

# Lesson 4

## Implementing an Agile Release Train

### Day 1

1. Introducing the Scaled Agile Framework
2. Embracing a Lean-Agile Mindset  
Break
3. Understanding SAFe Principles  
Lunch
4. Implementing an Agile Release Train  
Break
5. Experiencing PI Planning

### Day 2

6. Executing and Releasing Value  
Break
7. Building an Agile Portfolio  
Lunch
8. Building Really Big Systems  
Break
9. Leading the Lean-Agile Enterprise

## Learning objectives

- 4.1 Synchronize development with the Agile Release Train
- 4.2 Organize Agile Teams and implement key Agile Release Train roles
- 4.3 Prepare to experience PI Planning

## 4.3

The diagram illustrates the Scaled Agile Framework (SAFe) structure, showing the flow from business goals down to team-level execution and quality assurance.

**Lean-Agile Leaders** (Top Left):

- DevOps
- Sys Team
- Release Mgmt
- Shared Services
- User Experience
- Vision
- Roadmap
- Metrics
- Milestones
- Releases

**Customer** (Top Right):

- Solution

**Agile Release Train** (Center):

- Release Any Time
- Enablers
  - Exploration
  - Architecture
  - Infrastructure

**Business Owners** (Middle Left):

- System Demos
- Feature
- Enabler
- PI Planning

**Product Owners** (Middle Right):

- PI Objectives
- Feature
- Enabler
- PI Planning

**Agile Team** (Bottom Left):

- SW
- FW
- HW
- Agile Team
- Scrum Master
- Scrum
- Kanban

**Built-In Quality** (Bottom Right):

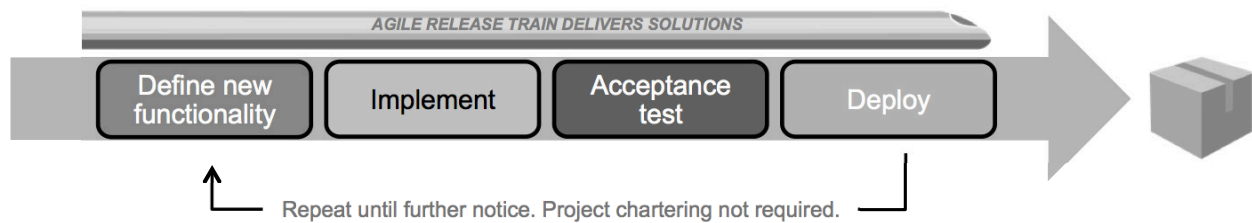
- Checkmark icon

**Core Values** (Bottom):

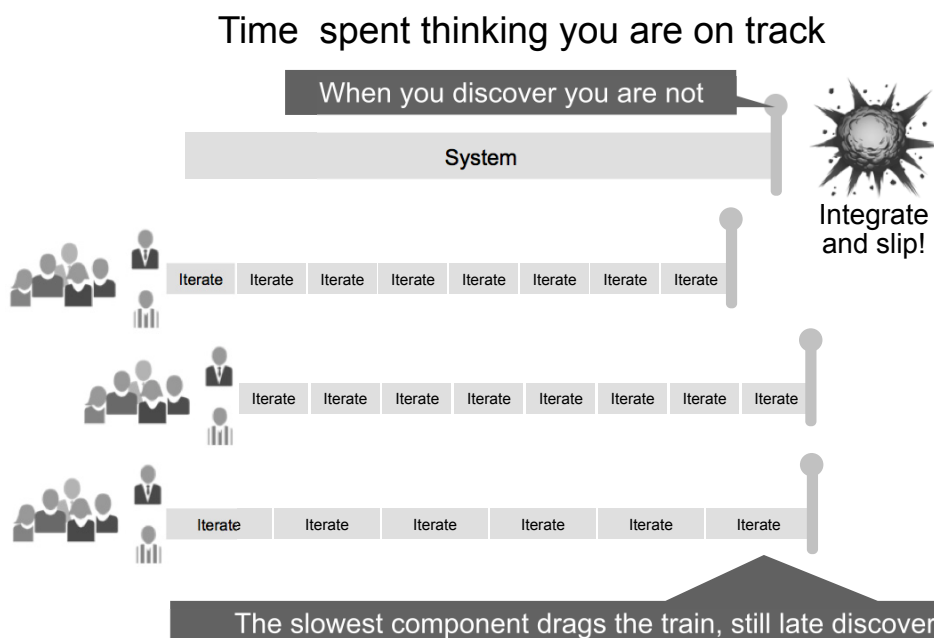
- Core Values
- Lean-Agile Mindset
- SAFe Principles
- Implementing SAFe

