



FYS Going Global Courses 2022

“F” Words: Examining Worldviews Through Objects and Narratives

What does your clothing or what you had for lunch say about you? This course uses “show and tell” as a tool for us to learn from and to express ourselves to others who may view the world through a different lens. In each unit students will “show” an object or “tell” a story relating to an “F” word (Food, Fashion, Fiction, Faith). We start with what that object or story means to the individual, and then broaden our scope to examine how anything can have meaning attached to it that is beyond the individual. How might our approaches to things like food, fashion, fiction, and faith exclude others? What does what you eat say about who you are? What does a piece of clothing say about who you are not? What does the book you’re reading say to the person next to you? How is your worldview shaped (or not) by religion? Together we’ll focus on questions like these and encourage you to find your own “F” word. This course will be delivered in a hybrid format, which means that the class will meet in person in the classroom as well as virtually via an online platform.

What Does a Scientist Look Like?

In this course students will explore discrimination and underrepresentation of groups in science, technology, engineering, and mathematics (STEM). Institutional biases affect a wide range of historically marginalized groups, including female, Black, LatinX, indigenous, and LGBTQ scientists. In addition, this course will address social structures that discourage participation of some individuals in scientific inquiry, while encouraging others even at a young age. Students will present research on successful scientists from underrepresented groups and identify ways to address inequities in the STEM fields. We will watch movies and documentaries that highlight notable minority scientists, and participate in discussion on these and other, lesser known, individuals. This course will take a global view on this issue, considering how scientific communities differ from country to country, and how regional biases shape those communities.

How Do You Peel a Banana? An Exploration of Identity and Equity

What is culture? Do I have a culture? Or is culture something that others have? How do I feel when I am the different one? What can I do to have better interactions in situations where differences exist? This highly interactive class, How do You Peel a Banana? An Exploration of Identity and Equity will address these questions. By using experiential training activities, movie clips and intercultural readings, students will explore behavior through the lenses of cultural dimensions, values, and equality. Students will be guided in developing their own cultural self-awareness, recognizing their own cultural dimensions and how they affect the ways they interact with the world around them and developing empathy for the experiences of others. Join us on this multicultural adventure!



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Slowing it Down: Walks & Pilgrimages Across the World

Do you like to walk or bike? Do you move briskly or meander or charge through life? Do you have a sense of purpose or calling, do you chart an exploratory path, do you rely on spontaneity to guide you? Across the world and across centuries, people have participated in intentional walks, and such intentional walks and bike rides are gaining in popularity in recent years. People may reflect on the act of walking (or biking), they may reflect while walking or they may use walks to clear their minds. What makes a walk a pilgrimage? Through this class, we will study walks and pilgrimages from the Camino de Santiago to the Hajj to the Char Dham to the Appalachian Trail. Together and individually, we will do several active walking (or biking) assignments.

There is No Planet B

This seminar focuses on ways to live sustainably when human interactions deplete our planet's resources, because there is NO Planet B. Researchers found that college student's environmental awareness was "suboptimal" and they showed little to no willingness to offset environmental damages. Several implications can be drawn from these revelations such as, students are not 1) aware of various environmental impacts, and 2) willing to change their behaviors to reduce these impacts. Learners will explore the questions, "What environmental issues exist and what can be done to reduce negative impacts". Learners will compare their own behaviors and interactions with the planet to interactions around the world to become better global citizens.

Bringing Multicultural Picture Books To Life: Theatre for Youth

This seminar, Bringing Multicultural Picture Books to Life: Theatre for Youth, focuses on the ways that youth theatre and the world of children's picture books intersect to provide mirrors that reflect who we are, as well as windows to develop empathy for other perspectives and experiences. This fast-paced, arts-infused, high energy course focuses on how to creatively communicate to and with multicultural audiences and experiences. Students will reflect on the importance of what it means to share and amplify stories, their own and those of others, as well as on Dr. Rudine Sims Bishop's work about mirrors, windows, and sliding glass doors. Approaching children's stories and stagecraft through the lens of windows, mirrors, and sliding glass doors prioritizes diversity, honors many cultures, and promotes empathy.

Globesity: A balance of feast or famine?

This seminar focuses on what is considered by many experts as the biggest looming healthcare crisis.



