

# [company name] Progress Notes

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## Instructions

This document contains progress notes for patient visits. All information is protected under HIPAA regulations and is intended for authorized healthcare providers only.

### Patient ID: 1001 - John A. Smith

Date of Birth: 03/15/1975

Visit Date: 07/20/2025

Diagnosis: Type 2 Diabetes

Provider: Dr. Alice Thompson

S: Patient reports stable energy levels and adherence to Metformin regimen. Denies hypoglycemic episodes. Notes occasional dietary lapses with high-carb meals. Reports no new symptoms.

O: Vital Signs: BP 128/78 mmHg, HR 72 bpm, Wt 185 lbs. Lab results: A1C 7.2%, Fasting Glucose 135 mg/dL. No signs of diabetic neuropathy on foot exam.

A: Type 2 Diabetes, moderately controlled. Hyperlipidemia stable on current medication.

P: Continue Metformin 500mg twice daily and Atorvastatin 20mg once daily. Counsel on low-carb diet and schedule nutritionist consult. Follow-up in 3 months with repeat A1C.

### Patient ID: 1002 - Emily R. Johnson

Date of Birth: 11/22/1983

Visit Date: 06/15/2025

Diagnosis: Hypertension

Provider: Dr. Robert Lee

S: Patient reports occasional headaches but denies dizziness or chest pain. Adherent to Lisinopril. Notes reduced stress after recent job change.

O: Vital Signs: BP 130/85 mmHg, HR 68 bpm, Wt 150 lbs. Labs: CMP normal, Creatinine 0.9 mg/dL. No edema or abnormal heart sounds.

A: Hypertension, well-controlled. History of migraines, stable.

P: Continue Lisinopril 10mg once daily. Ibuprofen 400mg as needed for migraines. Encourage stress management techniques. Follow-up in 4 months with BP check.

Patient ID: 1003 - Michael T. Brown

Date of Birth: 09/10/1965

Visit Date: 07/01/2025

Diagnosis: Chronic Asthma

Provider: Dr. Susan Carter

S: Patient reports no recent asthma exacerbations. Uses Albuterol inhaler sparingly, about once weekly. Notes mild seasonal allergy symptoms.

O: Vital Signs: BP 122/76 mmHg, HR 70 bpm, Wt 175 lbs. Lung exam clear, no wheezing. Spirometry: FEV1 80% predicted. Labs: Eosinophils 5%.

A: Chronic Asthma, well-controlled. Seasonal allergies, mild.

P: Continue Albuterol as needed and Fluticasone Propionate 110mcg twice daily. Add antihistamine for seasonal allergies. Follow-up in 3 months with repeat spirometry.

Patient ID: 1004 - Sarah L. Davis

Date of Birth: 04/30/1990

Visit Date: 07/25/2025

Diagnosis: Migraine

Provider: Dr. James Patel

S: Patient reports reduced migraine frequency (1-2 per month) since starting Sertraline. Uses Sumatriptan effectively for acute episodes. Notes improved mood.

O: Vital Signs: BP 118/74 mmHg, HR 66 bpm, Wt 135 lbs. Neurological exam normal. Labs: Vitamin D 28 ng/mL (low), TSH normal.

A: Migraine, improved with current regimen. Anxiety disorder, stable.

P: Continue Sumatriptan 50mg as needed and Sertraline 50mg once daily. Start Vitamin D supplement 2000 IU daily. Follow-up in 3 months to reassess migraine frequency.

Patient ID: 1005 - David K. Wilson

Date of Birth: 01/12/1958

Visit Date: 06/30/2025

Diagnosis: Coronary Artery Disease

Provider: Dr. Linda Martinez

S: Patient denies chest pain or shortness of breath. Reports good adherence to medications and regular exercise (30 min walk daily). No new symptoms.

O: Vital Signs: BP 124/80 mmHg, HR 64 bpm, Wt 190 lbs. ECG normal. Labs: LDL 95 mg/dL, Troponin I <0.01 ng/mL. No signs of heart failure.

A: Coronary Artery Disease, stable post-angioplasty. Hypertension, controlled.

P: Continue Atorvastatin 40mg, Aspirin 81mg, and Metoprolol 25mg twice daily. Encourage ongoing exercise and heart-healthy diet. Follow-up in 4 months with repeat lipid panel.

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