

**C6 Head  
circumference**

**C7 Neck  
circumference**

**C4 Upper arm  
circumference**

**C1 Bust  
circumference**

**C2 Waist  
circumference**

**C5 Thigh  
circumference**

**C3 Hip  
circumference**

**C9 Height**

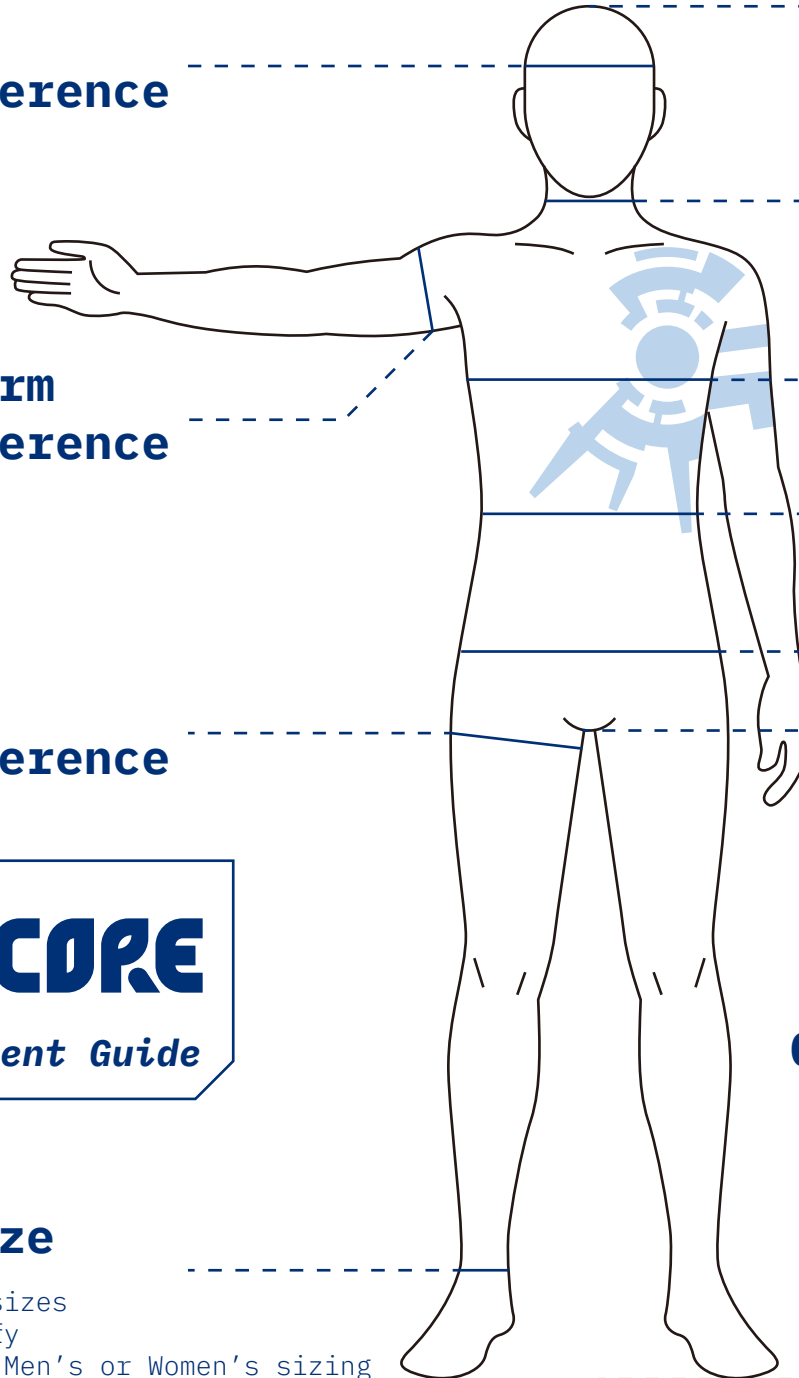


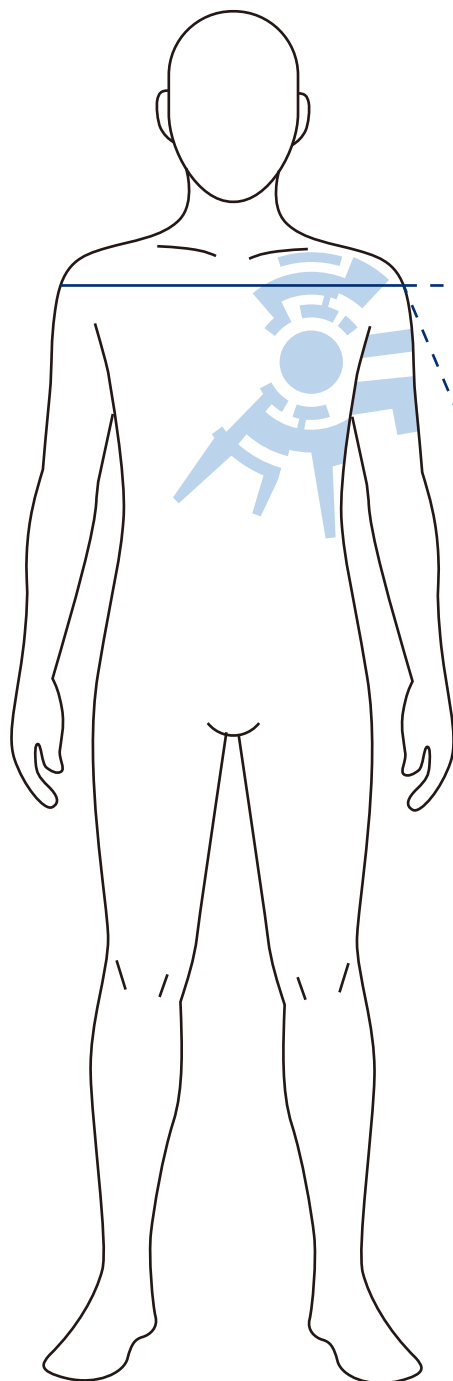
**Body Measurement Guide**

**C8 Crotch to floor**

**C10 Shoe size**

if using US sizes  
please specify  
whether it's Men's or Women's sizing





## **C11 Shoulder width**

**Please measure your shoulder width as follows:**

Stand with your back against a wall,  
and make a mark on both the left and right  
sides of your shoulders.

Then, measure the distance between the two marks  
to get your shoulder width.

If you can find an L-shaped corner,  
you can also place one shoulder against one wall  
and make a mark at the other shoulder.

Then, measure the distance from the mark  
to the wall to determine your shoulder width.

## **C12 Shoulder circumference**



**GLUCORE**

*Body Measurement Guide*

**By default, we will add 5 cm ( $\approx$ 2 inches)  
to bust, waist, hips, and upper arm circumference  
to allow for measurement error.  
All other dimensions will be made  
exactly as provided.**

**If you have any questions during the measurement process  
feel free to contact Lee – I'll be happy to help.**

## **Measurement Reply Template**

**This is a PDF file. You can directly copy the text below:**

C1 Bust circumference:  
C2 Waist circumference:  
C3 Hip circumference:  
C4 Upper arm circumference:  
C5 Thigh circumference:  
C6 Head circumference:  
C7 Neck circumference:  
C8 Crotch to floor:  
C9 Height:  
C10 Shoe size:  
C11 Shoulder width:  
C12 Shoulder circumference:

