# launch code

Lin, Education Operations Manager

June 15, 2017

#### Time and Task Management

for Immersive CodeCamp St. Louis



#### Challenges

- Procrastination: what we need to do is not appealing or satisfying
- It is difficult to make the priority
- Feel overwhelmed (Reading? Studio? Exercises? Assignments?)
- Can't complete what we started
- Get distracted easily
- .....



#### Objectives

- Use time to the best of our advantage
- Become more productive at getting things done
- End (some) procrastination



### Write It Down



#### Write It Down

- Keeping things in your head leads to stress
- Release our brain from remembering what to do
- Instant gratification of crossing items out when they are done



#### Calendar

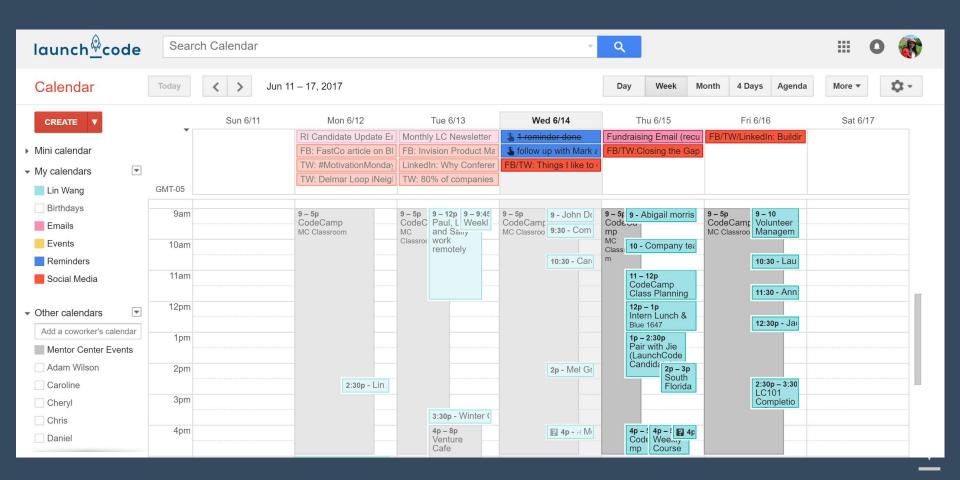
- Keep track of the overall workload
- Identify "holes" in your schedule when you can actually do stuff
- Help develop to-do list

#### **To-Do List**

- Small, manageable, and specific
- Add desired outcome where applicable
- Fluid review every day

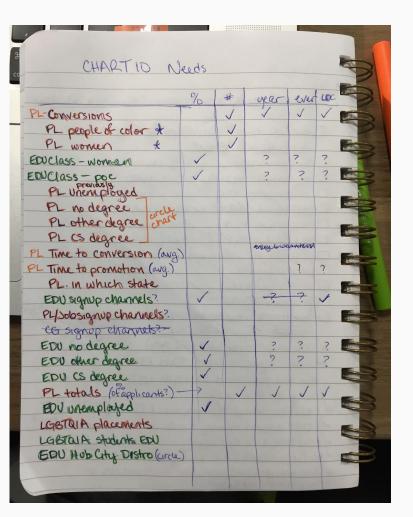


#### Lin's Calendar for This Week



#### Tiana's To-Do List for Lin

- Small
- Specific
- Manageable
- Desired Outcome
- Fluid





"What is important is seldom urgent and what is urgent is seldom important."

- Dwight D. Eisenhower

### Prioritize



### Importance vs. Urgency

• Focus on Q2 for long term achievement of goals





### Focus



### Pomodoro Technique

- Great for groups and teams (pair programming)
- Planning and tracking are fundamental
- In planning phase, tasks are prioritized to estimate efforts
- In tracking phase, tasks completed are recorded, adding a sense of accomplishments



The technique uses a timer to break down work into intervals, traditionally 25 minutes in length, separated by short breaks. The interval spent working is called pomodoro. Four pomodoro form a set, after which a longer break is taken.



