



SugarSense

Simplify Optimize Thrive



SugarSense

Welcome to SugarSense!

The diabetes management
app made for people with
diabetes.

GET STARTED

Welcome back!

Sign in



Email or User Name



Password



[Forget Password ?](#)

Sign In

Or sign in With



Don't have account ? [Sign Up](#)

 Back

Welcome!

Sign Up



Full Name



Email



Doctor ID



Password



Confirm Password



Next

Already have an account ? [Sign In](#)



CHOOSE YOUR PLAN

Welcome Mariam!

You can always start with a standard plan then upgrade

PLANS

*Standard
\$1 /Month



*Premium
\$80 lifetime



Get Now

Under 22? [Apply for a free membership](#)

AGREEMENT

Terms of Service

1. OUR SERVICES

The information provided when using the Services is not intended for distribution to or use by any person or entity in any jurisdiction or country where such distribution or use would be contrary to law or regulation or which would subject us to any registration requirement within such jurisdiction or country. Accordingly, those persons who choose to access the Services from other locations do so on their own initiative and are solely responsible for compliance with local laws, if and to the extent local laws are applicable.

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I agree with the **Terms and Conditions**



I agree with the **Privacy Policy**

Accept

**Thank you for
your patience**

We have few more questions

Let's Go

What's Your Carbohydrates Ratio?

carbs

/

insulin unit

Next



What's Your Insulin Sensitivity?

mmol/L

mg/dL

Enter your insulin sensitivity

Next



What's Your Target Glucose Level?

mmol/L

mg/dL

Enter your target glucose level

Next



Choose What You Would Like Your Doctor To Have Access To

Glucose levels only

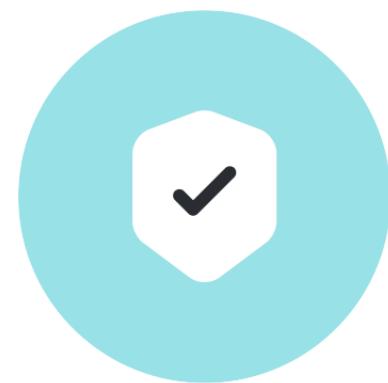
Insulin Intake

Meals

Finish



Choose What You Would Like



Congratulations!

Your account is ready to use. You will
be redirected to the Home Page in a
few seconds...

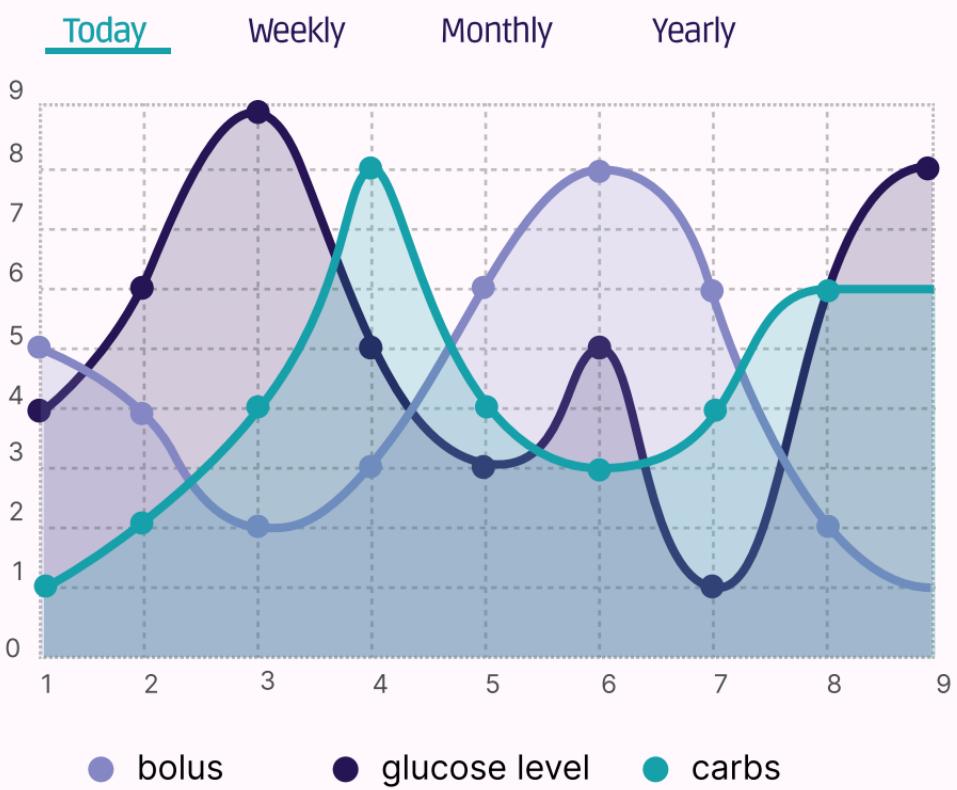


Finish

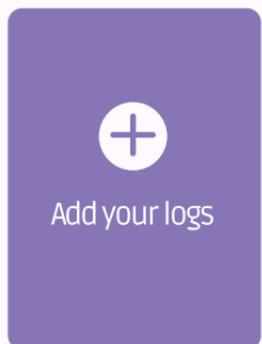
SugarSense

Welcome back Mariam!

