Baldr ór helju); leysa höfuð sitt ór helju, to save oneself from death; rasa í helina opna, to rush into open death; liggja á heljar þremi, to be on the verge of death; (3) death (þykkir ekki betra líf en hel); berja e-n grjóti í hel, to stone one to death.

HÉLA, f. hoar frost, rime.

HÉLA (HÉLDI, HÉLDR), v. to cover with rime; to fall as rime.

HEL-BLÁR, a. black as death.

HELDR, adv. compar. (1) more, rather; h. en, rather than, more than (vápn þeirra bitu eigi h. en vendir); (2) at h., any the more; also, all the more (at h. tveimr, at ek mynda gjarna veita yðr öllum); at heldr þótt, even although; (3) rather (nú vartu h. til skjótr, en ek h. til seinn); var brúðrin döpur h., the bride was rather sad; (4) after a negative, but, on the contrary.

HELDRI, a. compar. better; HELZTR, a. superl. best; í heldra lagi, in a high degree; þykkir mönnum sá helztr kostr, the best choice.

HEL-FÚSS, a. murderous (-fúss hönd); -FÖR, f. death.

HELGA (AĐ), v. (1) h. sér land to appropriate land by performing sacred rites; (2) to hallow to one (hét hann at helga Þór allt landnám sitt); (3) h. þing, to proclaim the sanctity of a meeting; h. e-n, to proclaim a person inviolable; (4) refl., helgast to he sanctifled.

HEL-GALDR, m. death-dirge.

HELGAN, f. (1) sanctification, sanctity; (2) sacrament.

HELGAR-FRÍÐR, m. holiday-truce.

HELGI, f. (1) holiness, sanctity (h. Ólafs konungs); (2) inviolability, security.

HELGI-BRIGÐI, n. Sabbath-breaking; -HALD, n. holiday-keeping; -STAÐR, m.

holy place.

HELGR (gen. HELGAR, dat. and acc. HELGT; pl. HELGAR), f. holiday, festival; hringja til helgar, to ring for a festival.

HEL-GRÁÐR, m. voracity betokening death; -GRINDR, f. pl. Hel's gate.

HELJAR-KARL, m. (1) accursed fellow; (2) one doomed to die; -MAÐR, m. (1) accursed fellow; (2) one doomed to die; -SKINN, n. a dark-skinned person.

HELJAST, v. refl. to work hard (hann heljast á skálasmíð).

HELLA, f. flat stone, slab of rock.

HELLA (-TA, -T), v. to pour out (h. e-u); var hellt í þik mjólk, milk was poured into thy mouth; h. út blóði, tárum, to shed blood, tears.

HELLIR (gen. HELLIS, dat. and acc. HELLI; pl. HELLAR), m. cave, cavern.

HELLIS-BERG, n. cavernous rock; -DYRR, f. pl. door (entrance) of a cave; -MAÐR, m. cave-dweller, outlaw; -MUNNI, m. mouth of a cave; -SKÚTI, m. jutting cave.

HELLNA-GRJÓT, n. flat stones, slabs.

HELLU-STEINN, m. flat stone, slab.

HELMA, f. haulm, straw.

HELMING, f. = helmingr.

HELMINGA (AÐ), v. to halve.

HELMINGA-SKIPTI, n. division in two equal portions.

HELMINGR (-S, -AR), m. half; at helmingi, by half; skipta í helminga, to share in two equal portions.

HELMINGS-FÉLAG, n. joint company (with equal shares).

HELSI, n. collar, esp. for a dog.

HEL-SKÓR, m. pl. shoes for the dead; -STAFIR, m. pl. baneful characters; -STRIÐ, n. agony.

HELTAST (T), v. refl. to become lame.

HELTI, f. lameness.