

CONNECT WITH HIMALAYA

A CWH ROAD TRIP + TREK TO
LADAKH. 20TH – 31ST JULY 2022



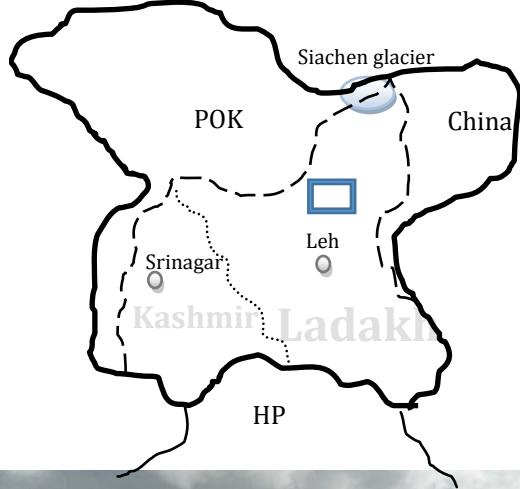
THE LADAKH ADVENTURE

What would you call a journey traversing 3 of the 5 highest motorable passes in the world, the second highest salt water lake in the world, the second coldest inhabited place in the world, 3 entirely different terrains, 3 distinct cultures, 5 mountain ranges and possible for only 3 months in a year? Add a stunning trek across a high pass where we camp under a million stars, chilling in the hip cafes of Leh, visits to monasteries and forts and we have the complete Ladakh adventure for the first timers as well as Ladakh veterans.

TRIP HIGHLIGHTS

- THE ultimate road trip in the Himalaya.
- A beautiful trek with a pass crossing
- Monasteries and Tibetan culture
- Chilling in Leh
- Momos, thukpas and much more.

CWH



A BRIEF OVERVIEW



THE road trip

From the green vales of Kashmir, over the greater Himalaya to the stark beauty of Ladakh, this is an epic road journey. Passing through Sonmarg, Drass, Kargil and some of the oldest monasteries of Ladakh, the road trip allows you to imbibe Ladakh and also acclimatize.



Nubra valley and Pangong lake

Across high passes, including the highest of them all, the Khardungla, lie the Nubra valley and Pangong lake, two of the must-see destinations in Ladakh. A new road connects them and the beautiful guesthouses allow us to spend a night each at both these places.



The trek

Trekking in Ladakh can only be described as surreal. The wild beauty of the mountains is offset by the green oasis around crystal clear streams and the bright days with the starlit nights. We trek from Nubra to Leh over a 5400M high pass, on the ancient silk route.



ITINERARY:

12 DAY TRIP, 8 DAYS OFF WORK (2 WEEKENDS)

20-23 JULY

Phase 1 of the trip – The drive to Leh
20 July – Fly into Srinagar. Book flight that lands before 1 pm. Drive to Sonmarg. ~ 2 hours.
21 July – Drive to Kargil via drass. ~ 5 hours
22 July – Drive to Leh via Lamayuru ~ 7 hours.
23 July – rest day in Leh.

24-26 JULY

Phase 2 – Exploring Ladakh
24 July – Drive to Nubra valley over Khardungla. ~5 hours
25 July – Drive to Pangong lake along the shyok river. ~ 5 hours
26 July – Drive back to Nubra valley.

27-29 JULY

Phase 3 – The trek
We start the 3 day trek from Hunder in Nubra valley to Phyং village near Leh.

We will break the journey from Kashmir to Ladakh over 3 days, to experience the changing landscapes and take in the stunning beauty, and also to acclimatize before we reach the high altitude of Leh.

We will stay in nice guesthouses in Sonmarg, Kargil and Leh. The rest day in Leh is important to enjoy the city and also to get ready for the next part of the trip.

29-31 JULY

Phase 4 – Return to Leh and end of trip
29 July – Finish trek in Phyং. Drive to Leh.
30 July – A rest day in Leh
31 July – fly out of Leh.

The Hunder to Phyং trek is along the ancient silk route connecting Leh to Nubra valley across Lasermo pass. Before the road across Khardungla, the high passes were crossed regularly on foot by traders and locals and Lasermo la at 5400M, is one of the most beautiful of the lot. We cover a total distance of 50 km across 3 days of easy to medium difficulty. It's a wonderful Ladakh trek for beginners and experienced trekkers as there is something for everyone.

We finish the trek on 30th at Phyং and drive to Leh ~ 30 mins. An extra day in Leh to rest, relax and shop before you say goodbye to Ladakh on 31st with a flight out of Leh.

Book any flight that is convenient to fly out of Leh.

COST FOR THE TRIP:

Stay and food	Stay at double occupancy in guesthouses in Sonmarg, Kargil, Leh, Nubra and Pangong. Breakfast included.
Trek	All trekking equipment and personnel. All meals included.
Transportation	Throughout the trip in SUVs.

The cost of the trip =
Rs 65000/- per person
including all taxes.

Note: The group size will be limited to 12. Bookings are done on first come first serve basis and hence no deadlines. Confirm your place by making the full payment in advance. Read our [cancellation policy](#) and fill the [release document](#).

[Click here for PAYMENTS](#)

WHAT TO GET ALONG?

Ladakh in July is pleasant during days and cool during nights. Temp ranges from 5° C to 25° C. Full sleeve t-shirts during the day and warm sweater and jacket during mornings and evenings. For the trek, get good trekking shoes and all your woollens. The biggest thing we need to protect against is the UV radiations from the Sun. So a 50+SPF sun block is a must. Will send you a detailed list on signing up.

MAKING A CONTRIBUTION:

There is always a way of giving back to the place and people where we go for our holidays. This is how we will do it:

- Stay in guesthouses run by locals wherever possible.
- Use local staff throughout the trip e.g. drivers, guides, etc.
- You can also contribute by buying woollens and other handicrafts from the locals directly.

GET CONNECTED:

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Pics from our previous trek to Ladakh, [here](#)

GIFT THIS TRIP

You can chose from gift vouchers starting from Rs 5000.
Write to us with the name of the receiver and the denomination of the voucher.

NOTE

All CWH trips have a strict no-alcohol policy.
And no instant noodles, etc.