# The Agile Release Train

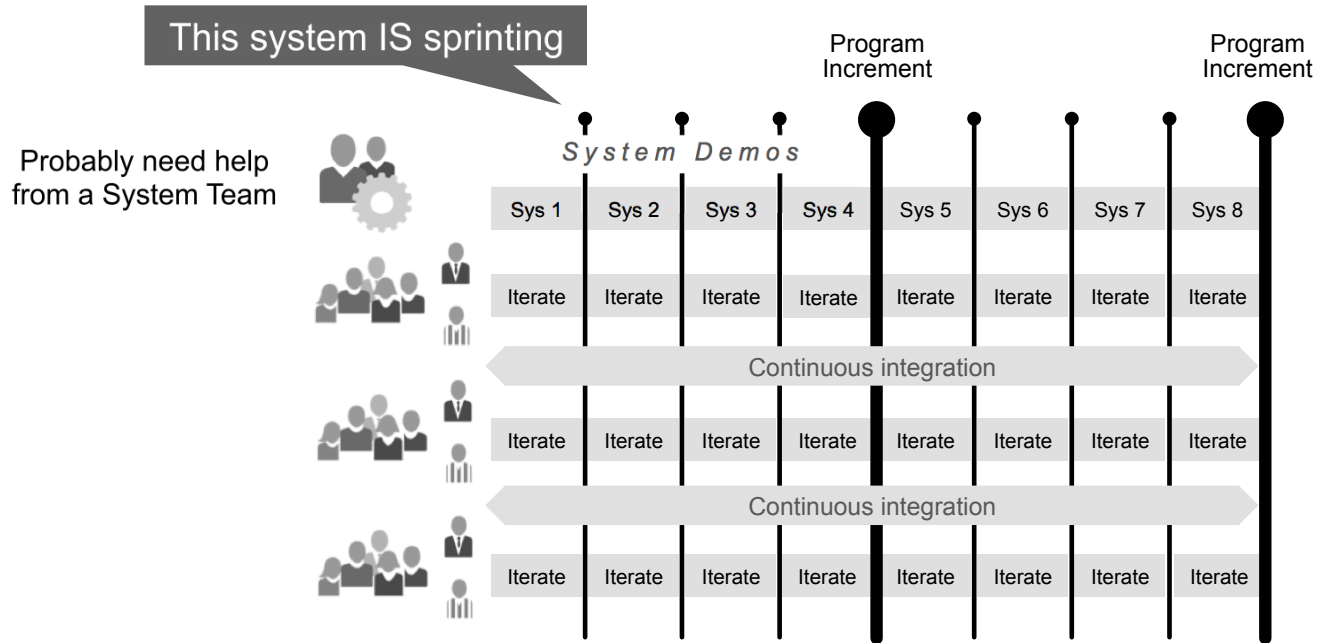
- ▶ A virtual organization of 5 – 12 teams (50 – 125+ individuals) that plans, commits, and executes together
- ▶ Program Increment (PI) is a fixed timebox; default is 10 weeks
- ▶ Synchronized Iterations and PIs
- ▶ Aligned to a common mission via a single Program Backlog
- ▶ Operates under architectural and UX guidance
- ▶ Frequently produces valuable and evaluable system-level Solutions