Dashboard



Daily Inputs



6:00 am

5
Units

5
mmol/L

100
g

0
1

Dashboard

Connections

Add input

Read

Profile

SugarSense

Connections

Blood sugar meters



Contour Next One



Accu-Check Guide



Accu-Check Guide Me



Accu-Check Instant

This list of available devices may vary by country and is subject to local regulatory approval.

Save**Total Bolus
CALCULATIONS****9.81 units****Time** 4:00 pm 26/11/2023**Glucose** 8 mmol/L **Carbs** 104.1 grams **Sushi Burrito - 100g**

Cal: 159; Fat: 4.7g; Carbs: 24.1g; Prot: 5.3g

Mloo5eye - 200g

Cal: 142; Fat: 8.6 g; Carbs: 5g; Prot: 12g

Oreo Cheesecake - 1 piece

Cal: 466; Fat: 33g ; Carbs: 37g; Prot: 7.5g

Pepsi can - 1 piece

Cal: 155; Fat: 0.9g ; Carbs: 38g; Prot: 0g

**Add input**
Dashboard
Connections
Read
Profile



Create

Search food



Sushi Burrito

380 g - Cal: 486; Fat: 16g; Carbs: 49g; Prot: 34g



Mloo5eye

100 g - Cal: 71; Fat: 4.3 g; Carbs: 2.5g; Prot: 6g



Cheeseburger(Burger King)

100 g - Cal: 261; Fat: 11.8g; Carbs: 23.9g; Prot: 13.9g



PIZZA HUT 12" Cheese Pizza, Pan Crust

100 g - Cal: 280; Fat: 12.6 g; Carbs: 29.9g; Prot: 11.7g



PIZZA HUT 12" Pepperoni Pizza, Pan Crust

100 g - Cal: 298; Fat: 14.2g; Carbs: 30.5g; Prot: 12g



Lasagne

385 g - Cal: 602; Fat: 32 g; Carbs: 35g; Prot: 44g (about 1.5 cups)



Pepsi can

1 can - Cal: 155; Fat: 0.9g ; Carbs: 38g; Prot: 0g



Wild Cherry Pepsi

1 can - Cal: 160; Fat: 0 g; Carbs: 10g; Prot: 0g





Create



Name:

Crab Poke

Ingredients:

Sushi white Rice

1

cup



+ Add Ingredient

SugarSense



Today's Read



Diabetes Health Maintenance:
Routine Monitoring and Care



My In
Broke

For you



Diabetes Treatment and How
often you should visit the
doctor



⌚ Sep 17, 2020



Diet Tips for Type 1 Diabetes



⌚ Nov 10, 2022



Things you need to know
about Diabetes



Dashboard

Connections

Add input

Read

Profile

Profile



Mariam Akkawi

+961 76666666

Edit Profile >

Favorite >

User Manual >

Settings >

Help and Support >

Terms and Conditions >

Log Out



Create

Q Search food



Sushi Burrito

380 g - Cal: 486; Fat: 16g; Carbs:



Select quantity

Sushi Burrito

Serving:

Choose amount

grams



CANCEL OK



Pan Crust

100 g - Cal: 280; Fat: 12.6 g; Carbs: 29.9g; Prot: 11.7g

PIZZA HUT 12" Pepperoni Pizza,
Pan Crust

100 g - Cal: 298; Fat: 14.2g; Carbs: 30.5g; Prot: 12g



1

2

3



4

5

6

7

8

9

0

.



Sushi Burrito

Ingredients:

Mayo

Cabbage

Rice

Nori

Raw Salmon

Cucumber

Raw Tuna

Nutritional Facts

Serving size



1

burrito(380 g)

Amount per serving

Calories

486

% Daily Value*

Total Fat 3g

21%

Saturated Fat 3g

10%

Trans Fat 0g

Cholesterol 63mg

21%

Sodium 199mg

9%



Save as new



Name:

Sushi Burrito

Ingredients:

Mayonnaise

1

tbsp ▾

X

Cabbage

35

g ▾

X

Rice

0.75

cup ▾

X

Raw Salmon

2.25

oz ▾

X

Raw Tuna

2.25

oz ▾

X

Nori

20

g ▾

X



Facts about Diabetes that You should know

What is Diabetes?



Diabetes is one of the most common health disorders found all over the world. Approximately one in every 25 people are affected by Diabetes and a large population is predisposed to suffer from it. With all the advancements in modern medicine, we have failed to find a cure for it. We do not even know the exact causes of Diabetes. Today it has affected the entire world irrespective of the lifestyle, age, and geographical location.