

ISHITA SHARMA

Date of birth: 16th January, 1997

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Objective

To work in a dynamic and professional environment, which will allow me to use my skills and knowledge to the best of my abilities and contribute significantly towards achieving the organization's goals.

Internships/Experience

- Interned at MANASA NEUROPSYCHIATRIC Hospital, Bengaluru for 30 days during Sumer break (April-May, 2017)
- Interned at MIND INDIA (an Institute of Positive Mental Health and Research) for 20 days in Guwahati (April, 2016)
- A training programme for 10 days in the HR Department of Deccan Diesel, Indore (October, 2017)
- Worked with the Activity Centre wing of **Centre for Social Action (CSA)** in Christ University as a part of Service Learning for 2 months
- Worked with The YOUTH FOR SEVA organisation for 2 months
- Volunteered for a RURAL EXPOSURE CAMP at Hoskote, Karnataka
- Involved in organizing several NGO visits.

Education

- Currently pursuing BA (Triple Majors in Psychology, Sociology and Economics at CHRIST UNIVERSITY, Bengaluru and have secured aggregate marks of 68.8% (in 5 Semesters)
- Completed class 12th (Stream – Humanities) from Don Bosco School, Guwahati and secured 94% marks
- Completed class 10th from St. Mary's H.S School, Guwahati and secured 85.5% marks
 - Achieved a trophy for being the **School Highest scorer** in Computer Science

Professional Achievements

- Was awarded more than 5 certificates in the **ANNUAL PSYCHOLOGY FEST, Silhouette** and was given a cash prize in academic year **2016-2017**
- Attained **2nd position in Street Play** event of Annual Psychology Festival, Silhouette 2015-16
- Attended the annual workshops of **ENTREPRENEURSHIP SKILL DEVELOPMENT** conducted by the Psychology department, Christ University.
- Participated in the Global Zero movement **"Bike Around the Bomb"** and was involved in the publicity work for the same in 2016
- Attended the Activist Leadership Training workshop organised by the Global Zero and Greenpeace India in Bangalore
- Successfully completed a Certificate Course in Adolescence Well-Being
- Attained **1st position** in the street play event of Annual Sociology Festival – **Sambandh, 2016**
- Awarded with an 'A' Grade in the Certificate Course - Stress Management offered by the Psychology Department

Skills & Qualities

- Skills in operating MS Office Programs, MacBook OS X software's and Internet research knowledge
- Good Communication skills, Work ethic, Determination and Persistence, Problem-solving & Leadership skills, Ability to work in Harmony with co-workers, Eager and Willing to enhance knowledge base and skillset
- **Languages Known:** English, Hindi, Assamese and Punjabi

Co-Curricular Activities

- Participated as a Vocalist in Classical Music Competition
- Involved in SHIAMAK DAVAR(for 2 years) & TWINKLE TOES Dance Worksop
- Took active interest Salsa Dancing at SANDIP SOPARKKAR Workshop
- Experienced as a Stage Performer owing to a number of dance performances, emceeing and singing performances.

Hobbies & Interests

Socializing with friends and family, listening to music, dancing, also relish Travelling and exploring new destinations.