

Personal Reaction Inventory

Directions: The statements on the following pages concern your personal reactions to a number of different situations. No two statements are exactly alike, so consider each statement carefully before answering. If a statement is *TRUE* or *MOSTLY TRUE* as applied to you, blacken the space marked *T* on the answer sheet. If the statement is *FALSE* or *NOT USUALLY TRUE* as applied to you, blacken the space marked *F*. It is important that you answer as frankly and as honestly as you can.

	<u>T</u>	<u>F</u>
1. I find it hard to imitate the behavior of other people.	(T)	(F)
2. My behavior is usually an expression of my true inner feelings, attitudes and beliefs.	(T)	(F)
3. At parties and social gatherings, I do not attempt to do or say things that others will like.	(T)	(F)
4. I can only argue for ideas which I already believe.	(T)	(F)
5. I can make impromptu speeches even on topics about which I have almost no information.	(T)	(F)
6. I guess I put on a show to impress or entertain people.	(T)	(F)
7. When I am uncertain how to act in a social situation, I look to the behavior of others for cues.	(T)	(F)
8. I would probably make a good actor.	(T)	(F)
9. I rarely need the advice of my friends to choose movies, books or music.	(T)	(F)
10. I sometimes appear to others to be experiencing deeper emotions than I actually am.	(T)	(F)
11. I laugh more when I watch a comedy with others than when alone.	(T)	(F)
12. In a group of people I am rarely the center of attention.	(T)	(F)
13. In different situations and with different people, I often act like very different persons.	(T)	(F)

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| 14. I am not particularly good at making other people like me. | (T) | (F) |
| 15. Even if I am not enjoying myself, I often pretend to be having a good time. | (T) | (F) |
| 16. I'm not always the person I appear to be. | (T) | (F) |
| 17. I would not change my opinions (or the way I do things) in order to please someone else or win their favor. | (T) | (F) |
| 18. I have considered being an entertainer. | (T) | (F) |
| 19. In order to get along and be liked, I tend to be what people expect me to be rather than anything else. | (T) | (F) |
| 20. I have never been good at games like charades or improvisational acting. | (T) | (F) |
| 21. I have trouble changing my behavior to suit different people and different situations. | (T) | (F) |
| 22. At a party I let others keep the jokes and stories going. | (T) | (F) |
| 23. I feel a bit awkward in company and do not appear to others as well as I would like. | (T) | (F) |
| 24. I can look anyone in the eye and tell a lie with a straight face (if for the right reasons) | (T) | (F) |
| 25. I may deceive people by being friendly when I really dislike them. | (T) | (F) |

Scoring: If you marked *True* for the following items give yourself 1 (one) point: 5, 6, 7, 8, 10, 11, 13, 15, 16, 18, 19, 24, 25. If you marked *False* for the following items give yourself 1 (one) point: 1, 2, 3, 4, 9, 12, 14, 17, 20, 21, 22, 23.

The higher your score, the higher your level of self-monitoring.