Course Report: Contemporary Health – 502222329Q258

ID: 429597 | **Grade**: 10

Actual Grade: 87.8% | Overall Grade: 87.8% | Relative Grade: 1.0%



Created On: 06/28/2022, 05:20 PM

Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Unit: Nutrition and Physical Activity								
Lesson: Guidelines for Healthy Eating								
Warm-Up		06/28/2022	06/28/2022	1	4m	4m 1s		
Instruction		06/28/2022	06/28/2022	1	35m	42m 18s		
Summary		06/28/2022	06/28/2022	1	2m	2m 33s		
Assignment		06/28/2022	06/28/2022	1	21m	9m 47s	Assignment	94.1%
Quiz		06/28/2022	06/28/2022	2	15m	6m 32s	Quiz	100%
Lesson: Nutrition and Health								
Warm-Up		06/28/2022	06/28/2022	1	4m	3m 37s		
Instruction		06/28/2022	06/28/2022	1	24m	53m 19s		
Summary		06/28/2022	06/28/2022	1	2m	2m 32s		
Assignment		06/28/2022	06/28/2022	1	12m	7m 15s	Assignment	57.1%
Project: Nutritional Claims		06/28/2022			1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Nutrition and Physical Fitness in Your Community								
Warm-Up					4m			
Instruction					25m			
Summary					2m			
Assignment					17m		Assignment	
Project: Nutrition and Fitness Programs					1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Choosing and Preparing Healthy Foods								
Warm-Up					6m			
Instruction					17m			

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Summary					2m			
Assignment					13m		Assignment	
Quiz					15m		Quiz	
Lesson: Maintaining a Healthy Body Composition and Body Image								
Warm-Up					4m			
Instruction					28m			
Summary					2m			
Assignment					13m		Assignment	
Assignment					12m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Physical Fitness and Health								
Warm-Up					4m			
Instruction					17m			
Summary					2m			
Assignment					10m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Unit Test								
Unit Test Review					15m		Assignment	
Unit Test					40m		Test	
Unit: Personal and Community Health								
Lesson: Communicable Diseases								
Warm-Up					4m			

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Instruction					23m			
Summary					2m			
Assignment					14m		Assignment	
Quiz					15m		Quiz	
Lesson: Non-communicable Diseases								
Warm-Up					4m			
Instruction					15m			
Summary					2m			
Assignment					17m		Assignment	
Quiz					15m		Quiz	
Lesson: Preventative Medical and Dental Care								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					16m		Assignment	
Quiz					15m		Quiz	
Lesson: Personal Hygiene and Health								
Warm-Up					4m			
Instruction					22m			
Summary					2m			
Assignment					18m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Environmental Health and Safety								
Warm-Up					4m			

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Instruction					29m			
Summary					2m			
Assignment					16m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Making Informed Healthcare Decisions								
Warm-Up					4m			
Instruction					18m			
Summary					2m			
Assignment					13m		Assignment	
Project: Health Decisions					1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Health Care in the Community								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					15m		Assignment	
Project: Health Resources					1h 30m		Project	
Project: Societal Issues					1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Safety and Injury Prevention								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					22m		Assignment	

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Quiz					15m		Quiz	
Lesson: First Aid								
Warm-Up					4m			
Instruction					24m			
Summary					2m			
Assignment					17m		Assignment	
Quiz					15m		Quiz	
Lesson: Safe Driving Habits								
Warm-Up					4m			
Instruction					24m			
Summary					2m			
Assignment					12m		Assignment	
Quiz					15m		Quiz	
Lesson: Disaster Preparedness								
Warm-Up					4m			
Instruction					24m			
Summary					2m			
Assignment					13m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Unit Test								
Unit Test Review					15m		Assignment	
Unit Test					40m		Test	
Unit: Growth, Development, and Sexual Health								
Lesson: Puberty, Gender Identity, and Sexual								

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Orientation								
Warm-Up					4m			
Instruction					25m			
Summary					2m			
Assignment					14m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Abstinence, Safe Sex, and Making Informed Decisions								
Warm-Up					4m			
Instruction					24m			
Summary					2m			
Assignment					17m		Assignment	
Quiz					15m		Quiz	
Lesson: Conception, Pregnancy, and Birth								
Warm-Up					4m			
Instruction					27m			
Summary					2m			
Assignment					16m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Sexually Transmitted Infections, HIV, and AIDS								
Warm-Up					4m			
Instruction					22m			
Summary					2m			

