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What ingredient would you like to know more about?

Enter an ingredient like "1 cup rice, 10 oz chickpeas, 1 gram chana,1 whole egg", etc.

Ex: 10gms Chicken

CALCULATE CALORIES

Vaccination Information

Name	When To Give	Dose	Route	Site	Schedule
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Vaccine A	One Month	1	Oral	Left Thigh	Schedule
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Vaccine B	Six Months	2	Intramuscular	Right Arm	Schedule
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Vaccine C	One Year	3	Subcutaneous	Left Shoulder	Schedule
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Add a Child

Enter Parent’s Name

Enter Child’s Name

Enter Child’s Age

Enter Child’s Gender

Choose File

No File Chosen

Add

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NUTRITION & HEALTH



Select Medical Condition:

Select Condition



Health comes first

Logout

Find your Doctor and make an Appointment. On-demand healthcare services at your fingertips.

Book Appointment

Manage My Appointments

Explore various features to manage your health needs:



Symptoms Tracker



Meditation Sessions



Medication Reminder



Search Doctor



Lab Test Booking



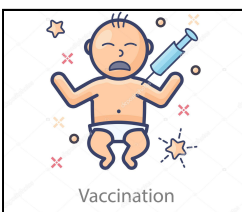
Health Resources



Diet Display



Manage Prescriptions



Child Vaccination



Calorie Count

Prescription Upload

Choose File

SAVE PRESCRIPTION

Saved Prescriptions