# **Project presentation**

Good morning Ladies and gentleman,

I am lekshmi s r of s6 mca. may I welcome you all to attend my project presentation on "BSN-CARE". My internal guide is prof. Anjana J.

# **INTRODUCTION**

I propose a modern healthcare system making use of IoT based BSN-CARE. The system is intended to meet medical needs of all patients particularly those who are isolated. Body sensor network consist of bio-sensors worn by patients. Output of bio-sensors are consolidated by a microcontroller unit and fed to healthcare team through mobile network. The proposed modern IOT based BSN care envisages provision of affordable and timely healthcare at their door step and thus improving the quality of life.

### **OBJECTIVE AND SCOPE**

- IOT based modern healthcare system is primarily intended to take care of the health aspects of older people staying alone. The system envisages to real time monitoring of the health parameters of dependent patients and provide timely and quality healthcare to them.
- Objective of the project is to make affordable, fully secure and timely healthcare to all particularly elderly.
  The system make use of the body sensor networks which with the help of IoT & various body sensors measures the health parameters of the patient on Realtime.
- The information is passed to the cloud server of the medical team on real time. The medical team then take appropriate action to save the patient.

# **EXISTING SYSTEM**

Existing medical care is manual as a patient has to physically go to a doctor/hospital for treatment. In most of the cases a patient has to wait in queue for long time to get consultation/medicine. This becomes very difficult for senior citizen and emergency cases as travel and waiting is involved before getting treatment. The present system is expensive and time and effort consuming.

# DRAWBACKS OF EXISTING SYSTEM

- Existing System is inefficient.
- It is very tedious and time consuming.
- Lack of safety and security.
- Complexity.
- More human efforts.
- Implementation Issues.
- High Expenses.

# PROPOSED SYSTEM

### **\* IOT BASED BSN-CARE**

The proposed system is intended to assist old people staying alone with quality and timely healthcare. The patient health status can to seen by the designated healthcare on real time which enable them to take timely action.

I have used the following components in my project:

- Wrist band
- Node mcu
- Temperature sensor
- Heart beat pulse sensor amped

To give a brief about the proposed project, it consists of wrist band worn by patient on wrist with temperature sensor and NODE MCU. Temperature sensor DHT 11 is embedded in the wrist band itself, whereas oxygen level, heart beat and pulse rate are measured by sensors clipped on to a fingertip and connected to the node mcu by a wire. C++ embedded code will then be uploaded to node mcu using android application. There after the data base is fed to the cloud server from where it is further transmitted to the doctor, family, friends and emergency who take appropriate action to save the life of the patient.

In the future development of technology IoT has a profound influence. In addition, with the development low power embedded technology, sensor technology is widely used. System provides real time health monitoring as well as disease prediction over the internet. It can work base on synthetic as well as real time training data. Accuracy of prediction is good than other learning approaches. System also having a capability to provide the alert when any criticalness 24\*7. For Future studies to implement a such systems with parallel processing with high dimensional data using Hadoop or cloud environment.

### ADVANTAGES OF PROPOSED BSN-CARE

- It is cost effective.
- Health parameters are passed on through healthcare provider on real-time.
- It uses solar power.
- The system can be implemented easily.
- It is safe and secure.
- Easy to maintain.
- User friendly and lightweight.
- Chronic disorders are identified at the primary stage itself by the doctors for better decision making.
- Future expansion is possible.
- BSN healthcare is the ideal way of treatment for all during spread of pandemic like corona virus.

# HARDWARE REQUIREMENTS

### NODE MCU ESP8266 1.0 WIFI MODULE

Node mcu is a nano chip on the wrist band to which other sensors are also connected sensors feed their output to the nano chip which convert them to digital signal and is fed to the cloud server application. ESP 8266 node mcu is used in the project.

NodeMCU is an open source development board and firmware based in the widely used <u>ESP8266 -12E WiFi module</u>. It allows you to program the ESP8266 WiFi module with the simple and <u>powerful LUA programming language</u> or Arduino IDE.

With just a few lines of code you can establish a WiFi connection and define input/output pins according to your needs exactly like Arduino, turning your ESP8266 into a web server and a lot more. It is the WiFi equivalent of ethernet module. Now you have internet of things (iot) real tool.

With its USB-TTL, the nodeMCU Dev board supports directly flashing from USB port. It combines features of WIFI access point and station + microcontroller. These features make the NodeMCU extremely powerful tool for Wifi networking. It can be used as access point and/or station, host a webserver or connect to internet to fetch or upload data.

### **Features**

- Finally, programable WiFi module.
- Arduino-like (software defined) hardware IO.
- Can be programmed with the simple and powerful Lua programming language or Arduino IDE.
- USB-TTL included, plug & play.
- 10 GPIOs D0-D10, PWM functionality, IIC and SPI communication, 1-Wire and ADC A0 etc. all in one board.
- Wifi networking (can be used as access point and/or station, host a web server), connect to internet to fetch or upload data.
- Event-driven API for network applications.
- PCB antenna.



