

Room Type	Recommended Light Level (LUX)	Average Light Level (LUX)
Kitchen	300-500 lux	400 lux
Office Room	300-500 lux	400 lux
Parking	50-100 lux	125 lux
Restroom/Toilet	100-300 lux	200 lux
Stairway	50-200 lux	125 lux
Bedroom (Child)	200-500 lux	350 lux
Bedroom (Adult)	100-300 lux	200 lux
Living Room	200 – 400 lux	300 lux