Asian Americans uses mental health services less than one third of that of Caucasians

Suicide is the 10th leading cause of death in the US

Eleven point two million Americans suffer from major depression each year?

Language barriers, lower rates of health insurance, and poorer quality of care are some critical factors facing multicultural communities with respect to mental health services.

Out of the information reviewed was that Lesbian, gay, bisexual, transgender and questioning (LGBTQ) are two to three times more likely to attempt suicide. They just seem so happy and carefree for the most part.