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Assignment					20m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Unit Test								
Unit Test Review					15m		Assignment	
Unit Test					40m		Test	
Unit: Skills for Healthy Relationships								
Lesson: Skills for Healthy Relationships								
Warm-Up					4m			
Instruction					18m			
Summary					2m			
Assignment					17m		Assignment	
Quiz					15m		Quiz	
Lesson: Healthy Family Relationships								
Warm-Up					4m			
Instruction					16m			
Summary					2m			
Assignment					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Understanding Relationships with Peers								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					16m		Assignment	
Quiz					15m		Quiz	

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Lesson: Healthy Relationships: Dating and Marriage								
Warm-Up					5m			
Instruction					16m			
Summary					2m			
Assignment					10m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Parenting								
Warm-Up					4m			
Instruction					18m			
Summary					2m			
Assignment					12m		Assignment	
Quiz					15m		Quiz	
Lesson: Conflict Resolution and Decision-Making Skills								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					13m		Assignment	
Quiz					15m		Quiz	
Lesson: Gang Violence								
Warm-Up					4m			
Instruction					19m			
Summary					2m			
Assignment					18m		Assignment	
Project: Gang Alternatives					1h 30m		Project	

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Quiz					15m		Quiz	
Lesson: Sexual Harassment and Sexual Assault								
Warm-Up					4m			
Instruction					21m			
Summary					2m			
Assignment					15m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Human Trafficking in the US								
Warm-Up					5m			
Instruction					25m			
Summary					2m			
Assignment					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Unit Test								
Unit Test Review					15m		Assignment	
Unit Test					40m		Test	
Unit: Mental and Emotional Health; Alcohol, Tobacco, and other Drugs								
Lesson: The Importance of Mental and Emotional Health								
Warm-Up					4m			
Instruction					19m			
Summary					2m			
Assignment					13m		Assignment	
Quiz					15m		Quiz	

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Lesson: Mental and Emotional Problems								
Warm-Up					4m			
Instruction					25m			
Summary					2m			
Assignment					14m		Assignment	
Quiz					15m		Quiz	
Lesson: Stress and Stress Management								
Warm-Up					4m			
Instruction					25m			
Summary					2m			
Assignment					13m		Assignment	
Quiz					15m		Quiz	
Lesson: Grief, Loss, Depression, and Suicide								
Warm-Up					4m			
Instruction					18m			
Summary					2m			
Assignment					13m		Assignment	
Quiz					15m		Quiz	
Lesson: Bullying								
Warm-Up					4m			
Instruction					19m			
Summary					2m			
Assignment					12m		Assignment	
Project: Bullying Prevention					1h 30m		Project	
Quiz					15m		Quiz	

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Lesson: Seeking Help in Your Community								
Warm-Up					4m			
Instruction					13m			
Summary					2m			
Assignment					12m		Assignment	
Project: Creating a Blog Post					1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Alcohol Use and Its Dangers								
Warm-Up					4m			
Instruction					29m			
Summary					2m			
Assignment					18m		Assignment	
Short Writing					15m		Assignment	
Quiz					15m		Quiz	
Lesson: Nicotine, Tobacco, and their Dangers								
Warm-Up					4m			
Instruction					24m			
Summary					2m			
Assignment					22m		Assignment	
Quiz					15m		Quiz	
Lesson: Prescription, Nonprescription, and Illegal Drugs								
Warm-Up					4m			
Instruction					21m			
Summary					2m			

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Activity	Due	First Attempt	Submitted	Attempts	Est Time	Total Time	Category	Score
Assignment					15m		Assignment	
Quiz					15m		Quiz	
Lesson: A Substance-Free Lifestyle								
Warm-Up					4m			
Instruction					14m			
Summary					2m			
Assignment					13m		Assignment	
Project: Substance-Free PSA					1h 30m		Project	
Quiz					15m		Quiz	
Lesson: Unit Test								
Unit Test Review					15m		Assignment	
Unit Test					40m		Test	
Unit: Cumulative Exam								
Lesson: Cumulative Exam								
Cumulative Exam Review					30m		Assignment	
Cumulative Exam					1h 15m		Exam	