

# Music of the Sphere: Connecting the Evolution of the Universe on the Largest Scales to Inflation

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## I. DEFINITIONS AND CONSTANTS

Inflation provides a way of seeding perturbations to the metric outside the Hubble horizon (well) before the time of BBN. It is common to quantify these perturbations with the gauge-invariant curvature perturbation of the metric  $\zeta$ , which is defined by:

$$-\zeta = \psi + H \frac{\delta\rho}{\rho}, \quad (1)$$

where  $\psi$  is the trace part of the spatial scalar metric perturbations, i.e. writing the most general spatial perturbation to a 4-d metric by  $\delta g_{ij} = 2(\psi\delta_{ij} - E_{ij})$  with  $\nabla^2 E = 0$ , then  $\psi$  contains the trace of the perturbation. We also define  $\rho$  and  $\delta\rho$  to be the mean energy density and the linear energy density perturbation, respectively, as well as the  $H$ , the Hubble parameter.  $H$  and  $\rho$  are related through the first Friedmann equation,

$$H^2 \equiv \left(\frac{\dot{a}}{a}\right)^2 = \frac{1}{3M_{\text{Pl}}^2} \rho = \frac{1}{3M_{\text{Pl}}^2} \left( \frac{\dot{\varphi}^2}{2} + \frac{1}{2} \frac{\nabla^2 \varphi}{a^2} + V \right), \quad (2)$$

where  $a$  is the scale factor and, in the third equality, we have related  $\rho$  to the field content of the Universe assuming a single scalar field,  $\varphi$ , is dominating its energy density, as is the case in single field inflation. The 3 terms in the l.h.s. of (2) represent, in order of appearance, the kinetic energy density of the field, its gradient energy density, and its potential energy.

For inflation to occur, the field  $\varphi$  must be dominated by its homogeneous mode, hence at the background level one has  $\frac{1}{2} \frac{\nabla^2 \varphi}{a^2} = 0$ , and its potential energy must dominate over its kinetic energy density. Hence  $\dot{\varphi}^2 \ll V$  during inflation. Moreover, during single-field inflation, there is only one physical scalar perturbation degree of freedom representing both scalar metric fluctuations and  $\varphi$  fluctuations. Therefore, through an appropriate gauge choice, it is possible to gauge away all linear fluctuations in  $\varphi$  and be left with only  $\zeta$  as the scalar perturbation. This gauge choice is commonly called the  $\zeta$ -gauge, or comoving gauge.

During inflation,  $H$  remains almost constant, since  $V \gg \dot{\varphi}^2$  and  $\varphi$  is almost static. Deviations from  $H = \text{cst}$  can be quantified by a hierarchy of slow-roll parameters:

$$\epsilon \equiv -\frac{\dot{H}}{H^2}; \quad \eta = \frac{\dot{\epsilon}}{\epsilon H}; \quad \eta_n = \frac{\dot{\eta}_{n-1}}{\eta_{n-1} H} \quad \text{for } n > 1. \quad (3)$$

Inflation requires  $\epsilon < 1$ , and obtaining at least 60  $e$ -folds requires  $\eta < 1$  as well. In the case of single-field inflation, which we will assume in the rest of these notes, the first slow-roll parameter  $\epsilon$  can also be re-written as:

$$\epsilon = \frac{1}{2} \frac{\dot{\varphi}^2}{M_{\text{Pl}}^2 H^2}, \quad (4)$$

a formula that will be very useful in the following. Moreover, it will prove useful to use this to re-write  $H$  as a function of  $\epsilon$  and  $V$  only:

$$M_{\text{Pl}}^2 H^2 = \frac{V}{3 - \epsilon} \quad (5)$$

The main observable predicted by inflation is the power spectrum of curvature fluctuations,  $\mathcal{P}_\zeta(k)$ , defined by:

$$\langle \zeta_k \zeta'_k \rangle = (2\pi)^{(3)} \delta^3(k + k') \mathcal{P}_\zeta(k) \quad (6)$$

Explicitly,  $\mathcal{P}_\zeta(k)$  can be calculated to be

$$\mathcal{P}_\zeta(k) = \frac{1}{4k^3} \frac{H^2}{\epsilon} \Big|_{k=aH}. \quad (7)$$

