

A woman with long, light brown braided hair is lying down, resting her head on her hand. She is surrounded by a thick layer of pink and orange rose petals. The background is a soft-focus outdoor scene with trees and sunlight filtering through the leaves. The overall mood is serene and natural.

Beauty Treatment Menu



beauty@MOWANA

SASSY SISTERS PAMPER PACKAGE

R900 PER PERSON

- 60-Minute Aroma Back, Neck & Shoulder Therapy Massage
- Revitalising 60-Minute Mowana Pedicure ADD-ON GEL FOR R140
- Refreshing Glass of Wine

DAYDREAMERS DELIGHT PAMPER PACKAGE

R1599 PER PERSON OR R2800 PER COUPLE

- 90-Minute Kalahari Advanced Anti-Aging Facial
- 90-Minute Deluxe Pedicure
- 60-Minute Mowana Manicure
- Tasty 2-course Spa Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

LORDS & LADIES PAMPER PACKAGE

R1450 PER PERSON OR R2500 PER COUPLE

- 60-Minute Aroma Full Body Massage
- 45-Minute Honeybush Facial
- 60-Minute Mowana Pedicure
- Tasty Spa Breakfast or Luncheon to feed body & soul
- Complimentary Local Beverages to quench your Thirst

A MUST FOR MEN PAMPER PACKAGE

R1499 PER PERSON

- 60-Minute Aromatherapy Back, Neck & Shoulder Massage
- 60-minute Mowana Pedicure for Men
- 60-Minute Men's Specialised Facial
- Complimentary Beer or Glass of Wine

Add on a Tasty 2-course Spa Luncheon to feed body & soul for R250 including complimentary Local Beverages to quench your Thirst

NO MORE THAN TWO (2) PEOPLE CAN BE ACCOMMODATED FOR THE PACKAGES ABOVE



GUESTS SAY IT BEST

The staff and therapists radiate with friendly smiles and are passionate about their work, always wanting to make sure we are comfortable and well taken care of. THE FACILITY AND AMBIANCE ARE SO RELAXING. ONCE YOU STEP INTO THE SPA, YOU IMMEDIATELY FEEL AT PEACE, COMPLETELY FORGETTING THAT YOU ARE IN THE HEART OF A CONCRETE JUNGLE AS YOU GET LOST IN THE SCENIC BEAUTY OF BUSHVELD GARDENS AND THE TRANQUIL ENVIRONMENT OF THE SPA. The whole experience from start to finish was memorable and surpassed all my expectations. KEEP IT UP! YOU'RE ON A WINNING FORMULA.



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SKIN CARE FACIALS

Kalahari Honeybush Facial (60 min) R600

A nourishing treatment including a relaxing facial massage that includes natural plant extracts and rich botanical oils to hydrate and rejuvenate your skin. Suitable for all skins and as a maintenance treatment. A Summer Must

Lipid Rich Skin Treatment (60 min) R650

A botanical oil mask rich in essential fatty acids that hydrate even the most dry and dehydrated skin. Suitable for all skin conditions, excluding oily and acne-prone skin. A Winter Must

Kalahari Specialised Facial (60 min) R750

Based on your skin assessment, your professional therapist will recommend one of the following: Vit C Booster Treatment, Skin Texture Treatment, Phyto Compound Treatment or TCA Treatment

Kalahari Advanced Anti-Aging Facial (90 min) R850

Ultra-firming, de-ageing treatment rich in essential antioxidants and natural, organic Vit C, extracted from the African Baobab fruit. Suitable for all skin conditions. Includes a 20 minute back, neck & shoulder massage.

AROMATHERAPY MESSAGES

Aromatherapy Treatments using Lilian Terry oils, is a holistic healing treatment that uses natural plant extracts to promote health and well-being. Aromatherapy uses aromatic essential oils medicinally to improve the health of the body, mind, and spirit.

Back, Neck & Shoulder Massage (60 min) R700

Full Body Massage (60 min) R750

Full Body Massage (90 min) R850

HOT STONE THERAPY MESSAGES

Hot stones expand blood vessels, which encourages blood flow throughout the body, hot stones also have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Back, Neck & Shoulder Massage (60 min) R700

Full Body Massage (60 min) R750

Full Body Massage (90 min) R850

WAXING

Face

Ear, Nose, Lip or Chin Wax R80

Brow Wax and Shape R100

Lash or Brow tint R100

Lash and Brow tint R160

Brow Wax, Shape & Tint R180

Arms (Women)

Full Arm Wax R220

½ Arm Wax R180

Underarm Wax R150

Legs (Women)

Full Leg Wax R280

¾ Leg Wax R250

½ Leg Wax R230

Bikini Areas

Bikini Wax R200

Brazilian Wax R240

Hollywood Wax R300

Arms (Men)

Full Arm Wax R220

½ Arm Wax R180

Underarm Wax R150

Legs (Men)

Full Leg Wax R350

¾ Leg Wax R300

½ Leg Wax R280

Upper Body

Chest Wax R300

Back Wax R350



Pedi Lounge and Nail Bar



the Retreat

PEDI LOUNGE · NAIL BAR
MOWANA SPA

MANICURE MENU

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|---|------|
| Manicure for Men (90 min) Soak, exfoliate, file, paraffin dip, buff and massage | R350 |
| Mini Mani (45 min) Removal of nail varnish, file and new colour reapplication | R180 |
| Gel Overlay (30 - 45 min) Application of product. Excludes Soak Off | R250 |
| Mowana Manicure (60 min) Soak, exfoliate, file & nail varnish application and massage Add Gel for R140 | R300 |
| Deluxe Manicure (95 min) Caviar gel soak, exfoliate, file, buff, nail varnish application and massage. Add Gel for R140 | R350 |
| Acrylic overlay (natural or colour) | R380 |
| Acrylic Overlay French | R400 |
| Acrylic Fill (2 weeks) | R300 |
| Acrylic or Gel Soak Off | R100 |
| Acrylic Tips Overlay | R460 |
| Paraffin Dip | R150 |
| Nail Repair – Tip with Gel or Acrylic (per nail) | R60 |
| NAILZ Application excluding soak off | R520 |
| NAILZ 2-week Fill | R300 |

*Treatment time may vary according to add-ons such as soak off, tips and Gel applications

PEDICURE MENU

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|---|------|
| Pedicure for Men (90 min) Soak, exfoliate, file, paraffin dip, buff and massage | R400 |
| Mini Pedi (45 min) Removal of nail varnish, file and new colour reapplication | R200 |
| Mowana Pedicure (60 min) Soak, exfoliate, file & nail varnish application Add Gel for R140 | R350 |
| Deluxe Pedicure (95 min) Caviar gel soak, exfoliate, file, buff, nail varnish application & massage Add Gel for R140 | R400 |
| Footlogix Specialised Pedicure (95 min) Soak, exfoliate, file, buff, callus softener, rejuvenating foot mousse, nail varnish application & massage Add Gel for R140 | R500 |
| Manicure & Pedicure Combo (120 min) Soak, exfoliate, file, nail varnish application & massage (excluding soak off) Add Gel for R140 | R600 |

