Healthcare in Belgium

Quick Reference Guide

Emergency Numbers

112	General Emergency (Police, Fire, Ambulance)
1733	Medical Helpline (non-emergency, advice)
070 245 245	Poison Control Center
02 535 45 00	On-call Pharmacy Info

Understanding the Mutuelle System

How It Works

1. You pay the doctor directly
2. Get a receipt (attestation)
3. Submit to your mutuelle
4. Get 50-75% reimbursed

Mutuelles (Health Insurance Funds)

CM (Christelijke Mutualiteit)	Largest, good English support
Solidaris	Socialist mutuality, French speakers
Mutualité Libérale	Liberal mutuality
Partenamut	Modern app, online-focused
Mutualité Neutre	Neutral option

Note

Partena is for self-employed (indépendants) - it's NOT a mutuelle for employees!

Finding Doctors

English-Speaking Doctors

- **DoctorAnytime.be** — Book online, filter by language
- **doctolib.be** — Popular booking platform
- **Your mutuelle website** — Provider directory

> 💡 **Tip:** Book a GP (médecin généraliste) as your first point of contact. They can refer you to specialists.

Pharmacy (Pharmacie)

- Open pharmacies: 9am-6pm weekdays
- **Pharmacie de garde**: After-hours/weekend pharmacy
- Find on-call pharmacy: pharmacie.be or call 0903 99 000

Key Terms

French	English
Médecin généraliste	General Practitioner (GP)
Ordonnance	Prescription
Remboursement	Reimbursement
Attestation	Receipt/Certificate

ExpatsatHome.be