

托福口语独立问题满分万能素材

【17 天搞定托福口语】

保 24 分、冲 28 分

课程配套资料

那天老师+豆腐托福 APP 教研团队编著

2018 完美修订版

写在前面，使用前必读！

1、这份资料是什么？

这份资料是针对托福口语的 1-2 题，建议大家参考和使用的万能素材，与综合问题（3-6 题）无关。在托福口语中，由于有 1-2 题的独立问题需要攻克，而 1-2 题中又没有固定出题范围，且题目话题冗杂，所以容易由于没有思路，导致“没话说”的情况。

而这份资料的核心目的，就是通过对万能素材的万能使用，减小我们在 1-2 题中的“没话说”的概率，让我们更好更快地组织出能够回答问题的语言。

但是！这份万能素材并不需要大家全部背诵，万能素材的“万能”也不在于素材本身有多么万能（满足托福考试对语言的要求即可），而关键在于，我们通过对“迁移”方法的学习，能够将同一个素材万能地使用到不同题目的回答上面去。真正做到，用一段素材，回答所有题目的状态。这也是真正科学的备考思路和备考方法。

所以，素材积累确实必要，但是关键在于，通过“迁移”方法，“以一答十”地完成对所有题目的备考。

2、使用这份资料之前，该做什么？

在背诵这份词表之前，应该提前了解托福口语 1-2 题究竟是在考什么、怎么考，以及应该如何答题。对于题目本质的理解和对于正确方法的掌握，永远都应该放在第一步。因为只有这样，我们才会知道题目的本质是问题，而不是“人、地、物、事”的话题；也只有这样，我们才知道“背”下来的这些素材到底会如何帮助到我们，才能做到真正的万能。否则，意义会被大打折扣，甚至，没有意义。

所以，我建议各位，先学万能素材的迁移方法：<http://t.cn/RjkzGB6>

3、使用这份资料之后，该做什么？

按照正确的备考历程，当这份素材积累完毕之后，你应该已经充分了解考题本质、答题方法（因为这是在积累素材之前就应该掌握的），以及完成了对“迁移”方法的学习。那么这个时候，你要做的，就是在对题目的全新理解的基础上，开始应用万能答题方法开始练习回答题目了。

同时，练习的过程中，需要有及时的反馈，也就是说，要获得评分、建议、修改方法等快速的评价反馈。否则，自己的练习，仅仅是单方面的完成，并没有提升的建议和方法，非常容易进入到“错误地重复”的状态当中去。所以，我建议各位，练习一定要有评分和提升建议的反馈：

那天老师 (答案作者)

前北京新东方首席托福口语名师；

最年轻新东方集团优秀教师；

TOEFL 口语满分、GMAT 写作满分；

9 年一线托福教学经验、培养无数高分/满分学员；

清华-麻省理工学院 MBA、金融学学士、纽约电影院校友；

清华大学经济管理学院顾问委员会会议翻译；

全国冠亚芝加哥杯国际英语演讲比赛冠军；

21 世纪报 TOEFL 专版特邀作者；

CCTV-2 国际财经连线采访特邀嘉宾；

爱天教育科技创始人&CEO。



新浪微博：托福口语大圣_那天

知乎：那天

（使用过程中有任何问题，可以微博提问那天老师）



扫描二维码

下载托福口语满分神器“豆腐托福 APP”

托福口语独立问题满分万能素材

素材使用说明：

1. 万能素材是针对Task1&2的语料储备，关键不在于背诵，而在于选择一段适合自己的素材，通过“迁移”方法的学习，能够在答题时，用一段有限的素材回答所有题目。“迁移”方法才是万能的基础，建议配合课程学习素材迁移技巧，做到事半功倍、快速提分。
2. 智能口语练习及课程详情，请戳 <http://t.cn/RjkzGB6>

候选万能素材 **1-Allen Iverson** :

My favorite basketball player all around this world is Allen Iverson, I like him the most for three reasons. First off, he is the most talented and favored player I have ever seen. He was the team leader and the most valuable player in Georgetown University, and was the top pick of the selected candidates of 1996. Besides, he was really strong-minded and tough. In 2001 he led his team, Philadelphia Seventy Sixers, to the NBA final, and he scored 42 points in the third game of the final with 18 body injures. I just cannot help loving such a strong warrior. Finally, his spirit of never giving up just tells the world everything is possible, and I will start to achieve every single goal in my life by following this high spirit. So, Allen Iverson is my favorite basketball player.

候选万能素材 **2-Steve jobs** :

Of all the people alive or not today, Steve Jobs is my role model. I admire him so much not because he was leading one of the most famous software company, but because of his noble deeds and noble heart. First off, as a genius, he made the computer operating system more powerful and easier to use, I love my computer much more because of the latest Mac system. In addition, he was extremely responsible for the society. He started thousands of charitable foundations and associations to help millions of people receive education, get rid of poverty, and become healthier. Finally, he was an open-minded and supportive leader. He was doing a great job to make the apple computer the most famous brand in the world. Meanwhile, he helped his followers to realize their dreams and make this world better. That is why I admire him the most.