## Cadence without synchronization is not enough

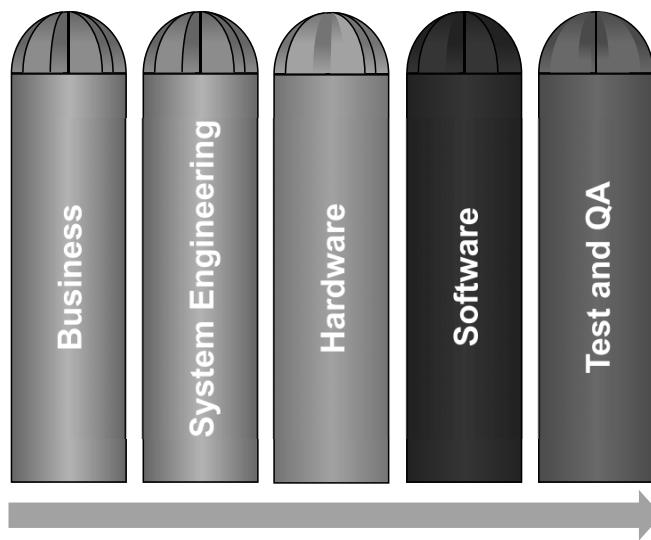


## Synchronize to assure delivery



## 4.2 Organize Agile Teams and implement key Agile Release Train roles

## Value doesn't follow silos



Management challenge:  
Connect the silos



Optimized for vertical communication



Friction across the silos



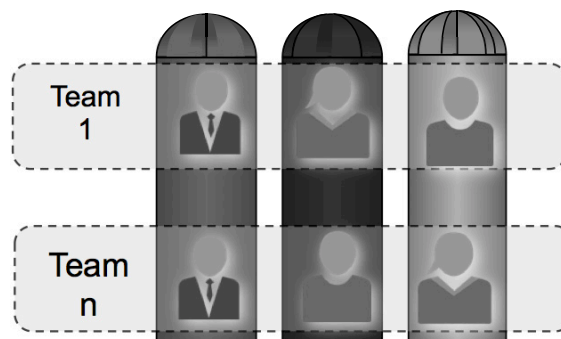
Location via function



Political boundaries between functions

## Build cross-functional Agile Teams

- ▶ Cross-functional, self-organizing entities that can define, build and test a feature or component
- ▶ Optimized for communication and delivery of value
- ▶ Deliver value every two weeks



# Agile Teams power the train

Five to nine team members, three Scrum roles



Scrum Master

- ▶ Runs team meetings, drives agile behavior
- ▶ Removes impediments; protects the team from outside influence
- ▶ Attends Scrum of Scrum meetings



Product Owner

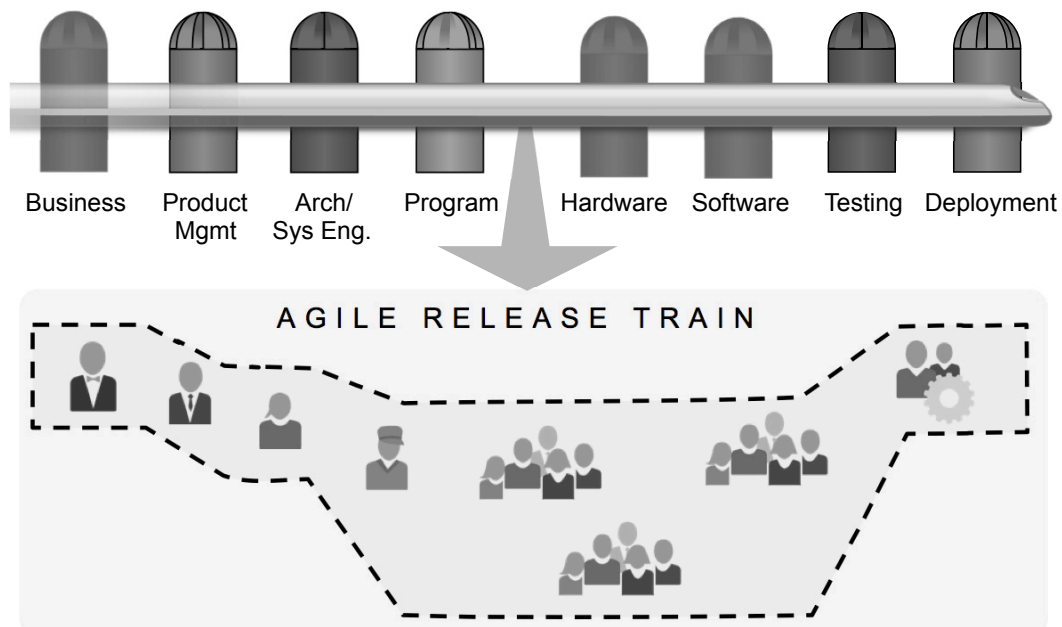
- ▶ Defines and accepts stories
- ▶ Acts as the customer for developer questions
- ▶ Works with product management to plan PIs