#### **Temptation Bundling**

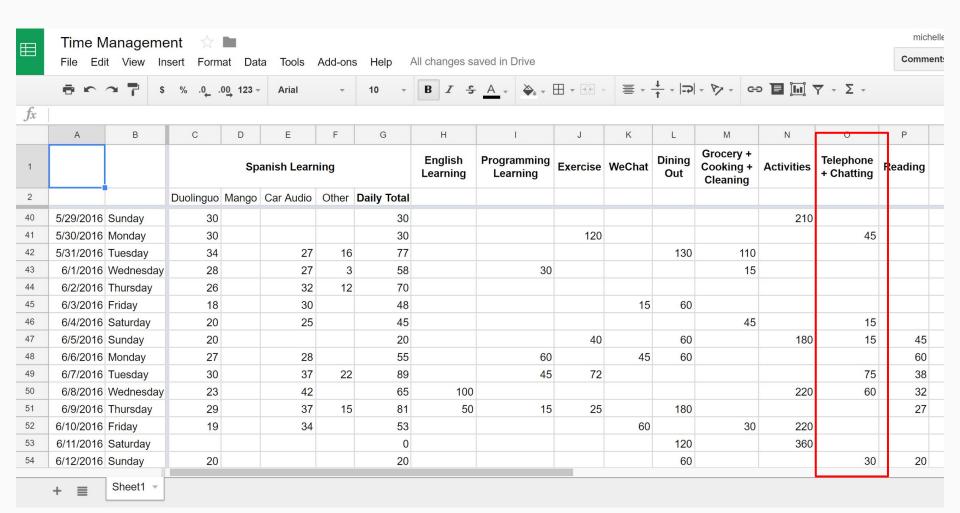
- We can make it easier to perform a behavior that is good for you in the long-run by combining it with a behavior that feels good in the short-run
  - o <u>Exercise with eating ice cream</u>
  - Coding with going out for lunch



**Hofstadter's Law**: It always takes longer than you expect, even when you take into account Hofstadter's Law.

#### **Audit Your Time**



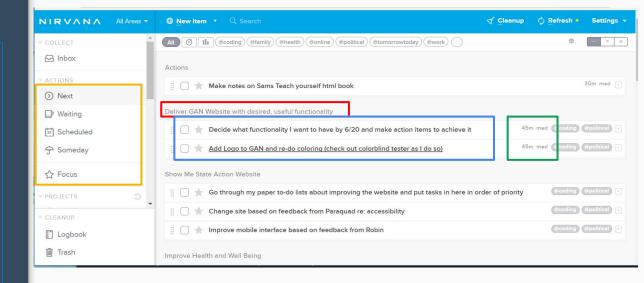


### Apps We Like



#### **Nirvasa**

- Designed in response to the book Getting Things Done
- Good for people that are organized
- Categorize (orange)
- Separate projects (red) and tasks (blue)
- Manages both time and energy (green)





### Crystal's WorkFlowy

- Great for organizing thoughts
- Can integrate to-do list (red)

- CoderGirl Buckets
  - Social Media and Marketing
  - Curriculum development
  - Application and class recruitment
  - Weekly Event Logistics
  - Intern Management
  - Mentor and Volunteer Management
  - Funding Grants and Strategic Partnerships
  - Events and Programming (Speaker Series, Workshops)
    - Needs
    - Goals

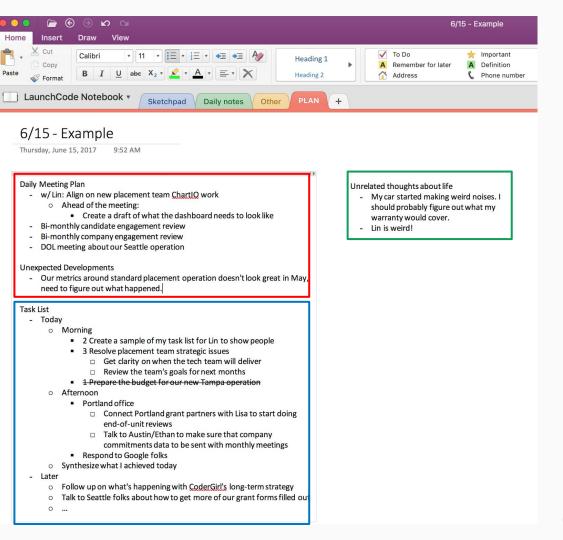
#### #TODOs

- CoderGirl Sponsorship for the Speaker Series
- CoderGirl Sponsorship for the workshops
- Workshop application form
- Tag items with #InProgress #Complete #Remember
- Building and Cultivating Community
- Long Term Planning and Expansion
- Random
- Thursday
- Conference Talk Ideas



#### **Emre's OneNote**

- 1 Page for each day under plan notebook
- Separate meetings (red) and to-do tasks (blue)
- Prioritize tasks
- Separate official plans and random thoughts (green)





#### If You Have Kids...

- Grab scraps of time
  - Watch short coding tutorials while cooking
  - Read a few pages of textbook while watching kids play in the playground
  - <u>Listen to recorded lectures in the car great for reviewing concepts</u>
- Be prepared
  - o A programming book in every room in the house
  - o A playlist of video tutorials ready in your computer
- Get as much done as possible while kids are awake so that you can practice coding when they are asleep



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