

## MANUAL HANDLING ASSESSMENT

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INFRATEC

Assessment Number	MHA003	Location	Unit 9 mezzanine	Date	3/10/2023
Process/Activity	Loading and unloading shelves				
Today's Personnel	Steve Lynch		Assessor	Helen Medcalf	

SECTION 1: DO THE TASKS INVOLVE:	Y	N	N/A	LEVEL OF RISK			COMMENT / CONTROL MEASURES
				L	M	H	
Holding loads away from the body?	✓			✓			
Twisting?		✓					
Stooping?	✓			✓			
Reaching upwards?	✓			✓			
Long carrying distances?		✓					
Strenuous pulling or pushing?		✓					
Unpredictable movement of loads?		✓					
Repetitive handling?		✓					
A work rate imposed by process?		✓					
Team Handling?	✓						is required
SECTION 2: INDIVIDUAL FACTORS - IS THE INDIVIDUAL:	Y	N	N/A	LEVEL OF RISK			COMMENT / CONTROL MEASURES
				L	M	H	
Physically able to carry out the task?	✓						
Has operator [s] received Manual Handling Training?	✓						
Unable to carry out the task due to ill health?		✓					
Pregnant?		✓					
SECTION 3: THE LOADS ARE:	Y	N	N/A	LEVEL OF RISK			COMMENT / CONTROL MEASURES
				L	M	H	
Heavy/ Bulky/Unwieldy?		✓					
Difficult to hold?		✓					
Unstable/Unpredictable?		✓					
Intrinsically Harmful? [e.g. Sharp or Hot]		✓					
SECTION 4: THE ENVIRONMENT IS:	Y	N	N/A	LEVEL OF RISK			COMMENT / CONTROL MEASURES
				L	M	H	
Constraints on posture? [e.g. Low Ceilings]		✓					
Poor quality floors?		✓					
Variations in levels?		✓					
Hot, cold or humid conditions?		✓					
Strong air movements?		✓					
Poor lighting conditions?		✓					
Hazardous chemicals?		✓					
SECTION 5: OTHER FACTORS	Y	N	N/A	LEVEL OF RISK			COMMENT / CONTROL MEASURES
				L	M	H	
Does clothing hinder movement?		✓					
Does PPE hinder movement?		✓					
Are Mechanical devices available for handling?	✓			✓			Fork truck
Is special training required?		✓					

OVERALL LEVEL OF RISK	LEVEL OF RISK		
	L	M	H
	✓		

GENERAL COMMENTS

Assessor Signature	H. Medcalf	Date	3-10-2023
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