# Sistemas Distribuídos

### Synchronization

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# Time

## Concepts

Physical phenomena—especially human activity—occur in both space and time. Among these dimensions, **time** plays a critical role in characterizing events, determining their order, and assessing potential causal relationships between them.

In distributed systems, the concept of time can be approached from several perspectives, depending on how the observer perceives reality:

- **global time** Time as perceived by an external or universal observer.
- **local time** Time as perceived individually by each entity being observed.
- **logical time** Time derived from the flow of information, used to order events based on causality rather than absolute timestamps.

### **Global Time**

Time cannot be directly measured. Instead, we infer its passage by <sup>Time</sup> observing the **periodic motion of well-defined physical objects**, leveraging the intrinsic link between **time and space**.

One classical approach is **Astronomical time**.

This system is based on the periodic movements of celestial bodies, primarily:

- The Earth's orbit around the Sun, where each complete revolution defines a solar year.
- The Earth's rotation on its axis, where each complete spin defines a solar day.

### **Global Time**



Each solar day is subdivided into:

- 24 hours
- 1 hour = 60 minutes
- 1 minute = 60 seconds

Hence, the **solar second**—the standard unit of time—is defined as **1/86,400 of a solar day**. A **solar year** is approximately **365 days and 6 hours**.

### **Global Time - Atomic Time**



The **periodic motion of celestial bodies**—while useful—is not sufficiently stable to serve as a precise standard over very long periods.

Scientific studies over recent decades have shown that:

- The Earth's rotation gradually slows down due to tidal friction and atmospheric drag.
- It also undergoes minor **irregular oscillations** in angular speed, likely caused by **turbulence in the Earth's core**.

Due to these limitations, the definition of the **second** was re-evaluated with the introduction of **atomic clocks**, which offer extremely stable and consistent timekeeping.

### **Global Time - Atomic Time**



#### **Current Definition of the Second**

The **second** is defined as the time it takes for **9,192,631,770 periods** of the radiation corresponding to the **transition between two hyperfine levels** of the ground state of the **cesium-133 atom**, **at rest** and at a **temperature of 0 Kelvin** 

#### **Global Time - TAI**



International Atomic Time (TAI) is a globally accepted standard for precise timekeeping. It is computed as the weighted average of time readings from over 200 atomic clocks maintained by national metrology institutes across the world.

This process is coordinated by the International Bureau of Weights and Measures (BIPM), specifically through its International Bureau of the Hour (BIH).

#### **Global Time - TAI**



### **Key Facts**

- The duration of the **standard second** was defined to match the **solar second** on **January 1, 1958**, ensuring continuity with astronomical time.
- On January 1, 1977, a relativistic correction was applied to account for time dilation effects caused by variations in Earth's gravitational field—since atomic clocks are located at different altitudes, they tick at slightly different rates due to general relativity.

#### **Global Time - UTC**



Coordinated Universal Time (UTC) is the principal time standard used for regulating clocks and timekeeping in human activities. It is based on International Atomic Time (TAI) and is expressed in standard seconds.

To stay in alignment with **astronomical time**, UTC occasionally adjusts for the **slowing and irregularities of the Earth's rotation**. This is done by **adding or (in theory) subtracting a leap second**—though subtraction has not occurred to date.

### **Global Time - UTC**



### **Key Characteristics:**

- The **second and its submultiples** (milliseconds, microseconds, etc.) are always **constant**.
- However, **larger units** (minutes, hours, days) may vary slightly over time due to leap second adjustments.
- Leap seconds are typically inserted at the end of June or December.