Agile Team

- ▶ Create and refine user stories and acceptance criteria
- ▶ Define/Build/Test/Deliver stories
- ▶ Develop and commit to Team PI Objectives and iteration plans

## Build cross-functional Agile Release Trains



# Organizing teams around value

## Organize for the larger purpose

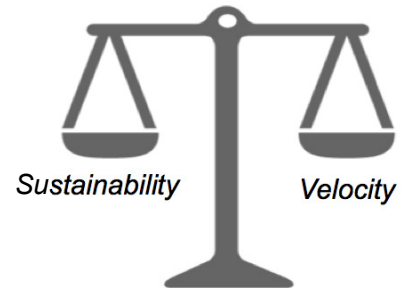
- ▶ Maximize velocity by minimizing dependencies and handoffs, while sustaining architectural robustness and system qualities

## A team can be organized around

- ▶ Features
- ▶ Components

## Far less desirable

- ▶ Architectural layer
  - Platform, middleware, UI, DB, business logic, etc.
- ▶ Other
  - Programming language, spoken language, technology, location



# Finding the right trade-off

Most large programs have a mix.

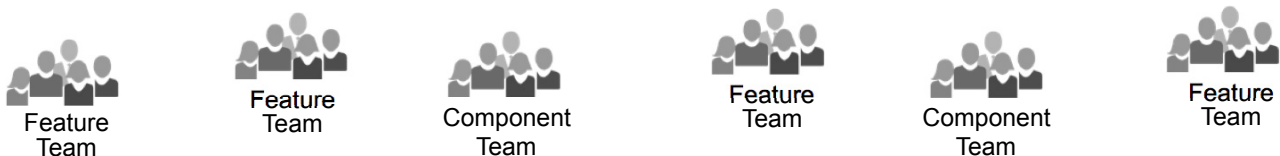
## Lean toward Feature teams:

- ▶ Fastest velocity
- ▶ Minimize dependencies
- ▶ Develop T-shaped skills

## Use Component teams when:

- ▶ High reuse, high technical specialization, critical NFRs
- ▶ Create each component as a “potentially replaceable part of the system, with well-defined interfaces”

Generally avoid organizing around architectural layers, as they create team coupling and don't provide a technical separation of concerns.



## Other ART roles



Release Train Engineer acts as the Chief Scrum Master for the train.



Product Management owns, defines, and prioritizes the Program Backlog.



System Architect/Engineering provides architectural guidance and technical enablement to the teams on the train.



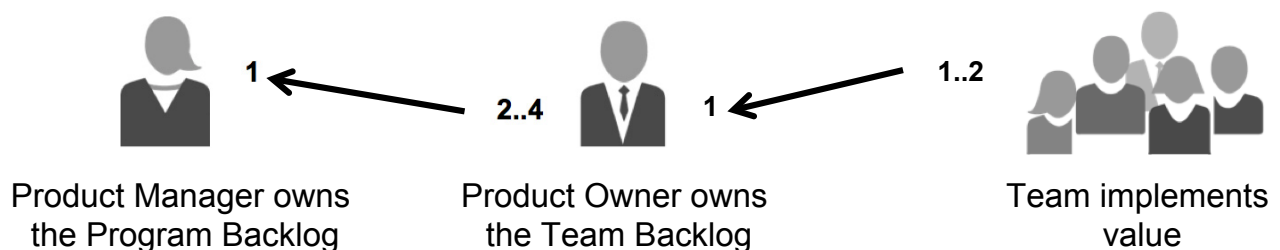
The System Team provides processes and tools to integrate and evaluate assets early and often.



Business Owners are the key stakeholders on the Agile Release Train.

## The PM/PO team steers the train

At scale, a single person cannot handle product and market strategy while also being dedicated to an Agile Team.





## 4.3 Prepare to experience PI Planning

4.17

### PI Planning

Cadence-based PI Planning meetings are the pacemaker of the Agile Enterprise.

