Attention Deficit/ Hyperactivity Disorder (ADHD) cab effect memory in many different ways. With encoding the lack of focus diminishes what is attained through learning of any kind. That’s why it normally takes more time for a person with it to learn things and store it in their memory. Due to the lack of storing and encoding accessing these memories are easily distracted from accessing or retrieving. Thus memories are not encoded, stored, nor retrieved easily or fully.