

Codebook

Diabetes : 0 = no diabetes, 1 = diabetes;

HighBP : 0 = no high blood pressure, 1 = high blood pressure;

HighChol : 0 = no high cholesterol , 1 = high cholesterol ;

CholCheck : 0 = no cholesterol check in 5 years, 1 = yes cholesterol check in 5 years;

BMI : Body Mass Index;

Smoker : Have you smoked at least 100 cigarettes in your entire life? [Note: 5 packs = 100 cigarettes] 0 = no, 1 = yes;

Stroke : (Ever told) you had a stroke. 0 = no 1 = yes;

HeartDiseaseorAttack : Coronary heart disease (CHD) or myocardial infarction (MI): 0 = no, 1 = yes;

PhysActivity : Physical activity in past 30 days - not including job: 0 = no, 1 = yes;

Fruits : Consume Fruit 1 or more times per day: 0 = no, 1 = yes;

Veggies : Consume Vegetables 1 or more times per day: 0 = no, 1 = yes;

HvyAlcoholConsump: (adult men ≥ 14 drinks per week and adult women ≥ 7 drinks per week): 0 = no, 1 = yes;

AnyHealthcare : Have any kind of health care coverage, including health insurance, prepaid plans such as HMO, etc.: 0 = no, 1 = yes;

NoDocbcCost : Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? 0 = no, 1 = yes;

GenHlth : Would you say that in general your health is: scale 1-5:

1 = excellent 2 = very good 3 = good 4 = fair 5 = poor;

MentHlth : Days of poor mental health scale 1-30 days;

PhysHlth : Physical illness or injury days in past 30 days scale 1-30;

DiffWalk : Do you have serious difficulty walking or climbing stairs? 0 = no 1 = yes;

Sex : 0 = female 1 = male;

Age : 13-level age category (_AGEG5YR see codebook) 1 = 18-24 9 = 60-64 13 = 80 or older;

Value	Label
1	Age 18 - 24
2	Age 25 to 29
3	Age 30 to 34
4	Age 35 to 39
5	Age 40 to 44
6	Age 45 to 49
7	Age 50 to 54
8	Age 55 to 59
9	Age 60 to 64
10	Age 65 to 69
11	Age 70 to 74
12	Age 75 to 79
13	Age 80 or older

Education : Education level (EDUCA see codebook) scale 1-6 1 = Never attended school or only kindergarten 2 = elementary etc;

Income : Income scale (INCOME2 see codebook) scale 1-8 1 = less than \$10,000 5 = less than \$35,000 8 = \$75,000 or more;

Value	Label
1	Less than \$10,000
2	Less than \$15,000 (\$10,000 to less than \$15,000)
3	Less than \$20,000 (\$15,000 to less than \$20,000)
4	Less than \$25,000 (\$20,000 to less than \$25,000)
5	Less than \$35,000 (\$25,000 to less than \$35,000)
6	Less than \$50,000 (\$35,000 to less than \$50,000)
7	Less than \$75,000 (\$50,000 to less than \$75,000)
8	\$75,000 or more