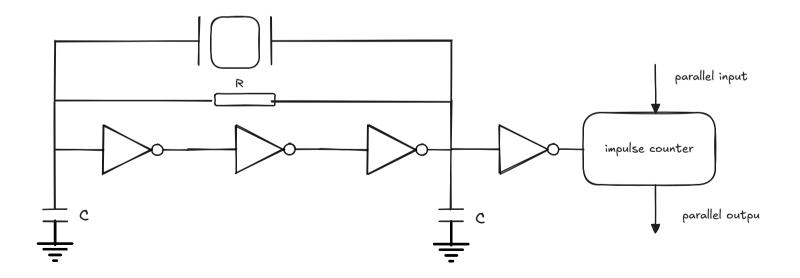
### Sources of UTC Time (with uncertainty levels):

- Shortwave radio transmitters: ±10 ms
- Geostationary satellite systems (e.g., GEOS, GPS): ±0.5 ms
- Internet time servers using NTP (Network Time Protocol): ±50 ms



A computer system's clock consists of two main components:

- An **oscillator circuit**, typically driven by a **quartz crystal**, which produces periodic electrical impulses.
- An **impulse counter**, which increments a stored value each time an impulse is received.





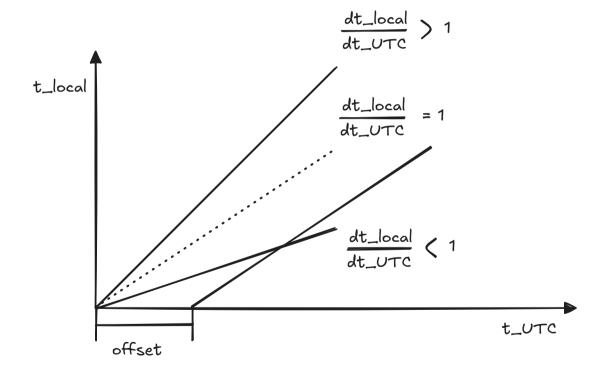
At any given moment, the **current count** can be:

- Read via the parallel output, and
- **Set** to a specific value via the **parallel input**.

This **counting value** can be **converted to real time** if a **time origin** is established. For example, in **Unix-based systems**, the origin is set to **00:00:00 on January 1, 1970** (commonly referred to as the Unix epoch).



A computer clock may **display incorrect time** due to two main sources of error: **drift** and **offset**.





#### 1. Offset

- The clock's count differs from the correct value by a fixed number of impulses.
- This typically results from an incorrectly defined time origin.

#### 2. Drift

- The oscillator's frequency deviates from its nominal (ideal) value.
- This deviation is often caused by **environmental factors** such as **temperature** and **humidity**, leading to a gradually increasing error in the **counting rate**.

For example, a quartz-controlled oscillator typically exhibits a drift on the order of 1 part in 10<sup>6</sup> per second.

# Local Time Adjustments

### **Problem Characterization**





Synchronizing the **local clocks** of computer systems (nodes) in a distributed or parallel environment is essential to ensure **temporal consistency**. This synchronization can be addressed in two distinct ways:

#### 1. External Synchronization

• Given a trusted UTC source S(t) and a maximum allowable deviation  $\Delta$ , ensure that each local clock  $C_{ki}(t)$  (for node i = 0, 1, ..., N-1 satisfies:

$$\forall i \in \{0, 1, ..., N-1\}, \quad |S(t) - C_{ki}(t)| < \Delta$$

#### 2. Internal Synchronization

• Even if there is **no access to an external time source**, ensure that the **difference between any two local clocks** remains within the allowed uncertainty  $\Delta$ :

$$\forall i, j \in \{0, 1, ..., N - 1\}, \quad |C_{ki}(t) - C_{kj}(t)| < \Delta$$

### **Problem Characterization**



In distributed or parallel systems, it is assumed that: Local Time Adjustments

- The processing nodes are connected by a specific interconnection topology.
- Communication between nodes occurs via **message passing**.
- Messages have a finite transmission time, but no known upper bound can be guaranteed. This implies the following property of the system:

$$\forall L \in \mathbb{R}^+, \quad \exists t_M \text{ such that } t_M > L$$

Where  $t_M$  is the **transmission time** of a message.

• This means **no matter how large a delay L is**, it's always possible that a message may take **longer than** L to arrive.

Such uncertainty makes precise timing coordination in distributed systems more challenging.

### **Problem Characterization**

# Local Time Adjustments



### **Clock Adjustment and Monotonicity**

When synchronizing clocks in distributed systems, time adjustments must always preserve the monotonicity of local time.

That is, the local clock should **never move backward**, only forward or pause.

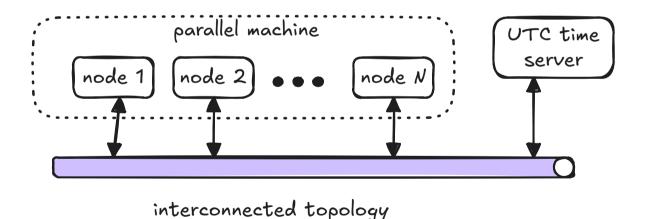
#### Why is monotonicity important?

- **Preserving causality**: If a clock moves backward, it may appear that an event occurred **before** its cause, violating logical causality.
- Correct event ordering: Time-based logs, timestamps, and message ordering rely on non-decreasing time to remain consistent.
- System stability: Many algorithms assume time is always progressing; nonmonotonic clocks can lead to errors or unpredictable behavior in scheduling, timeout handling, and replication protocols.

### Cristian's Method



Cristian's Method is an external synchronization technique used in distributed systems. It assumes the availability of a UTC time server.



### Cristian's Method

#### How it works





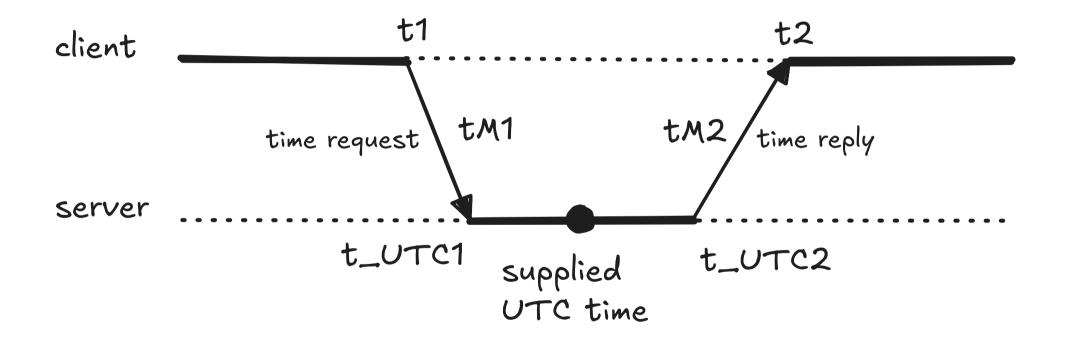
- **Proactively**, each client node requests the current time by sending a message to the **UTC server**.
- Upon receiving the request, the **server responds with the current** time in a predefined format.
- The client then adjusts its **local clock**, accounting for **message** transmission delays, to align it as closely as possible with the UTC time.

This method relies on the assumption that:

- The message **round-trip time (RTT)** is symmetric and small,
- And the system clock adjusts **monotonically** (never moves backward).

### Cristian's Method





# **Cristian's Method - Decomposition**



### **Step-by-step synchronization process:**

- 1. At **local time**  $t_1$ , the **client sends a request** to the UTC server.
  - The message transmission time is  $t_{M1}$ .
  - The request is received by the server at **UTC time**  $t_{\rm UTC~1}$ .
- 2. The server replies with an estimated UTC time  $t_{\rm UTC}$ , adjusted to match approximately the middle of the server's processing interval.
- 3. The **reply is sent** at **UTC time**  $t_{\rm UTC~2}$ .
  - It reaches the client at **local time**  $t_2$  after a message delay of  $t_{M2}$ .