- ▶ Two days every 8 – 12 weeks (10 weeks is typical)
- ▶ Everyone attends in person if at all possible
- ▶ Product Management owns Feature priorities
- ▶ Development teams own Story planning and high-level estimates
- ▶ Architect/Engineering and UX work as intermediaries for governance, interfaces, and dependencies



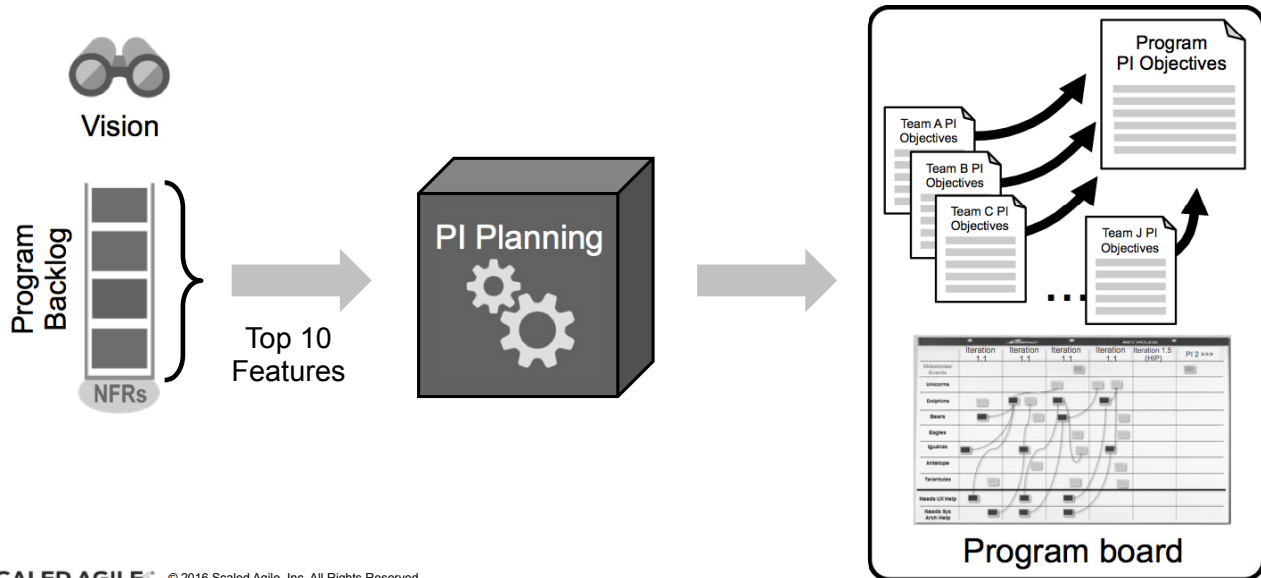
**PI Planning example**  
<https://youtu.be/ZZAtI7nAB1M>  
1:48



# The PI Planning process

Input: Vision and top 10 Features

Output: Team and Program PI Objectives and program board



## Before PI Planning: the cadence

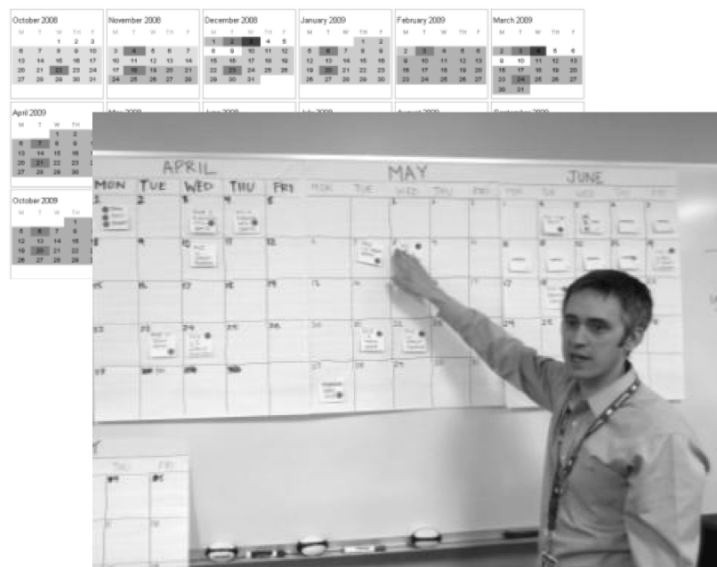
The program planning calendar can be set for a year in advance.