候选万能素材 **3-Beijing** :

Talking about the place I love the most, I would say it must be Beijing, the capital city of China. I can tell you that, first of all, it is the economic, political, and cultural center of my

country. Every year Beijing holds a lot of big social events that catch the attention of the whole world, just like the Olympic games in 2008. Secondly, it has thousands of places of interest. When I was 6 years old, I was impressed by the magnificent imperial palace. It felt like traveling back to thousands of years ago, standing on top of the world, and feeling the history and cultural origin of my great mother land. Finally, I am really impressed by such a passionate and attractive city, because of its rapid growth and development every day. That's why I love it so much.

候选万能素材 **4-Musical contest** :

One of my most unforgettable experience is taking part in a national musical contest when I was 16 years old. Truth be told, I was a one hundred-percent introverted person, and totally unconfident. So, for me, it was almost impossible to participate in an open contest like this. But my parents changed that, and I can still remember back then, my daddy told me: "My son, you are the best. Just be yourself and enjoy the show." I was really moved and inspired by those simple words. And when I stood on the stage and heard their support and cheering for me, I just released all the pressure and felt enjoyable and confident. And you know what, I sang the song "you raise me up" perfectly with my heart and soul and got the first prize of that contest. It was the contest that has changed me completely, so I will not forget it, not ever.

候选万能素材 **5-Swimming**:

Of all the specific activities today, I enjoy swimming the most. First thing first, swimming is a kind of body exercise, and swimming in the water can make my body fit and thin. You know, as a girl, I wanna have a perfect body shape. Besides, this activity, I mean, swimming can be very enjoyable and valuable. When I swim with my best friends in the summer, I can keep all the terrible emotions and working burden away, and enjoy the feeling of freedom in the water. I still remember last summer holiday when we swam along the sunny beach. Finally, swimming is not just a refreshment for my body, but also a

refreshment for my mind. Every time I swim, I will feel closer to the world and nature, and after that, I can be totally refreshed and renewed. So, swimming is my favorite.

候选万能素材 **6-Spring festival:**

Well, I think the Spring Festival is definitely important for all the Chinese people. It's very important for two reasons. For the country, it's a time to remember our cultural origin and our historical past. The whole country celebrates our root and it's very inspiring. We become so proud of our past. I guess that's why the Spring Festival is important. And also, for the individual, the Spring Festival gives us a chance for relaxation as we often have a few days off. It's a time for fun, meeting friends and entertainment. And we can do a lot of relaxing activities, like setting off fireworks, making some paper-cut for window decorations, or watching the various Spring Festival shows on CCTV. So, after that we feel refreshed. In a sense, holidays restore our balance between work and leisure. That's also why we need Spring Festival!

春节相关素材及表达：

灯笼：lantern

鞭炮：firecrackers

窗花：paper-cut for window decoration

年夜饭：spring festival eve's family dinner

春晚：the spring festival show on China Central Television

候选万能素材 **7-Computer**：

My favorite object in my life is my lap top, you know, one black ThinkPad. My mum gave it to me as a prize for my good grades in my high school. I kept it all the time to collect information about science and English and to be informed with the updated affairs and news. So, it is safe to say, without my computer, my life will be some sort of different. Besides, my computer can provide me with some mental and spiritual enjoyment. When I

watched the movie "Transformers", I was really impressed by the visual impact and audio effect provided by the powerful system of my computer. So, it just gives me a great time of fun and enjoyment. So, if you ask me what is the one thing that I love the most and benefits me the most, it will be my computer.

候选万能素材 **8-Music:**

Well, I'm an enthusiastic fan of music. And I love every last one kind of music. But if you ask me which song is my favorite, my answer is pretty simple. Heal the world by Michael Jackson. To begin with, it is a worldwide famous masterpiece of MJ. It inspires generations of people all around this world to care more about this planet and the families worldwide. That was really huge. Besides, the rhythm and the lyrics of this song are really encouraging and touching. Every time I hear it, I will be totally thrilled and moved by it. Back in 2006, in the world music award, Michael sang it live, that was really great. Finally, the power of this song lies not just in the song itself, it is spirit that gives hope to people all around the world and encourages us to care about this world and make it better place for you and for me.

候选万能素材 **9-Movie:**

Well, of all the movies that I have watched, the movie "17 again" left me the deepest impression. First of all, I really love the style and the gut of that movie. The atmosphere of the north American campus feels great. Besides the design of that movie is quite amazing, after being considered as a loser at the age of 40, the dramatic character acted by Zac Efron came back to the age of 17, can you imagine? And he restarted what he began as a youngster, and won back his future and his wife's heart. This makes me feel fantastic. Most importantly, everything happened and portrayed in this movie just let me know that impossible is nothing and there exists another chance to finish what you have started if you still have a winner's heart. So, I love this movie the most.

