

Trends Over Time Project Conclusion

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Overall, this project taught me about how weather impacts how much time students spend outside and how time spent outside impacts their mood. I learned that students spend more time outside when the weather is better and that they have higher moods when they spend more time outside. If I were to continue this study in the future, I would like to conduct the survey for a longer period and with more students to get a more in-depth analysis of the questions. I would also like to look at the combined impacts of weather and time spent outside on mood. Conclusively, this project was interesting to analyze and taught me how to work with longitudinal data, which is a skill I can use when I continue my career in research in the future.