## Find Kindle

## 30 DAYS TO TAMING YOUR ANGER: HOW TO FIND PEACE WHEN IRRITATED, FRUSTRATED, OR INFURIATED (PAPERBACK)



Harvest House Publishers,U.S., United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. It's a mad, mad world and rare is the person who gets through a single day without encountering an irritating, frustrating, or anger-producing situation. Deborah Pegues, author of the award-winning and bestselling 30 Days to Taming Your Tongue (more than 650,000 sold), is once again a voice of hope in this indispensable guide for dealing with short-term and long-term feelings of displeasure. Pegues reveals that anger...

Download PDF 30 Days to Taming Your Anger: How to Find Peace When Irritated, Frustrated, or Infuriated (Paperback)

- Authored by Deborah Smith Pegues
- Released at 2013



Filesize: 1.09 MB

## Reviews

Just no words to clarify. It really is loaded with knowledge and wisdom You wont really feel monotony at at any moment of your own time (that's what catalogues are for concerning when you ask me).

-- Eda Auer

This is an amazing ebook that we have possibly go through. It really is filled with wisdom and knowledge Its been developed in an extremely straightforward way and is particularly merely after i finished reading this ebook where in fact altered me, affect the way in my opinion.

-- Berta Schmidt

## **Related Books**

Pointers to a Spiritual Life: Information and Guidance to Help You

• (Paperback)

Daughter of Destiny: The Only Authorized Biography

• (Paperback)

Are You My Type, Am I Yours?: Relationships Made Easy Through The

Enneagram

Lancaster County Indians annals of the Susquehannocks and other Indian tribes of the Susquehanna territory from about the

- year 1500 to 1763 the date of their extinction 1909 [Hardcover] How to Read Gardens: A Crash Course in Garden Appreciation
- (Paperback)