## Cristian's Method - Decomposition

### **Clock Adjustment by the Client**





- The client has access to:
  - $\rightarrow$   $t_1, t_2$ : local times when the request and response were observed
  - $t_{\rm UTC}$ : estimated time from the server
- Assumptions:
  - The **local clock drift** over the short interval  $t_2 t_1$  is negligible.
  - ▶ The **server processing time** is negligible compared to message transmission time.
- Estimated Offset:

$$\text{offset} = t_{\text{UTC}} - \frac{t_1 + t_2}{2}$$

# **Cristian's Method - Decomposition**





- Estimated Uncertainty:
  - Assuming one message experienced minimum delay  $(t_{\text{MIN}})$ , the worst-case uncertainty is:

$$\Delta_{\mathrm{est}} = rac{t_2 - t_1}{2} - t_{\mathrm{MIN}}$$

- Robustness
  - If the estimated uncertainty  $\Delta_{\rm est}$  exceeds the accepted threshold (e.g., due to network load or server delay), the **client should** discard the result and retry later.

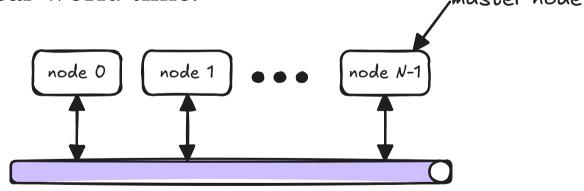
## Berkeley algorithm





The Berkeley Algorithm is an internal clock synchronization method used when no UTC time source is available.

Its objective is to ensure that all processing nodes in a distributed system maintain synchronized local clocks, even if they are not aligned with real-world time. master node



interconnected topology

### Berkeley algorithm

#### How it works:

## Local Time Adjustments



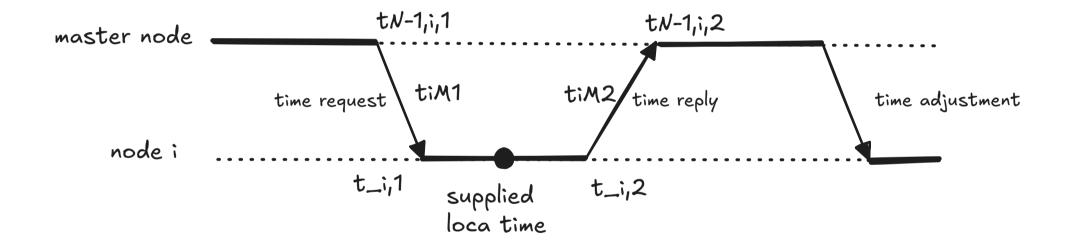
- Periodically, one node is elected or designated as the **master node**.
- The master **proactively polls** all nodes in the system—including itself—asking for their current local time.
- After collecting all responses, the master:
  - 1. Calculates the average time offset between itself and the other nodes.
  - 2. Computes the correction needed for each node to align with the average.
  - 3. **Sends back the offset corrections** to each node, including itself.

Each node then **adjusts its clock** based on the received correction, maintaining internal synchronization across the system.

### Berkeley algorithm







# Local Time Adjustments

### **Step-by-step Process**

- 1. The **master node** initiates synchronization by sending a request to every other node (including itself) at **local time**  $t_{N-1,i,1}$ .
  - Each message has a **transmission time**  $t_{\{i,M1\}}$ .
  - Node ( i ) receives the request at **local time**  $t_{i,1}$ , for i=0,1,...,N-1.
- 2. Each node responds with a timestamp  $t_i$ , which is adjusted to reflect the **middle of the time window** it used to process the request.
- 3. The reply is sent at **local time**  $t_{i,2}$ , transmitted back to the master with delay  $t_{i,M2}$ .
  - The master receives each reply at **time**  $t_{N-1,i,2}$ .

### Local Time Adjustments



- 4. Once all replies are collected, the **master node**:
  - Estimates clock offsets by comparing the received values to its own clock.
  - Computes a global average deviation (excluding outliers if necessary).
  - Sends a message to **each node** with the **correction** it should apply to adjust its local clock.

This ensures that **all clocks in the system are synchronized** as closely as possible to a common internal time, even in the absence of an external UTC source.