Program Level calendar

- ▶ PI Planning meetings
- ▶ Demos
- ▶ Inspect and Adapt workshops

Team Level calendar

- ▶ Iteration Planning meetings
- ▶ Team Demos
- ▶ Iteration Retrospectives



## Align to a mission with PI Objectives

Objectives are business summaries of what each team intends to deliver in the upcoming PI.

They often map directly to the features in the backlog ... But not always.

For example:

- ▶ Aggregation of a set of features, stated in more concise terms
- ▶ A milestone like a trade show
- ▶ An Enabler Feature needed to support the implementation
- ▶ A major refactoring

### Objectives for PI 1

### Business Value

- › Structured location and validation of locations
- › Build and demonstrate a proof of concept for context images
- › Implement negative triangulation by: tags, companies and people
- › Speed up indexing by 50%
- › Index 1.2 B more web pages
- › Extract and build URL abstracts

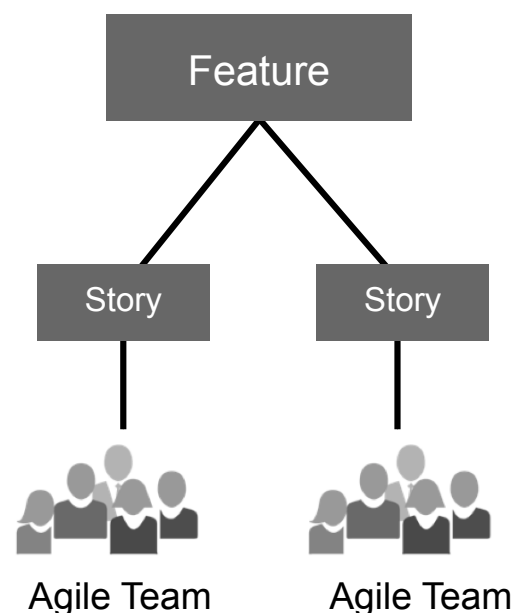
### Stretch Objectives for PI 1

- › Fuzzy search by full name
- › Improve tag quality to 80% relevance

## Features are implemented by Stories

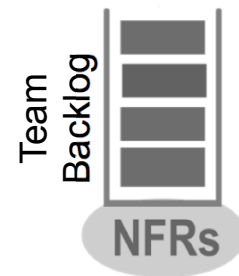
Features are decomposed into Stories by the teams on the train.

- ▶ Teams on the train collaborate to deliver features
- ▶ Features are implemented incrementally via user Stories
- ▶ Teams demonstrate working increments of features by delivering Stories on a regular cadence
- ▶ Features fit in one PI for one ART
- ▶ Stories fit in one Iteration for one Team



## The Team Backlog organizes the team's work

- ▶ It is truly all things. If a thing is in there, it might get done. If it isn't there, there is no chance that it will be done.
- ▶ It represents opportunities, not commitments—a list of what we want to do
- ▶ Items may be estimated (preferable), but estimates do not imply committed delivery
- ▶ It has a single owner: the team's Product Owner, who is also part of a larger PO/PM team
- ▶ It is largely driven by Program priorities



Product Owner

## The Backlog contains User Stories

User Stories replace traditional requirements, and describe intended system behavior.

- ▶ Small increments of value that can be developed in days
- ▶ Relatively easy to estimate
- ▶ Elaborated on a just-in-time basis
- ▶ No large, unwieldy documents
- ▶ In many circumstances, may be safely discarded after implementation