### DHT11 TEMPERATURE SENSOR

The **DHT11** is a commonly used **Temperature and humidity sensor.** The sensor comes with a dedicated NTC to measure temperature and an 8-bit microcontroller to output the values of temperature and humidity as serial data. The sensor is also factory calibrated and hence easy to interface with other microcontrollers. DHT11 is a low-cost digital sensor for sensing temperature and humidity. This sensor can be easily interfaced with any microcontroller such as Arduino, Raspberry Pi etc... to measure humidity and temperature instantaneously. DHT11 humidity and temperature sensor is available as a sensor and as a module. The difference between this sensor and module is the pull-up resistor and a power-on LED. DHT11 is a relative humidity sensor. To measure the surrounding air this sensor uses a thermistor and a capacitive humidity sensor.

### WORKING PRINCIPLE

DHT11 sensor consists of a capacitive humidity sensing element and a thermistor for sensing temperature.

For measuring temperature this sensor uses a Negative Temperature coefficient thermistor, which causes a decrease in its resistance value with increase in temperature. To get larger resistance value even for the smallest change in temperature, this sensor is usually made up of semiconductor ceramics or polymers.

The temperature range of DHT11 is from 0 to 50 degree Celsius with a 2-degree accuracy. it gives one reading for every second. DHT11 is small in size with operating voltage from 3 to 5 volts. The maximum current used while measuring is 2.5mA.

DHT11 sensor has four pins- VCC, GND, Data Pin and a not connected pin. A pull-up resistor of 5k to 10k ohms is provided for communication between sensor and micro-controller.

### **APPLICATIONS**

This sensor is used in various applications such as measuring humidity and temperature values in heating, ventilation and air conditioning systems. Weather stations also use these sensors to predict weather conditions. The humidity sensor is used as a preventive measure in homes where people are affected by humidity. Offices, cars, museums, greenhouses and industries use this sensor for measuring humidity values and as a safety measure.

# **DHT11 Specifications:**

• Operating Voltage: 3.5V to 5.5V

• Operating current: 0.3mA (measuring) 60uA (standby)

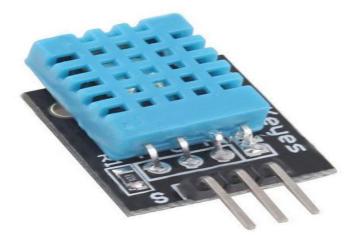
• Output: Serial data

Temperature Range: 0°C to 50°C

• Humidity Range: 20% to 90%

• Resolution: Temperature and Humidity both are 16-bit

• Accuracy:  $\pm 1$ °C and  $\pm 1$ %



### HEART RATE PULSE SENSOR AMPED

Heart rate pulse sensor amped is a such type of sensor which is mainly used for sensing heartbeat rate. Normally it is very difficult task to measure the exact heartbeat rate, but this have become so much easy with the help of this pulse sensor amped. If we talk about heartbeat, then heart beat is a periodic signal that is produced by any software or hardware system for giving intimation to normal of working of any system. For measuring this periodic intimation signal, so many sensors have been using currently in market but here we shell only talk about pulse sensor amped. This is basically plug and play heartbeat sensor and have been using by makers, athletes, game developers and students in their hardware projects. It is easily available in market or online shop.

### **Working Principle of Heart Rate Pulse Sensor**

The working principle of this heartbeat rate sensor is very simple. If we talk about heartbeat rate, then heartbeat rate is the ratio of time between two consecutive heartbeats. Similarly, when the human blood is circulated in human body then this blood is squeezed in capillary tissues. As a result, the volume of capillary tissues is increased but this volume is decreased after each heartbeat. This change in volume of capillary tissues, effects on the LED light of heart rate pulse sensor, which transmits light after each heartbeat.

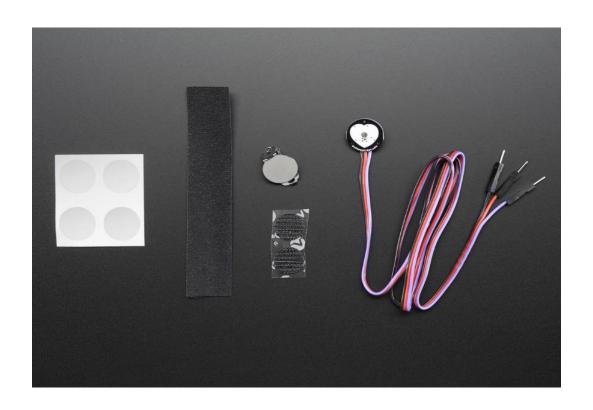
This change in light is very small but this can be measured by connecting any controller with this pulse sensor. Means, the LED light which have every pulse sensor helps for measuring pulse rate. The working of this sensor could be checked by placing human finger in front of this pulse sensor. When finger is placed in front of this pulse sensor then the reflection of LED light is changed based on the volume of blood change inside capillary vessels. Means during heartbeat the volume of blood in capillary vessels will be high and then will be low after each heartbeat. So, by changing this volume the LED light is changed. This change in of LED light measures the heartbeat rate of finger.