### Offset Estimation by the Master Node

The master node uses the following timestamps to estimate each node's clock offset and uncertainty:

- $t_{N-1,i,1}$ : Time the request was sent to node i
- $t_{N-1,i,2}$ : Time the reply was received from node i
- $t_i$ : Timestamp reported by node i, adjusted to the middle of its processing interval

### Assumption:

• The **drift** of the master's clock during the interval  $t_{N-1,i,2} - t_{N-1,i,1}$ is negligible.



### Offset Estimation (using Cristian's formula):

offset(i) = 
$$t_i - \frac{t_{N-1,i,1} + t_{N-1,i,2}}{2}$$

### **Uncertainty Estimation:**

$$\Delta_{\mathrm{est}(i)} = rac{t_{N-1,i,2} - t_{N-1,i,1}}{2} - t_{\mathrm{MIN}}$$

for all i = 0, 1, ..., N - 1





### **Averaging and Correction:**

- The master node computes the average offset, offset<sub>med</sub>, excluding **nodes** whose uncertainty  $\Delta_{\text{est}(i)}$  exceeds the **acceptable threshold**.
- Then it sends to each node the **adjustment to apply**:

$$adjustment(i) = offset_{med} - offset(i)$$

### **Key Remark:**

• Since this adjustment is a **differential value**, the **transmission** delay of this final message does not introduce additional uncertainty.

# Local Time Adjustments

#### **Network Time Protocol**

While previously discussed methods focus on synchronizing clocks within local area networks, the Network Time Protocol (NTP) is designed specifically for global synchronization over the Internet.

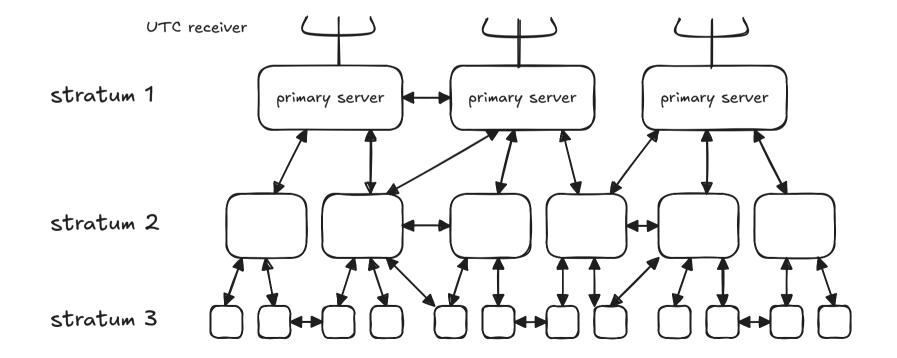
#### Goals of NTP:

- Accurate synchronization: Enable any computer system connected to the Internet to adjust its local clock with reasonable precision.
- Timely adjustments: Perform clock corrections at a sufficiently frequent rate to prevent noticeable drift over time.
- Resilience to disconnection: Ensure the service remains reliable and available, even in the face of temporary connectivity loss with specific time servers.
- Security and robustness: Provide protection against malicious interference or corrupted time data, helping preserve integrity and trust in time synchronization.





NTP relies on a **hierarchical structure** of time servers, organized into multiple levels called strata, to distribute accurate time across the Internet.



### **Hierarchical Organization:**





- Stratum 1: These are primary servers that are directly connected to a **UTC source** (e.g., atomic clocks or GPS receivers). They serve as the **root** of the synchronization hierarchy.
- Stratum 2 and below: These are secondary servers. Each server in **stratum** n synchronizes its clock with one or more servers in **stratum** n - 1.
- Lateral coordination: Servers in the same stratum can also synchronize with each other, improving robustness and stability of the time information across the network.

This structure enables scalable, fault-tolerant, and resilient time distribution throughout the Internet.



### **Accuracy and Stratum Depth**

- As one moves **down the hierarchy** (from **Stratum 1** to higher-numbered strata), the **uncertainty of time information increases**.
- This is due to the **cumulative effect of synchronization errors** introduced at each stage in the hierarchy.