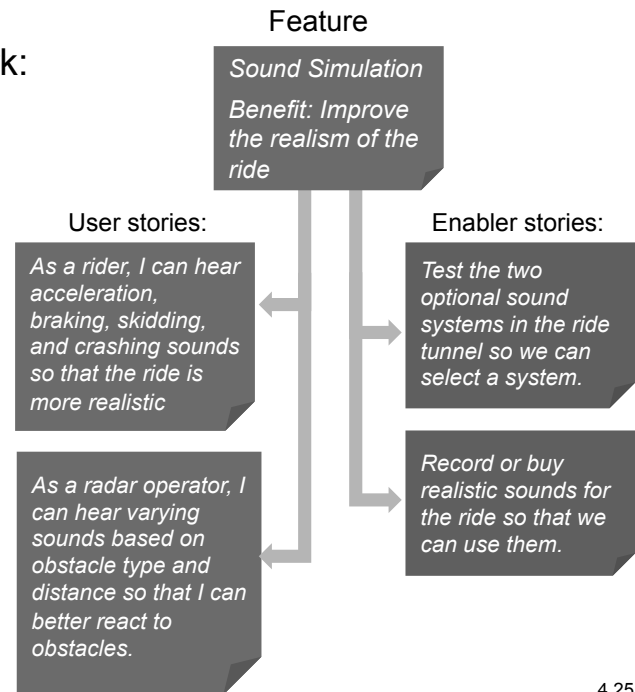
*As an agent, I want to narrow down people-search results by location so I can find the right person more quickly.*

## Enabler Stories support value

► They can represent different types of work:

- Exploration
- Architecture
- Infrastructure

► Enabler stories are demonstrated like any other story



## Estimate Stories with relative Story points

► A Story point is a singular number that represents:

- Volume: how much is there?
- Complexity: how hard is it?
- Knowledge: what do we know?
- Uncertainty: what's not known?

► Story points are relative; they are not connected to any specific unit of measure

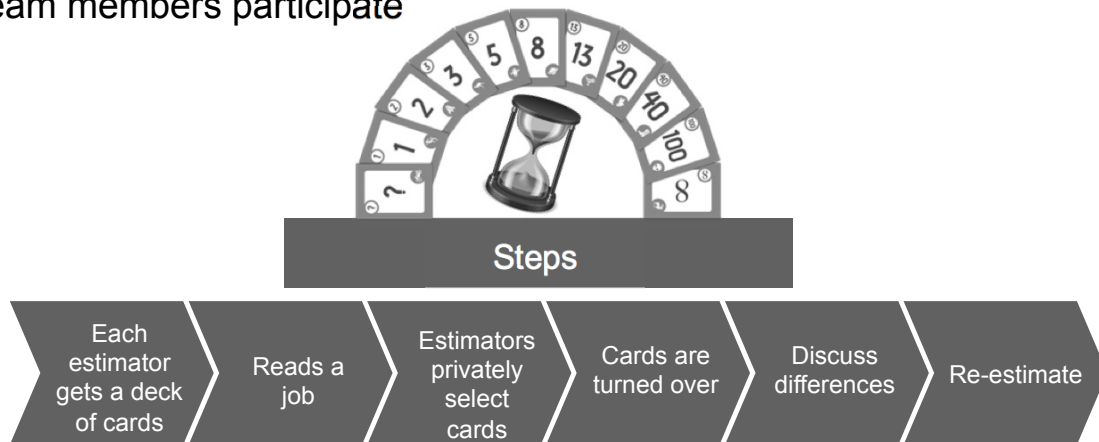
► Compare with other stories (an 8-point story should take 4X longer than a 2-point story)

How *big* is it?



## Apply Estimating Poker for fast, relative estimating

- ▶ Estimating Poker combines expert opinion, analogy, and disaggregation for quick but reliable estimates
- ▶ All team members participate



Mike Cohn, *Agile Estimating and Planning*, 2005

## Estimation is a whole team exercise

- ▶ Increases accuracy by including all perspectives
- ▶ Builds understanding
- ▶ Creates shared commitment

*Estimation performed by a manager, architect, or select group negates these benefits*





## Exercise: Relative size estimating

Use Estimating Poker to relatively estimate the mass of a set of animals

- ▶ As a team at your table, identify the smallest animal and mark it as 1
- ▶ Estimate the remaining animals using values 1, 2, 3, 5, 8, 13, 20, 40, 100



Giraffe



Horse



Crocodile



Gorilla



Hyena



Elephant



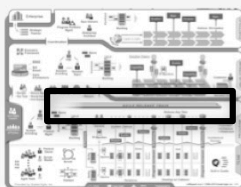
Chicken



## Lesson summary

In this lesson, you:

- ▶ Examined synchronizing development with the Agile Release Train
- ▶ Discussed organizing Agile Teams and implementing key Agile Release Train roles
- ▶ Prepared for a PI Planning Exercise



*Suggested Scaled Agile Framework reading:  
“Agile Release Train” article*