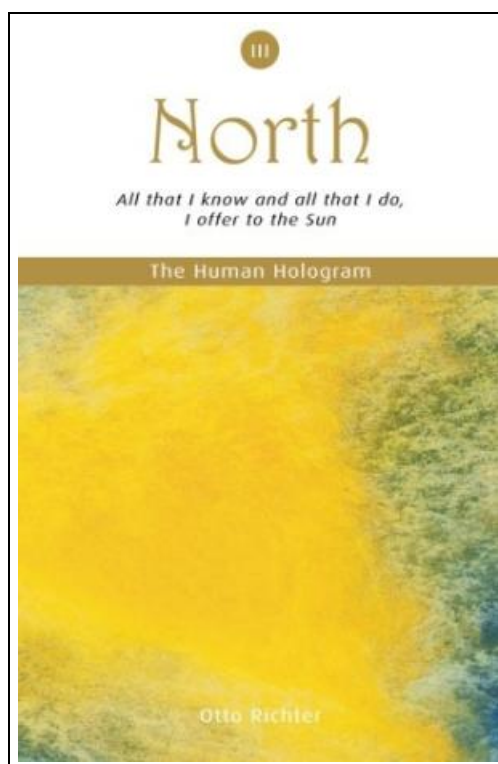


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### **Reviews**

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Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English. Brand new Book. North is the third in a seven volume series that lovingly guides readers on a journey from the painful existence in which ego rules. into the pleasure of being one's true Self. Going on this voyage convincingly shows how divine we really are. Called The Human Hologram, this long awaited series from internationally known author and rational mystic, Otto Richter, navigates us through the twists, turns, and ups and downs of spiritual growth-with startling success! Dancing on the edge between science and the sacred, the profound and the profane, he leads readers through his empowering holographic model of the human psyche, initiating us into new dimensions of mystical power. With remarkable tools that bypass any particular religious dogma, we are shown how to connect to extraordinary physical vitality, mental clarity, emotional stability and spiritual awareness. The series embraces the best of humanistic, transpersonal, and research-based psychology and combines it with fundamental aspects of archaic shamanism, energetic bodywork, and a hefty dose of humor. Richter eloquently infuses the teachings of his spiritual mentors, as well as his own mystical insights. Outstanding findings in the neurosciences are also revealed that, now more than ever, explain how our brain chemistry is involved. Plus, a guided meditation (also available as a digital-audio download) offers a deeper, more refined experience of each volume. The North of The Human Hologram represents the realm of the psyche that empowers us in the world of action. In this volume of the set, we'll experience self-discipline as something that is not only tolerable but actually pleasurable! Explore the power of your thoughts and learn to focus the mind in ways that energize you. Learn about how addicted you might be to the biochemical effects...



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