Quantities in the above equation are evaluated at horizon exit for every mode. Since each mode  $\zeta_k$  remains constant outside of the Hubble horizon (see, e.g. Weinberg's proof in astro-ph/0302326), it is sufficient to calculate the amplitude of each mode at horizon exit and fix it from there until horizon re-entry, much after inflation. If we do not want to perform the evaluation at horizon crossing, it is also possible to write an expression involving the explicit  $k$ -dependence, through a Hankel function of the first kind:

$$\mathcal{P}_\zeta(k) \sim \frac{\pi}{2} (-\tau)^{2\nu} \left| H_\nu^{(1)}(-k\tau) \right|^2. \quad (8)$$

Here,  $\tau$  is the conformal time, related to the cosmic time  $t$  by  $dt = a d\tau$ , and  $\nu$  is given by:

$$\nu = \frac{3}{2} + \epsilon + \frac{1}{2}\eta \quad (9)$$

to leading order in slow-roll parameters. The dimensionless form of the power spectrum is given by

$$\Delta_\xi^2 \equiv \frac{k^3}{2\pi^2} \mathcal{P}_\zeta(k). \quad (10)$$

Other useful observables to define are the tilt of the power spectrum, defined by:

$$n_s - 1 \equiv \frac{d \ln \Delta_\xi^2}{d \ln k} = -\epsilon - 2\eta, \quad (11)$$

where the last equality holds to first order in slow-roll parameters, and the running, defined by

$$\alpha_s = -2\eta\epsilon - \eta\eta_2. \quad (12)$$

Finally, the tensor-to-scalar ratio is given by:

$$r = 16\epsilon. \quad (13)$$

The amplitude of the power spectrum is usually given at a pivot scale, denoted by  $k_*$ . For  $k_* = 0.05 \text{ Mpc}^{-1}$ , we have  $\Delta_\zeta^2 = 2.4 \times 10^{-9}$  from the latest Planck data.

## II. RELATION TO THE CMB

The Fourier modes of  $\zeta$  are related to observable coefficients of spherical harmonics on the last scattering surface through:

$$a_{lm} = 4\pi(-i)^l \int \frac{d^3k}{(2\pi)^3} \Delta_{T(l)}(k) \zeta_{\vec{k}} Y_{l,m}(\hat{k}), \quad (14)$$

where the  $Y_{l,m}(\hat{k})$ s are the spherical harmonics and  $\Delta_{T(l)}(k)$  is a transfer function that transforms the primordial, 3 dimensional  $\zeta_{\vec{k}}$  at horizon re-entry into the spectrum of metric fluctuations as observed today projected onto the 2d sphere, and can be written as

$$\Delta_{T(l)}(k) = \int_0^{\tau_0} d\tau S_T(k, \tau) P_{T,l}(k | \tau_0 - \tau). \quad (15)$$

This can be understood as an integral over the line of sight over a physical source term ( $S_T$ ) and a geometric projection  $P_{T,l}$  which can be written as a combination of Bessel functions.

Note that, inside the horizon after indlation, it is more convenient to use the Newtonian gauge. Once modes have re-entered the horizon, one can think of  $\zeta$  and the gravitational potential  $\phi$  (i.e. the metric perturbation in Newtonian gauge) interchangeably.

Moreover, upon horizon re-entry, all the modes  $\zeta_{\vec{k}}$  with a fixed  $|\vec{k}|$  are in phase and have an amplitude that is randomly distributed. If the fluctuations are Gaussian, the modes  $\zeta_{\vec{k}}$  with a fixed  $|\vec{k}|$  are drawn from a Gaussian disrtibution with mean 0 and variance given by  $\mathcal{P}_\zeta(k)$ .

The reconstruction presented in music.pdf allows to recover  $\zeta_k$  (or equivalently  $|\zeta_k|^2$  which is a sample of  $\mathcal{P}_\zeta(k)$ ) for a small, low value range of  $k$ -modes.

