

Additional Measures for Massage Establishments
(Effective from 15 March 2022)

Measures for the Premises

- i. **Adopt queue management measures** to reduce physical interactions between staff and customers as well as amongst customers. This can include allowing customers to only visit the premises on an appointment basis, and **having clear demarcation of the safe physical distances** using floor markers or other means, **at all common spaces** where congregation or queuing of customers and/or staff might occur (e.g. at the entrances, counters, waiting areas).
- ii. **Encourage the use of cashless or contactless payment and minimise need for physical touchpoints** (e.g. deploying contactless access controls) to reduce contact between staff and customers. Where physical contact is needed, to adopt additional safeguards (e.g. frequent disinfection of touchpoints) to minimise the risk of cross infections.
- iii. Use air purifiers in the premises to cleanse the air in the surroundings.
- iv. Adopt measures to improve ventilation and indoor air quality, to reduce the risk of air borne transmission of COVID-19 in the MEs. More details can be found at <https://go.gov.sg/bca-nea-moh-guidance-ventilation-sep2021>.

Measures for Staff

- i. **Ensure staff adhere to MOH's prevailing travel advisory.**
- ii. **Minimise events and activities which involve close and prolonged contact** amongst staff at the workplace, such as birthday celebrations, team bonding activities, etc.
- iii. **Pay special attention to vulnerable staff** (e.g. older or pregnant staff) and temporarily redeploy them to another role that is suitable for working from home, if possible.
- iv. **Stagger working and break hours** to reduce staff congregation at common spaces. If it is not feasible to implement this due to operational reasons, employers should implement other systems to achieve this outcome (e.g. arrange for different groups of employees to arrive/depart through different entrances/exits).
- v. **Encourage staff to observe good personal hygiene** (e.g. wash their hands regularly with soap and after completing each massage session). Signs should also be put up to remind staff on good social habits such as observing good personal hygiene.

Management of ill / suspected cases

- i. **Actively monitor the health status (including checks for respiratory symptoms) of all staff.** Staff who are close contacts with C+ persons should monitor their health more regularly, regardless whether they receive a Health Risk Notice from MOH.
- ii. **Remind staff not to clinic-hop** and where possible, ensure that each staff only visits one clinic for check-ups if unwell. Otherwise, the staff should inform the clinic of all recent doctor visits over past 14 days for any symptoms that may be related to COVID-19 (including but not limited to typical symptoms such as fever, cough and shortness of breath).
- iii. **Prepare an evacuation plan for unwell or suspected cases** to seek medical assistance. Any staff who is feeling unwell or showing symptoms of illness should be asked to leave the ME immediately to consult a doctor or to self-isolate at home. These cases must be recorded and monitored as part of SMMs.