候选万能素材 **10-Dream:**

When facing this question, I will definitely protect my dream to the end of my life. To begin with, dream is just like the original and start point of our lives. Our life is just like a dreamlike gift favored by god. So, if our dreams die, in a way, our lives will be ended. In addition, there are millions of cases that showed us impossible is nothing, and I believe I can turn the impossible into possible. The Wright brothers made the impossible dream of flying possible for humans, Armstrong made the impossible moon-landing possible. So, I will follow their footprints to chase my dreams and make them come true. Finally, there are thousands of days for me to experience, and there are millions of amazing moments waiting for me, so as a young man who is struggling to find the meaning of life, there is no reason not to follow my dream, and I will protect it forever! Thank you!

候选万能素材 **11-Childhood:**

Well, I firmly believe childhood is the most fantastic period of time in my life. I hold this opinion for three reasons. First, I was lucky that I was born and raised in a really happy and well-educated family. My parents were really considerate and patient to me, and they took care of all the details of my life. So, my childhood is absolutely light-hearted. Second, I was totally out-going and open-minded when I was a little boy, so I got a lot of friends to play with me which enabled me to live my childhood better. We went to play basketball together, we went to swim together, so I got so many beautiful memories to share with my buddies. Finally, I was really lucky to find out what I loved and figured out what kind of person that I wanted to be. You know, when I was 8 years old, I took part in an open English speech contest and got the first prize in that contest. So, figuring out what path I will follow to lead my life is really beneficial to the development of my life. And all of these are derived from my wonderful childhood, so this period of time in my life is really unforgettable.

附录 1: 课程介绍&报名方式

那天老师带你解密托福口语满分秘诀

17天搞定托福口语 保24分 冲28分

- **Preview:**
托福口语考试本质说明;
- **Day-1**
托福口语备考策略详解;
- **Day2-6**
Task-1/2 讲解+练习+测试;
- **Day7-11**
Task-3/5 讲解+练习+测试;
- **Day12-16**
Task-4/6 讲解+练习+测试;
- **Day17**
托福口语考前叮嘱。
- **成绩保证**
17天取得 24 分以上!
- **课程最优**
前新东方唯一托福口语满分名师全程主讲!
- **效果最佳**
那天老师全程 1 对 1 微信群答疑
助教老师全程 1 对 1 严格督学
满分备考资料全程 1 对 1 定制
- **提分最快**
视频方法课配备APP练习及评测建议, 实时反馈, 光速提分!

报名方式: <http://t.cn/RjkzGB6> 点击购买课程即可~

附录 2: 17 天搞定托福口语 24+ 课程 学员反馈

超赞的课程！不愧为名师！
2015-07-24 09:53:26

描述相符5.0 教学态度5.0 响应速度5.0
轻松的听课过程，由浅入深，内容非常实用，技巧也很强。有些时候，明明感觉很简单的道理，但是没人点破，你就是不知道去那么想，那天老师恰好做到了帮我点破这一点。
2015-07-24 06:33:29

描述相符5.0 教学态度5.0 响应速度5.0
道理很朴素，有干货，有自己的思考，给了我启迪
2015-07-23 21:21:31

描述相符5.0 教学态度5.0 响应速度5.0
那天老师讲课还是一贯的犀利，一语中的。幻灯片制作很具有视觉美，推荐！

描述相符5.0 教学态度5.0 响应速度5.0
这是第二次上那天老师的课，那天老师对托福考试有着自己独到的见解，打破常见的错误，他传授给我们的方法，可操作性也很强。
2015-07-30 21:46:09

描述相符5.0 教学态度5.0 响应速度5.0
老师棒棒哒！
2015-07-29 08:29:59

描述相符5.0 教学态度5.0 响应速度5.0
确实有非常独到的见解，紧扣主题，简单有效，不浮夸。上过新东方的强化托福课程之后再听那天老师的课，依然有这样的感觉，就足以说明问题了。
2015-07-28 22:38:29

描述相符5.0 教学态度5.0 响应速度5.0
新鲜 而且内容对我很有帮助
2015-07-23 23:32:21

老师客气了，是在您指导下我口语才考那么高的，绝对要支持！之前错过我都难受死了

哈，考了多少分啊？

口语28。。。

哈哈，牛！真心恭喜！

Task4感觉还是不行

谢谢老师~

恩，那个确实靠一点运气，， anyway已经非常棒了！

托福考挺好的。我跟好多人推荐您，有人就各种犹豫，反正我现在觉得收获颇多，写作看了ispeaking内容和课堂笔记，清楚多了。

这行业真正懂托福的就没几个人，各种瞎教，您要有时间一定得提高一下行业的水准。

哈哈！好的好的，谢谢你的支持！一定统一江湖！👍

大实话。自从用了您这个口语的模板，除非是没听懂，不然绝对说的比以前好很多，这一点感触最多了

早上11:41

老师 11.8一站托福 口语26 总共98

晚上18:47

老师 谢谢您的ispeaking！帮助很大~ 准备了半个月口语得了27👍