## NOTATIONS USED:

In these lessons, a few symbols are used. Check the symbols page for more information, but a summary is below:

s = sa, r = ri, g = ga, m = ma, p = pa, d = da, n = ni

lowercase notes (s r g m p d n) = notes in normal
(middle) octave

uppercase notes (S R G M P D N) = notes in upper
(mEl, taara) octave

note + dot (s. r. g. m. p. d. n.) = notes in lower
(keezh, mandra) octave

note + apostrophe (S' R' G' M' P' D' N') = notes in
octave above upper (ati taara)

note + two dots (s.. r.. g.. m.. p.. d.. n..) =
notes in octave below lower (anu mandra)

vertical bar (|) = taaLam division of drutam or anudrutam or laghu

double vertical bar (| | ) = end of one taaLa cycle

dash (-) = separation of phrases. You must sing so that each phrases is continuous and the notes are only split where the dashes occur.

## sarali varisai (lesson 1)

raagam: maayamaaLava gowLa

15th mElakartha

aarOhaNam: S R1 G3 M1 P D1 N3 S
avarOhaNam: S N3 D1 P M1 G3 R1 S

taaLam: aadi

1.

s	r	g	m	р	d	n	S	

 $S n d p \mid m g \mid r s \mid |$ 

2.

s r g m | p d | n S ||

S n d p | m g | r s ||

3.

s r g m | p d | n S | |

S n d - s | n d - | s n ||

S n d p | m g | r s ||

4.

s r g m | p d | n s ||

S n d p - | S n | d p - ||

S n d p  $\mid$  m g  $\mid$  r s  $\mid$   $\mid$ 

5.

s r g m | p ,- | s r | |

s r g m | p d | n S ||

S n d p | m , - | S n ||

S n d p | m g | r s ||

6.										
s	r	g	m		р	d -		s	r	
s	r	g	m		р	d		n	s	
S	n	d	р	-	m	g –		s	n	
S	n	d	р	-	m	g		r	s	
7.										
s	r	g	m		р	d		n	,	
s	r	g	m	-	р	d		n	s	
S	n	d	р		m	g		r	,	
s	n	d	р		m	g		r	s	

8.										
s	r	g	m		р	m	-	g	r	
s	r	g	m		р	d	-	n	s	
s	n	d	р		m	р	-	d	n	
s	n	d	р		m	g	-	r	s	
9.										
s	r	g	m		р	m	-	d	р	
s	r	g	m		р	d	-	n	S	
s	n	d	р		m	р	1	g	m	
s	n	d	р		m	g	-	r	s	
10.										
s	r	g	m		р	,		g	m	
р	,	,	,		р	,	-	,	,	
g	m	р	d		n	d	-	р	m	
g	m	р -	- g		m	g		r	s	

11. S d d n n р d р  $\mathsf{m}$ р р d d g m р n р  $\mathsf{m}$ r g  $\mathsf{m}$ p - g m g s 12. S S n d n n d р d d р  $\mathsf{m}$ р , р d m р d n р  $\mathsf{m}$ g  $| \ |$ p - g r g  $\mathsf{m}$ m g s 13. s r r m g g g d d  $\boldsymbol{m}$ р р р , d n d d р р mр

m

g

r

s

m

р

d

р

14.

s	r	g	m	р	,		p	,	
d	d	р	,	m	m		р	,	
d	n	S	,	S	n		d	р	
S	n	d	p	m	a	1	r	s	11

## This lesson in four speeds

First speed - one note per unit

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
s r g m p d n S

Second speed - two notes per unit

sr gm pd nS Sn dp mg rs

Third speed - four notes per unit

srgm pdnS Sndp mgrs srgm pdnS Sndp mgrs

Fourth speed - eight notes per unit

srgmpdnS Sndpmgrs srgmpdnS Sndpmgrs srgmpdnS Sndpmgrs srgmpdnS Sndpmgrs