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A Global Perspective on Mental Health

Have you ever experienced a life altering event that left you stretching your head, unsure of how to process the experience? More and more individuals are dealing with events, abrupt or gradual, that so significantly alter their lives that it impacts their ability to function to their fullest potential. Research from all corners of the world provide new and improved methods for addressing mental health concerns. This course will look at the globally recognized equine assisted psychotherapy model that is helping people around the world, including American veterans suffering from PTSD and tens of thousands of others in 40 countries around the globe. We will also look at the growing trend in journaling and why Scotland's physicians have started writing "nature prescriptions" to help manage anxiety. This class will include informative hands on experience through multiple class outings including a nature trail, horse farm, and art studio.

Communicating in a Global Society

This seminar, Communicating in a Global Society, is designed to help students learn how to communicate with individuals from diverse cultural backgrounds. Students will examine their own cultural identity as well as cultures around the globe as it pertains to values, beliefs, language, media, and traditions. Utilizing various aspects of intercultural communication theory, students will address how these cultural indicators manifest through communication and how societies use communication in different ways.

All the World's a Stage: How the Arts Connect Us

Beyond enjoyment and entertainment, the arts broaden our perspective and bring meaning to our lives — they give voice to human struggle, tackle challenging questions, provide space for reflection, and connect us to our own humanity. This course will explore how the arts impact and connect us on an individual and global level. Through research, practice, and reflection, we will experience the performing arts — attending a broad range of music, theatre, and dance performances on campus and beyond. We will reflect on how we experience the arts and how those experiences are shaped by our own world view. We will also explore the very nature of experiencing the arts with others, examining how the arts have been used globally as a tool for cultural diplomacy and nation-building.

The Power of Public Art

What does it mean to have a voice? How does voice transcend language and culture? Can someone have a voice without uttering a word? In Visualizing the Voice: The Power of Public Art we will explore these questions and others by looking at visual art in the public sphere created in response to local, national, and global social justice issues. During the course of this class we will also delve into the creative process and logistics of creating a piece of public art on the SU campus in response to an issue that resonates with the group.



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No Lie Can Live Forever: Confronting the Historical Legacies of Deception, Indoctrination, and Denial

This seminar will examine the ways in which governments, organizations, and other parties, at various moments in history and around the globe, have created false narratives, ignored historic reality, utilized indoctrination, or demonized certain racial or ethnic groups for the purpose of promoting racial superiority. Additionally, this course will examine the legacies of those efforts at asserting racial superiority and explore the ways in which governments and groups might be held accountable and a more inclusive and diverse historical landscape be established to promote a more complete understanding of the past. Students in this course will engage in a variety of learning experiences, including, but not limited to discussion, personal reflection, immersive learning experiences, and presentations.

Empowering Women, Advancing Sport

The United Nations officially recognizes that participation of women and girls in sports challenges gender stereotypes and discrimination and can therefore be a vehicle to promote gender equality and the empowerment of women and girls. The first international conference on women and sport was held in Brighton, England in 1994. As a result, the Brighton Declaration was endorsed to provide the principles that should guide action intended to increase the involvement of girls and women at all levels and in all functions and roles. Despite growing participation of women in sport in recent years, increased representation of women in decision making and leadership roles within sport has not always followed. This class will examine the the barriers to girls and women in participation and leadership

Sport as a Political Tool

Sport as a Political Tool examines the intersection between Sport and Politics. Specifically, students will analyze how politics affects sporting events, athletes, fans, and coaches. Political movements and events will be examined in the context of athletics. Examples include Olympic boycotts, such as the 1980 games in response to the 1979 invasion of Afghanistan, the 1972 massacre at the summer Olympics in Munich, Muhammad Ali being stripped of his heavy weight title due to his refusal to enter the draft for the Vietnam conflict, and Nike's use of sweatshop labor in the production of their athletic shoes and apparel.

Ghost Stories and Legends

How to stop a zombie? What is a pookah? What is the one way to escape a Cajun werewolf? The answers to these questions and more wisdom on the supernatural await you in the FYS adventure Going Global: Ghosts and Legends. Our class explores the lore of specific cultures as well as the universal themes that unite all cultures from Ireland to Mexico to Eastern Europe. It turns out we all have the same fears, hopes, and dreams. Listen to a real paranormal investigator. Record ghostly voices. Create a project on the Top Ten Haunted Locations