analyzing human population samples

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Abstract

When identifying differentially expressed genes between two conditions using human population RNA-seq samples, we found a phenomenon by permutation analysis: two popular bioinformatics methods, DESeq2 and edgeR, have unexpectedly high false discovery rates. Expanding the analysis to limma-voom, NOISeq, dearseq, and Wilcoxon rank-sum test, we found that FDR control is often failed except for the Wilcoxon rank-sum test. Particularly, the actual FDRs of DESeq2 and edgeR sometimes exceed 20% when the target FDR is 5%. Based on these results, for population-level RNA-seq studies with large sample sizes, we recommend the Wilcoxon rank-sum test.

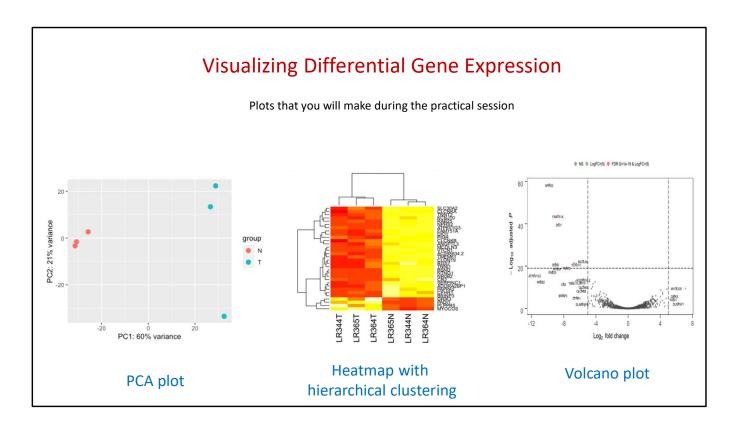
This brings us to the last point about statistics in RNAseq DGE.

The described previously DGE analysis is a powerful mature framework that has been used for many years, and obtained many valid results confirmed by independent follow-up studies.

At the same time, some key elements in this framework were developed at the time when RNA-seq was very expensive. There was a pressure to get meaningful results from as little data as possible. So, some assumptions underlying statistical methods (e.g. the dispersion shrinkage) were a compromise dictated by feasibility.

Now, when RNA-seq is more affordable, using a large number of biological replicas and a high depth of sequencing is becoming feasible. This allows using more conventional non-parametric statistical methods.

As with any experimental method, the key DGE findings should be validated by orthogonal techniques (e.g. by NanoString or qPCR).

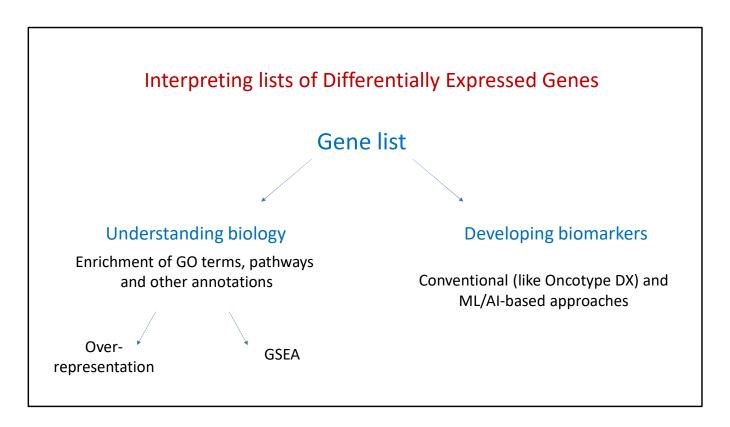


One picture says a thousand words $\ensuremath{\odot}$

These are the most common visualization techniques used in the gene expression analysis:

- PCA
- Heatmaps
- Volcano plots

We will make some of such plots during our practical session.



What can be done after the Differential Gene Expression (DGE) analysis with the obtained lists of genes?

Tow most obvious tasks could be

- 1) Biological/Functional interpretation of the DGE results
- 2) Using the Differentially Expressed Genes (DEGs) for biomarkers development

Biomarker development doesn't have to be based on the DGE analysis, and it is a very wide field that is beyond this introductory session.

So, we will only discuss the biological/functional interpretation of the gene lists. A common approach to the interpretation is the enrichment analysis. Two popular ways to estimate the enrichment are over-representation analysis and Gene Set Enrichment Analysis (GSEA).

Over-representation analysis

Hypothetic simplified example

DGE list

100 genes, 50 of them are related to "proliferation"

"Background" of "all measured genes"

50,000 human genes, 1,000 of them are related to "proliferation"

	Proliferation (1,000)	Non-proliferation (49,000)
DGE (100)	50	50
Non-DGE (49,900)	950	48,950

Fisher Exact test p < 10^{-16} , 95% CI OR 34-78

Multiple testing correction (Bonferroni) if 10,000 terms/pathways tested: p.adj < 10⁻¹¹

This slide illustrates the over-representation analysis.