### APPLICATIONS

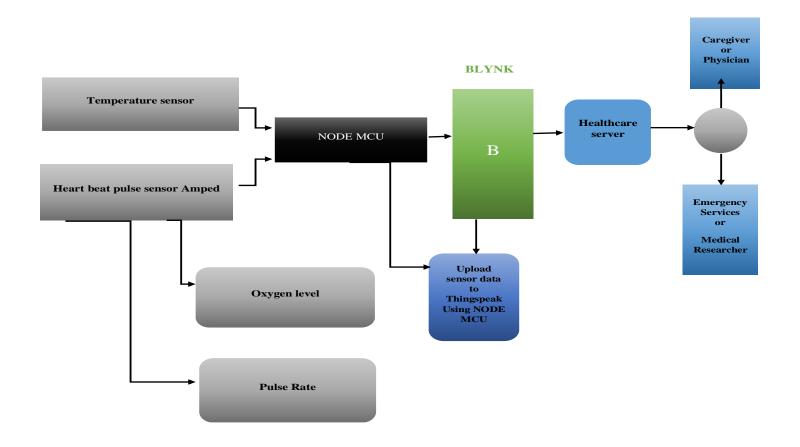
- Wireless supervision of people during hazardous operations.
- In an overcrowded emergency department.
- Chronic surveillance of abnormal heart failure.
- In cardio-vascular disease for monitoring the hyper tension.

### **ADVANTAGES**

- Continuous monitoring.
- Easy to use.
- Reducing hospitalization fee.
- It directly calibrated the temperature in Celsius (centigrade).
- It basically detects the present expression of patient.
- In this the heart beat sensor gives the digital output to the microcontroller & output from microcontroller gives the rate in beats per minute (BPM).



# **BLOCK DIAGRAM**



# **DESCRIPTION**

<u>Sensors</u> output of the sensors worn by the patient namely Temperature sensor, Heart beat pulse sensor, oxygen level and pulse rate sensor are fed to the NODE MCU. These sensor data are uploaded to Thingspeak using NODE MCU. Blynk server then forward the coded data to Healthcare server. The data so received is analysed and interpreted by the healthcare server. Healthcare server then feed the data to the concerned care giver or physician. It also simultaneously feed the data to emergency services or medical researcher. Healthcare giver and emergency services take appropriate action to treat the patient and also information is passed on to family or friends. The whole action is taking place on real time and hence no valuable time is lost in providing necessary treatment to the patient.

# **THINGSPEAK**

Thingspeak is an IoT analytics platform service that allows you to aggregate, visualize and analyse live data streams in the cloud. Thingspeak provides instant visualizations of data posted by your devices to Thingspeak. With the ability to execute MATLAB code in Thingspeak you can perform online analysis and processing of the

data as it comes in. Thingspeak is often used for prototyping and proof of concept IoT systems that require analytics.

### Thingspeak key Features:

- Easily configure devices to send data to Thingspeak using popular IoT protocols.
- Visualize your sensor data in real-time.
- Aggregate data on-demand from third-party sources.
- Use the power of MATLAB to make sense of your IoT data.
- Run your IoT analytics automatically based on schedules or events.
- Prototype and build IoT systems without setting up servers or developing web software.
- Automatically act on your data and communicate using third-party services like Twilio or Twitter.

### **BLYNK APPLICATION**

- Open Source Android App (Blynk)-: Blynk is an open source android app which is designed and developed in order to control the hardware via internet of things (IOT). This digitally displays sensor data, it can accumulate and visualize the data. Plus, it can also do other parameters such as:
- **Blynk App**: This app gives us to create amazing interfaces for a project using multiple widgets which is an in-build app.
- **Blynk server**: It acts as an interface between the smartphone and hardware which is responsible for the communication. We can also use blynk cloud or compile our private blynk server. It's an open source that can control any number of devices plus can also be launched on Raspberry pi.
- **Blynk Libraries**: For all the standard hardware platforms, supports communication with the sensor and the complete progression of incoming and outgoing instructions.

# **CONCLUSION**

- IOT based BSN-CARE healthcare system is undoubtedly going to revolutionize the existing conventional healthcare practices of the world.
- Formation of long queues in hospitals and in front of renowned doctors for specialist consultation etc. will soon be a thing of the past.

- Modern IOT based BSN healthcare system envisages provision of quality and timely healthcare at your door step based on data received on real time at the exclusive healthcare network.
- More over global consultation of expert renowned specialist doctors will be just a click away when fully developed worldwide.
- Further BSN healthcare will be a boon to slum dwellers as quality and affordable treatment can be provided to them on real time at their door step.
- BSN healthcare is the ideal way of treatment for all during spread of pandemic like corona virus.

# **FUTURE ENHANCEMENT**

- The system can be enhanced to cover in remote villages where IOT can be gainfully utilised.
- Body sensors in due course of time will be employing most modern technologies to minimise or make the radiations negligible.
- Since internet and mobile network has conquered the whole world making the whole world a global village IOT based BSN healthcare can be extended to benefit the whole global population.
- IOT based BSN healthcare will revolutise the field of medical care in due course of time benefitting the whole world.
- Once fully developed and fully integrated consultation of an expert specialist anywhere in the world will be just a click away from you.

Thanking you all for spending your valuable time to listen to my brief project presentation.