



Ben Meer 
@SystemSunday

The best method to learn anything,
according to a Nobel Prize winner:



11052



55



2337



24468



Ben Meer ✓
@SystemSunday

The Feynman Technique

Richard Feynman was a Nobel Prize-winning physicist.

His powerful 3-step learning technique:

Step 1

- Choose and study a concept

Step 2

- Teach it to a child

Step 3

- Return to learning
- Fill in knowledge gaps
- Simplify further



Ben Meer ✓
@SystemSunday

Let's emphasize Step 2 of the Feynman Technique:

‘Teach it to a child.’

Look at the Learning Pyramid below.

It shows the effectiveness of various learning activities.

Transform a low retention activity (reading) to one that sticks (teaching).

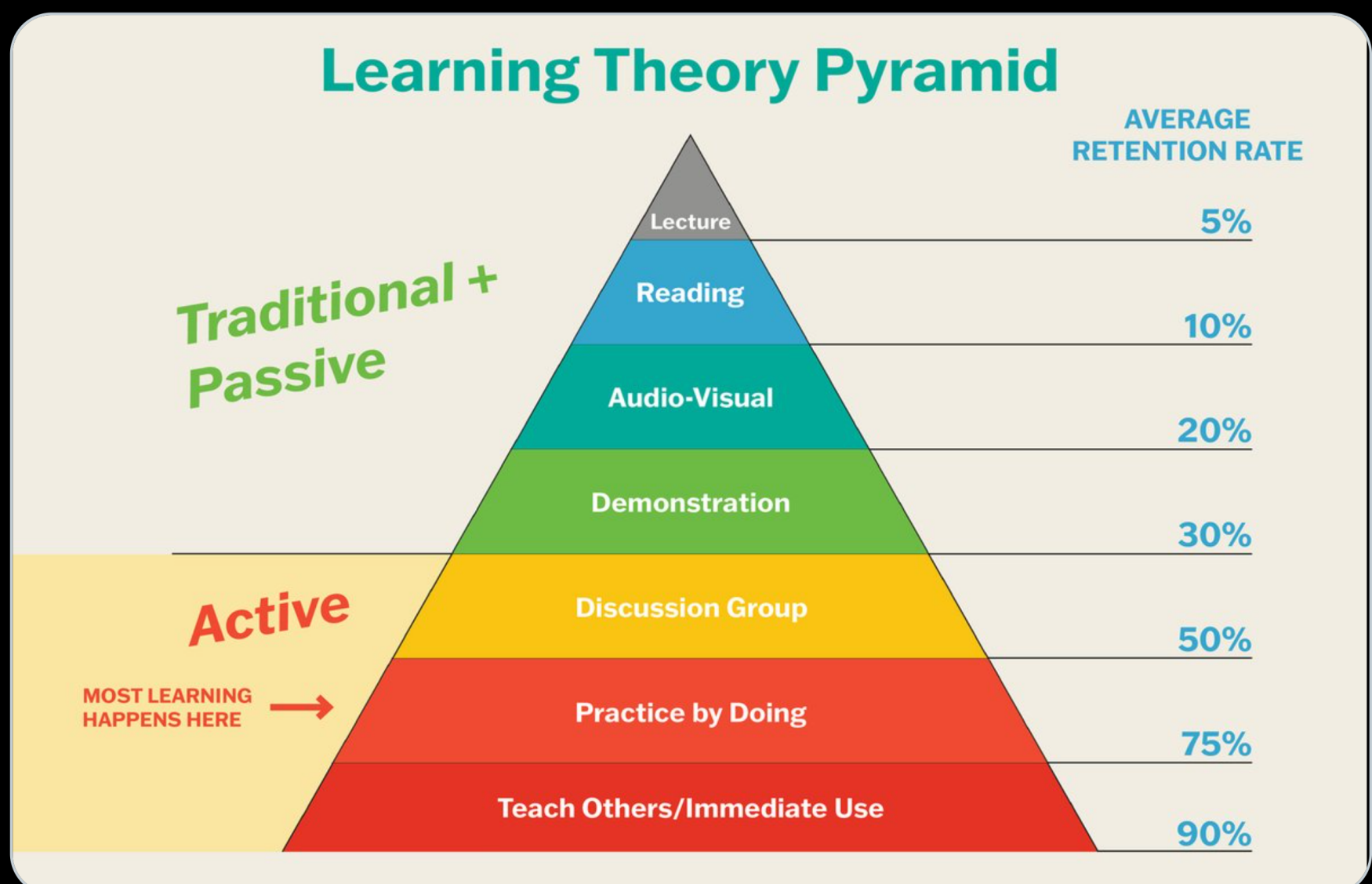


Image: VSA Future

There you have it—The Feynman Technique.

Want more systems like this? You'll love
my free newsletter, *System Sunday*.

Join 72,000+ subscribers in
the bio link.