Assume that you obtained 100 differentially expressed genes, for instance between cancer and normal cells.

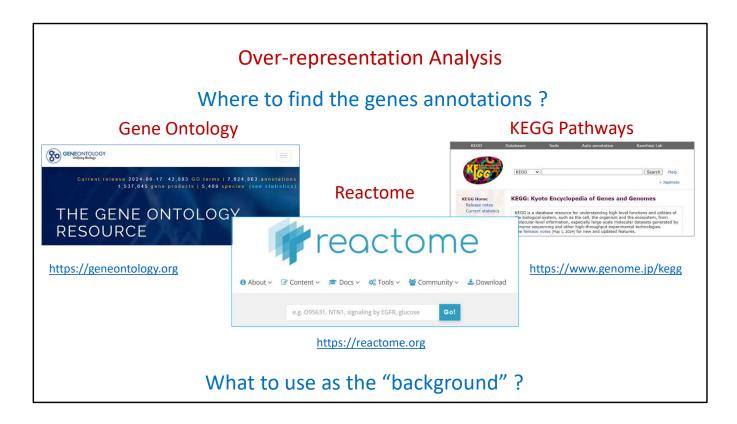
Then assume that 50 of these genes are related to proliferation.

Can you conclude that the DEGs are enriched by the proliferation genes?

It depends on whether the proportion of proliferation genes is higher within DEGs than within the background list of all the genes included into the analysis.

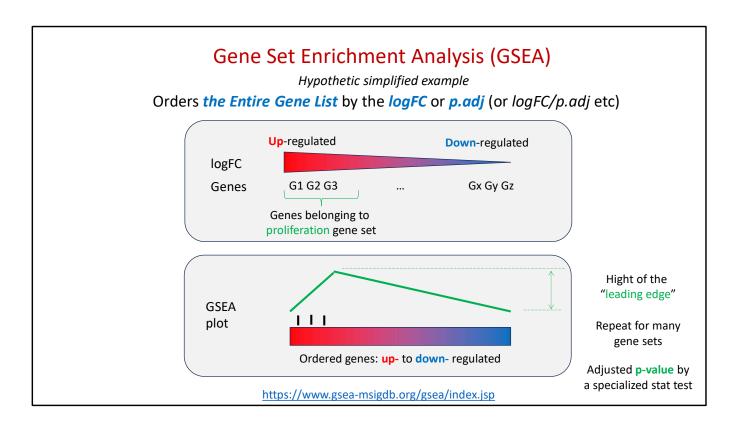
This can be assessed by a simple Fisher exact test (as shown on the slide), or by other appropriate statistical tests.

Often, we test against many hypotheses, e.g. not only against the proliferation genes, but also against genes involved in apoptosis, glycolysis etc. Of course, in such case we have to apply a multiple testing correction.



The biology that could be studied by the over-representation analysis depends on the gene annotations database used for the analysis. The very popular databases include Gene Ontology, KEGG and Reactome. You may explore the se resources following the links provided on the slide.

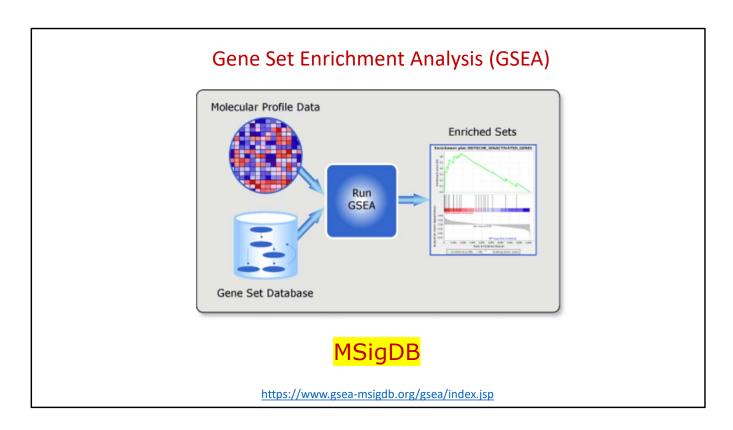
An important technical question is what to take as the "background" genes, against which we estimate the overrepresentation. The full genes list produced by DESeq2 could be a good starting point: of course, only including the genes present in the selected annotation database. Alternatively, you may use the whole list of the annotated genes from the database.