### III. SAMPLING $\mathcal{P}_\zeta(k)$

Our goal in the following will be to reconstruct the potential of the inflaton in a model-independent fashion, by using only the samples of the specific  $\zeta_k$  we get from reconstructing the fluctuations of the gravitational potential in the 3d Universe. Since in  $k$ -space we now look at a volume, the number for modes will therefore grow as  $k^3$ , as opposed to the usual  $l^2$  when the Universe is projected onto a 2d surface at last scattering. It is useful to see how many samples we get for each additional surface  $k$ -shell we add to the considered volume. That is, for every additional shell in  $\vec{n}$  space of unit thickness we add the number of additional samples of the  $\zeta_k$  power spectrum is

$$\delta Vol_{\vec{n}} = \frac{4\pi}{3} (n_2^3 - n_1^3) \quad (16)$$

$$= \frac{4\pi}{3} (n_2^3 - (n_2 - 1)^3) \quad (17)$$

$$= 4\pi(n^2 - n + 1). \quad (18)$$

Therefore, for every additional shell, we add  $2\pi(n^2 - n + 1)$  independent measurements, where we divide by two to only consider the half shell, since  $\zeta_k$  and  $\zeta_{-k}$  are related to each other through complex conjugation and are therefore not independent. Therefore the procedure from Music.pdf gives us a number of fiducial measurements of  $\mathcal{P}_\zeta(k)$  over a range of  $|\vec{k}|$  (or  $|\vec{n}|$ ) values.

### IV. RECONSTRUCTING THE POTENTIAL OF THE INFLATION

Only assuming single field inflation, from the samples of  $\mathcal{P}_\zeta$  it is possible to reconstruct locally the shape on the inflaton potential, in a model-independent way. To see how this is possible, we can re-write the expression of the  $\mathcal{P}_\zeta$  in terms of  $V(\varphi)$  and slow-roll parameters, using (5):

$$\mathcal{P}_\zeta(k) = \frac{1}{4k^3} \frac{V}{M_{\text{Pl}}^2 \epsilon (\epsilon - 3)} \Big|_{k=aH}. \quad (19)$$

Given a single fiducial measurement of  $\mathcal{P}_\zeta(k)$  at a fiducial value of  $k_*$ , we can find an expression for  $V(\varphi)$  in the local neighbourhood of  $V(\varphi)$  as a function of  $V(\varphi_*)$  and slow-roll parameters at  $\varphi_*$ , where  $\varphi_*$  is the value of the background inflaton field at the moment when the mode with wavenumber  $k_*$  exited the horizon. To do this, we simply Taylor expand  $V$  around  $\varphi_*$ :

$$V(\varphi_* + \Delta\varphi) = V(\varphi_*) + \partial_\varphi V(\varphi)|_{\varphi_*} \Delta\varphi + \frac{1}{2} \partial_\varphi^2 V(\varphi)|_{\varphi_*} \Delta\varphi^2 + \frac{1}{6} \partial_\varphi^3 V(\varphi)|_{\varphi_*} \Delta\varphi^3 + \frac{1}{24} \partial_\varphi^4 V(\varphi)|_{\varphi_*} \Delta\varphi^4 + \dots \quad (20)$$

where we have included only relevant and marginal operators in the expansion (up to the fourth derivative of  $V$ ). Higher derivatives represent irrelevant operators and are neglected here. Since we are only performing a local expansion around a point of the potential for which the range of the inflaton is small and are not considering the full range of the inflaton during inflation, we do not expect a breakdown of perturbation theory; i.e., we consider sub-Planckian excursions of the field around  $\varphi_*$ ,  $\Delta\varphi < M_{\text{Pl}}$ , so that the tower of higher order operators suppressed by at least 5 powers of the Planck mass do not become relevant.

Similarly, we can expand  $\epsilon$  appearing in (19) around the fiducial value  $\epsilon_*$  at the same  $\varphi_*$ ,

$$\epsilon = \epsilon_* + \Gamma_1 \Delta\varphi + \Gamma_2 \frac{\Delta\varphi^2}{2} + \Gamma_3 \frac{\Delta\varphi^3}{3!} + \Gamma_4 \frac{\Delta\varphi^4}{4!}. \quad (21)$$

Every derivative of  $V$  can be expressed in terms of slow-roll parameters at  $\varphi_*$  alone, and similarly for all the derivatives of  $\epsilon$ . Therefore, we find a fitting function in terms of the slow-roll parameters (the first four of them- see calculations notes).