Upon opening Program:A screenshot of a computer

Description automatically generated

Filling out first exercise:  
A screenshot of a computer

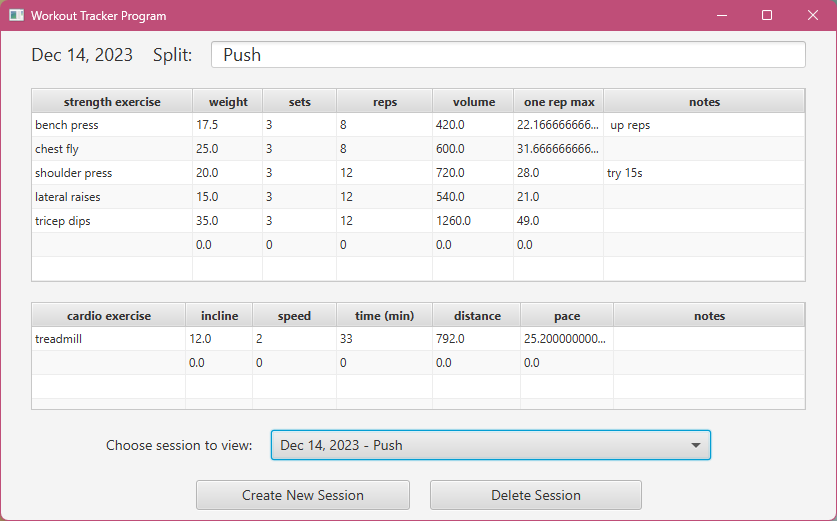
Description automatically generated

After hitting ‘create new session’:  
A screenshot of a computer

Description automatically generated

After creating multiple sessions (shows as same day because I made them all today, but it’s intended for them to show in descending order so the most recent sessions are up at the top to pick and choose from)  
A screenshot of a computer

Description automatically generated

if I select the ‘Push’ day, it brings up the into saved:  


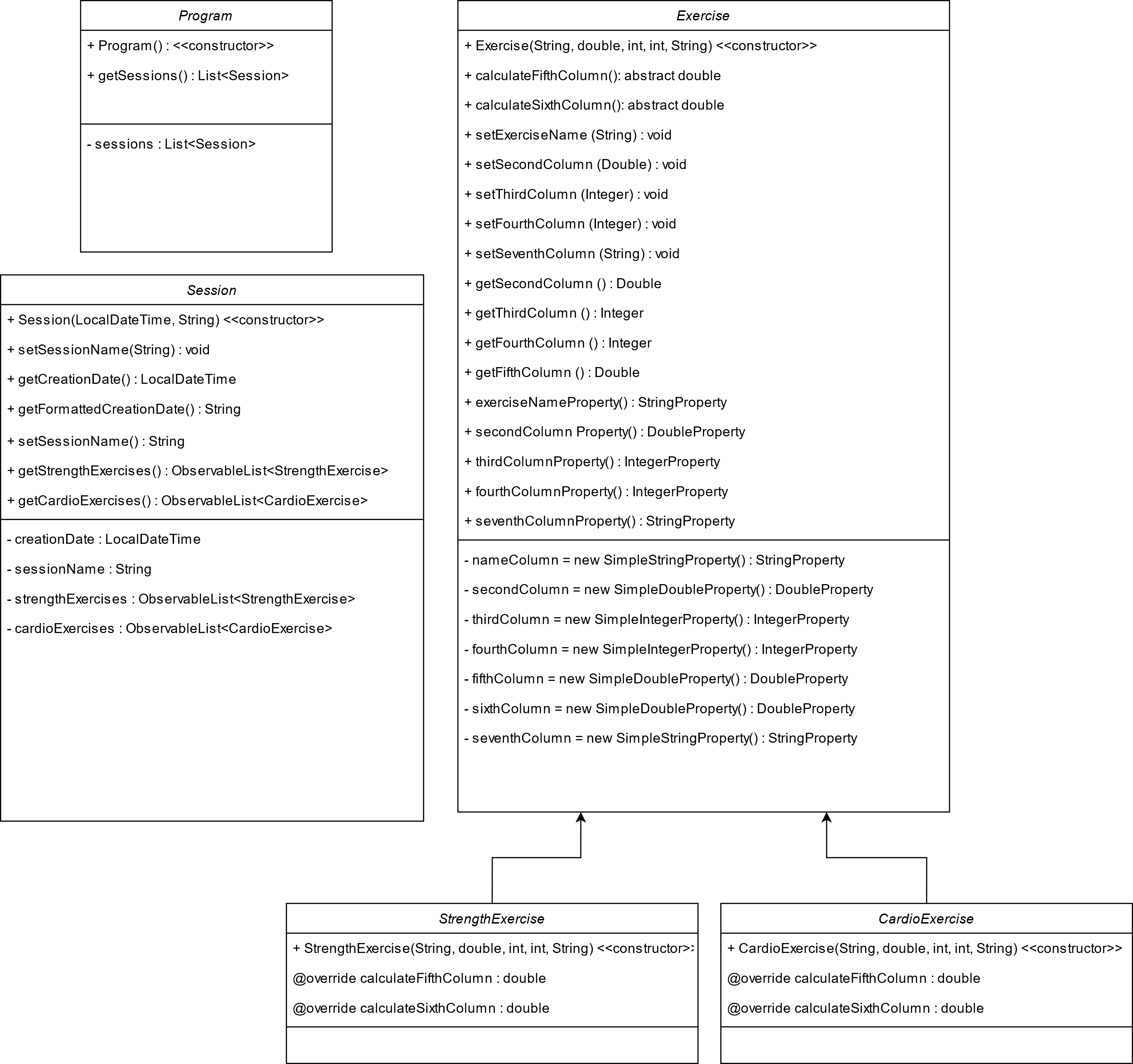
to look at sessions again:  
A screenshot of a program

Description automatically generated

click ‘mistake session’:

A screenshot of a computer

Description automatically generated



After hitting ‘delete session’ (will show the next recent session in order):  
A screenshot of a computer

Description automatically generated