The Gene Set Enrichment Analysis (GSEA) uses the entire list of genes produced by DESeq2, not only the Differentially Expressed Genes. First the entire list of genes is ordered by the fold change (or by the p-value, or by some index combining FC and p-value).

Then, the position of the proliferation genes is evaluated within the ordered gene list. If all proliferation genes are at the top of the ordered list, we may suggest that proliferation genes are up-regulated in our experiment. Special plotting and statistical tests allow to visualize the GSEA results and estimate the significance.

Of course, the multiple testing correction should be applied when necessary.



You may read about the details of GSEA implementation in the method's web site.

Importantly, the GSEA web site also provides one of the most comprehensive databases, including many known Molecular Signatures and genes annotations.

Enrichment Analysis Tools & Visualizations

A very large number of tools, databases and plot types ...

Online WEB GUI

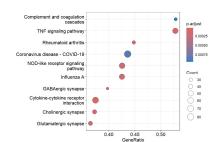
Take care about reproducibility!

https://reactome.org

https://david.ncifcrf.gov

https://depmap.org

etc etc etc



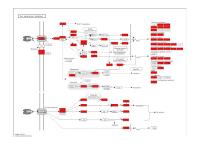
Stand-alone applications, R and Python libraries

Tools provided at the GSEA, GO and KEGG web-pages ...

https://maayanlab.cloud/Enrichr

https://guangchuangyu.github.io/software/clusterProfiler

etc etc etc

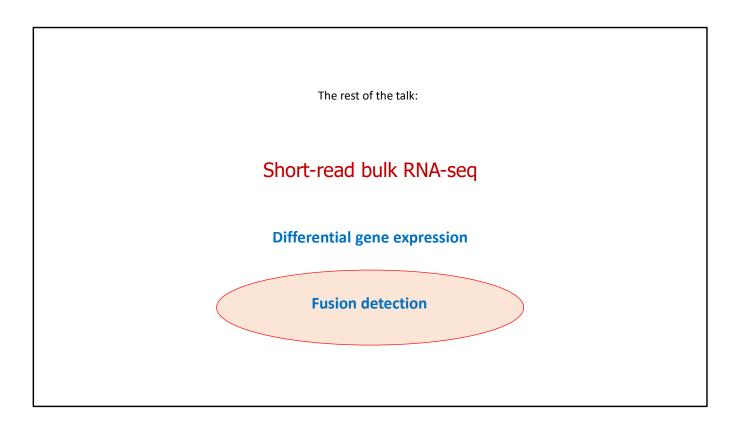


There are many online tools and stand-alone software that can be used for the enrichment analysis.

Using interactive WEB tools, one should pay special attention to the versions of the used resources, selected thresholds etc. Other way, it may be difficult to reproduce the results.

The stand-alone tools or software packages usually provide logs (and scripts) required for the reproducible research.

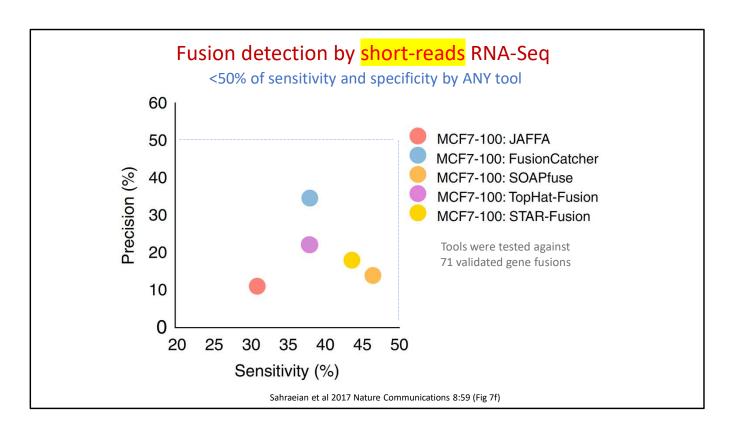
Similarly, there are many ways of visualizing enrichment analysis. Here you can see a couple of plots that yoll be used during the practical session. The left dot-plot shows the degree of enrichment, p-value and the number of genes per set/pathway using position, size and color of the dots. The right plot illustrates a KEGG pathway, with the enriched genes highlighted in red.



This concludes the overview of the gene expression analysis in bulk short-read RNA-seq data.

