

jessBee Personal Training & Yoga

Liability Waiver for jessBee Personal Training & Yoga

I, _____, hereby accept all risks associated with participating in a physical fitness program from jessBee Personal Training & Yoga. I release and forever discharge jessBee Personal Training & Yoga, its owners, employees, or other agents from any and all responsibilities, damages or other liability resulting from or in any way related to my participation in any of the physical fitness program components from jessBee Personal Training & Yoga.

1. I acknowledge that I am willingly choosing to participate in any activities that may potentially result in damage to personal property, serious injury, disability or death. I further acknowledge that there may be other risks not easily foreseeable at this time. I hereby assume full responsibility for all the known and unknown risks and waive all claims of injury to my body or property.
2. I acknowledge that jessBee Personal Training & Yoga will offer the most effective programs known at the current time but, as individuals respond differently to the same program, cannot guarantee the safety or effectiveness of the program. Therefore, the products and services offered by jessBee Personal Training & Yoga are done so without warranties or guarantees of any kind, express or implied.
3. I understand that a physician's approval is recommended before starting any physical fitness program and I have obtained that approval or acknowledge the risks and state that I am in good physical condition.
4. I understand that jessBee Personal Training & Yoga requires 24 hour notice should I need to cancel an appointment and that I will be charged for that appointment if I cancel less than 24 hours prior. I understand that I will NOT be charged in cases of emergency or illness. I understand that jessBee personal training recommends consistent participation for optimal results, and that appointments should be rescheduled as soon as practical and possible.

I acknowledge that I am 18 years of age or older and I agree to all statements. I acknowledge that I have been given the opportunity to ask questions about the contents of this document. I understand the risks and benefits and agree to discharge, release, and hold harmless jessBee Personal Training & Yoga, its owners, employees, or other agents from any and all liability for damage claims or losses resulting from my participation in a jessBee Personal Training & Yoga physical fitness program. I sign this voluntarily and with full acknowledgement of its significance.

Participant's signature

Date

Participant's name (printed)

Witness signature