### **Dynamic Reconfiguration**

NTP maintains resilience and availability through dynamic **restructuring** of the synchronization sub-tree:

- If a primary server (Stratum 1) loses access to its UTC source, it demotes itself to Stratum 2, acting as a secondary server.
- If a time source becomes unavailable to a server at any level, it will search for an alternative server—either in the same stratum or a **higher one**—to maintain synchronization.

This dynamic behavior ensures **fault tolerance** and **continuous service** even under partial network failure or loss of connectivity.



In the Network Time Protocol (NTP), pairs of nodes exchange synchronization messages continuously:

- If node **B** is in a **lower stratum** than node **A**, it uses the exchange to **adjust** its local clock.
- If both nodes are in the same stratum, they perform a mutual adjustment for increased accuracy and robustness.

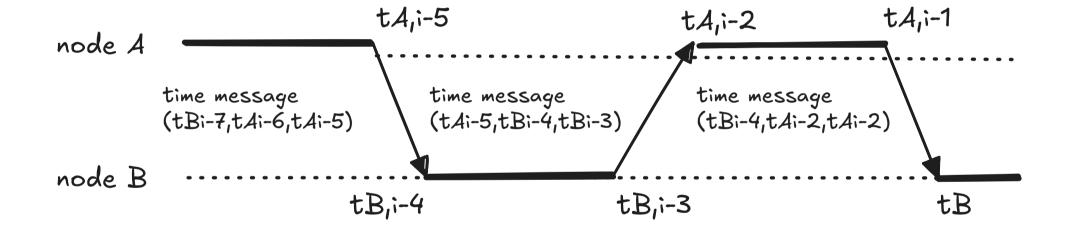
#### **Message Structure**

Each synchronization exchange includes **four timestamps**:

- 1.  $t_{B,i-3}$ : Local time at **B** when the **last message was received**.
- 2.  $t_{A,i-2}$ : Local time at **A** when the **last message was received**.
- 3.  $t_{A,i-1}$ : Local time at **A** when the **current message is sent**.
- 4.  $t_{B,i}$ : Local time at **B** when the **current message is received**.









### Purpose

These four timestamps are used by node **B** to:

• Estimate the offset between clocks A and B:

offset 
$$\approx \frac{\left(t_{B,i-3}-t_{A,i-2}\right)+\left(t_{B,i}-t_{A,i-1}\right)}{2}$$

• Estimate the uncertainty (network delay asymmetry) using round-trip delay and timing variation.

This method enables **precise synchronization** even across **unpredictable network links**.



In a time synchronization exchange between two nodes, **B** and **A**, node **B** makes the following assumptions and calculations to estimate the clock offset and uncertainty.

### **Assumptions:**

• The **drift** of both local clocks is **negligible** during the short intervals:

$$t_{B,i} - t_{B,i-3}$$

$$t_{A,i-1} - t_{A,i-2}$$

#### Offset Estimation





Let the **offset** between the two clocks be:

offset = 
$$Ck_{A(t)} - Ck_{B(t)}$$

It is estimated as:

offset<sub>est</sub> = 
$$\frac{t_{A,i-1} + t_{A,i-2}}{2} - \frac{t_{B,i} + t_{B,i-3}}{2}$$

#### **Uncertainty Estimation**

Assuming one of the two message transmissions experienced minimum **delay**  $t_{\text{MIN}}$ , the **worst-case uncertainty** is estimated as:

$$\Delta_{\rm est} = \frac{\left(t_{A,i-2} - t_{B,i-3}\right) + \left(t_{B,i} - t_{A,i-1}\right)}{2} - t_{\rm MIN}$$



### **Statistical Filtering**

- Node B maintains a stream of offset/uncertainty pairs offset  $_{\rm est}, \Delta_{\rm est}.$
- These values are filtered statistically to compute a refined and stable final offset.
- The process is typically repeated with multiple servers.
  - ► The results are compared.
  - If discrepancies or inconsistencies arise, a change of synchronization server(s) may be triggered.

# **Suggested Reading**



• M. van Steen and A.S. Tanenbaum, Distributed Systems, 4th ed., distributed-systems.net, 2023.