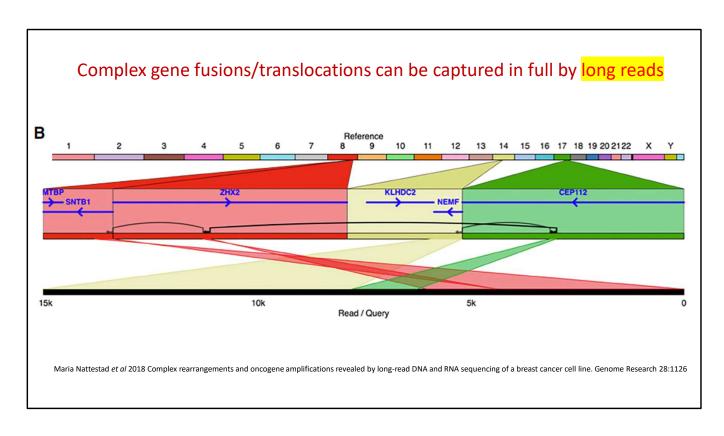
Because of the high clinical relevance in oncology, I also will mention fusion detection.

However, nowadays the fusion detection should be done using the long reads sequencing.



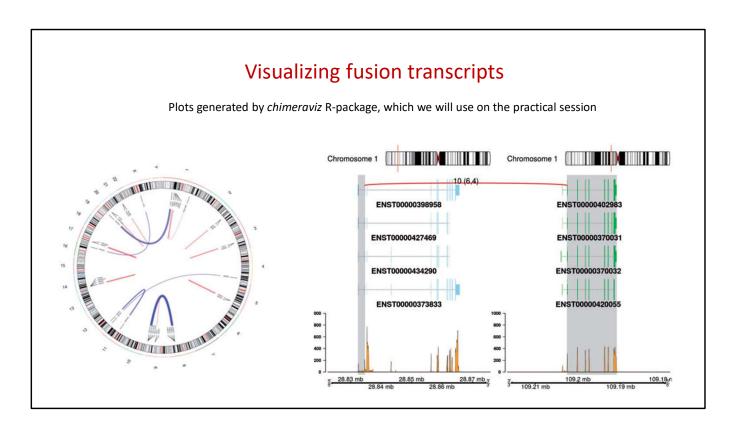
Although many clever people did their best in the fusion detection from the short reads, you can see that, out of the 5 top tools for fusion detection, none could achieve even 50% of sensitivity or precision in this study.

Of course, it could be slightly improved by deeper sequencing, and in our practical session we will run an example, when a clinically relevant fusion is detected from the short reads by STAR-fusion.



However, the long reads open the whole new chapter in fusion (and other complex rearrangements) detection.

This field is growing as we speak, and I will not discuss it further in this lecture.



Many types of plots are used to visualise gene fusions.

In our practical session we will use an R package called Chimraviz, which allows to show the detected fusions in a Circus plot (and in some other types plots).



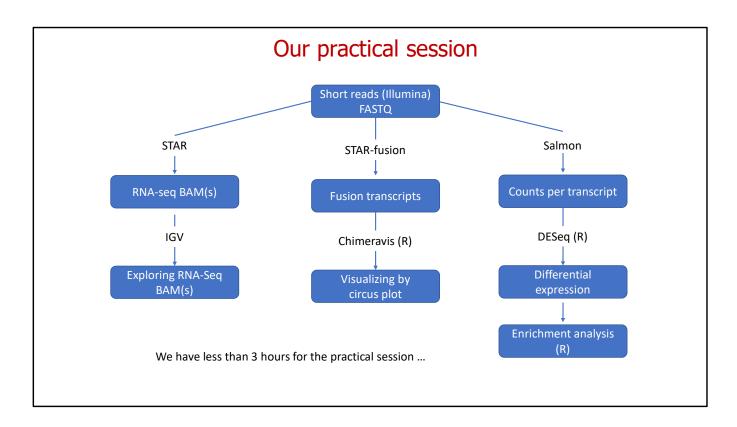
And this is it for this lecture.

Selected additional references

- See links in the slides and in practical session materials
- Hutchison et al 2024: The tidyomics ecosystem: enhancing omic data analyses. Nat Methods, 14 June 2024 https://www.nature.com/articles/s41592-024-02299-2
- Mangiola et al 2021: tidybulk: an R tidy framework for modular transcriptomic data analysis. Genome Biology https://genomebiology.biomedcentral.com/articles/10.1186/s13059-020-02233-7
- Law et al 2020: A guide to creating design matrices for gene expression experiments. F1000 Research 9:1444
 https://f1000research.com/articles/9-1444
 https://bioconductor.org/packages/release/workflows/vignettes/RNAseq123/inst/doc/designmatrices.html
- Stark et al **2019:** RNA sequencing: the teenage years. *Nature Reviews* 20:631 https://www.nature.com/articles/s41576-019-0150-2
- https://www.datacamp.com/tutorial/r-formula-tutorial

Many references are available directly in the slides and in practical session martials.

These are just some selected additional references, showing a broader context, and touching upon selected points that we haven't had time to discuss.



Practical session plan